

Running with Horses - Building our Capacities

Background

Jeremiah 12:5

Running with Horses

How?

We must G_____ and D_____ the whole person. 1 Thessalonians 5:23

God wants all our capacities to be W_____ and B_____.

I. P_____ Capacity

1. Desire to intentionally walk in Divine:

A. H_____

B. H_____

C. L_____

2. Pay attention to:

A. Our D_____

B. Our R_____ and S_____

C. Our E_____

D. Our R_____

II. **M_____ Capacity**

1. This is our T_____, our C_____.
2. This is our world of T_____, I_____, P_____, S_____, etc.
3. This is the faculty that must move from knowledge (facts) to U_____ (clarify) to W_____ (to know how to respond and decide).
4. Our mind i.e. thought life must be centered in G_____.
Isaiah 26:3-4 Romans 8:5-6
5. Our thought life must be S_____ to God i.e. our minds must be
R_____. Romans 12:1-2 Ephesians 4:23

III. **E_____ Capacity**

1. We need to know our E_____ make-up.
2. We must strive to be emotionally H_____.
3. To run with horses, our natural emotional response must be surrendered to the
H_____ S_____. Galatians 5:22-23

IV. Our W____-V_____ Capacity

1. This will be the culmination of our M_____ (how we think and process information) and our E_____ (how we feel about them).
2. We need to seek the W_____ from God to respond and make an enlightened decision. Romans 12:2 James 1:5; 3:13-18

Our soul comprise our:

- (A) M_____
- (B) E_____
- (C) W____-V_____

V. Our S_____ Capacity

1. To grow spiritually is to grow in our S_____ -M_____.
Ephesians 3:16 1 Corinthians 2:11
2. There are **3 main functions** of our spirit-man:
 - A. Our R_____ with God.
 - B. Our C_____.
 - C. Our D_____.

How to strengthen our spiritual capacities? How to build our relationship with God?

We must develop disciplines in the following **3 areas**:

1. Build our Altar of T_____, P_____ and W_____.
 - A. The essence of thanksgiving is a G_____ heart. Romans 1:21
 - B. The essence of praise is to K_____ God. Hebrews 13:15
 - C. The essence of worship is to S_____. Romans 12:1-2

2. Intake of the W_____.

A. We must I_____ partake the Word regularly.

B. We pay attention whenever we hear God S_____ to us personally (Rhema).

Proverbs 4:20-22

C. Keep a J_____ - record your QT thoughts and Rhema received.

Share with others. Ezra 7:10

3. Develop your P_____ -C_____.

Pray the W_____.

2 Corinthians 4:13

2 Corinthians 1:20

APPLICATION

CONCLUSION Jeremiah 12:5