## Beyond your comfort zone

30/31 Jan 2016



The Problem is when we overstayed!

Our Rest Point.
Our Relief Moment.
Our Respite Place.

Comfort zone is not always bad.



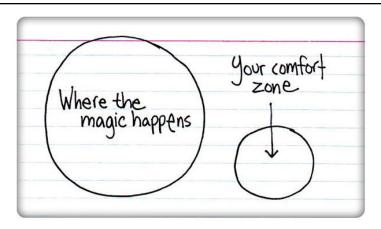
The Problem is when we overstayed!

Our Rest Point.
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a comfort zone
is a beautiful place,
but **nothing**ever crows there.



- 1. See the Limits that comfort zone places on us
- 2. Seize the Launch of the Blessing Campaign
- 3. Serve the Lord Who wants us to grow up



# How to overcome our comfort zone?

## 1. See the Limits that comfort zone places on us Definition of Comfort Zone

"Comfort zone is a behavioral space or situation where your activities and behaviors fit in routine and pattern that minimize stress and risk. Comfort zone provides a sense of familiarity, security and certainty."



- 1. See the Limits that comfort zone places on us Dangers of Comfort Zone
- It limits growth
- It drives us to hardship
- It leads to boredom and discontentment
- It triggers negative mindset



- 1. See the Limits that comfort zone places on us Dangers of Comfort Zone
- It causes lack of drive and purpose
- It leads to missed opportunity
- It limits chance to live life to the fullest



## 1. See the Limits that comfort zone places on us Determine to leave the Comfort Zone

We cannot become what we want to be by remaining what we are — Max DePree (known for leadership principles)

Jn 12:24 Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit.



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A ship in a harbor is safe. But that is not what a ship is built for.

What are you built for?

## Why go beyond- by cell leaders



## Why go beyond- by cell leaders

If we don't, we are limited. If we do, we can see God's work.

Deliberate & intentional act to be used by God.

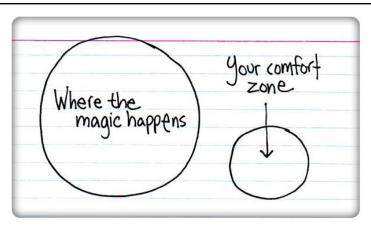
Learn more about faith and faith development.

Growth process of stretching boundaries.

We are no longer babies. We must be mature.

Because we are too comfortable.

Don't be stagnated water.



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2. Seize the Launch of the Blessing Campaign



BEYOND	Aim Period	Be Christlike Jan – Apr	
Comfort	TO FORM A HABIT OF BLESSING OTHERS > JUST A CAMPAIGN FOR FEB!		
	(for ALL) Special Event	1-; CAA	25 GDFR

## Purpose of Blessing Campaign

- To go beyond our comfort zone AND **be a blessing** to somebody. Revealing Jesus to them in the process.

### Goal

- 30 000 ACTS of Blessing by end of the campaign.

Campaign Period = 30<sup>th</sup> Jan – 6<sup>th</sup> March or 5 weeks

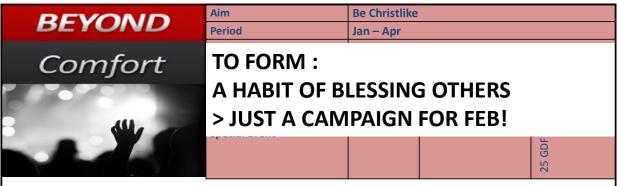
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## Why Campaign?

- Common Focus for all

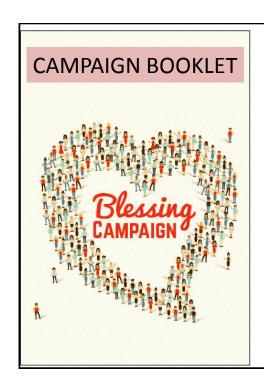
Isa 43
18 Do not call to mind the former things,
Or ponder things of the past.
19 Behold, I will do something new,
Now it will spring forth; Will you not be aware of it?
I will even make a roadway in the wilderness,
Rivers in the desert.

21 the people whom I formed for Myself will declare
My praise.



## Why Campaign?

- Common Focus for all
- Create Buzz ie common experience
- Can Encourage one another ie good and bad experience
- Concentrate Effort for maximum impact ie 30k in a month

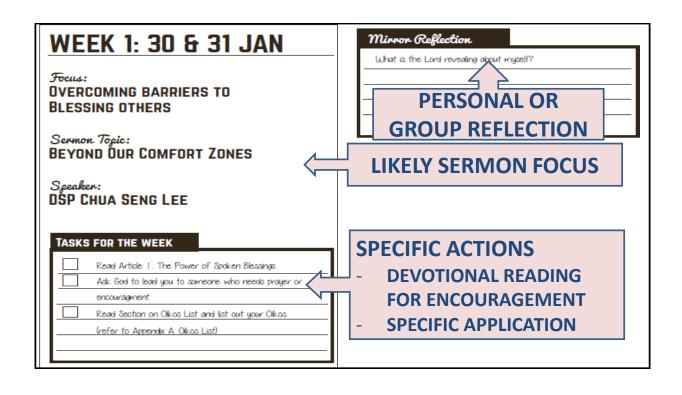


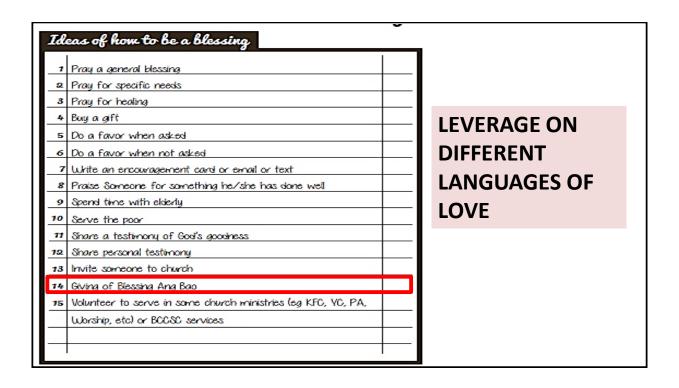
### CONTENT

- -FOREWORD BY CHAIRMAN
- -CAMPAIGN DETAILS
- -WEEKLY FOCUS (PTO)

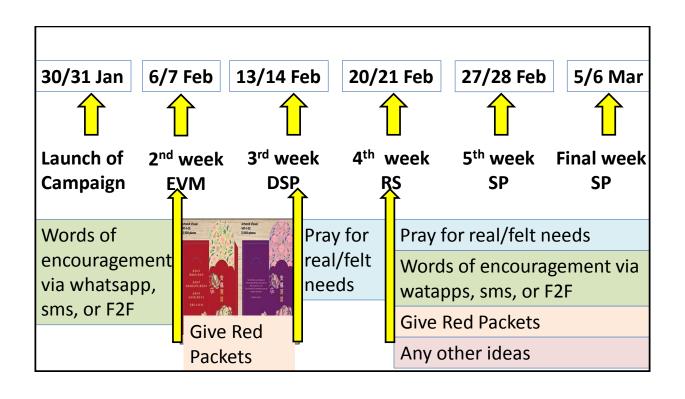
#### **APPENDIX**

- OIKOS LIST
- SAMPLE PRAYERS
- IDEAS OF HOW TO BE A BLESSING
- REFLECTION QUESTIONS

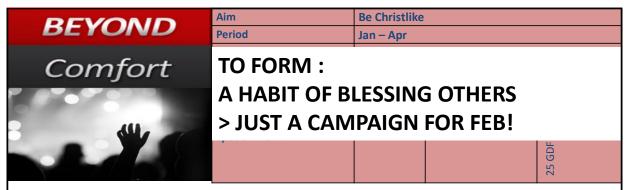








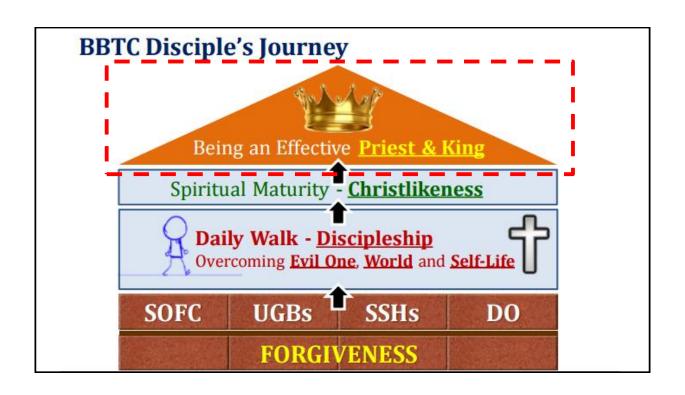


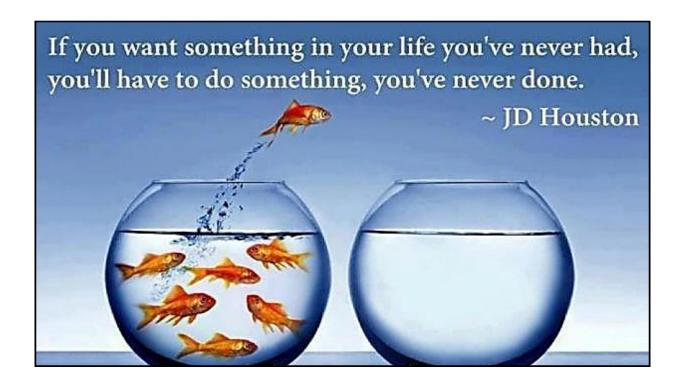


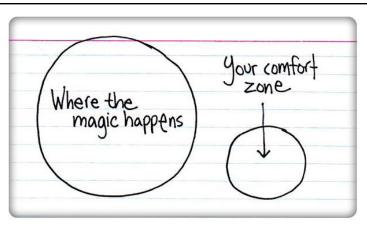
## Purpose of Campaign 30

- To go beyond our comfort zone AND **be a blessing** to somebody. Revealing Jesus to them in the process.
- Target to do 30 000 **ACTS** of Blessing by end of the campaign.

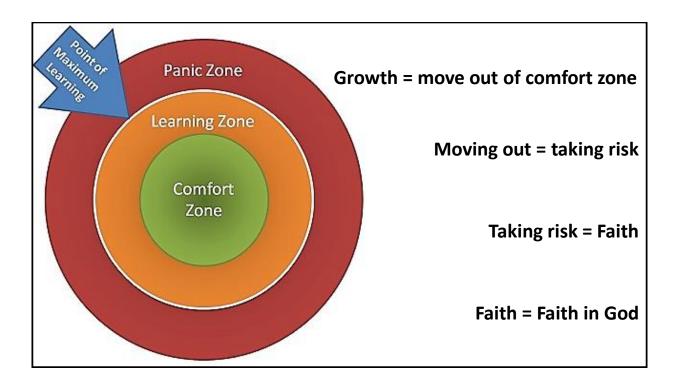
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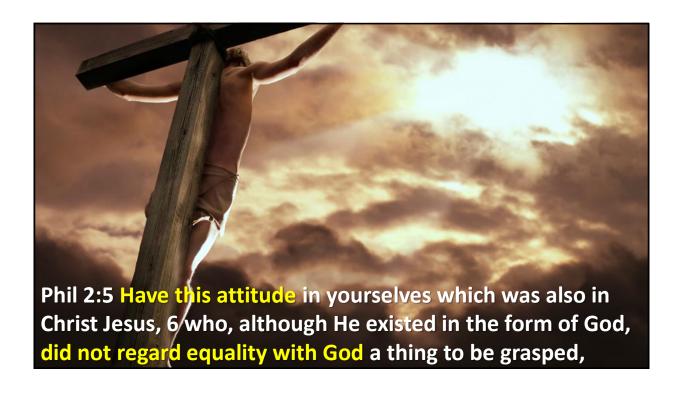


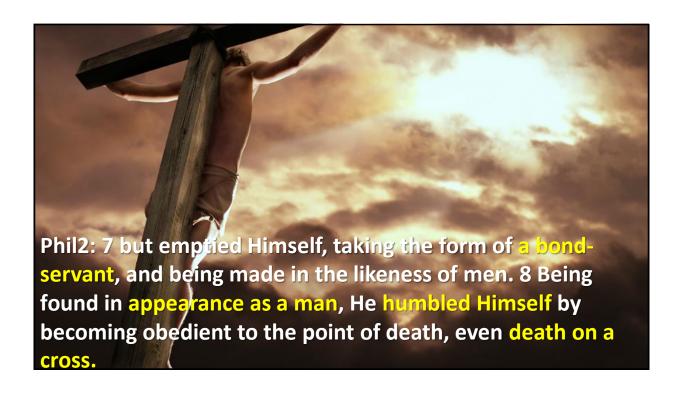




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### Today by Eric Lovett (Words & Music by Gary Wright)

#### Verse 1

Wash me Lord in the beauty of Your holiness Teach me how to walk in Your ways Show me how to love in the way that You first love me Teach me how to lead the way You lead

#### **Bridge**

Lay down Your rights You took up the cross Lay down Your life for the Glory of God

#### Chorus

I will be today follower of Jesus
I will be today voice of God
I will be today the hand and feet of the Savior
The servant of the king of all the world
That is what I will be today

#### Verse 2

Fill me Lord with the power of Your spirit Change my heart change my mind Let Your heart be the heart that is beating through me I can see the world the way You see (Repeat Bridge & Chorus)



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