

Building Depth
in our **Relationship**
with God

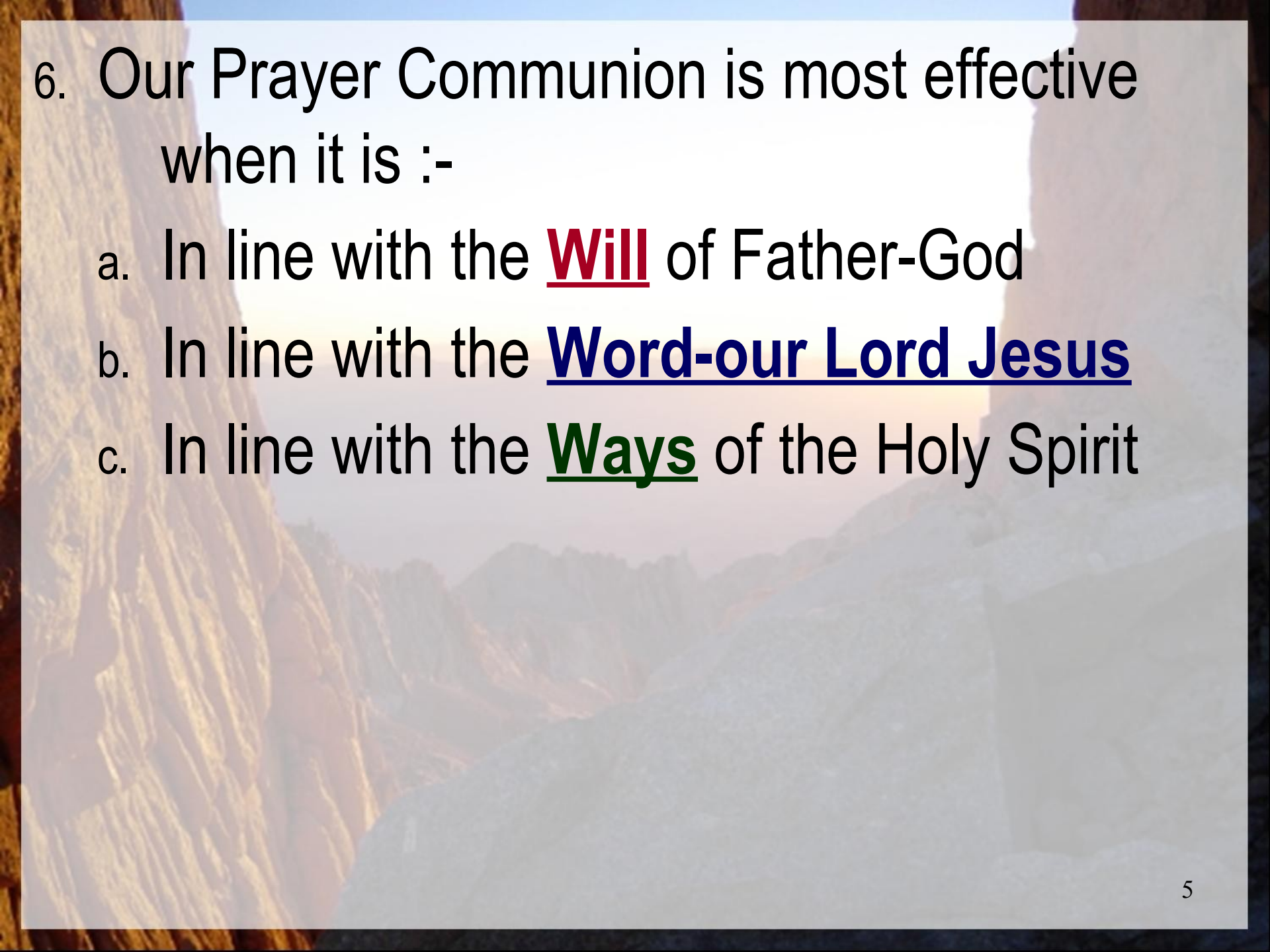
Review :

Principles & Laws of Prayer

1. The Infinite yet Personal God desires a **Personal Relationship** with us.
2. God has given **Ownership** of the earth realm to man.
3. Our **Prayer of Faith** connects the realm of God and Heaven to our earth.

4. Therefore, if we do not pray, God's Will and His Kingdom remain "Suspended" and cannot come to our earth.

5. Unforgiveness towards others will block our Prayer Communion with God.

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6. Our Prayer Communion is most effective when it is :-
- a. In line with the Will of Father-God
 - b. In line with the Word-our Lord Jesus
 - c. In line with the Ways of the Holy Spirit

7. We must progressively **Grow** in our prayer communion with God.
- a. Loving **God** expressed in building depth in thanksgiving, praise and worship.
 - b. Loving **Ourselves** expressed in daily and continually praying for everything in our hearts and minds.
 - c. Loving **Others** expressed in prayer for people connected to us and those that

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Building Depth in

Prayer Communion

with God

(Part II)

Today's Message

We will focus on **Areas of Prayer**
for **Ourselves**.

This is in order that

our **Whole Spirit, Soul & Body**

are kept **“Blameless”**

i.e. without fault, complete,

strong in the Lord

1 Thessalonians 5:23

Now may the God of Peace
Himself sanctify you completely;
and may your whole spirit, soul, and body
be preserved blameless
at the coming of our Lord Jesus Christ.

1. Praying for our Bodily Health.

God desires us to walk in bodily health.

3 John 2

Beloved, I pray that you may prosper
in all things and be in [bodily] health,
just as your soul prospers.



The 5 factors that affect our bodily health:-

(A) **Our Genes / Our Bodily Constitution**

(B) **Our Diet**

(C) **Our Rest / Sleep**

(D) **Our Exercise**

(E) **The State of Our Soul**



1. Praying for our Bodily Health.

- Ailments, Sickness, Disease.
- Always determine the root causes.
- 70-80% of sickness and disease have a soul-spirit root cause.
- The other 20-30% are due to a violation of the physical natural laws affecting our bodies.



Some scriptures of

Prayer for Healing

1. Praying for our Bodily Health.

Exodus 15:26

... “If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you.”



i. Praying for our Bodily Health.

Proverbs 4:22

For they are life (the Word of God)
to those who find them,
and health to all their flesh.

i. Praying for our Bodily Health.

Romans 8:11

But if the Spirit of Him who raised Jesus from the dead dwells in you,
He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

1. Praying for our Bodily Health.

Romans 8:2

For the Law of the Spirit of Life
in Christ Jesus has made me free
from the law of sin and death
[with all its consequences].



i. Praying for our Bodily Health.

Isaiah 53:5

But He was wounded for our transgressions,
He was bruised for our iniquities;
the chastisement for our peace was upon Him,
and by His stripes we are healed.

Partaking the Lord's Supper



1 Corinthians 11:29 – 30

²⁹For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's Body.

³⁰For this reason many are weak and sick among you, and many sleep.

We need to discern the Lord's Body
as we partake the Bread.

Unworthy Manner

- Does not mean we make ourselves worthy to partake the Lord's Supper.
- None of us are worthy by ourselves.
- Therefore, we come to God by the Blood of Christ.
- It refers to the "**Manner**" i.e. we must partake with knowledge and understanding of the purpose of the Lord's Supper.

3 Major Purpose of the Bread for us



1. The Bread speaks of the bodily death of Jesus for our Salvation.

Hebrews 10:10

By that will we have been sanctified
[saved, set apart, called by Him, made holy]
through the offering of the Body of
Jesus Christ once for all.

2. The Bread speaks of Unity and Harmony of Relationships in the Body of Christ.

We must therefore deal with issues of factions, schisms, sectarianism, divisions ...

Romans 12:5

so we, being many, are one body in Christ, and individually members of one another.

2. The Bread speaks of Unity and Harmony of Relationships in the Body of Christ.

We must therefore deal with issues of factions, schisms, sectarianism, divisions ...

1 Peter 4:8

And above all things have fervent love for one another,

for “love will cover a multitude of sins.”

2. The Bread speaks of Unity and Harmony of Relationships in the Body of Christ.

Ephesians 4:3

endeavoring – make every effort –
to keep the Unity of the Spirit
in the bond of peace.

**The Words of the Lord Jesus to His Disciples :
Love One Another**

3. On the Cross, Jesus took upon Himself our sicknesses and diseases.

- He died for our Salvation
- He died for His Body – the Church
- He also died for our Healing.

Matthew 8:16 - 17

¹⁶When evening had come, they brought to Him many who were demon-possessed.

And He cast out the spirits with a word,

and healed all who were sick,

¹⁷that it might be **fulfilled** which was spoken by Isaiah the prophet, saying:

**“He Himself took our infirmities
and bore our sicknesses.”**

1 Peter 2:24

who Himself bore our sins
in His own body on the tree, that we,
having died to sins,
might live for righteousness—
by whose stripes you were healed.



Therefore, as we partake of the Bread:-

- We gratefully thank Him for dying for our Salvation.
- We thank Him for members of the Body of Christ i.e. the Church and our relationships in the Body.
- We can also appropriate **DIVINE HEALING** and health for our bodily ailments, sickness and physical discomforts.

Otherwise, we remain weak and sick,
no different from the people of the world.
(due to the fall of man and fallen natural laws)

If we fail to discern the Lord's Body
i.e. we fail to appropriate the healing
that is available to us
through partaking the Bread.

Let us partake
the Lord's Supper
now



I. Praying for our Bodily Health.

II. Praying for the restoration of our Soul.

Psalm 23:3 - He restores my soul

2 Applications

Application 1 - Restoring our soul from SAF

Application 2 - Restoring our soul from
Soul-Spirit Wounds



Application 1 :

Restoring Our Soul
- Mind - Emotion - Will -
from **SAF**

Living in this Fallen World will cause us to experience :

1. S Stress

2. A Anxieties & Worries

3. F Fears

S A F



Application 1 - Restoring our soul from SAF

1. For Strength to cope with Stress.

Philippians 4:13

I can do all things through Christ
who strengthens me.

Nehemiah 8:10

... the Joy of the LORD is your strength.

Application 1 - Restoring our soul from SAF

1. For Strength to cope with Stress.

Psalm 16:11

You will show me the path of life;
in Your Presence is fullness of joy;
at Your right hand are pleasures forevermore.

Application 1 - Restoring our soul from SAF

1. For Strength to cope with Stress.

Psalm 100:4

Enter into His gates with thanksgiving,
and into His courts with praise.
Be thankful to Him, and bless His Name.

Application 1 - Restoring our soul from SAF

2. For Peace to calm every Anxiety & Worry.

Philippians 4:6 - 7

⁶Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

⁷and the Peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Application 1 - Restoring our soul from SAF

3. For the Love of God to cast out every Fear.

1 John 4:18

There is no fear in love;
but perfect love casts out fear,
because fear involves torment.
But he who fears has not been made
perfect in love.



LET US PRAY NOW to ask the Lord
to restore our soul and specifically from

1. **Sstress**

2. **Anxieties & Worries**

3. **Fears**

- 
- I. Praying for our Bodily Health.
 - II. Praying for the restoration of our Soul.

2 Applications

Application 1 - Restoring our soul from SAF

Application 2 - Restoring our soul from
Soul-Spirit Wounds - Hurts -
Pain



Application 2 :

Restoring Our Soul
from **Soul-Spirit Wounds**

1. Appropriate the Blood of Christ to Cleanse the wounds.

- Leviticus 8, 14 - Principle of Cleansing
- 1 John 1:9 - Cleansing from sins
- 2 Corinthians 7:1 - Cleansing from defilement in spirit and body
- Romans 8:2 - Law of Sin and Death

2. Apply the “Oil” – “Ointment” of the Holy Spirit to the wounded areas of our soul.

- Leviticus 8, 14 - The oil follows the Blood
- Jeremiah 8:22 - Balm of Gilead
- Luke 10:34 - Good Samaritan poured oil & wine on the wounds of the robbed man from Jericho and bandaged the wounds.
- James 5:14

3. Ask the Father-God to Bind Up and Heal the wounds.

Psalm 147:3

He heals the brokenhearted and binds up their wounds.

3. Ask the Father-God to Bind Up and Heal the wounds.

Jeremiah 17:14

Heal me, O LORD, and I shall be healed;
save me, and I shall be saved,
for You are my praise.



Let us pray now



i. Praying for our Bodily Health.

ii. The restoration of our Soul.

iii. Praying the Word to strengthen
our Spirit-man.

Colossians 1:9 - 11

... asking God to fill you with

the knowledge of His will in all wisdom and
spiritual understanding ...

to live a life worthy of the Lord,

pleasing Him in every way,

bearing fruit in every good work,

growing in the knowledge of Christ,

strengthened with all power

for great endurance and patience ...

Ephesians 3:16 – 20 (NIV)

²⁰Now to him who is able to do immeasurably more than all we ask or imagine,
according to His Power that is at work within us.

¹⁶I pray that out of His Glorious Riches
He may strengthen you with Power
through His Spirit in your inner being,
¹⁷so that Christ may dwell in your hearts
through faith.

Ephesians 3:16 – 20 (NIV)

¹⁹and to know this love that surpasses knowledge that you may be filled to the measure of all the fullness of God.

And I pray that you, being rooted and established in love,

¹⁸may have Power, together with all the saints, to grasp how wide and long and high and deep is the Love of Christ.



Let us pray now

Summary Conclusion

7. We must progressively Grow in our prayer communion with God.
 - a. Loving God expressed in building depth in thanksgiving, praise and worship.
 - b. Loving Ourselves expressed in daily and continually praying for everything in our hearts and minds.

Summary Conclusion

7. We must progressively Grow in our prayer communion with God.

c. Lovingly intercede in prayer for people connected to us and those that the Lord places on our hearts

- Next Session -