



# Young Adults Cell Guide 2014

Theme	Jubilee – Year of Consecration – Passion for God
Topic	Consecration (1) – Re-Setting Our Lives
Speaker	SP Daniel Foo
Date	3 & 4 <sup>th</sup> January 2015

## Message Summary

Spiritual Objective: To reset our lives and set our minds on the Lord

### What does it mean to reset? Why reset? What are the consequences?

SP began with a multitude of definitions regarding the key term “reset” . Themes such as recalibration, realignment, rebooting and reordering were all covered. The essence which is established from this multitude of definitions is that of an *ongoing exercise*. SP called for the start of 2015 to not be the period of resetting, but for this idea of resetting and setting our minds on the Lord to be ongoing.

The need to reset is seen in how it will help ensure that we finish running the race laid before us well (1 Cor. 9), to helping us overcome obstacles in our lives (Hebrews 12: 1). There were of course many other reasons listed, but the tension is captured in how resetting *now (and continually)* prepares us for the *future*.

### What do we reset in our lives?

SP covered 2 broad areas in which we need to reset our lives.

- A) The Person God wants me to be B) The Purpose God ordains for me.

#### A) The Person God wants me to be

Romans 8:29 was referenced several times by SP, the message being that there is a clear plan for us (believers in Christ) in terms of our identity in Christ ( “conformed to the image of His Son” ). Thus we must ask ourselves – Who am I becoming? A person more and more in the image of Christ or otherwise?

Ephesians 2:10 takes a different angle, focusing on how we are “created in Christ Jesus **for good works**” (emphasis added). Here, the focus is on fulfilling God’ s Call and Purpose in our lives.

SP also exhorted us to remember that in “resetting the person God wants me to be” , we must



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note that this person is holistically developed. Body, Soul, and Spirit are all to be centred on Christ alone.

In the area of the Body: it involves the material realities of our lives that we must deal with: relationships, financial situations, etc... and we have only so many capacities to provide in our time, energy, and resources. The call then is to protect, strengthen, and enlarge such capacities, that our Body aspect of life is secure and not a hindrance to the self and others.

In the area of the Soul: our belief system must be developed through a Biblical worldview, theological anchors, and faith conviction. This will then strengthen our emotional health, as well as our will-volitional capacity. In other words – we will not be so emotionally frail and swayed this way or that. We should grow in knowledge, understanding, and wisdom in order that we may be more discerning and decisive in our conduct.

In the area of Spirit: our free will should not run rampant. Free will must be exercised with respect to the Laws and Principles of Life (ie. gravity, physics, etc.), tempered in faith through the Word (Romans 10:17), and realization of surrender in specific instances of the Grace of God. The tension between Free Will and the Sovereignty of God is thus resolved in a more abundant victorious overcomer life. To facilitate this process we must have Word intake, prayer, and build altars of thanksgiving, praise, and worship.

SP encouraged us to stretch ourselves and grow spiritually, to move beyond the basic distinction and knowledge of “good vs bad” , to discerning the “mix” that occurs all around us. That is to to have the discernment, perception, and sensing to know when good and evil are both present, and in such times, to be sensitive to the promptings and checks of the Spirit as to how to deal with such situations.

## **B) Reset the Purpose God ordains for me**

Firstly, we need to reset the purpose that God ordains in our lives in order to fulfil the roles and responsibilities to the people in our lives that matter. Often, we get distracted or sidetracked when we are being called to shine as His light.

Secondly, we need to fulfil the Good Works/Ministry that God has called us to (Ephesians 2:10). There exists an interaction between our own personality, talents, strengths, and God’ s Will for us in His Purpose, calling of needs, and personal destiny for us. Finding the best fit is ideal but not always easy. Hence we are called to reflect and meditate on this question: What is it that you see in life that stirs and propels you to do something about it? Moses, David, and the Lord Jesus all stood out as living a life where they were stirred and propelled to do that which was their calling.



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## Conclusion

Resetting our lives is more than just receiving a clean slate. We are called to look at the clean slate and etch a focus on it – Jesus Christ. Amidst everything, it is the setting of our mind on the Lord Jesus Christ that will make everything fall into place. It can be daunting to begin anew, but we need not feel lost. We can take comfort in knowing that the Lord will never leave nor forsake us, and will forever serve as a true and clear focus as we reset and set our lives in Him.

## Questions

What are the 2 broad areas which we are called to reset? Which has a particular resonance with you?

(Fill In Answer Here)

What does it mean for our body, soul, and spirit to be centred upon Christ? Why is it important?

(Fill In Answer Here)

Resetting our lives sometimes demands or drives us to desire greater clarity in God's Will and Purpose in our lives. Share on a particular burdens/compulsions in which you'd like to take action for Christ in the week ahead.

(Fill In Answer Here)