



Run the Race

Marked Out for You

Part 4

IMAGEBANK
IMAGEBANK



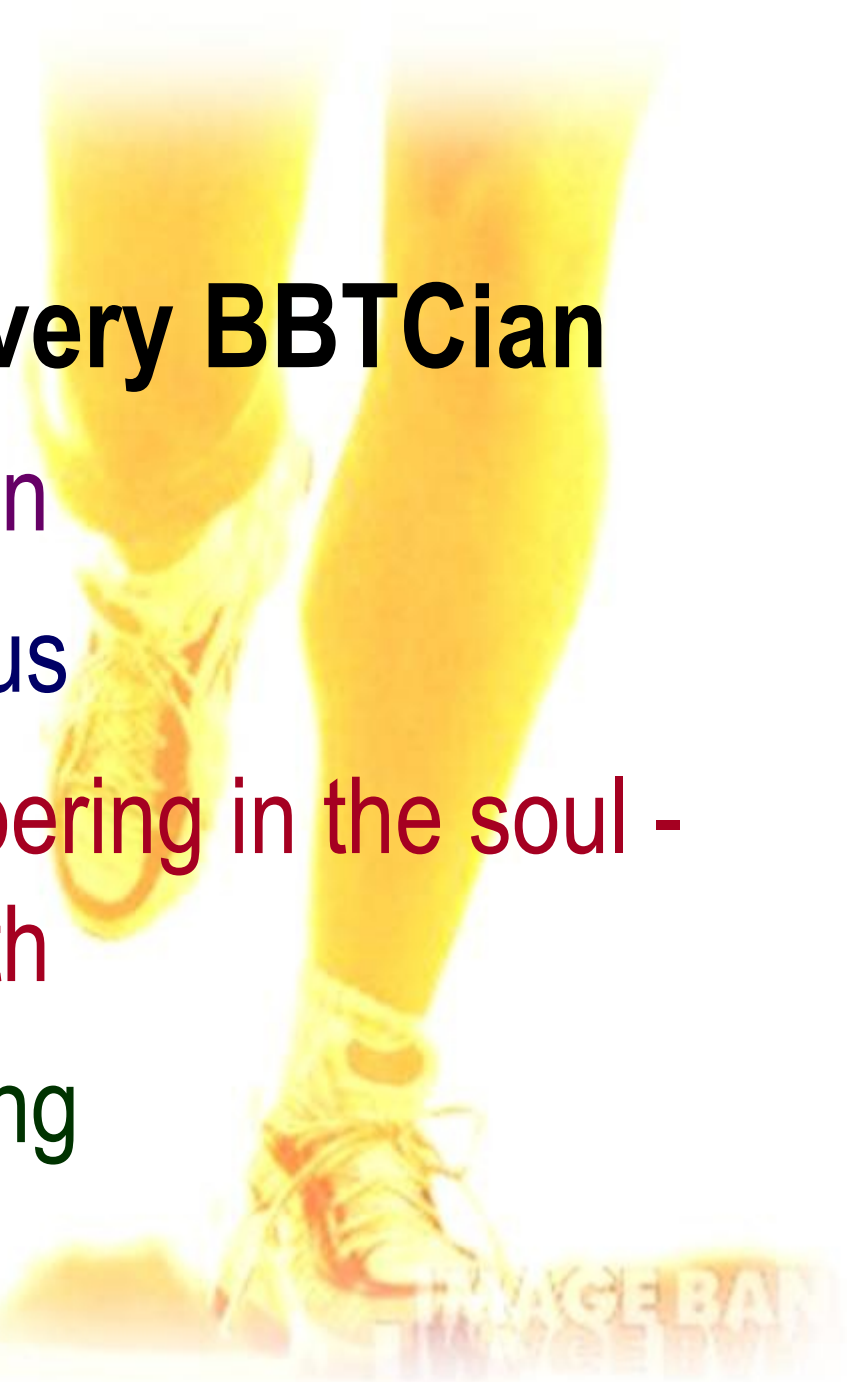
Review of Part 3 -

Deal with the Sin that Entangles - Unbelief:-

- I. Know the difference between **Sin** and **Sins**.
- II. As a believer, know that there is the **Mixture** in each of us.
- III. Know the 2 **Remedies** God has provided.
- IV. How do we die to the sinful nature?

Purpose-Vision for every BBTcian

- Godly Man and Woman
- Overcomers - Victorious
- Mighty in Spirit - Prospering in the soul -
Walking in bodily health
- Blessed to be a blessing



Purpose-Vision for every BBTcian

- As Priest - Able to administer the grace of God in its various forms to minister to others
- As Kings - Knowing and exercising spiritual authority and power in ministry



Deal with
**Personal Baggage -
Weight - Everything
that Hinders**

Hebrews 12:1 (NIV)

Therefore, since we are surrounded by
Such a great cloud of witnesses,

let us throw off everything that hinders

and the sin that so easily entangles,

and let us run with perseverance the race
marked out for us.





What are

**Personal Baggage -
Weight - Everything**

that hinders?

Personal Baggage and Weights that hinder our race

- ✓ Hinder - Hindrances - Hurdles that beset us
i.e. like seaweed entangling us.
- ✓ Weigh us down.
- ✓ Dampen our enthusiasm



Personal Baggage and Weights that hinder our race

- ✓ Sap our energy
- ✓ Divert our focus and attention
- ✓ De-rail us from finishing well



EXAMPLES OF BAGGAGE - WEIGHTS

Inability to Cope with Stress

All Kinds of Fears

Excessive Anxieties

Covetous heart

Loose Tongue

Cynicism

Unguarded Heart

Loving Pleasure

Skeptical

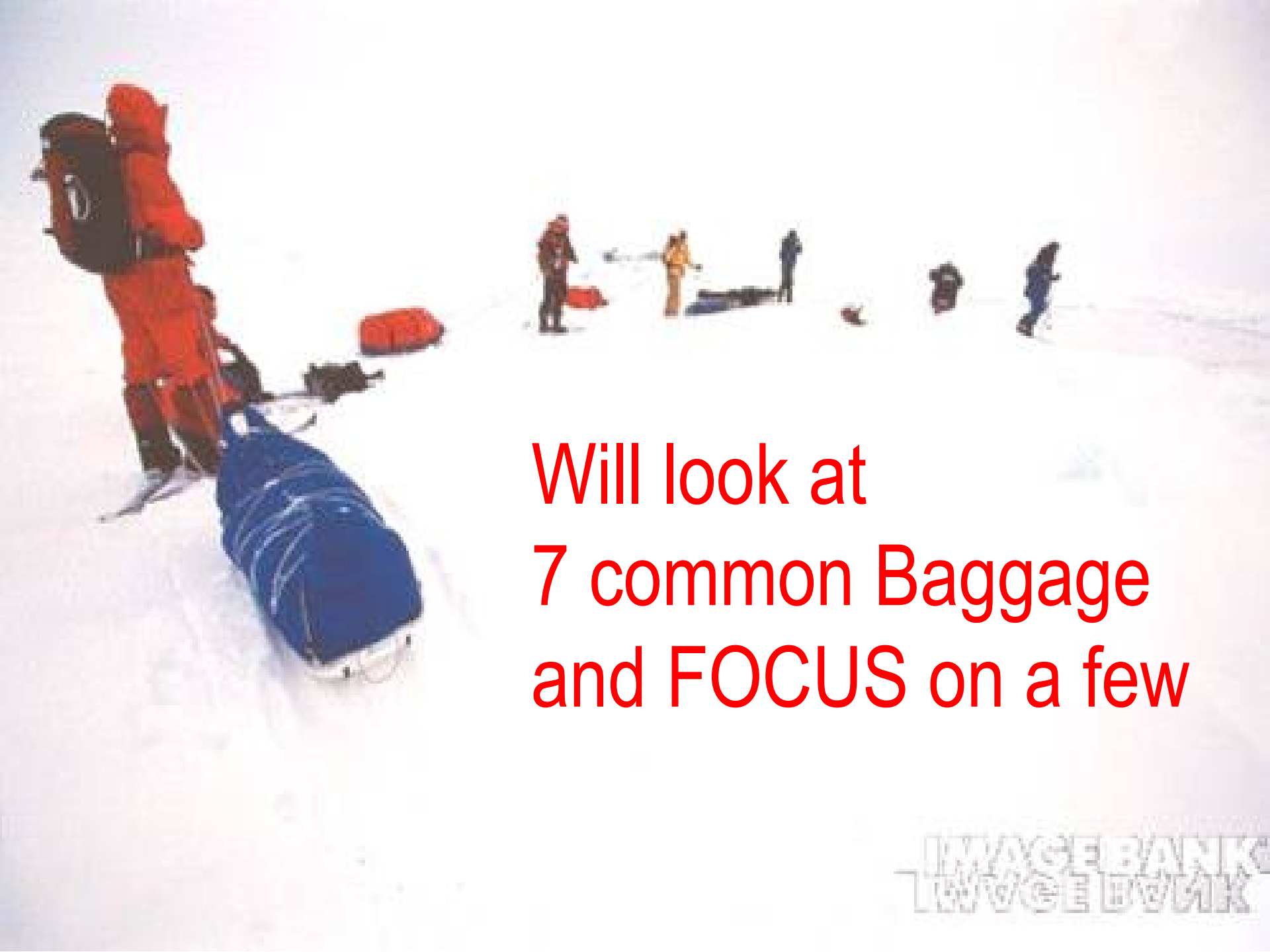
Laziness

Judgmental

Envious

Jealous





Will look at
7 common Baggage
and FOCUS on a few

Our PERSONAL BAGGAGE

I. Unhealed HURTS

e.g. 1 - Soccer Striker

e.g. 2 - Offenses not healed

Ahithophel - one of David's
very close friend and counselor.

Other was Hushai



Our PERSONAL BAGGAGE

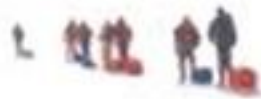
I. Unhealed HURTS

2 Samuel 16:23

Now the advice of Ahithophel,
which he gave in those days,

was as if one had inquired at the oracle of God.

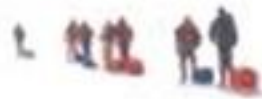
So was all the advice of Ahithophel
both with David and with Absalom.



2 Samuel 15:31

Then someone told David, saying, “Ahithophel is among the conspirators with Absalom.”

And David said, “O LORD, I pray,
turn the counsel of Ahithophel into foolishness!”



2 Samuel 11:3

... Bathsheba, the daughter of Eliam,
the wife of Uriah the Hittite?”

2 Samuel 23:34

... Eliam the son of Ahithophel the Gilonite

Ahithophel

- bitterness towards David, seeking revenge



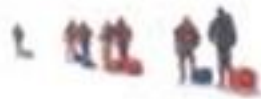
2 Samuel 17:14

So Absalom and all the men of Israel said,
“The advice of Hushai the Archite is better than
the advice of Ahithophel.”



2 Samuel 17:23

Now when Ahithophel saw that his advice was not followed, he saddled a donkey, and arose and went home to his house, to his city. Then he put his household in order, and hanged himself, and died;



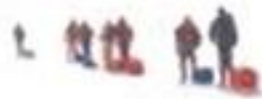
Unhealed Hurts will **HANDICAP** you in Life.

Hebrews 12:15

looking carefully lest anyone fall short of
the grace of God; lest any **root of bitterness**
springing up cause **trouble**,
and by this many **become defiled**



Your hurts are **healed**
if the matter / issue
no longer **bothers** you
and you no longer
talk about it.



Our PERSONAL BAGGAGE

II. Unmet NEEDS

- a. The failure to have our needs met especially that of Acceptance by people we value / who matters to us may result in:-

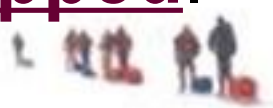
Low self-ESTEEM – Low self-IMAGE

Spouse, Parents, Children, Teachers,
People in Authority, Colleagues,
CG Members, Friends, etc.

Our PERSONAL BAGGAGE

II. Unmet NEEDS

- b. It is very important to find significance and our needs met by the Lord when it is not possible from human relationships.
- c. This is to Protect yourself from being easily Hurt and Handicapped.



Our PERSONAL BAGGAGE

III. Unresolved ISSUES

e.g. 1 - Partial Truths / Lies about God

a. Sickness from God to teach us
a lesson

b. “Some translation errors” in
the bible & hence, bible

not true



Our PERSONAL BAGGAGE

III. Unresolved ISSUES

- e.g. 1 - Partial Truths / Lies about God.
 - c. Quarrel over the different versions in the bible
 - d. The Gnostic Gospels / DVC etc



Our PERSONAL BAGGAGE

III. Unresolved ISSUES

e.g. 2 - Not understanding the accident that caused ...

e.g. 3 - Not Understanding why your loved one died suddenly.



Our PERSONAL BAGGAGE

III. Unresolved ISSUES

e.g. 4 - Evil and Wickedness in this world.

e.g. 5 - Misunderstanding with someone
that is not resolved



Our PERSONAL BAGGAGE

III. Unresolved ISSUES

e.g. 6 - Rebellion in the heart that is not resolved and carried forward when you move to the new church.



Our PERSONAL BAGGAGE

III. Unresolved ISSUES

e.g. 7 - Fallibility of spiritual leaders
because you expected them
to be perfect.

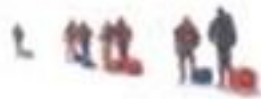


Our **PERSONAL BAGGAGE**

III. Unresolved **ISSUES**

e.g. 8 - Failed - Broken relationship that still handicap you.

e.g. 9 - Disappointment with God for unanswered prayers.



Our **PERSONAL BAGGAGE**

IV. Certain **RELATIONSHIPS**

1 Corinthians 15:33

Do not be deceived:

“Evil company corrupts good habits.”



Our **PERSONAL BAGGAGE**

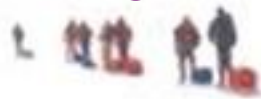
IV. Certain **RELATIONSHIPS**

2 Corinthians 6:14

Do not be **unequally yoked** together
with unbelievers.

For what fellowship has righteousness
with lawlessness?

And what communion has light with darkness?

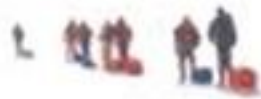


Our **PERSONAL BAGGAGE**

IV. Certain **RELATIONSHIPS**

Psalm 1:1

Blessed is the man who walks
not in the **counsel of the ungodly**,
nor stands in the path of **sinners**,
nor sits in the seat of the **scornful**;



Our **PERSONAL BAGGAGE**

v. Certain **ACTIVITIES**

e.g. 1 - Watching TV / Soap Operas

Daily online chats for 5-6 hours

e.g. 2 - Frequenting Clubs, PUBs,
Karaoke, Lounges

e.g. 3 - Golf / Fishing every Saturday and
Sunday



Our **PERSONAL BAGGAGE**

VI. Certain **POSSESSIONS**

- That suck away your mental and emotional energies and resources and handicapping you from your main focus in life.

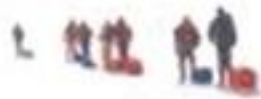


Our **PERSONAL BAGGAGE**

VII. **CONSEQUENCES** of Generational Iniquity

Exodus 20:3 – 5

... For I, the LORD your God, am a jealous God,
visiting the iniquity of the fathers upon
the children to the third and fourth generations
of those who hate Me,



Our **PERSONAL BAGGAGE**

VII. **CONSEQUENCES** of Generational Iniquity

INIQUITY =

the bent,

the inclination,

the propensity

towards certain behaviour traits



Galatians 3:13

1. All curses are dealt with at the cross.
2. We must personally appropriate the specific blessing just like:-
 - a. Our Salvation (*John 1:12; 3:16*)
 - b. Our Healing (*James 5:14 – 15*)
 - c. Grace for our Specific Needs (*Hebrews 4:16*)



4 Broad Areas:-

1. **Sickness and Diseases**
2. **Sexual Immorality**
3. **Inability to handle Money**
4. **Prone to Outbursts of Wrath potentially leading to physical violence**



1. **Sickness and Diseases**

- **Medical Check-up**
- **Hereditary Sickness and Diseases**

e.g. **Cancer, Heart Failure, Strokes,
High Blood Pressure,
Genetically Transmitted ...**



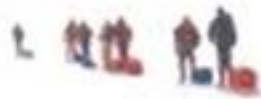
1. **Sickness and Diseases** - *Deal with it.*

- a. **Repent** of our own sins and that of our forefathers.
- b. **Break** loose from that sickness in Jesus' Name.
- c. Be **Cleansed** of the defilement by the Blood of Christ.



1. **Sickness and Diseases** - *Deal with it.*

- d. **Appropriate** the healing made available by the Cross.
- e. **Bless** your body.
- f. Take necessary **Practical** steps to strengthen your bodily health.



2. **Sexual Immorality**

Prone to have:-

✓ **Marital Affairs**

- one night stands, mistresses, flirting etc.



2. **Sexual Immorality**

Prone to have:-

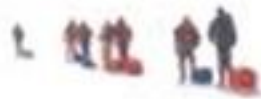
✓ **Marital Conflicts**

- constant quarrels and disagreements leading to thoughts and decisions for separation, divorces, violence ...



2. **Sexual Immorality** - *Deal with it.*

- a. **Repent** of our own sins and that of our forefathers.
- b. **Break** loose from that relationship in Jesus' Name.
- c. Be **Cleansed** of the defilement by the Blood of Christ.



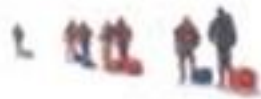
2. **Sexual Immorality** - *Deal with it.*

d. Be **Healed** by the Power of the Word.

e. **Bless** your spouse.

f. Take necessary **Practical** steps
to nurture your marriage relationship.

- Have deliberate marriage time.



3. Inability to handle Money

Prone to:-

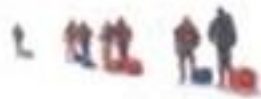
- ✓ Overspend
- ✓ Live beyond means
- ✓ Gambling Addiction
- ✓ Poor Financial Discipline
- ✓ Money Failures - Business Failures



3. **Inability to handle Money** - *Deal with it.*
- a. **Repent** of our own sins and that of our forefathers.
 - b. **Break** loose from this in Jesus' Name.
 - c. Be **Cleansed** of the defilement by the Blood of Christ.



3. **Inability to handle Money** - *Deal with it.*
- d. Be **Healed** by the Power of the Word.
 - e. **Bless** yourself.
 - f. Obey the **Practical** laws towards financial freedom e.g. tithe / offerings
 - Sow with prayer, expecting harvest.



4. Prone to Outbursts of Wrath potentially leading to Physical Violence



4. **Prone to Outbursts of Wrath potentially leading to Physical Violence** - *Deal with it.*
 - a. **Repent** of our own sins and that of our forefathers.
 - b. **Break** loose from this sin in Jesus' Name.



4. **Prone to Outbursts of Wrath potentially leading to Physical Violence** - *Deal with it.*
- c. Be **Cleansed** of the defilement by the Blood of Christ.
 - d. Be **Healed** by the Power of the Word.
 - e. **Bless** yourself.



4. Prone to Outbursts of Wrath potentially leading to Physical Violence - *Deal with it.*

f. Surrender to God:-

- ✓ Committing to God the people and situation that invoke your wrath.
- ✓ Speak blessing to the people and situation.



4. Prone to Outbursts of Wrath potentially leading to Physical Violence - *Deal with it.*

f. Surrender to God:-

- ✓ Cover the people and situation with the Blood of Christ.
- ✓ Yield your own life totally to the Lord.



Note that these are also
Personal Sins
of which the
Person is Responsible for.



Summary : Deal with **PERSONAL BAGGAGE**

- I. Unhealed **Hurts**
- II. Unmet **Needs**
- III. Unresolved **Issues**
- IV. Certain **Relationships**



Summary : Deal with **PERSONAL BAGGAGE**

V. Certain **Activities**

VI. Certain **Possessions**

VII. **Consequences** of Generational Iniquity



CONCLUSION

Proverbs 4:23

Keep your heart with all diligence,
for out of it spring the issues of life.

