

Establish the Word in our Hearts ~ Part I

by Elder Dan Foo

INTRODUCTION

M_____ and C_____ the Word

TO MEDITATE MEANS TO :

TO CONFESS MEANS TO :

WE CONFESS THE WORD IN THREE WAYS :

1. AS P_____ C_____ WITH GOD

2. TO M_____ TO ONE ANOTHER

3. TO R_____ THE EVIL ONE

WHY MEDITATE & CONFESS THE WORD ?

Psalm 1:1 – 3

Joshua 1:8

Proverbs 18:21

John 15:7

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HOW TO MEDITATE & CONFESS THE WORD ? 3 KEYS FROM EZRA 7:10

1.

2.

3.

SIX APPLICATION STEPS :-

1. R_____ aloud (to H_____ yourself) the selected verses.

2. W_____ out the verses.

3. S_____ to K_____ and U_____.

This is M_____ of the Word.

4. P_____ in your own words, your understanding of the verses.

5. P_____ A_____ - CONFESS – your para-phrase version of the verses.

6. Do it regularly.

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Exercise 1 (for Prayer Communion with God)

Psalm 100:1 – 5

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Exercise 2 (for Prayer Communion with God)

Psalm 18:1 – 3
