by Elder Dan Foo

TO MEDITATE MEANS TO:						
TO (CONFESS MEANS TO :					
THE	PURPOSE OF MEDITATION	N IS TO HAVE THE W	ORD			
PROVERBS 3:3; 7:3			PSALM 119:11			
WE	CONFESS THE WORD IN	THREE WAYS :				
1.	AS P	C	WITH GOD			
2.	TO MTO	O ONE ANOTHER				
3.	TO R	THE EVIL ONE				
<u>WH1</u>	(WE CONFESS THE WORD	?				
1.	CONFESSING THE WOR	d requires h				
2.	CONFESSING THE WOR	d requires e	·			
3.	CONFESSING THE WOR					
4.	CONFESSING THE WOR	DIS A D	OF THE GREATNESS AND			
	GOODNESS OF GOD.	PSALM 95 - 100				
5.	CONFESSING THE WOR	D PULLS DOWN S				

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2 CORINTHIANS 10:3 – 5

REVELATION 12:11

HOW	IO WEDITATE & CONFESS THE WORD? 3 KETS FROM EZKA 7:10				
1.					
2.					
3.					
SIX A	PPLICATION STEPS :-				
1.	R aloud (to H yourself) the selected verses.				
2.	W out the verses.				
3.	S to K and U This is M of the Word.				
4.	P in your own words, your understanding of the verses.				
5.	P A CONFESS – your para-phrase version of the verses.				
6.	Do it regularly.				
MEDITATE AND CONFESS OUR POSITION IN CHRIST					

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7 TRUTHS OF OUR POSITION IN CHRIST PSALM 23 – THE 7 REDEMPTIVE NAMES OF GOD TRUTH I AM VERY DEEPLY _____ BY GOD IN HE IS MY _____ #1 CHRIST. ROMANS 5:8 JOHN 3:16 TRUTH I HAVE THE _____ HE IS MY _____ #2 GUARDING MY HEART AND MY MIND. ROMANS 8:1 PHILIPPIANS 4:6 -7 TRUTH I AM THE _____ OF GOD IN HE IS MY _____ #3 CHRIST. 2 CORINTHIANS 5:21 1 JOHN 1:9 TRUTH | AM _____ IN CHRIST WHO | HE IS MY _____ #4 SUPPLIES ALL I NEED.

COLOSSIANS 2:10 1 CORINTHIANS 1:30 _____

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	2 PETER 1:3 - 4		
TRUTH #5	I WALK IN DIVINE IN CHRIST		HE IS MY
	1 PETER 2:24	PROVERBS 3:8	
	PROVERBS 4:22		
TRUTH	I HAVE CHRIST	ALWAYS.	HE IS MY
#6	MATTHEW 1:23	HEBREWS 13:5B	
TRUTH	I AM ALWAYS	IN CHRIST.	HE IS MY
#7	2 CORINTHIANS 14A	COLOSSIANS 1:27	

CONCLUSION - Jeremiah 15:16