



Everyone has fears and phobias.
e.g.

Fear of Heights

Fear of Spiders

Fear of Confined Places

Fear of Snakes

Fear of flying

Fear of Public Speaking



Stranger Phobias include:

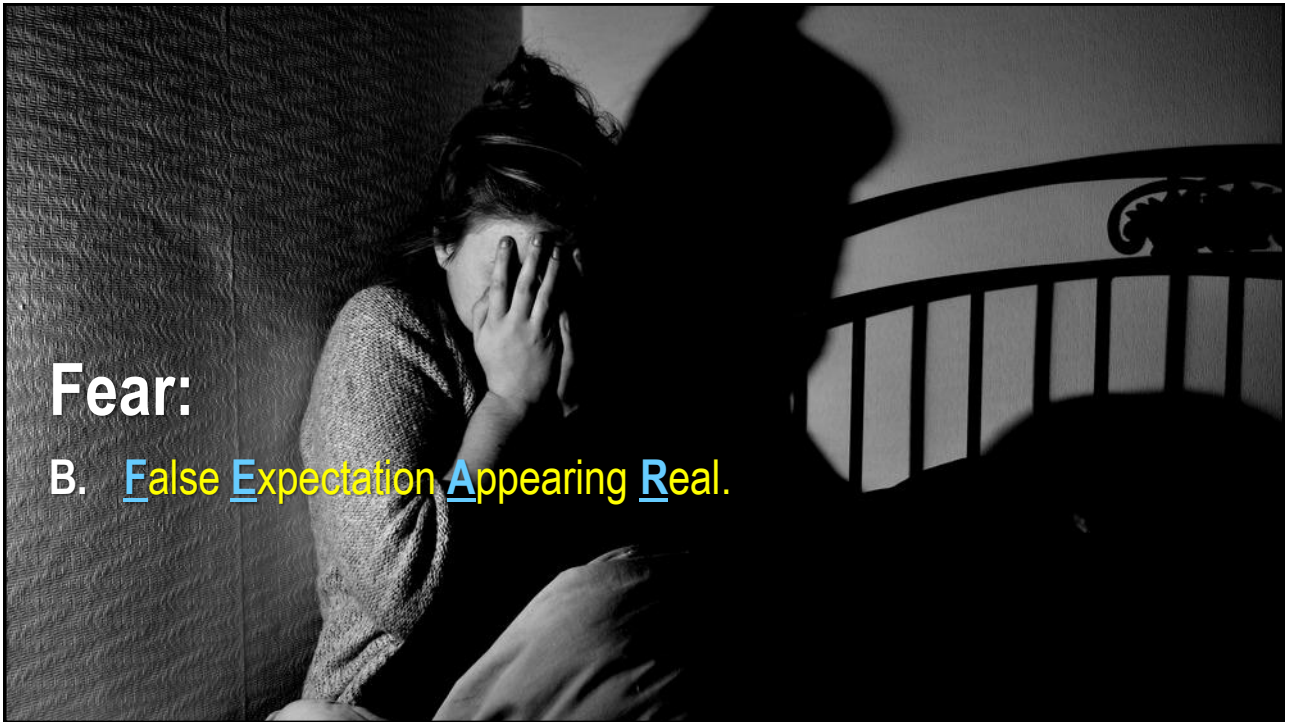
- Ablutophobia - Fear of washing or bathing
- Acaraphobia - Fear of itching
- Agyrophobia - Fear of crossing the street
- Agoraphobia - Fear of Shopping malls
- Lachanophobia - Fear of vegetables
- Lunaediesophobia - Fear of Mondays
- Katsaridaphobia - Fear of cockroaches!



Fear:

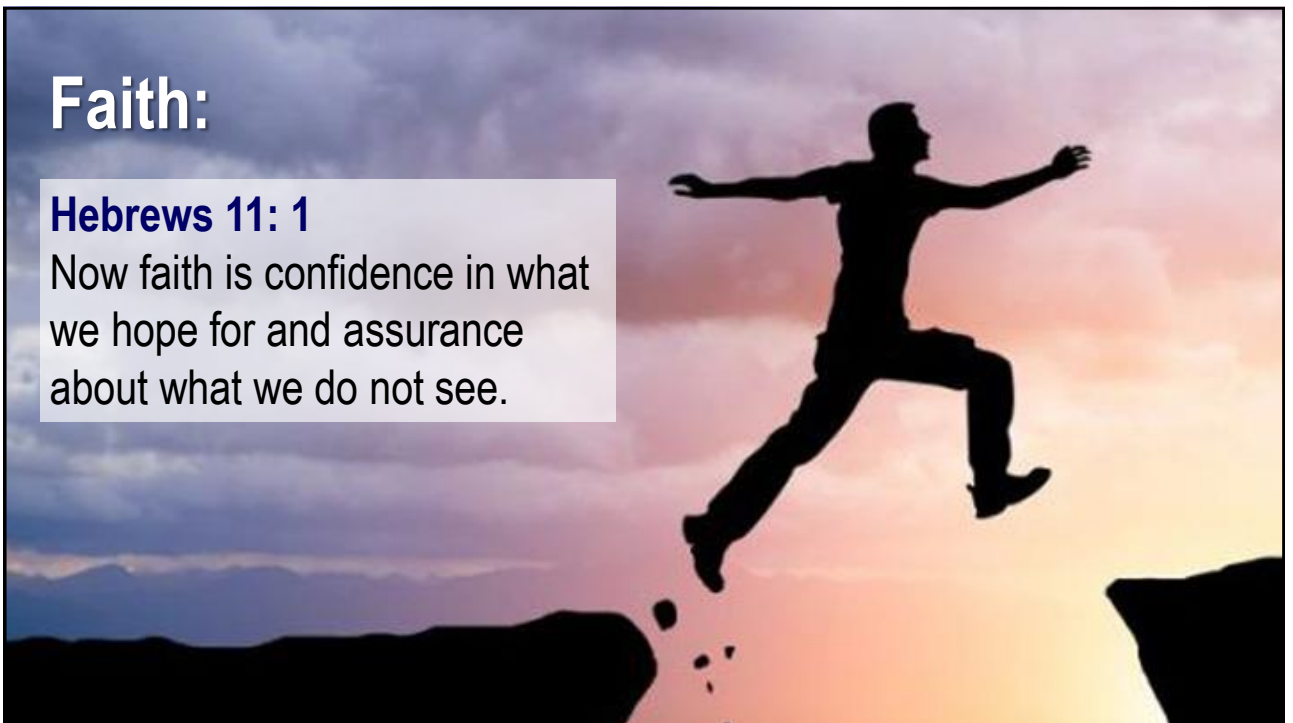
- A. A little darkroom where negatives are developed.





Fear:

B. False Expectation Appearing Real.



Faith:

Hebrews 11: 1

Now faith is confidence in what we hope for and assurance about what we do not see.

Summary

1. 2 kinds of Fear
2. 2 kinds of Faith
3. One Response

1. 2 kinds of Fear

- A. Fears that come from sins of a guilty conscience.

Genesis 3:7-10 *[1st Mention of Fear in the Bible]*

7 Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

8 Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. **9** But the Lord God called to the man, "Where are you?" **10** He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."



1. 2 kinds of Fear

B. Fears that come from a lack of faith

Mark 4:35-40

35 That day when evening came, he said to his disciples, "Let us go over to the other side." **36** Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. **37** A furious squall came up, and the waves broke over the boat, so that it was nearly swamped.

38 Jesus was in the stern, sleeping on a cushion. The disciples to him, "Teacher, don't you care if we drown?" **39** He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.

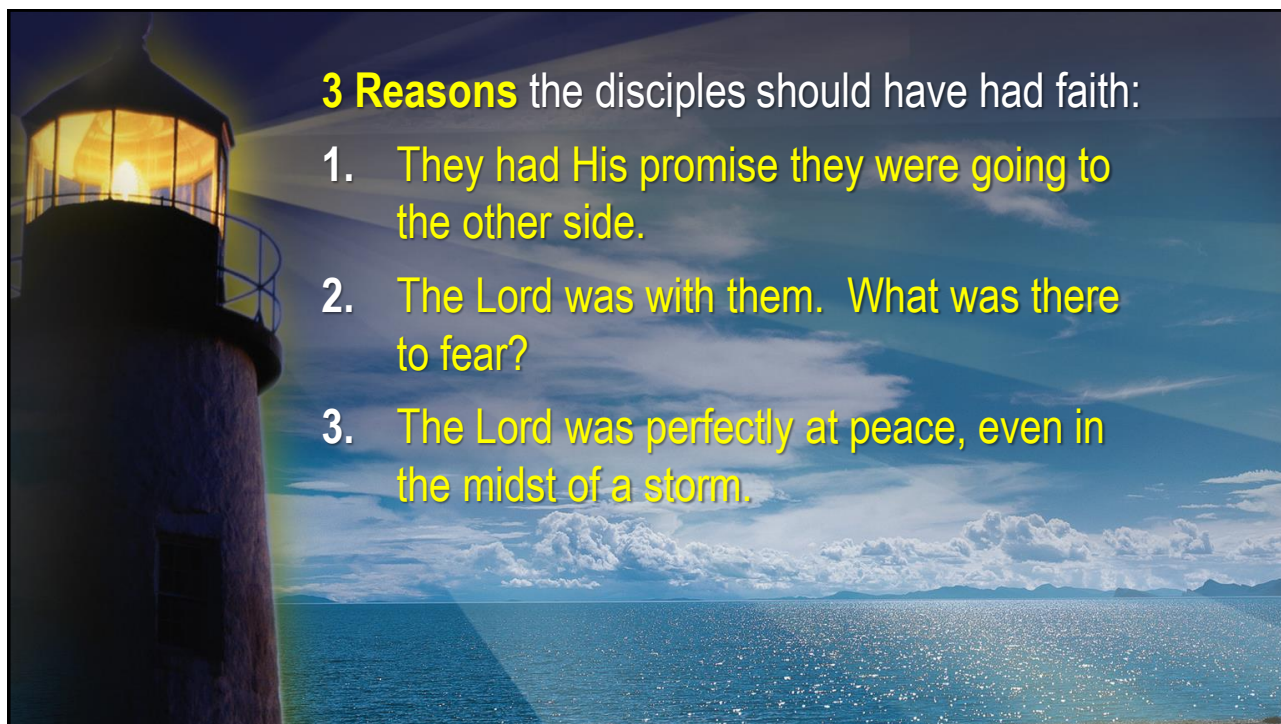
40 He said to his disciples, "Why are you so afraid? Do you still have no faith?"



The Lord will ask:

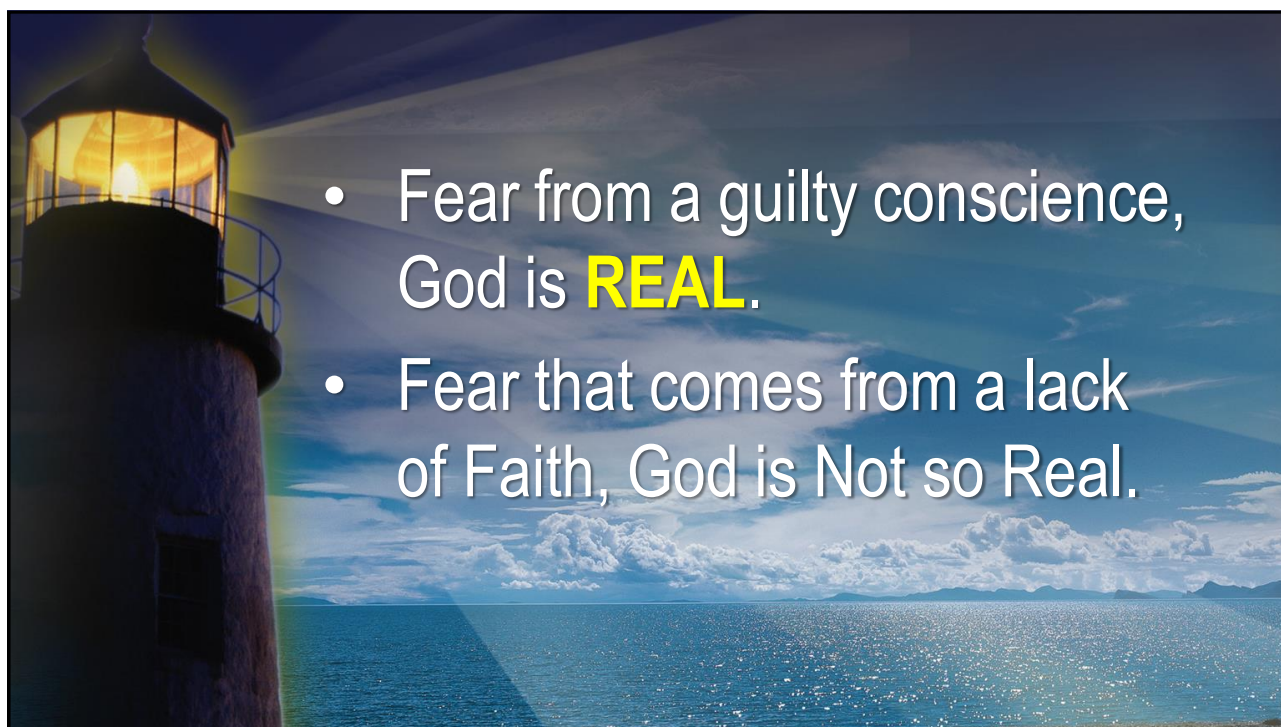
Why are you
so afraid?

Have you still
no faith?



3 Reasons the disciples should have had faith:

1. They had His promise they were going to the other side.
2. The Lord was with them. What was there to fear?
3. The Lord was perfectly at peace, even in the midst of a storm.



- Fear from a guilty conscience, God is **REAL**.
- Fear that comes from a lack of Faith, God is Not so Real.

When Faith is lacking, we cry

Lord don't you care?

- 
- Sometimes God calms the storm.
 - Sometimes He calms us.



2. Grow Faith

“Do Not Be Afraid”

A. To Joseph

Matthew 1:20, 24-25

20 But after he had considered this, an angel of the Lord appeared to him in a dream and said, “Joseph son of David, **do not be afraid** to take Mary home as your wife, because what is conceived in her is from the Holy Spirit.

24 When Joseph woke up, **he did what the angel of the Lord had commanded him** and took Mary home as his wife. **25** But he did not consummate their marriage until she gave birth to a son. And he gave him the name Jesus.



“Do Not Be Afraid”

B. To **Zechariah**

Luke 1:12-13

12 When Zechariah saw him, he was startled and was gripped with fear. **13** But the angel said to him: “**Do not be afraid**, Zechariah; your prayer has been heard. Your wife Elizabeth will bear you a son, and you are to call him John.



“Do Not Be Afraid”

C. To **Mary**

Luke 1:30 But the angel said to her, “**Do not be afraid**, Mary; you have found favor with God.



“Do Not Be Afraid”

D. To **the Shepherds**

Luke 2:10 But the angel said to them, “**Do not be afraid**. I bring you good news that will cause great joy for all the people.

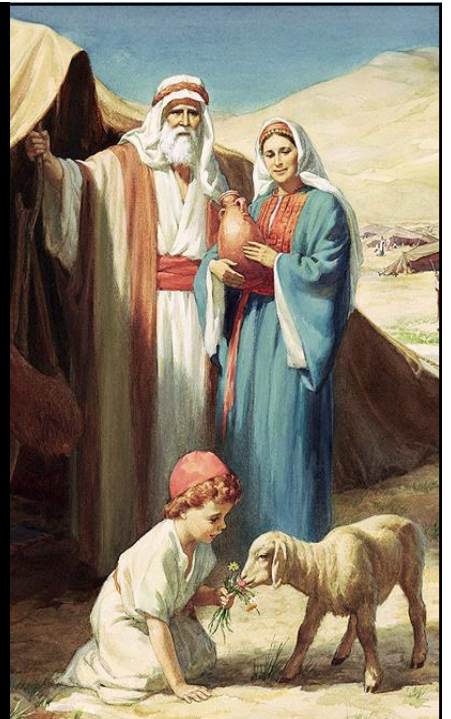


Fear Not

• To **Abraham**

Genesis 15:1-6

1 After this, the word of the Lord came to Abram in a vision: “**Do not be afraid, Abram**. I am your shield, your very great reward.” **2** But Abram said, “Sovereign Lord, what can you give me since I remain childless and the one who will inherit my estate is Eliezer of Damascus?” **3** And Abram said, “You have given me no children; so a servant in my household will be my heir.”



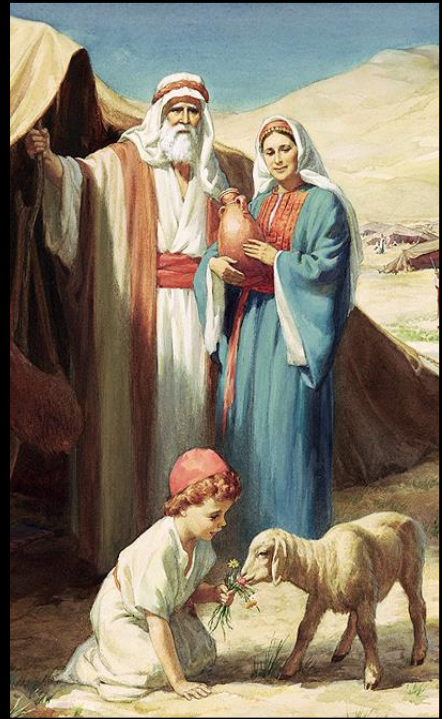
Fear Not

• To Abraham

Genesis 15:1-6

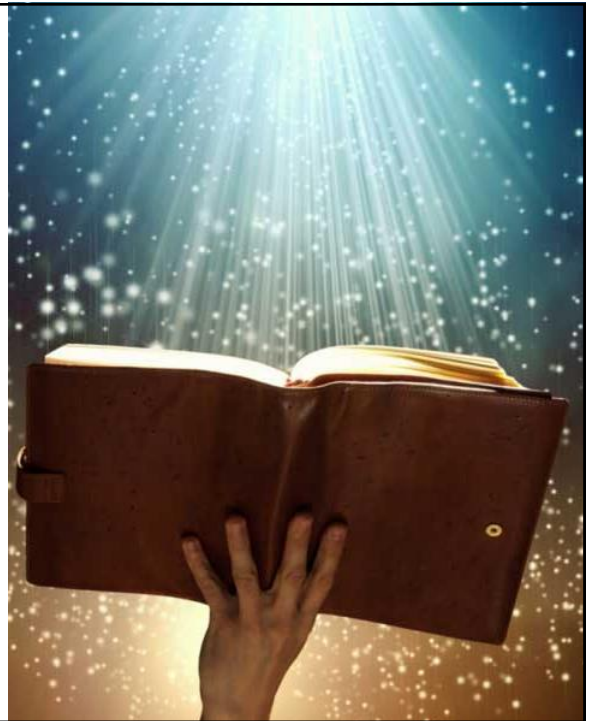
4 Then the word of the Lord came to him: “This man will not be your heir, but a son who is your own flesh and blood will be your heir.” **5** He took him outside and said, “Look up at the sky and count the stars—if indeed you can count them.” Then he said to him, “So shall your offspring be.”

6 Abram believed the Lord, and he credited it to him as righteousness.



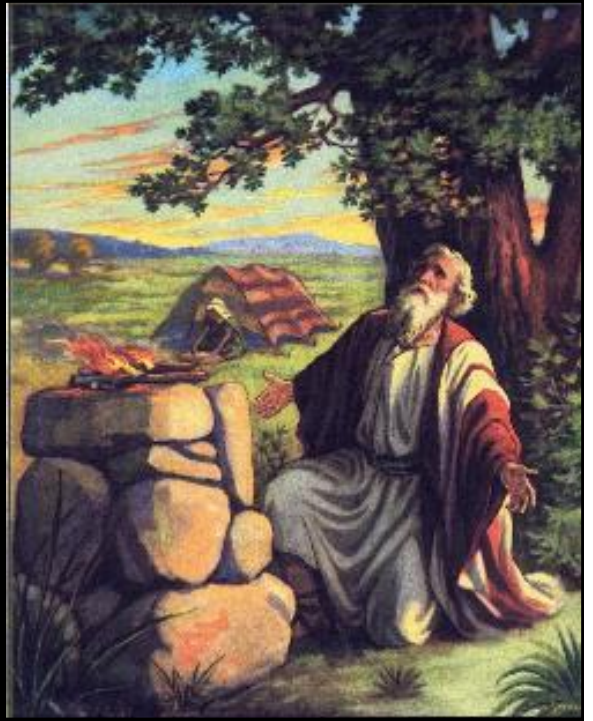
Faith:

- i. Focusses on God, not on our Problems.
- ii. Trusts in God's timing, not ours.
- iii. Grows by believing in God because of our circumstances.
- iv. Obeys God one step at a time.



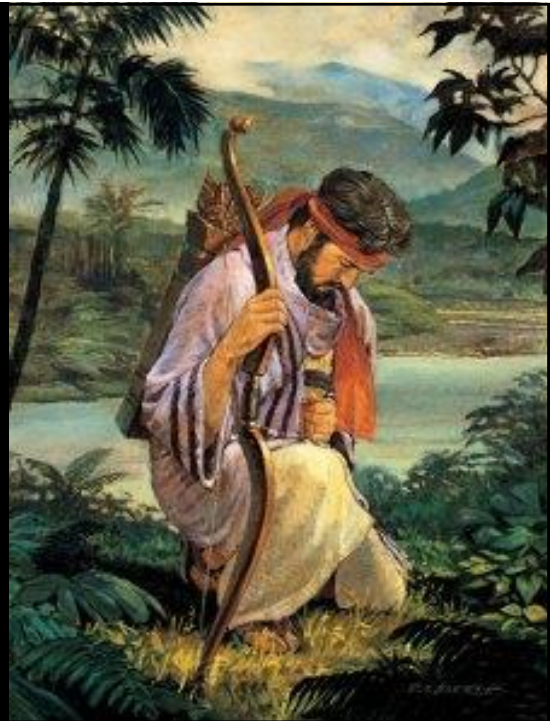
2. 2 kinds of Faith

- **Un-staggering Faith of Abraham**



2. 2 kinds of Faith

- **Struggling Faith of Jacob**



Genesis 32:1, 6-7

1 Jacob also went on his way, and the angels of God met him.

6 When the messengers returned to Jacob, they said, “We went to your brother Esau, and now he is coming to meet you, and four hundred men are with him.” **7** In great fear and distress Jacob divided the people who were with him into two groups, and the flocks and herds and camels as well.

Genesis 32:9

9 Then Jacob prayed, “O God of my father Abraham, God of my father Isaac, Lord, you who said to me, ‘Go back to your country and your relatives, and I will make you prosper,’

Genesis 32:11-12

11 Save me, I pray, from the hand of my brother Esau, for I am afraid he will come and attack me, and also the mothers with their children.

12 But you have said, 'I will surely make you prosper and will make your descendants like the sand of the sea, which cannot be counted.'"

Genesis 32:22-24, 26-28

22 That night Jacob got up and took his two wives, his two female servants and his eleven sons and crossed the ford of the Jabbok. **23** After he had sent them across the stream, he sent over all his possessions. **24** So Jacob was left alone, and a man wrestled with him till daybreak.

26 Then the man said, "Let me go, for it is daybreak." But Jacob replied, "I will not let you go unless you bless me." **27** The man asked him, "What is your name?" "Jacob," he answered. **28** Then the man said, "Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome."

Hebrews 11:17-19

17 By faith Abraham, when God tested him, offered Isaac as a sacrifice. He who had embraced the promises was about to sacrifice his one and only son, **18** even though God had said to him, “It is through Isaac that your offspring will be reckoned.” **19** Abraham reasoned that God could even raise the dead, and so in a manner of speaking he did receive Isaac back from death.

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A mighty faith is not omnipotent
but it lays hold of
an omnipotent God.

Charles Spurgeon

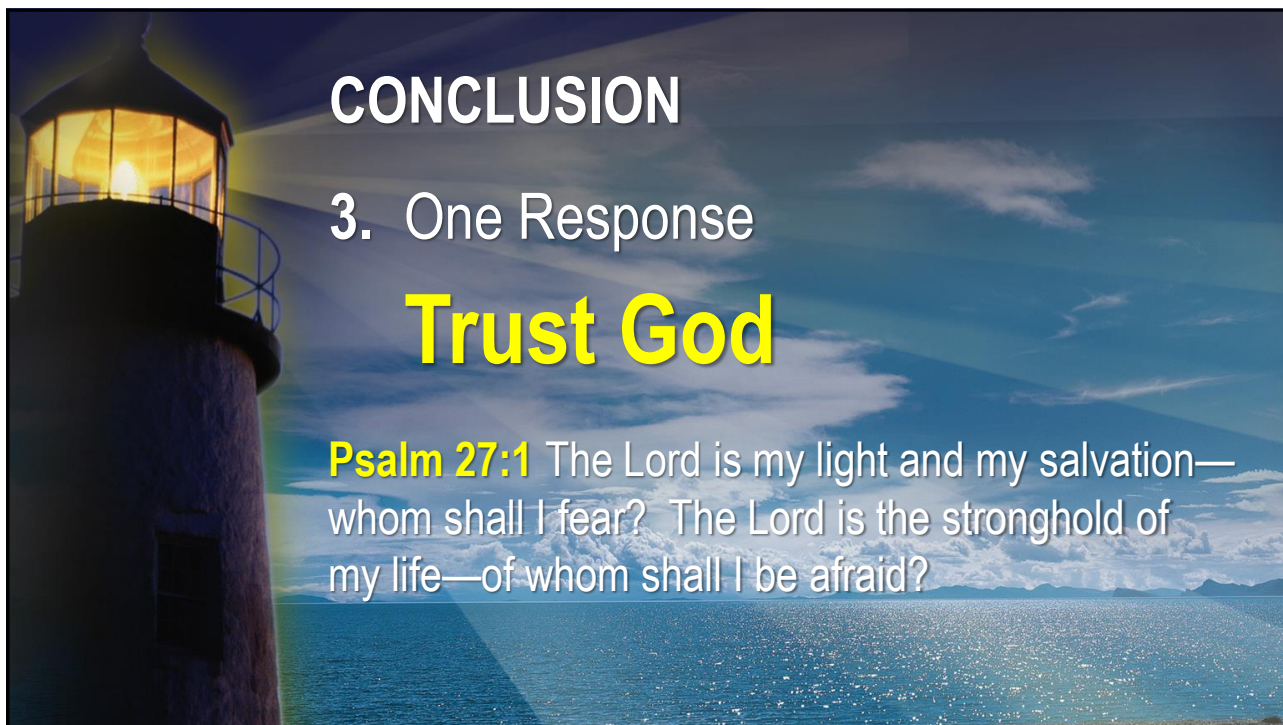


CONCLUSION

3. One Response

Trust God

Psalm 27:1 The Lord is my light and my salvation—
whom shall I fear? The Lord is the stronghold of
my life—of whom shall I be afraid?





CONCLUSION

3. One Response

Trust God

2 Timothy 1:7 For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.



CONCLUSION

**When troubles come,
how would we respond?**

What will we do?

Psalms 56:3 When I am afraid,
I put my trust in you.