

The 4 Key Problem Areas in our lives:

There are many Ministry Tools.

BBTC has chosen the Ministry Tool of **Restoring The Foundations (RTF)** by **Chester & Betsy Kylstra**.



Walking in Freedom and Victory
in the 4 Key Problem Areas in our lives:

1. From Consequences of
Generational Iniquity.

2. From Lies and Deception.

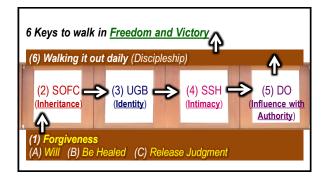
RTF = UGB - Ungodly
Beliefs

3. From Inner Hurts and
Wounds in our soul.

4. From Demonic
Harassment.

RTF = DO - Demonic
Oppression





RTF@BBTC - Ministry for BBTC-ians:		
22 Feb & 8 Mar 2014	15 Mar & 29 Mar 2014	5 Jul & 19 Jul 2014
16 Aug & 30 Aug 2014	13 Sep & 27 Sep 2014	11 Oct & 25 Oct 2014
8 Nov & 22 Nov 2014		
Session 1 - RTF Teach-in and PQ Filling Session 2 - Ministry Time) per batch)



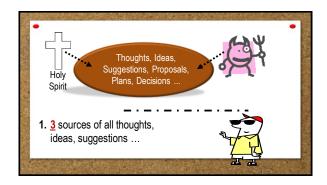
- 1A. Confess our sin of UGBs.
- 1B. Ask for God's forgiveness.
- 2A. Forgive all who influenced you to have UGBs.
- 2B. Forgive yourself for receiving and living out the UGBs.
- **3A.** Cut **soul-ties** with all who influenced you to have the UGBs.
- 3B. Renounce and break the power of all UGBs in your life.
- **4A.** Replace the UGBs with the corresponding GBs.
- 4B. Receive the blessings of the GBs.
- 5. Continually connect with the **Spirit of Truth**.





Hebrews 8:10 For this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put My laws in their mind and Write them on their hearts; and I will be their God, and they shall be My people.

Hebrews 10:16 "This is the covenant that I will make with them after those days, says the Lord: I will put My laws into their hearts, and in their minds I will Write them.





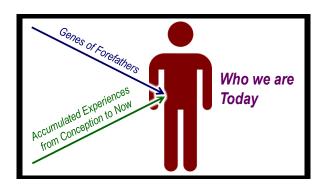


- (1) Hearing His voice in our spirit (still small voice). (2) Inward Vision (pictures-images); Dreams. (3) Word of Knowledge-Wisdom (download from Holy Spirit).
- (4) Sensing Feeling Inner Witness
- Impression.



Hearing God Exercise: In 2s and 3s **A.** Pray and ask the Lord for a word of encouragement / blessing for the other person **B.** Pause for a moment. C. Identify the first impression, picture, inward witness, scripture, word, etc. **D.** Share in your own words that word for the **purpose** to encourage, edify, exhort, comfort, etc. the other person.

II. Sources of Inner hurts and wounds in our souls. 1. From Consequences of Generational Iniquity (Sin of the Fathers and Resulting Curses - SOFC). 2. From Lies and Deception (Ungodly Beliefs - UGBs)



- II. Sources of Inner hurts and wounds in our souls.
 - **3A.** From living in the fallen world with fallen people.

Romans 3:23 for all have sinned and fall short of the glory of God ...

John 16:33 These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.

- II. Sources of Inner hurts and wounds in our souls.
 - **3B.** Things **done** to us that should **not** be done to us.
 - **3C.** Things <u>not done</u> to / for us that <u>should</u> have been <u>done</u>.

- **II.** Sources of Inner hurts and wounds in our souls.
 - 4. From our own <u>faults</u>, <u>mistakes</u>, <u>failures</u> and <u>accidents</u>.

Romans 3:10, 16

- 10 As it is written: "There is none righteous, no, not one ..."
- 16 Destruction and misery are in their ways ...

- **III.** Consequences of Inner hurts and wounds
 - 1. Begins in the **family** and affect the entire **family**.
 - 2. Affect the entire person.
 - 3. Causes us to hurt others.
 - **4.** A breeding ground for **UGBs** to be formed.

- III. Consequences of Inner hurts and wounds
 - 5. Causes ongoing vulnerability and hopelessness.
 - 6. Causes shame.
 - 7. Causes us to build defense mechanisms.
 - Locked emotions cannot express.
 - Need healing touch of God.

- III. Consequences of Inner hurts and wounds
 - 8. Causes us to wear masks.
 - **A.** Become <u>perfectionistic</u> and <u>performance</u> orientated.
 - B. Anger, blame, sarcasm and bitterness.
 - 9. Restrict our emotional and spiritual growth.
 - 10. Etc.

IV. The Lord wants to heal us.

Luke 4:18 The Spirit of the Lord is upon Me, because He has anointed Me to preach the gospel to the poor; <u>He has sent Me to heal the broken-hearted</u>, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed ...

Isaiah 61:1-3 The Spirit of the Lord God is upon Me, because the Lord has anointed Me to preach good tidings to the poor; He has sent Me to heal the broken-hearted to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the acceptable year of the Lord, and the day of vengeance of our God; to comfort all who mourn, to console those who mourn in Zion, to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the Lord, that He may be glorified."



IV. The Lord wants to heal us.

Isaiah 42:3 A <u>bruised reed He will not break</u>, and <u>smoking flax</u>
He will not quench; He will bring forth justice for truth.

Psalm 147:3 He <u>heals the broken-hearted</u> and <u>binds up</u> <u>their wounds</u>.

IV. The Lord wants to **heal** us.

Isaiah 53:4 Surely He has **borne our griefs** and **carried our sorrows**; yet we esteemed Him stricken, smitten by God, and afflicted.

Exodus 15:26 ... For I am the Lord who heals you."



- V. Obstacles to being healed. Possible Blocks / Hindrances
 - 1. Unable to forgive.
 - 2. <u>Un-confessed</u> sins.
 - 3. Major fears.
 - 4. **Double** thinking.
 - **5.** Certain <u>medication</u> affecting thinking and moods.



- V. Obstacles to being healed.
 Possible Blocks / Hindrances
 - 6. Anger / Disappointment with God.
 - 7. Demonic blockage.
 - 8. <u>Ignorance</u> of the Word / Truth that sets us free.
 - 9. Ungodly soul-ties
 - 10. Etc.

- VI. Steps to healing our inner hurts and wounds.
 - Acknowledge the hurt, frustrations, and pain to the Lord.



e.g. Prayer 1 - Anger with God

I told God I was angry; I thought He'd be surprised. I thought I'd kept hostility quite cleverly disguised. I told the Lord I hate Him; I told Him that I hurt, I told Him that He isn't fair He treated me like dirt. I told God I was angry, but I'm the one surprised. "What I've known all along," He said, "you've finally realized.

"At last you have admitted what's really in your heart; Dishonesty, not anger, was keeping us apart.



e.g. Prayer 1 - Anger with God

"Even when you hate Me, I don't stop loving you. Before you can receive that love, you must confess what's true.

"In telling Me the anger you genuinely feel, It loses power over you permitting you to heal." I told God I was sorry, and He's forgiven me. The truth that I was angry had finally set me free.

> Anger at God by Jessica Shaver



e.g. Prayer 2 - Anger / Disappointment with God Prayer Lord, I see that I have misjudged You, and I have blamed You for things You did not do. I am sorry for doing this and I choose to stop today.

I ask You to forgive me for this sin against You.
I know and affirm that You are a good God, and You want only the best for me.



e.g. Prayer 2 - Anger / Disappointment with God Prayer I choose to put the blame where it really belongs - on Satan, on the sin in other people's lives, and on the sin in my own life. Lord, help me to see You in a new way, and to come to a place where I can truly feel that I am Your son / daughter. Thank You, Lord, for new freedom today, and for a renewed relationship with You. I receive both of these in the Name of Jesus. Amen!

e.g. Prayer 3 - Psalm 142 (NLT)

"I cry out to the Lord; I plead for the Lord's mercy. I pour out my complaints before him and tell him all my troubles. When I am overwhelmed, you alone know the way I should turn. Wherever I go, my enemies have set traps for me. I look for someone to come and help me, but no one gives me a passing thought! No one will help me; no one cares a bit what happens to me.

e.g. Prayer 3 - Psalm 142 (NLT)

Then I pray to you, O Lord. I say, You are my place of refuge. You are all I really want in life. Hear my cry, for I am very low Rescue me from my persecutors, for they are too strong for me. Bring me out of prison so I can thank you. The godly will crowd around me, for you are good to me."

- VI. <u>Steps to healing</u> our inner hurts and wounds.
 - 2. Invite the <u>Holy Spirit</u> to reveal the <u>source</u> of the inner hurts.



- VI. Steps to healing our inner hurts and wounds.
 - **3.** <u>Invite</u> the Lord Jesus into this memory.



- VI. <u>Steps to healing</u> our inner hurts and wounds.
 - Invite Him to bring <u>healing</u> and <u>truth</u>.



- VI. Steps to healing our inner hurts and wounds.
 - 5. Break any agreement with each UGB attached to this hurt.



- VI. <u>Steps to healing</u> our inner hurts and wounds.
 - **6A.** Apply the <u>Blood</u> of Christ to the hurts / wounds.
 - **6B.** Invite the Holy Spirit (oil) to soothe and heal the pain.
 - **6C.** Ask <u>Father-God</u> to bind up and heal completely the pain-wound-hurt.



- VI. Steps to healing our inner hurts and wounds.
 - 7. Thank the Lord for healing the inner hurts and wounds.



Exercise: Steps to healing our inner hurts and wounds.

- 1. Acknowledge the hurt, frustrations, and pain to the Lord.
- 2. Invite the Holy Spirit to reveal the source of the hurts ...
- 3. Invite the Lord Jesus into this memory.
- 4. Invite Him to bring healing and truth.

Exercise: Steps to healing our inner hurts and wounds.

- Break any agreement with each <u>UGB</u> attached to this burt
- **6A.** Apply the <u>Blood</u> of Christ to the hurts / wounds.
- **6B.** Invite the **Holy Spirit** (oil) to soothe and heal the pain.
- **6C.** Ask <u>Father-God</u> to bind up and heal completely the pain-hurt.
- Thank the Lord for healing the inner hurts and wounds.



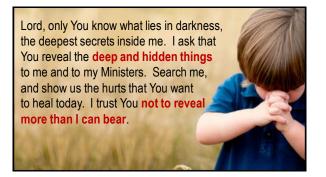


Lord, I choose to be open and submitted to You today.

Like David, I cry out to You and tell You my troubles.

I ask You to bring my soul out of prison so I may praise Your name. I trust You not to give me more than I can handle.

I can and do trust You to be my protector, my shield, and the revealer of my hurts.



I give You permission to dig deep for the roots of any hidden memories that are affecting my life. I ask You to take the keys to my heart now and unlock the doors.

Bypass any denial or deception that may be blocking my memory.

Bypass anything that has hindered me, or is hindering me, from receiving my healing.

Lord Jesus, I ask You to bring those things to the surface that You want to heal.

I ask You to be with me as I re-experience any past hurt and pain. I want to be set free by the Power of the Cross and Your Shed Blood. In the Name of Jesus Christ I pray. Amen!