

Theme	Walking in Freedom & Victory (Part 3)
Topic	From Inner Hurts and Wounds in Our Souls
Speaker	SP Daniel Foo
Date	25 <sup>th</sup> & 26 <sup>th</sup> January 2014

## Message Summary

***Spiritual Objective: To be set free from our Soul/Spirit-Hurts (SSH)***

RTF is a ministry tool on the four key problem areas in our lives. RTF is part of restoring us back to the glory of God and to what God has in store of us before the Fall. We use RTF because it is an integrated approach, Holy Spirit-led and transferable. The focus today is on inner hurts and wounds in our souls and the RTF tool will be used to heal our Soul-Spirit-Hurts (SSH).

### **I. Hearing God**

- Everyone who belongs to God has access to God.
- Hebrews 8:10; 10:16 ('after those days' = Pentecost, 'laws' = everything about life, 'put/download' = very clear and instantaneously, 'write' = over a period, letter upon letter, word upon word, line upon line, precept upon precept)
- God wants us to put His laws in our minds and hearts.
- 1. There are three sources of all thoughts/ideas: the Holy Spirit, the evil one, yourself  
2. Resist the evil one and he will flee from you (Go against the spirit of lies and defilement with the blood of Christ)  
3. Your thoughts and feelings are what God is speaking to you in your posture of intentionally seeking Him. (Only the overlap is God's thoughts and feelings for you. The dynamic process depends on your connection with God.)
- Ways that God speaks to you
  - a) Hearing His Voice in our spirit (a still small voice)
  - b) Inward vision (pictures-images); dreams
  - c) Word of Knowledge – wisdom (downloads from the Holy Spirit)
  - d) Sensing – Feeling – Inner Witness – Impression
- Who we are today is a combination of the genes of our forefathers and the accumulated experiences we have had from conception to now. Some experiences happened when we were too young and had no idea how to process them.

### **II. Sources of inner hurts and wounds in our souls**

- Things done to us that should not be done
- Things not done to us that should be done
- From our own faults, mistakes, failures and accidents

### **III. Consequences of inner hurts and wounds**

- Begins in the family and affect the entire family
- Affects the entire person
- Causes us to hurt others
- A breeding ground for ungodly beliefs to be formed
- Causes ongoing vulnerability, shame and hopelessness
- Causes us to build defense mechanisms
- Causes us to wear masks (being perfectionistic and performance orientated, filled with anger, blame, sarcasm and bitterness)
- Restricts our emotional and spiritual growth

### **IV. The Lord wants to heal us**

We need to believe that the Lord wants a breakthrough in our lives and to heal us.  
Luke 4:18, Isaiah 61:1-3, Psalm 147:3, Isaiah 53:4, Exodus 15:26

### **V. Obstacles to being healed**

- Unable to forgive
- Unconfessed sins
- Major fears
- Double thinking
- Certain medication affecting thinking and moods
- Anger/disappointment with God
- Demonic bondage
- Ignorance of the Word/Truth that sets us free
- Ungodly soul-ties

### **VI: Steps to healing our inner hurts and wounds**

- Acknowledge the hurt, frustrations and pain to the Lord
- Invite the Holy Spirit to reveal the source of the inner hurts
- Invite the Lord Jesus into this memory
- Invite Him to bring healing and truth
- Break any agreement with each ungodly belief attached to this hurt
- Apply the Blood of Christ to the hurts/wounds
- Invite the Holy Spirit (Oil) to soothe and heal the pain
- Ask Father God to bind up and completely heal to pain/wound/hurt
- Thank the Lord for healing the hurtful memory

# Questions

1. What are some ways that God speaks to you?

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2. Can you recall a time where you have been hurt by someone? How has it affected you as you were growing up?

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3. Do you want to be healed? Is there anything blocking and hindering that stop you from being healed?

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# *Gear Up and Go!*

## **1. RTF@BBTC**

As part of BBTC IDMC Process, Restoring the Foundations (RTF) Is an integrated ministry tool that will help BBTCians receive God's restorative healing, deliverance and ultimately breakthroughs to become effective Priests and Kings for the Lord.

Session 1: Overview of RTF Ministry and Personal Questionnaire (PQ) Filling

Session 2: Participants will be allocated to either an AM or PM session for Ministry

<b>Batch</b>	<b>Session 1</b>	<b>Session 2</b>
<b>1</b>	22 <sup>nd</sup> February 2014	8 <sup>th</sup> March 2014
<b>2</b>	15 <sup>th</sup> March 2014	29 <sup>th</sup> March 2014
<b>3</b>	5 <sup>th</sup> July 2014	19 <sup>th</sup> July 2014
<b>4</b>	16 <sup>th</sup> August 2014	30 <sup>th</sup> August 2014
<b>5</b>	13 <sup>th</sup> September 2014	27 <sup>th</sup> September 2014
<b>6</b>	11 <sup>th</sup> October 2014	25 <sup>th</sup> October 2014

Sign up online at [www.bbtc.com.sg/rtf\\_2014](http://www.bbtc.com.sg/rtf_2014) by 30th January 2014 for Batch 1.