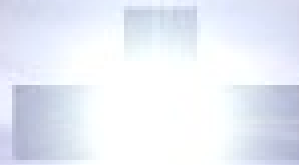


# Salvation of our Spirit & Body

(Part I)



**The Dual Consequences  
and Remedy**

and Remedy

**THE DUAL CONSEQUENCES**

# Genesis 1 – In the Beginning ...

- The Creation of the Universe
- The Creation of Man
- In the Image of God
- Free Will for fellowship with God

In relationship with



# Man's Rebellion and Fall

Romans 3:23

for all have sinned and fall short of  
the glory of God

Broken Relationship

**MAN**

**GOD**

# Good News – The Gospel

**Romans 6:23**

**For the wages of sin is death,  
but the gift of God is eternal life  
in Christ Jesus our Lord.**

**John 3:16**

**For God so loved the world that  
He gave His only begotten Son, that  
whoever believes in Him should not  
perish but have everlasting life.**

# The Dual Problem and Solution

**Romans 6:23**  
**For the wages of sin**  
**is death**

**1<sup>ST</sup> Problem**  
**Spiritual**  
**Death**

**2<sup>nd</sup> Problem**  
**Physical**  
**Death**

# The Dual Problem and Solution

## First problem

- ✓ When man fell into sin, the consequence is spiritual death.
- ✓ Man will be eternally separated from God.
- ✓ He will be cast into the Lake of Fire and tormented forever.

**First problem : Spiritual Death**

# The Dual Problem and Solution

## Solution to the First problem

- ✓ Jesus died for the salvation of our soul.
- ✓ He took the punishment on our behalf when He died on the cross.
- ✓ His blood was shed for our salvation.
- ✓ His blood was shed to redeem our soul.

# How to be Saved?

**Romans 10:9 - 10**

**⁹that if you confess with your mouth  
the Lord Jesus and believe  
in your heart that God has raised Him  
from the dead, you will be saved.**

**¹⁰For with the heart one believes unto  
righteousness, and with the mouth  
confession is made unto salvation.**



# How to be Saved?

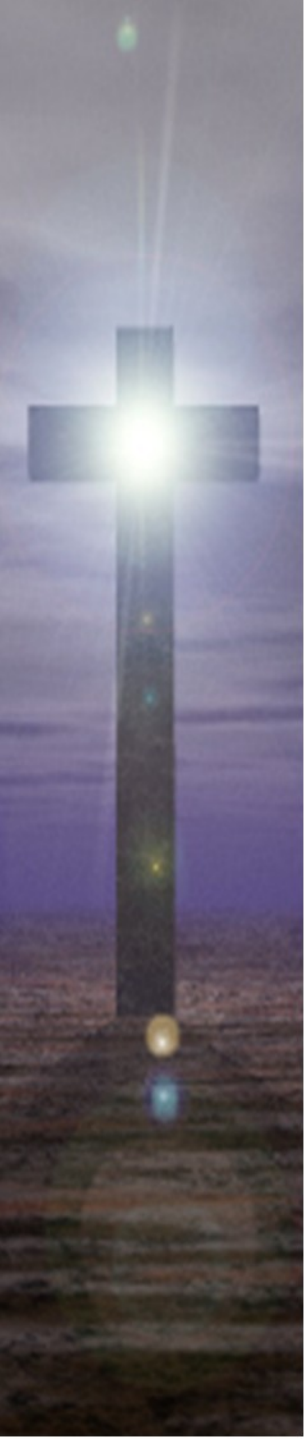
**John 1:12**

**But as many as received Him,  
to them He gave the right  
to become children of God,  
to those who believe  
in His Name**

# The Dual Problem & Solution

- ✓ When man fell, our bodies are also afflicted with sickness & disease.
- ✓ This body became corrupt and mortal resulting in our physical death.
- ✓ When Jesus comes, we will then have the incorruptible and immortal resurrected body.

**Second problem : Physical Death**



## 1 Corinthians 15:52 - 53

<sup>52</sup>in a moment, in the twinkling of an eye, at the last trumpet.

For the trumpet will sound, and the dead will be raised incorruptible, and we shall be changed.

<sup>53</sup>For this corruptible must put on incorruption, and this mortal must put on immortality.

# The Dual Problem & Solution

- ✓ In the meantime, while on earth before we physically die, we need healing for our sickness & disease.
- ✓ Jesus died for healing of our bodies.
- ✓ The Body of Christ was broken for our healing.

**Second problem : Physical Death**

# The Dual Problem & Solution

Psalm 103:3 -

Who forgives all your iniquities,  
who heals all your diseases

God **forgives**  
our iniquities  
= **salvation**

God also **heals**  
all our diseases

# The Dual Problem & Solution

Isaiah 53:5

But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed.

He was wounded  
for our transgressions  
= **salvation**

By His stripes,  
we are **healed**

# The Dual Problem & Solution

Jeremiah 17:14

Heal me, O LORD,  
and I shall be healed;  
save me, and I shall be saved,  
for You are my praise.

**Healing & Salvation**

# The Dual Problem & Solution

Luke 5:24

But that you may know that the Son of Man has power on earth to forgive sins— He said to the man who was paralyzed, “I say to you, arise, take up your bed, and go to your house.” \_

**Forgiveness & Healing**



# The Dual Problem & Solution

James 5:15

And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

**Healing & Forgiveness**

# Understanding & Appropriating Healing of Our Bodies

**Healing is for NOW while  
we are on earth**

**In Heaven, we will not need  
healing as we will all be in  
our resurrected bodies**

**The Issue then, is to understand  
and to know how, as believers,  
to appropriate healing**

**Exodus 15:26**

**“I AM the LORD Who heals”**



# Understanding & Appropriating Healing of Our Bodies

**Isaiah 53:4 - 5**

**<sup>4</sup>Surely He has borne our griefs  
and carried our sorrows;  
yet we esteemed Him stricken,  
smitten by God, and afflicted.**

# Understanding & Appropriating Healing of Our Bodies

**Isaiah 53:4 - 5**

**<sup>5</sup>But He was wounded for  
our transgressions, He was bruised  
for our iniquities; the chastisement  
for our peace was upon Him,  
and by His stripes we are healed.**

# Understanding & Appropriating Healing of Our Bodies

**Matthew 8:16 - 17**

**<sup>16</sup>When evening had come,  
they brought to Him many who  
were demon-possessed.  
And He cast out the spirits with  
a word, and healed all  
who were sick,**

# Understanding & Appropriating Healing of Our Bodies

Matthew 8:16 - 17

<sup>17</sup>that it might be fulfilled  
which was spoken by Isaiah

the prophet, saying:

“He Himself took our infirmities  
and bore our sicknesses.”

# Understanding & Appropriating Healing of Our Bodies

1 Peter 2:24

who Himself bore our sins  
in His own body on the tree, that we,  
having died to sins, might live  
for righteousness— by whose stripes  
you were healed.





# Understanding & Appropriating Healing of Our Bodies

## 4 Basic Factors that Affect our Health

1. **Our Basic Constitution**
2. **Our Diet - Nutrition**
3. **Our Rest - Sleep & Peace vs  
Stress, Anxieties & Fears**
4. **Our Exercise**

# Understanding & Appropriating Healing of Our Bodies

**To the degree  
we pay attention and address  
the 4 factors will be  
the degree of  
our bodily health**

# Understanding & Appropriating Healing of Our Bodies

## Means of Healing by the Lord :-

- **The LORD heals through**
  - ✓ **MEDICINE**
  - ✓ **Nutrition – Diet**
  - ✓ **Prayers of Faith**
  - ✓ **one / some or all of above**

# Understanding & Appropriating Healing of Our Bodies

## Many Causes for Sickness & Diseases

**Fallen Natural Laws  
(Romans 8:21)**

**Reaping what  
we sow  
(Galatians 6:7)**

**Consequences of  
Generational Sins  
(Exodus 20:3 – 5)**

**Personal Sins  
(John 5:14)**

**Demonic  
Oppression  
(Luke 13:11-13)**

**Unforgiveness  
(Matthew 18:34 - 35)**

# Understanding & Appropriating Healing of Our Bodies

- **We receive healing by faith in God**
- **Some things weaken or sabotage  
our faith**

# Understanding & Appropriating Healing of Our Bodies

- **Some issues that block us from receiving our healing**

**Unforgiveness**

**Not walking in love**

**Strife with others, complaining & murmuring**

**Speaking negative and doubt-filled words**

# Understanding & Appropriating Healing of Our Bodies

- **Some issues that block us from receiving our healing**

**Fear and  
unbelief**

**Unconfessed areas of  
sins**

**Unbelief and doubts about divine  
healing**

# The Lord also heals :-

## 1. Through Anointed Atmosphere

Luke 5:17b

... the power of the Lord was present  
to heal them.

This can occur during high praise  
and spiritual worship with  
the manifest Presence of the Lord  
sensed by the sick.



# The Lord also heals :-

2. Through Spiritual Gifts of Miracles and Healings given to certain believers.

1 Corinthians 12:9b – 10a

<sup>9</sup> ...to another gifts of healings by the same Spirit, <sup>10</sup>to another the working of miracles ...

# The Lord also heals :-

## 3. Through the Prayer of Faith

James 5:15

And the prayer of faith  
will save the sick,  
and the Lord will raise him up.  
And if he has committed sins,  
he will be forgiven.

# The Lord also heals :-

## 3. Through the Prayer of Faith

The **faith** can be :-

- a. Of the Pray-er (Acts 3:6)
- b. Of the Intermediary (Luke 7:1 – 10)
- c. Of the Pray-ee (Mark 5:25 – 34)

# The Lord also heals :-

## The Prayer of Faith (2-part Application)

### i. Pray the Word

Psalm 107:20a

He sent forth His Word and healed them ...

Proverbs 3:8

It (the Word) will be health to your flesh, and strength to your bones.

# The Lord also heals :-

## The Prayer of Faith (2-part Application)

### i. Pray the Word

Romans 8:11

But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

# The Lord also heals :-

## The Prayer of Faith (2-part Application)

ii. Command and Rebuke the sick condition e.g. the fever, the pain, the abnormal growth, etc.

Luke 4:39

So He bent over her and rebuked the fever, and it left her.

She got up at once ...

# The Lord also heals :-

Mark 11:22 – 24

<sup>22</sup>So Jesus answered and said to them,  
“Have faith in God.

<sup>23</sup>For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says.

# The Lord also heals :-

**Mark 11:22 – 24**

**<sup>24</sup>Therefore I say to you,  
whatever things you ask when you pray,  
believe that you receive them,  
and you will have them.**



# The Lord also heals :-

## 4. Through The Sacraments

### i. The Anointing Oil

Mark 6:13

And they cast out many demons, and anointed with oil many who were sick, and healed them.

# The Lord also heals :-

## 4. Through The Sacraments

### i. The Anointing Oil

James 5:14

Is anyone among you sick?  
Let him call for the elders of  
the church, and let them pray  
over him, anointing him with oil  
in the name of the Lord.

**The Lord also heals :-**

**4. Through The Sacraments**

**ii. Through the Holy Communion**

**Next Message**

# CONCLUSION

**John 10:10**

**The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.**

# CONCLUSION

**1 John 3:8**

**... for this purpose the Son of God  
was manifested,  
that He might destroy the works  
of the devil.**

# CONCLUSION

The LORD Jesus Christ – He is

**Our Savior**

**Our Deliverer**

**Our Healer**

**Our LORD**

**Our Redeemer**

**Our Friend**

**Is He so, in your life ?**

**Will you come to Him ?**