

A glowing cross is centered in the upper half of the image, set against a dark, cloudy sky. The cross emits a bright light, creating a lens flare effect. Below the cross, the text "Salvation of our Spirit & Body" is written in a white, sans-serif font. The text is mirrored, appearing once in the foreground and once in the background, creating a double exposure effect. The background shows a dark, hazy landscape with a horizon line.

Salvation of our Spirit & Body
Salvation of our Spirit & Body

REVIEW : THE LORD ALSO HEALS

1. Through an Anointed Atmosphere.

Luke 5:17b

... the Power of the Lord was present
to heal them.

This can occur during
High Praise and Spiritual Worship
when the manifest Presence of the Lord
is sensed by the sick.

REVIEW : THE LORD ALSO HEALS

2. Through Spiritual Gifts of Miracles & Healings given to certain believers.

1 Corinthians 12:9b – 10a

⁹ ... to another gifts of healings
by the same Spirit,

¹⁰ to another the working of miracles,
to another prophecy,
to another discerning of spirits ...

REVIEW : THE LORD ALSO HEALS

3. Through the Prayer of Faith.

James 5:15

And the prayer of faith will save the sick,
and the Lord will raise him up.
And if he has committed sins,
he will be forgiven.

REVIEW : THE LORD ALSO HEALS

3. Through the Prayer of Faith.

Importance of
HUMILITY and CONTRITENESS

The LORD looks at the condition of
OUR HEARTS

REVIEW : THE LORD ALSO HEALS

3. Through the Prayer of Faith.

The Prayer of Faith (2-Part Application)

(i) Pray the Word

Psalm 107:20a

He sent forth His Word and healed them ...

Proverbs 3:8

It (the Word) will be health to your flesh,
and strength to your bones.

REVIEW : THE LORD ALSO HEALS

3. Through the Prayer of Faith.

The Prayer of Faith (2-Part Application)

- (ii) Command and Rebuke the sick condition
e.g. the fever, the pain, the abnormal growth,
etc.

Luke 4:39

So He rebuked the fever and it left her ...

REVIEW : THE LORD ALSO HEALS

4. Through the Sacraments.

(i) The ANOINTING OIL.

Mark 6:13

**And they ... anointed with oil
many who were sick, and healed them.**

REVIEW : THE LORD ALSO HEALS

4. Through the Sacraments.

(i) The ANOINTING OIL.

James 5:14

Is anyone among you sick?

**Let him call for the elders of the church,
and let them pray over him,**

anointing him with oil in the Name of the Lord.

REVIEW : THE LORD ALSO HEALS

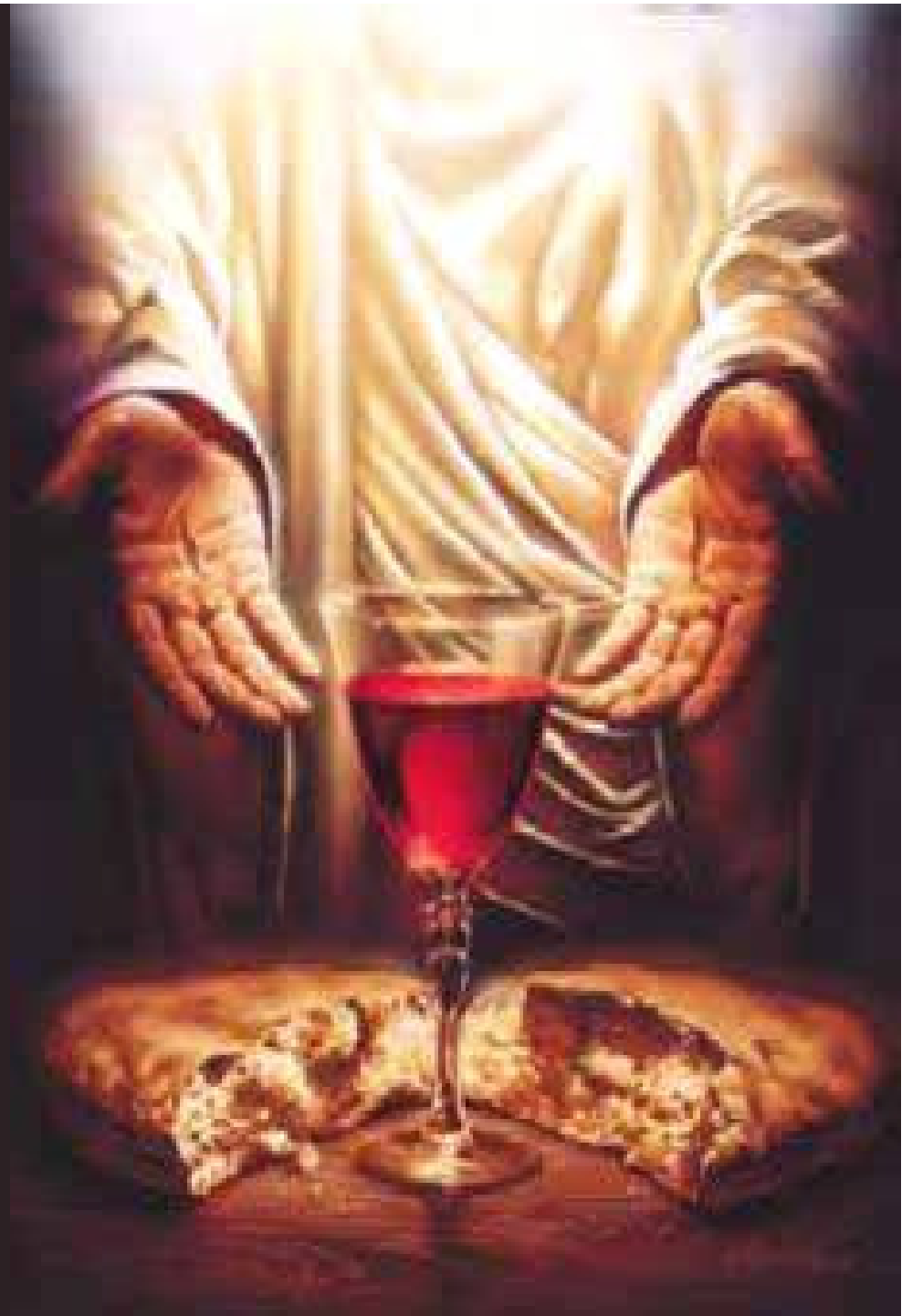
4. Through the Sacraments.

(ii) Through the HOLY COMMUNION.

- THIS MESSAGE -

The Holy Communion

**The Lord's
Supper**



1 Corinthians 11:23b - 32

23 ... that the Lord Jesus on the same night in which He was betrayed took bread; **24** and when He had given thanks, He broke it and said, “Take, eat; this is My body which is broken for you; do this in remembrance of Me.”

1 Corinthians 11:23b - 32

25 In the same manner He also took the cup after supper, saying, “This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me.”

26 For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.

1 Corinthians 11:23b - 32

- 27** Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord.
- 28** But let a man examine himself, and so let him eat of the bread and drink of the cup.

1 Corinthians 11:23b - 32

29 For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body.

30 For this reason many are weak and sick among you, and many sleep.

1 Corinthians 11:23b - 32

31 For if we would judge ourselves,
we would not be judged.

32 But when we are judged, we are chastened
by the Lord, that we may not be condemned
with the world. But if we judged ourselves,
we would not come under judgment.

Background Context : 1 Corinthians 11:17-34

1. Divisions & factions - v 17 to 19
2. “Pot-Luck” Meals in church before the Lord’s Supper - some over ate whilst others hungry. Lack of care and concern for each other - v 20 to 22

Background Context : 1 Corinthians 11:17-34

3. Participating Lord's Supper as habit and ritual without due diligence to its significance and importance and with consequences following - v33 to 34

1. Simply Believe and Receive the Bread and the Wine just as Jesus said.

Jesus said, “**this Bread is My Body and this Cup is My Blood.**”

He did **NOT** say this is an emblem, or symbol of My Body and My Blood.

1. Simply Believe and Receive the Bread and the Wine just as Jesus said.

When we partake of communion, we see bread but Jesus said, **“This is My Body.”**

When we partake of the cup, we see the fruit of the vine but Jesus said, **“This is My Blood.”**

We must simply believe what Jesus said.

1. Simply Believe and Receive the Bread and the Wine just as Jesus said.

The Doctrine of Transubstantiation says :

that “the bread” and “the wine”

must be transformed

i.e. conveyed into the body and the blood of the Lord Jesus.

This is WRONG

1. Simply Believe and Receive the Bread and the Wine just as Jesus said.

We do not need nor can we **“TRANSFORM”**
the bread and the wine
into the body and blood of Christ.

We simply **BELIEVE** and **RECEIVE**
by FAITH what Jesus said

1. Simply Believe and Receive the Bread and the Wine just as Jesus said.

We partake of the Bread and the Wine in faith, believing that we are partaking of the Body and the Blood of the Lord.

Just as by faith in water baptism – we identify publicly of our inclusion in the crucifixion, death, burial and resurrection of Christ

This is a spiritual reality

1. Simply Believe and Receive the Bread and the Wine just as Jesus said.

The Bread and the Wine

Speaks of the Dual Provision to the Dual Problem

Bodily Healing & Health

Forgiveness & Salvation

2. Partaking the Living Bread.

1 Corinthians 11:24

and when He had given thanks,
He broke it and said,
“Take, eat; this is My body which is broken
for you; do this in remembrance of Me.”

2. Partaking the Living Bread.

In the Bible, Bread is used in several different ways :-

- a. Natural Bread (*Matt 6:11*) give us this day our daily bread, i.e. this is natural food we eat daily to sustain our physical life.

2. Partaking the Living Bread.

In the Bible, Bread is used in several different ways :-

b. Miraculous Bread

Exodus 16:14

And when the layer of dew lifted, there, on the surface of the wilderness, was a small round substance [manna], as fine as frost on the ground.

Matthew 14:19-21 – 5 Loaves and 2 Fishes

2. Partaking the Living Bread.

In the Bible, Bread is used in several different ways :-

c. Unleavened Bread

Exodus 12:17

So you shall observe the Feast of Unleavened Bread, for on this same day I will have brought your armies out of the land of Egypt. Therefore you shall observe this day throughout your generations as an everlasting ordinance.

2. Partaking the Living Bread.

In the Bible, Bread is used in several different ways :-

d. Show Bread

Leviticus 24:8

**Every Sabbath he shall set it [show bread]
in order before the LORD continually, being taken
from the children of Israel by an everlasting covenant.**

2. Partaking the Living Bread.

In the Bible, Bread is used in several different ways :-

e. The Living Bread

John 6:35

And Jesus said to them, "I am the bread of life.

He who comes to Me shall never hunger,
and he who believes in Me shall never thirst."

2. Partaking the Living Bread.

In the Bible, Bread is used in several different ways :-

e. The Living Bread

John 6:51

I am the living bread which came down from heaven.

If anyone eats of this bread, he will live forever;

**and the bread that I shall give is My flesh,
which I shall give for the life of the world.”**

2. Partaking the Living Bread.

- | | | |
|---------------------------|---|---|
| • Natural Bread | → | • Spiritual Bread |
| • Earthly | → | • Heavenly |
| • Corruptible | → | • Incorruptible |
| • Limited | → | • Unlimited |
| • Fit for the body | → | • Fit for the spirit and
also benefit the body |

2. Partaking the Living Bread.

Jesus said,
“Take, eat, this is My Body
which is broken for you.
Do this in remembrance of Me.”

2. Partaking the Living Bread.

Isaiah 53:5

But He was wounded for our transgressions,
He was bruised for our iniquities;
the chastisement for our peace was upon Him,
and by His stripes we are healed.

2. Partaking the Living Bread.

1 Peter 2:24

**who Himself bore our sins in His own body
on the tree, that we, having died to sins,
might live for righteousness—
by whose stripes you were healed.**

2. Partaking the Living Bread.

**The Body of Christ was broken
for our healing**

**At the communion table,
when we partake rightly of the Bread,
we can receive **Bodily Healing** by faith.**

3. Partaking the Cup of Wine.

1 Corinthians 11:25

In the same manner He also took the cup
after supper, saying,
“This cup is the new covenant in My blood.
This do, as often as you drink it,
in remembrance of Me.”

3. Partaking the Cup of Wine.

Leviticus 17:11

For the life of the flesh is in the blood, and I have given it to you upon the altar to make atonement for your souls; for it is the blood that makes atonement for the soul.



3. Partaking the Cup of Wine.

When we partake the cup :-

- a. We receive atonement of our sins from the shed blood of Christ.
- b. We consequently receive forgiveness.

3. Partaking the Cup of Wine.

When we partake the cup :-

c. We receive a measure of the life of God in the blood.

This is for our spiritual sustenance.

1 Corinthians 15:45

**The last Adam (Jesus) became
a Life-Giving Spirit."**

4. In Remembrance of Me.

1 Corinthians 11:23b - 24

²³ ... that the Lord Jesus on the same night in which He was betrayed took bread; ²⁴ and when He had given thanks, He broke it and said, “Take, eat; this is My body which is broken for you; do this in remembrance of Me.”

4. In Remembrance of Me.

That He is the “Bread of Life” - John 6:35

That He is the “Life-Giving Spirit” - 1 Corinthians 15:45

That He came to give us
salvation, deliverance and healing

That He died for our salvation and forgiveness

That He died for our bodily healing and health

That it is finished and complete !

5. Proclaiming the Lord's Death.

1 Corinthians 11:26

For as often as you eat this bread and drink this cup,
you proclaim the Lord's death till He comes.

“Proclaim the Lord's Death”
to man and the spirit world

Colossians 2:14 – 15

14 having wiped out the handwriting of requirements that was against us, which was contrary to us.

And He has taken it out of the way, having nailed it to the cross.

15 Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.

Hebrews 2:14 – 15

14 Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, **15** and release those who through fear of death were all their lifetime subject to bondage.

5. Proclaiming the Lord's Death.

1 Corinthians 11:26

For as often as you eat this bread and drink this cup,
you proclaim the Lord's death till He comes.

“Showing the Lord's Death” means
we are **“telling and demonstrating”** the value of it.

For eternity : Forgiveness – Salvation

And for now : Healing – Bodily Health

**Partake the Lord's Supper in every place
you want to proclaim the Lord's death !**

6. Partaking in an Unworthy Manner .

1 Corinthians 11:27 - 28

²⁷Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord.

²⁸But let a man examine himself, and so let him eat of the bread and drink of the cup.

6. Partaking in an Unworthy Manner .

Partaking Unworthily

Partaking in an unworthy manner

refers to the ACTION

It does **NOT** refer to us believers to have to be worthy in order to partake the communion.

Christ Jesus alone is worthy.

We come by His blood and through Him !

6. Partaking in an Unworthy Manner .

We partake in an unworthy manner when :-

We do not discern the Lord's Body.

1 Corinthians 11:29

For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body.

6. Partaking in an Unworthy Manner .

We do not discern the Lord's Body when we fail to recognize and receive what His bodily death did for us.

His Blood was shed :
for our forgiveness
and salvation

His Body was broken :
for our healing and
bodily health

6. Partaking in an Unworthy Manner .

We also do not discern the Lord's Body

when we fail to recognize and show :

our care and concern,
our love and relationship

with others

who are also members of the Body of Christ

We also do not discern the Lord's Body
when we partake it as a Ritual & Ceremony !

7. For This Reason .. Many are weak and sick ..

1 Corinthians 11:29 - 30

²⁹For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body.

³⁰For this reason many are weak and sick among you, and many sleep.

7. For This Reason .. Many are weak and sick ..

In this fallen world, there is
sickness, disease and weakness.

The Lord Jesus died for our healing and
our salvation (**forgiveness**).

When we do NOT discern the Lord's body (not the cup).

For this reason, many are weak and sick
i.e. no different from the people in the world

The Aging Process is on anyway !

7. For This Reason .. Many are weak and sick ..

Therefore, if we discern the Lord's Body :-

- a. We acknowledge and receive what His bodily death did for us.
- b. We will not be weak and sick.
- c. We will have healing, health and strength.

7. For This Reason .. Many are weak and sick ..

Otherwise, we are merely partaking a token meal
and we are that much closer to death,
no different from those who do not know the Lord.

**We eat and drink damnation to ourselves,
not discerning the Lord's body.**

**But if we partake with spiritual understanding,
knowing what we are doing,
we will no longer be physically weak,
sickly and dying prematurely.**

7. For This Reason .. Many are weak and sick ..

Rather as we rightly partake of communion,
we are receiving quickenings, Life-Giving Spirit
and we will be living healthily.

Romans 8:11

**But if the Spirit of Him who raised Jesus from
the dead dwells in you, He who raised Christ from
the dead will also give life to your mortal bodies
through His Spirit who dwells in you.**

7. For This Reason .. Many are weak and sick ..

Numbers 21:4 - 9

**The Israelites were bitten by poisonous snakes,
became sick, diseased and died.**

Moses told to make a bronze serpent pole

Brazen - Bronze = JUDGMENT

The sick who look to the pole was healed.

7. For This Reason .. Many are weak and sick ..

**On the Cross, the Lord Jesus
took our sickness and diseases**

He was punished for our sins

That included our sickness and diseases

God's Holiness demands that sins are punished

God's Justice - sins cannot be punished twice

**Bronze – sins/sickness judged and dealt
once and forever**

7. For This Reason .. Many are weak and sick ..

**On the Cross, the Lord Jesus
took our sickness and diseases**

to partake worthily is to look to the Cross

to discern the Body of the Lord Jesus.

to know that He suffered and died for our healing

to receive all He has done for us on the cross

8. Examine Yourself = Discern Body of the Lord

Corinthians 11:28-29

²⁸But let a man examine himself, and so let him eat of the bread and drink of the cup.

²⁹For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body.

8. Examine Yourself = Discern Body of the Lord

**Examine Yourself
= Examine the way you partake !**

**How ? Discern the Body Of the Lord !
Acknowledge and receive what
the bodily death of the Lord did for us**

8. Examine Yourself = Discern Body of the Lord

1 John 1:9

The word CONFESS in Greek is

“Homo logeo”

means
the same

means
the Word

To speak in agreement with the Word

8. Examine Yourself = Discern Body of the Lord

- i. Acknowledge our sins – wrong doings
- ii. Our sins are forgiven under the blood
- iii. It is because Christ has already paid the penalty for our sins.

8. Examine Yourself = Discern Body of the Lord

iv. It is not our works, therefore, give thanks rather than run yourself down in guilt and condemnation in sin-consciousness which is a deception of the devil.

9. Judge Yourself, the Lord's Discipline and the world judged.

1 Corinthians 11:31 - 32

³¹For if we would judge ourselves, we would not be judged. ³²But when we are judged, we are chastened by the Lord, that we may not be condemned with the world. But if we judged ourselves, we would not come under judgment.

9. Judge Yourself, the Lord's Discipline and the world judged.

a. The world is already judged-condemned.

Weakness, Sickness, Disease, Death.

9. Judge Yourself, the Lord's Discipline and the world judged.

b. The Lord's discipline is always for our good. It is training in holiness and righteousness.

Hebrews 12:5-11

The Lord **NEVER** directly sends sickness and disease as a form of discipline-training.

His discipline-training is primarily through His Word.

9. Judge Yourself, the Lord's Discipline and the world judged.

c. **“Judge yourself”** in the context of the passage is :-

Do not partake in an unworthy manner.

Discern the Lord's Body.

Otherwise, we are just like the rest of the world which is judged with weakness and sickness.

CONCLUSION

Exodus 12:1-13 – Passover Meal

Psalm 105:37 – God brought Israel out of Egypt and there was none feeble i.e all healthy !

Shadow - Substance

Hebrews 11:28 - by faith Moses kept the Passover

by faith we are to partake the Lord's Supper

CONCLUSION

Luke 24:30 – 32

³⁰Now it came to pass, as He sat at the table with them, that He took bread, blessed and broke it, and gave it to them. ³¹Then their eyes were opened and they knew Him; and He vanished from their sight.

³²And they said to one another, “Did not our heart burn within us while He talked with us on the road, and while He opened the Scriptures to us?”

Bring **ALL** your stress, anxieties and fears to the **LORD** as you partake the Lord's Supper

CONCLUSION

1 Corinthians 11:26a

For as often as you eat this bread and
drink this cup, you proclaim
the Lord's death till He comes.

**Let us come
boldly and confidently to the
Table of Mercy
and commune with
the LORD !**

