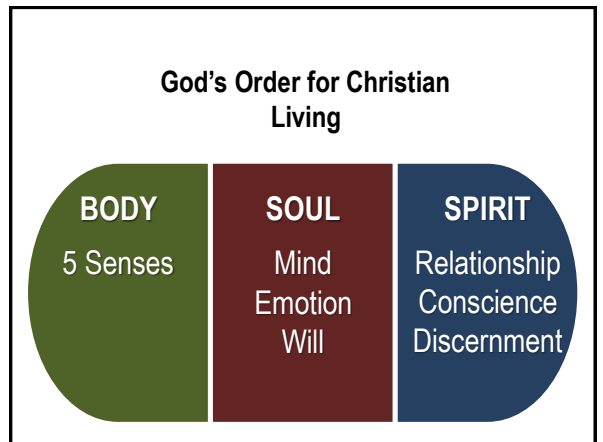
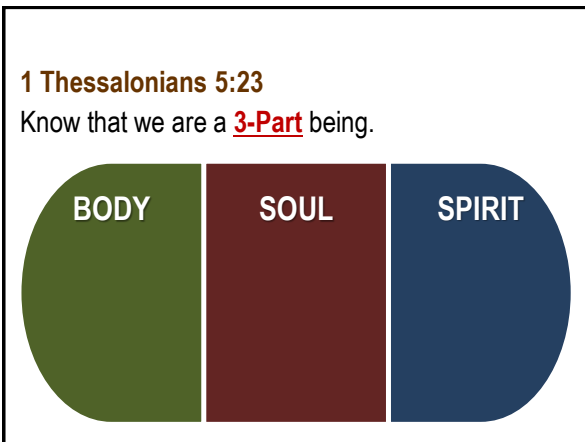




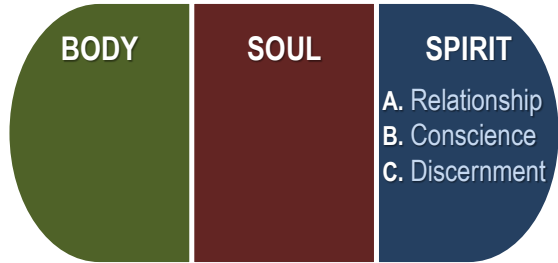
1 Thessalonians 5:16-24
16 Rejoice always, **17** pray without ceasing, **18** in everything give thanks; for this is the will of God in Christ Jesus for you. **19** Do not quench the Spirit. **20** Do not despise prophecies. **21** Test all things; hold fast what is good.

1 Thessalonians 5:16-24
22 Abstain from every form of evil.
23 Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.
24 He who calls you is faithful, who also will do it.

Key Verse: **1 Thessalonians 5:23**
 Now may the God of peace Himself **sanctify you completely;** and may your **whole spirit, soul, and body** be **preserved blameless** at the coming of our Lord Jesus Christ.



We strengthen our spirit-man by developing the **3 main faculties of our spirit:**



We strengthen our spirit-man by developing the **3 main faculties of our spirit:**

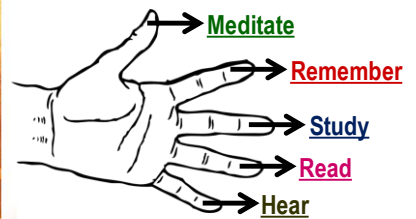


A. The Holy Spirit strengthening our **Relationship** with God.

2 Corinthians 13:14 ... the fellowship of the Holy Spirit.

A. The Holy Spirit strengthening our **Relationship** with God.

1. **Intake** of the Word.



A. The Holy Spirit strengthening our **Relationship** with God.


2. Prayer **Connect**.

1 Thessalonians 5:17 Pray without ceasing.

A. The Holy Spirit strengthening our **Relationship** with God.

2. Prayer **Connect**.


Ephesians 6:18 praying always with **all prayer** and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—



A. The Holy Spirit strengthening our **Relationship** with God.


3. **Build** our Altar of Thanksgiving, Praise and Worship.

1 **Thessalonians 5:16** Rejoice always.




v16 Rejoice always.

The key to rejoice always is to **connect** our lives and situations with **God**.




In Thanksgiving, Praise & Worship!



A. The Holy Spirit strengthening our **Relationship** with God.

3. **Build** our Altar of **Thanksgiving**, Praise and Worship.


1 **Thessalonians 5:18** In everything **gives thanks** for this is the will of God in Christ Jesus for you.



A. The Holy Spirit strengthening our **Relationship** with God.

3. **Build** our Altar of **Thanksgiving**, Praise and Worship.


Romans 1:21 Because, although they knew God, they did not glorify Him as God, **nor were thankful**, but became **futile in their thoughts**, and their **foolish hearts were darkened**.



A. The Holy Spirit strengthening our **Relationship** with God.

3. **Build** our Altar of Thanksgiving, **Praise** and Worship.

Praise - Hebrews 13:15 Therefore by Him let us continually offer the sacrifice of **praise** to God, that is, the **fruit of our lips**, giving thanks - **confessing to His name**.

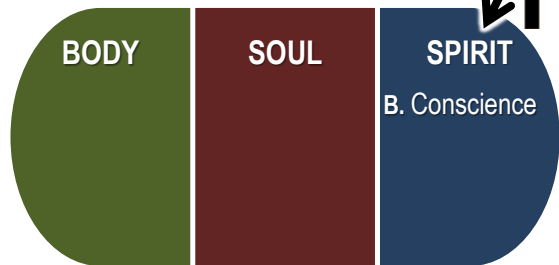


A. The Holy Spirit strengthening our **Relationship** with God.

3. **Build** our Altar of Thanksgiving, Praise and **Worship**.

Worship - Romans 12:1 ... **present your bodies a living sacrifice**, holy, acceptable to God, which is your reasonable service.

We strengthen our spirit-man by developing the **3 main faculties of our spirit:**



B. The Holy Spirit sensitizing our Conscience.

1 Timothy 1:19 (NIV) Holding on to faith and a good conscience ...

Romans 9:1 (NIV) I speak the truth in Christ - I am not lying, my conscience confirms it through the Holy Spirit -

B. The Holy Spirit sensitizing our Conscience.

1 Thessalonians 5:19 Do not quench the Spirit.

v19 Do not quench the Spirit.

1. This is differentiated from grieving the Holy Spirit when we sin.

Ephesians 4:30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

Ephesians 4:22-32
We grieve the Holy Spirit when there is:

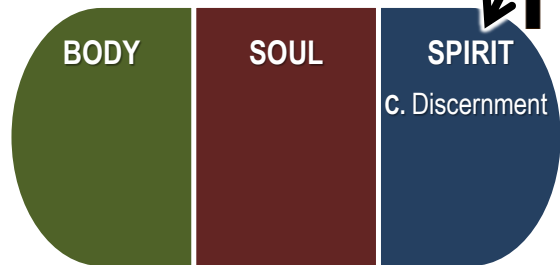
Deceit	Lust	Lying	Clamor
ground given to the devil		Sin	Wrath
Anger	Corrupt Words	Evil Speaking	
Stealing	Malice	Bitterness	
Grieving the Holy Spirit of God			

v19 Do not quench the Spirit.

2. To quench the Spirit is to cut off the work and ministry of the Holy Spirit in our lives, situations and meetings.

3. We quench the Spirit when we are cynical, skeptical, complaining, murmuring, ridiculing and saying things about God's work we don't completely know and understand.

We strengthen our spirit-man by developing the **3 main faculties of our spirit:**



C. The Holy Spirit sharpening our **Discernment.**

Hebrews 5:14 But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to **discern both good and evil.**

C. The Holy Spirit sharpening our **Discernment.**

1 Thessalonians 5:20 Do not despise prophecies.

v20 Do not despise prophecies.

In the New Testament, the Spirit of Prophecy is the **testimony** of Jesus.

1. Prophecies come in **2 broad ways:**

- (A) Speaking forth the **Word of God.**
- (B) Foretelling through **spiritual gifts** like Word of Knowledge and Word of Wisdom.


v20 Do not despise prophecies.
In the New Testament, the Spirit of Prophecy is the **testimony** of Jesus.

2. The **Fruit** of Prophecy:


2. The **Fruit** of Prophecy:

1 Corinthians 14:3 (NKJV) But he who prophesies speaks edification and exhortation and comfort to men.


1 Corinthians 14:3 (AMP) But [on the other hand], the one who prophesies [who interprets the divine will and purpose in inspired preaching and teaching] speaks to men for their upbuilding and constructive spiritual progress and encouragement and consolation.




v20 Do not despise prophecies.
 3. We are to **weigh** prophecies.
1 Corinthians 14:29 Let two or three prophets speak, and let the others judge.



v21 Test all things, hold fast what is good.
Hebrews 5:14 But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to **discern both good and evil**.
 This is about discerning what is good and evil i.e.
 i. What is from **God**?
 ii. What is from the **devil**?
 iii. What is in the **mixture** of the flesh of Man?



C. The Holy Spirit sharpening our **Discernment**.
1 Thessalonians 5:22 Abstain from every form of evil.



v22 Abstain from every form of evil
Philippians 4:8 Finally, brethren, whatever things are **true**, whatever things are **noble**, whatever things are **just**, whatever things are **pure**, whatever things are **lovely**, whatever things are of **good report**, if there is any **virtue** and if there is anything **praiseworthy**—meditate on these things.
Romans 12:21 Do not be overcome by evil, but **overcome evil with good**.

