

Wings & Weights (Part 2)

How to put on W_____ to Flee Sins and Get Rid of W_____ that Pull us Down in Life?

H_____ to walk Victoriously? Hebrews 12:1

4 broad categories of Weights & Baggage:

I. Consequences of G_____ Iniquity.

This is also known as _____ - S_____ of the Fathers and R_____ C_____.

Exodus 20:4-6

1. Generational Iniquity:

- A. T_____ because of the accumulated S_____ of our forefathers.
- B. P_____ towards the S_____ N_____ behaviour traits.
- C. P_____ to sin against the laws of God.
- D. Yet we are still R_____ for our own sinful actions.
- E. The idol-iniquity-curse cycle will continue until we B_____ it by R_____ before God.

2. Common Consequences of Generational Iniquity

3. Steps to walk in Freedom and Victory over SOFCs:

- A1. Confess O_____ sins and our A_____ sins.
- A2. Ask for God's F_____.
- B1. F_____ all who caused you to sin and to suffer the effects of their sins.
- B2. F_____ yourself.
- C. R_____ and B_____ the power of the curses.
- D. A_____ personally the freedom and blessings that Christ purchased for us (Galatians 3:13-14).

II. Lies & Deception - Ungodly Beliefs (UGBs)

1. Our Belief System

What we believe determines our D_____.

2. Ungodly Beliefs (UGBs)

A. **Ungodly Beliefs** are all thoughts, suggestions, ideas, perspectives, worldviews, proposals, attitudes that are C_____ to the N_____, C_____, and the W_____ of God.

B. **Ungodly Beliefs** are formed from:

- i. Our F_____, carnal, natural corrupt minds.
- ii. S_____ worldview.
- iii. Fallen F_____ beliefs.
- iv. Ungodly T_____.

3. B_____ -Experience-Behavior-E_____ Cycle (BEBE).

Mark 11:22-24

Galatians 6:7-9

Example of S_____ -F_____ -C_____ Cycle (SFC)

4. UGBs will become S_____ that block us from walking in freedom and victory.
2 Corinthians 10:4-5

A. Knowledge of God means:

B. Know that there are ___ S_____ of all thoughts, ideas, suggestions, dreams ...

C. Take C_____ every thought in obedience to Christ means we use the W_____ of God to M_____ -A_____ -A_____ the source and content of the thoughts and ideas.

- i. If it is I____ line with the Word – O_____.
- ii. If it is N_____ in line with the Word - R_____.

D. Thoughts from the T_____ -P_____ of the W_____ of man and from the E_____ O_____ will prevent us from walking in freedom and victory.

Examples:

E. Our minds need continual R_____. Romans 12:2

F1 Only thoughts and ideas from the W_____ of God as revealed by the H____
S_____ will enable us to walk in freedom and victory.

F2 When we realize our UGBs, we must C_____ them to GBs:

G. When our thoughts are A_____ with the W_____ of G____, we will
experience the P_____ of Christ guarding our hearts and minds
(Philippians 4:6-7).

5. How to walk in freedom and victory from UGBs:

A. C_____ our sin of UGBs.

B. Ask for God's F_____.

C. F_____ all who influenced you to have UGBs.

D. Forgive Y_____ for receiving and living out the UGBs.

E. Cut S_____ -T____ with all who influenced you to have the UGBs.

F. R_____ and B_____ the power of all UGBs in your life.

G. R_____ the UGBs with the corresponding GBs.

H. Receive the B_____ of the GBs.

I. Continually connect with the S_____ of T_____.

III. From Inner Hurts & Wounds in our souls

1. S_____ of inner hurts and wounds in our souls.

A. From Consequences of G_____ Iniquity.

B. From L_____ and D_____.

Ci. From living in a F_____ world with F_____ people.

Cii. Things D_____ to us that should N_____ have been done.

Ciii. Things N_____ D_____ for us that S_____ have been done.

D. From our own F_____, M_____, F_____ and A_____. Romans 3:10, 16

2. The Lord wants to H_____ us. Luke 4:18

3. O_____ to being healed.

Possible Blocks / Hindrances:

- A. Unable to F_____.
- B. U__-C_____ sins.
- C. Major F_____.
- D. D_____ thinking.
- E. Certain M_____ affecting thinking and moods.
- F. A_____ / D_____ with God.
- G. D_____ blockage.
- H. I_____ of the Word / Truth that sets us free.
- I. Ungodly S_____ -T_____.
- J. Etc.

4. S_____ to H_____ our inner hurts and wounds:

- A. A_____ the hurt, frustrations, and pain to the Lord.
- B. Invite the H_____ S_____ to reveal the S_____ of the hurts ...
- C. I_____ the Lord Jesus into this memory.
- D. Invite Him to bring H_____ and T_____.
- E. B_____ any agreement with each U_____ attached to this hurt.
- F. Apply the B_____ of Christ to the hurts / wounds.
- G. Invite the H_____ S_____ (oil) to soothe and heal the pain.
- H. Ask F_____ -G_____ to bind up and heal completely the pain-hurt.
- I. T_____ the Lord for healing the inner hurts and wounds.

IV. Other Weights & Baggage

- 1. U_____ I_____ and Q_____ of L_____.
- 2. Struggling with S_____, A_____ and F_____.
- 3. Some P_____.
- 4. Some A_____.
- 5. Some C_____ we keep.

Bottom-Line

Matthew 11:28-30