



# CELL GUIDE 2016

Theme	Our Discipleship Journey
Topic	Towards A Good Ending (Part 2)
Speaker	SP Daniel Foo
Date	8 <sup>th</sup> and 9 <sup>th</sup> October 2016

## Message Summary

### Intentionally Direct Your Life Towards a Good Ending

As believers, how we end our lives matter: we must aim to finish well. This does not happen by chance, but by intentionally directing our lives towards a good ending. We may not be there yet, but we must not wait nor put it off.

To ensure that we are preparing ourselves for a good ending, in the second of this two-part series (visit <http://www.bbtc.com.sg/towards-a-good-ending-1/> to listen to the first part), SP continues to elaborate on the qualities we should work on developing.

### Qualities to Develop

#### (I) Restedness

- Restedness comes when we connect with God and are aware of His presence (Ps 16:8; 91:1-2).
- Restedness comes in our discipleship journey, as the character of Christ develops in us (Rom 8:29).
- Restedness comes as we seek to do the Father's will (John 5:19) as revealed in the Word of God. This means submitting to the authority of Scriptures and the leading of the Holy Spirit.
- Restedness in God will always lead us to victory (2 Cor 2:14) and cause us to bear much fruit.

#### (II) Resilience

- Resilience is defined as the ability to recover readily from adversity.
- Resilience comes from building spiritual capacity, through the Word, prayer and thanksgiving.
- Resilience comes as our soul-personality is transformed, our mind is constantly renewed, our emotions are constantly surrendered to the Holy Spirit, and our will is increasingly aligned with that the will of God.
- Resilience comes as we walk in divine healing, health and life. This involves looking after our physical body through rest, exercise, diet and nutrition.

#### (III) Resourcefulness

- Resourcefulness comes from building capital. Capital can be built by seeking Godly wisdom, seeking Godly favour, and acknowledging God as the source of all our blessings.



# CELL GUIDE 2016

- To further build capital, cultivate a mentoring relationship so that you have a mentor/coach to help you grow and develop.
- Building depth in your life is another key component of building capital. This includes taking time to be silent before God (Ps 46:10), taking time to be alone with God (1 King 19), developing a Spirit of Faith through Spiritual Disciplines (2 Cor 4:13), or having a simplicity of devotion to Christ (2 Cor 11:3).

## (IV) Relationships

- Relationships take time, effort and intentionality to build.
- We must first be aware of the person, acknowledge their presence, engage them according to their love language, and sit down and fellowship and eat and drink with them.
- One way in which we can gauge if we are moving towards a good ending would be how we treat the people that God has placed in our lives. Have we loved them in the way that 1 Cor 13:4-8 exhorts us to?

## (V) Revival and Renewal

- Revival and Renewal come through continual change towards Christlikeness.
- Revival and Renewal come as we pursue holiness (Heb 12:14), as we deal with our personal baggage (Heb 12:1), as we reflect and meditate for our own correction (1 Tim 4:15-16), and as we resolve to persevere in our calling and destiny (2 Pet 1:10).

### Bottom-Line

Even while we look to Christ as our example and role model (Heb 12:2), directing our life towards a good ending is about endurance and perseverance.

## Questions

Of the five points mentioned (Restedness, Resilience, Resourcefulness, Relationships, Revival & Renewal), which speaks to you most?

(Fill In Answer Here)



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One of the ways to develop resourcefulness is to have at least one mentor/coach relationship.

1. What are the areas of your life that you might like to be coached in?  
Who are some of the people you might want to be your mentor?
2. What are the areas that you feel you might be able to advise others on?  
Who might you be willing to mentor?

(Fill In Answer Here)

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What do you think God is asking you to focus on at this point in your life? What is one thing you can start doing to intentionally direct your life towards building that quality?

(Fill In Answer Here)

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