



Introduction

# Intentionally Direct Your Life For A Good Ending



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### Intentionally Direct Your Life For A Good Ending

- Quit living as if the purpose of life is to arrive safely at death.
- Set God-sized goals. Pursue God-given passions.
- Go after a dream that is destined to fail without divine intervention.

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- Games aren't won on game day.
- Games are won in the weight room, the film room, the locker room.
- Good Ending requires discipline, coaching, vision, sweat, tears and sometimes blood!









## I. Rested-ness

This comes as we develop  
Christ-likeness.

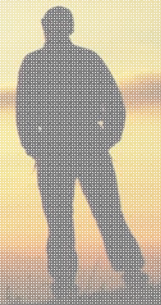
## I. Rested-ness

1. Rested-ness comes when we connect with God and are aware of His Presence.

Isaiah 26:3-4

3 You will keep him in **perfect peace**, whose **mind** is **stayed on You**, because he **trusts in You**.

4 Trust in the LORD forever, for in YAH, the LORD, is everlasting strength ...





## I. Rested-ness

1. Rested-ness comes when we connect with God and are aware of His Presence.

**Romans 8:6** For to be carnally minded is death,  
but to be ***spiritually minded***  
***is life and peace.***



## I. Rested-ness

1. Rested-ness comes when we connect with God and are aware of His Presence.

**Psalm 16:8**

***I have set the LORD always  
before me;*** because He is at my right hand  
I shall ***not be moved.***



## I. Rested-ness

1. Rested-ness comes when we connect with God and are aware of His Presence.

Psalm 91:1-2

- 1 He who dwells in the secret place of the Most High shall **abide / rest** under the shadow of the Almighty. 2 ***I will say*** of the LORD, ***"He is my refuge and my fortress; my God, in Him I will trust."***

## I. Rested-ness


2. Rested-ness comes in our discipleship journey to develop the character of Christ in us.



Romans 8:29

For whom He foreknew, He also predestined to be ***conformed to the image of His Son***, that He might be the firstborn among many brethren.





I. **Rested-ness**


2. Rested-ness comes in our discipleship journey to develop the **character of Christ** in us.

**Matthew 11:28-30**  
**28** Come to Me, all you who labor and are heavy laden, and I will give you **rest**. **29 Take My yoke upon you and learn from Me**, for I am gentle and lowly in heart, and you will find **rest** for your souls. **30** For My yoke is easy and My burden is light.

I. **Rested-ness**

3A. Rested-ness comes as we seek to do the **Father's Will**.

**John 5:19** Then Jesus answered and said to them, "Most assuredly, I say to you, **the Son can do nothing of Himself, but what He sees the Father do**, for whatever He does, the Son also does in like manner.



I. **Rested-ness**

3B. The Father's Will is revealed in the Word of God.

**John 17:17**

*Sanctify* them by Your truth.

***Your word is truth.***



I. **Rested-ness**

3C. This means we submit to the authority of scriptures.

**Psalms 119:105** Your word is a ***lamp***  
to my feet and a ***light*** to my path.





## I. Rested-ness

3D. This means we submit to the leading of the Holy Spirit.



Galatians 5:16, 18, 25 (NIV)

16 So I say, **walk by the Spirit**, and you will not gratify the desires of the flesh.

18 But if you are **led by the Spirit**, you are not under the law.

25 Since we **live by the Spirit**, let us **keep in step with the Spirit**.

## I. Rested-ness

4. Rested-ness in God will always lead us in victory.

2 Corinthians 2:14 Now thanks be to God who **always leads us in triumph in Christ**, and through us diffuses the fragrance of His knowledge in every place.



## I. Rested-ness

4. Rested-ness in God will always lead us in victory.

Romans 5:17b

... much more those who receive **abundance of grace** and of the **gift of righteousness** will **reign** (as king) in life through the One, Jesus Christ ...

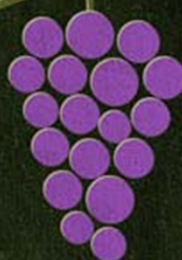
Ephesians 2:6c



## I. Rested-ness

5. As we rest-abide-dwell-remain in Christ, we will bear much fruit.

**John 15:5** I am the vine, you are the branches. He who **abides / rest** in Me, and I in him, **bears much fruit** for without Me you can do nothing.





## II. Resilience

Definition:

1. the power or ability to return to the original form, position, etc., after being bent, compressed, or stretched; elasticity.
2. ability to recover readily from illness, depression, adversity, or the like; buoyancy.

This comes from building Capacity.

- Inner Strength
- Power of the Word operating
- Power of the Spirit operating



## II. Resilience

1. We must first build our spiritual capacity.



1. We must first build our spiritual capacity.
  - A. We must strengthen our relationship with God.

### 3 Spiritual Disciplines:

- (1) Word Intake
- (2) Prayer Connect
- (3) Altar of Thanksgiving, Praise & Worship

1. We must first build our spiritual capacity.
  - B. Our conscience must be increasingly sensitized to the Holy Spirit.

**Romans 9:1** I tell the truth in Christ, I am not lying,  
***my conscience also bearing me witness in the Holy Spirit ...***

**1 Timothy 1:19** Having ***faith and a good conscience***, which some having rejected, concerning the faith have suffered shipwreck ...

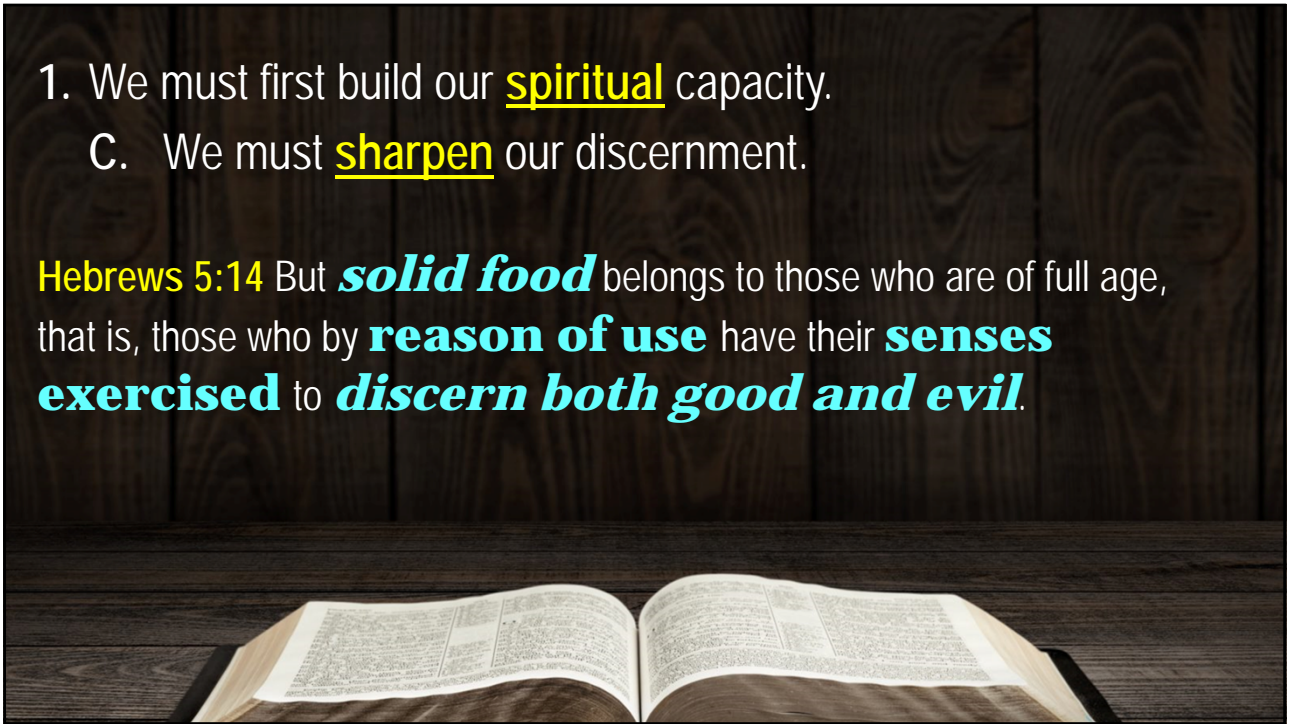




1. We must first build our spiritual capacity.

C. We must sharpen our discernment.

**Hebrews 5:14** But **solid food** belongs to those who are of full age, that is, those who by **reason of use** have their **senses exercised** to **discern both good and evil**.



## II. Resilience

2. Our soul-personality must be transformed.



2. Our soul-personality must be transformed.
  - A. Our minds must be continually renewed.  
This will build our mental capacity.

**Romans 12:2** And ***do not be conformed to this world,*** but ***be transformed by the renewing of your mind,*** that you may prove what is that good and acceptable and perfect will of God.



2. Our soul-personality must be transformed.
  - B. Our emotions must be surrendered to the Holy Spirit.  
This will build our emotional tank.

**Galatians 5:22-23**

**22** But the ***fruit of the Spirit*** is love, joy, peace, longsuffering, kindness, goodness, faithfulness,  
**23** gentleness, self-control. Against such there is no law.







2. Our soul-personality must be transformed.
- C. Our wills must be increasingly aligned with Father-God.  
This will give us increasing wisdom from above.

Knowledge - Understanding - Wisdom

Colossians 1:9-11



## II. Resilience

3. Walk in divine healing, health and life.





## Summary

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- 3A. Rested-ness comes as we seek to do the Father's Will.
- 3B. The Father's Will is revealed in the Word of God.
- 3C. This means we submit to the authority of scriptures.
- 3D. This means we submit to the leading of the Holy Spirit.

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4. Rested-ness in God will always lead us in victory.
5. As we rest-abide-dwell-remain in Christ, we will bear much fruit.

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### II. Resilience

1. We must first build our spiritual capacity.
2. Our soul-personality must be transformed.
  - A. Our minds must be continually renewed.
  - B. Our emotions must be surrendered to the Holy Spirit.
  - C. Our wills must be increasingly aligned with Father-God.
3. Walk in divine healing, health and life.





### 1 Corinthians 9:24-27

**24** Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.

**25** And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown. **26** Therefore I run thus: not with uncertainty.

Thus I fight: not as one who beats the air.

**27** But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.



Bottom Line:

**Intentionally  
Direct  
Your Life For  
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