

Spiritual Hygiene (Part 2)

Cleansing from Defilement



REVIEW - Spiritual Hygiene 1

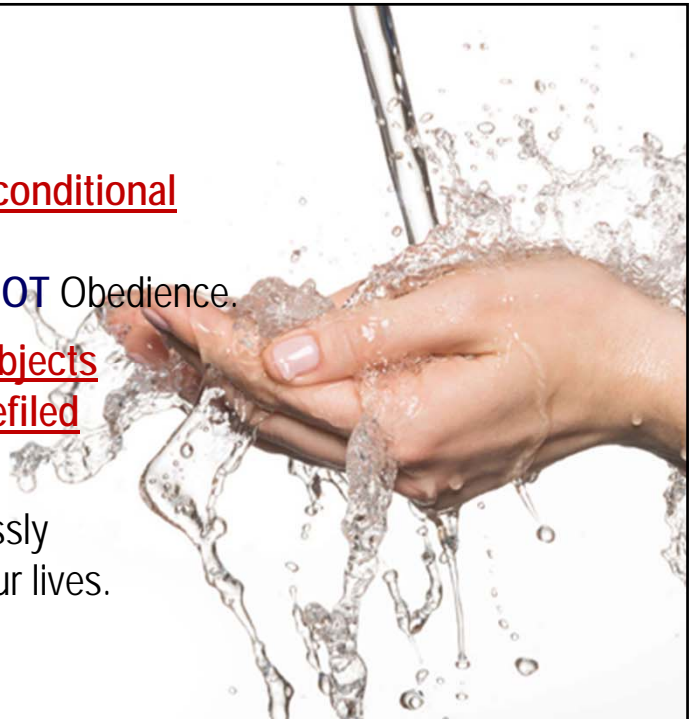
- 3 Primary Lessons

Lesson #1 - God's promises are conditional on our obedience.

Partial - Incomplete Obedience is **NOT** Obedience.


Lesson #2 - There are physical objects and practices that are spiritually defiled and unclean.

Lesson #3 - We must deal ruthlessly to get rid of the unclean things in our lives.

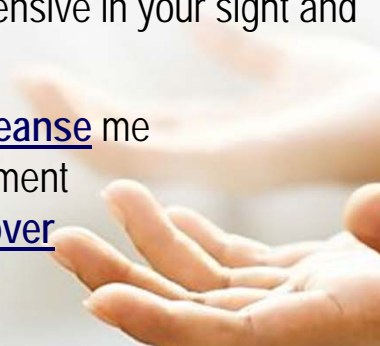


Prayer for Freedom/Deliverance from the Occult

Principles according to James 4:6-10 and 1 Peter 5:5-9

1. Confess your sins of participating/owning the items.
 2. Apply the Blood of Christ to cleanse you and cover the ground given.
 3. Get rid of /remove / destroy those items.
 4. Submit to Jesus as LORD over your life.
 5. Resist the Devil
 6. Draw Near to God
 7. Do Not be double-minded
 8. Live in total obedience and dependence on God.
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Dear Lord Jesus,

1. I confess my sins of participating in _____ or owning _____ (Name the specific items you identified in the checklist.) I know that it was evil and offensive in your sight and I ask for your forgiveness.
 2. I apply the precious blood of Christ to cleanse me from all defilement as a result of my involvement in these sins. I take the blood of Christ to cover and close all grounds given to the evil one because of these sins.
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Dear Lord Jesus,

3. I will get rid of, remove and destroy all these spiritually unclean things from my life and possessions.

4. Jesus, I declare you are Lord of my life - spirit, soul and body.

5. In Jesus Name, I rebuke every unclean spirit and command you to get out of my life. You have no more hold over me. I am forgiven, cleansed and covered by the blood of Jesus. In Jesus' Name, out of my life! Go!



Dear Lord Jesus,

6. Lord I thank You for all You have done for me through your death and resurrection. I praise You for the freedom as I have as I walk in Your truth.

7. Help me Lord, to set You always before me so that I will not be easily shaken.

8. Lord, give me the strength to fully obey You always.

I commit my entire life to live in total dependency on You, my God, my Saviour, and my Deliverer!

In Jesus Name! Amen!





2 Corinthians 7:1

Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

Cleansing from Defilement: **Applications**

I. Break unholy soul-ties.

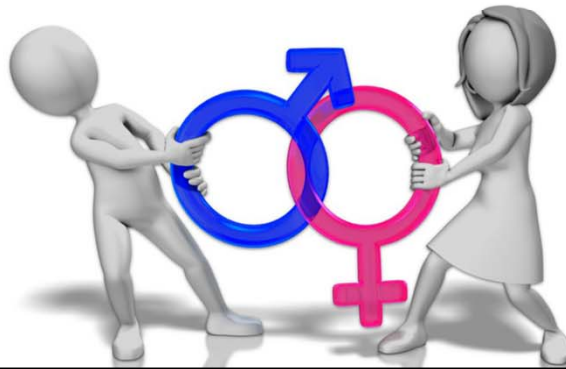
1. From sexual sins.



1 Corinthians 6:16 & 18

16 Or do you not know that he who is joined to a harlot is one body with her? For "the two," He says, "shall become one flesh."

18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.



Fornication

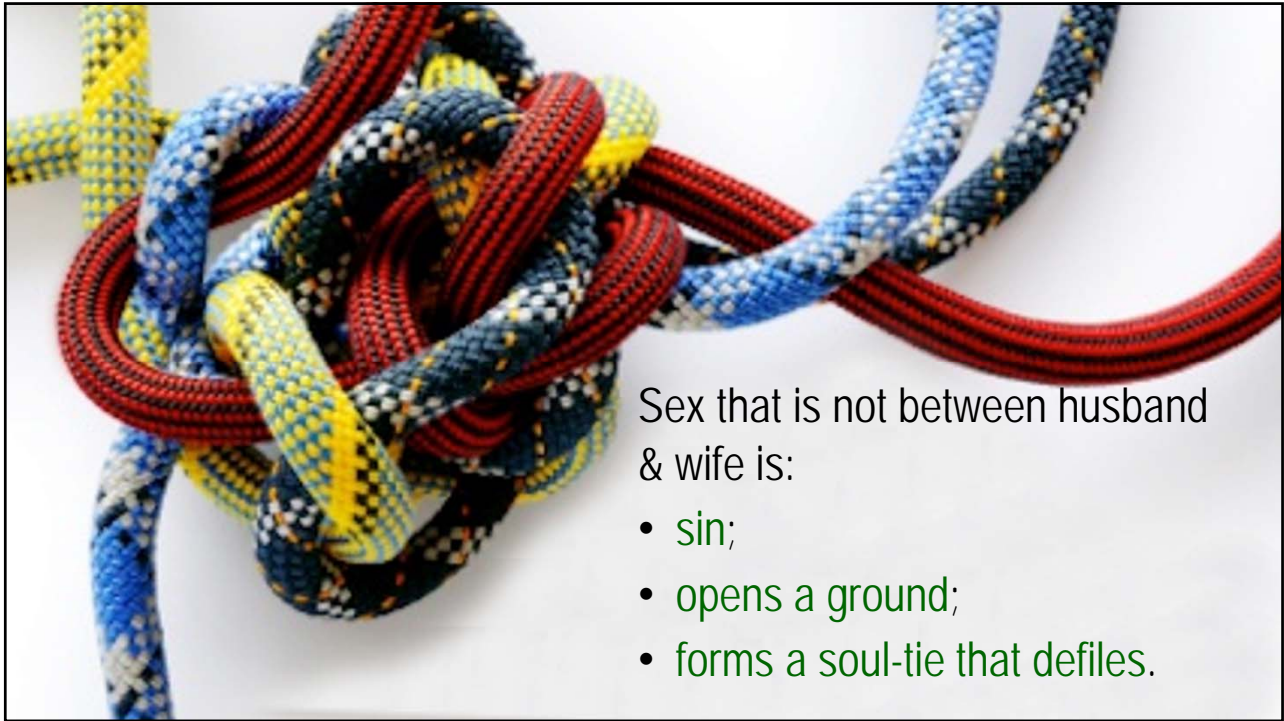
Adultery



Sex is not just a physical act, it is also a spiritual matter.

Only sex within marriage:

- Sanctified;
- Protected and
- Blessed.



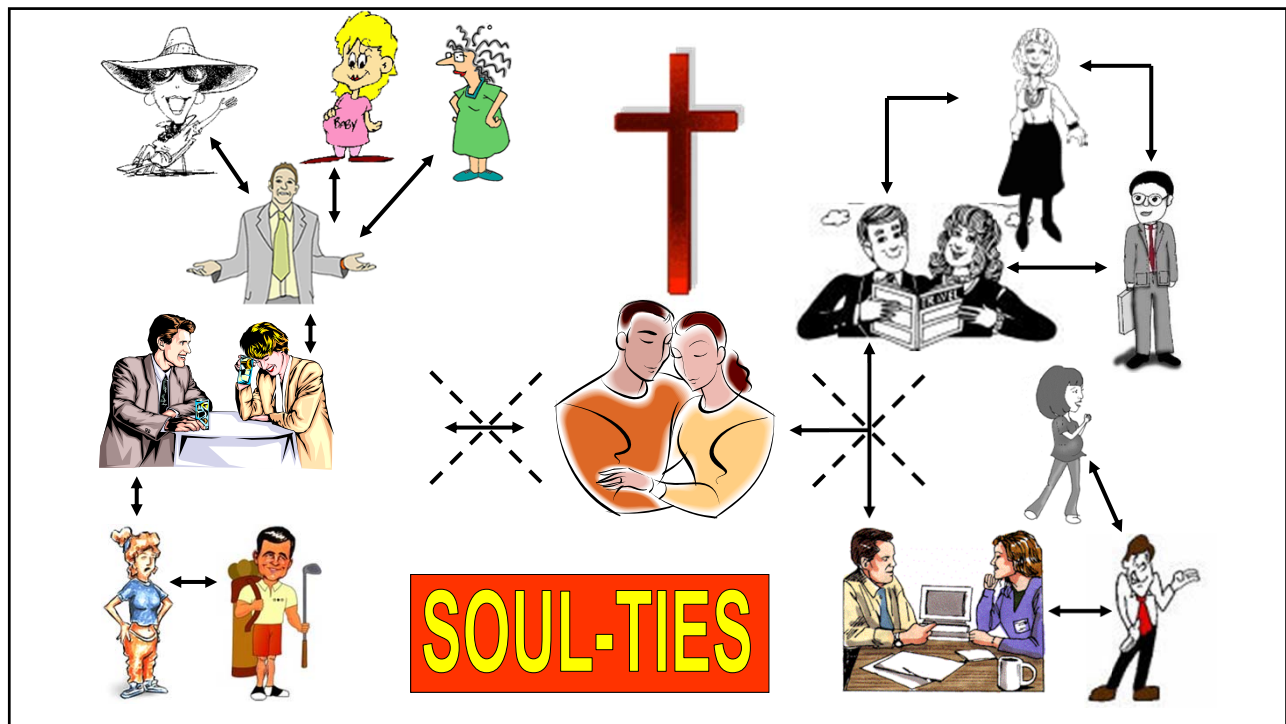
Sex that is not between husband & wife is:

- sin;
- opens a ground;
- forms a soul-tie that defiles.

Cleansing from Defilement: **Applications**

- I. Break unholy **soul**-ties.
2. At your engagement / marriage from soul-ties of **past** relationships.





Cleansing from Defilement: **Applications**

I. Break unholy **soul**-ties.

1. From **sexual** sins.
2. At your engagement / marriage from soul-ties of **past** relationships.



Cleansing from Defilement: **Applications**

- I. Break unholy soul-ties.
- 3. From co-dependency relationships e.g.
 - A. excessive mourning for the dead.



Cleansing from Defilement: **Applications**

- I. Break unholy soul-ties.
- 3. From co-dependency relationships e.g.
 - B. Unwillingly to completely cut-off a past relationship.



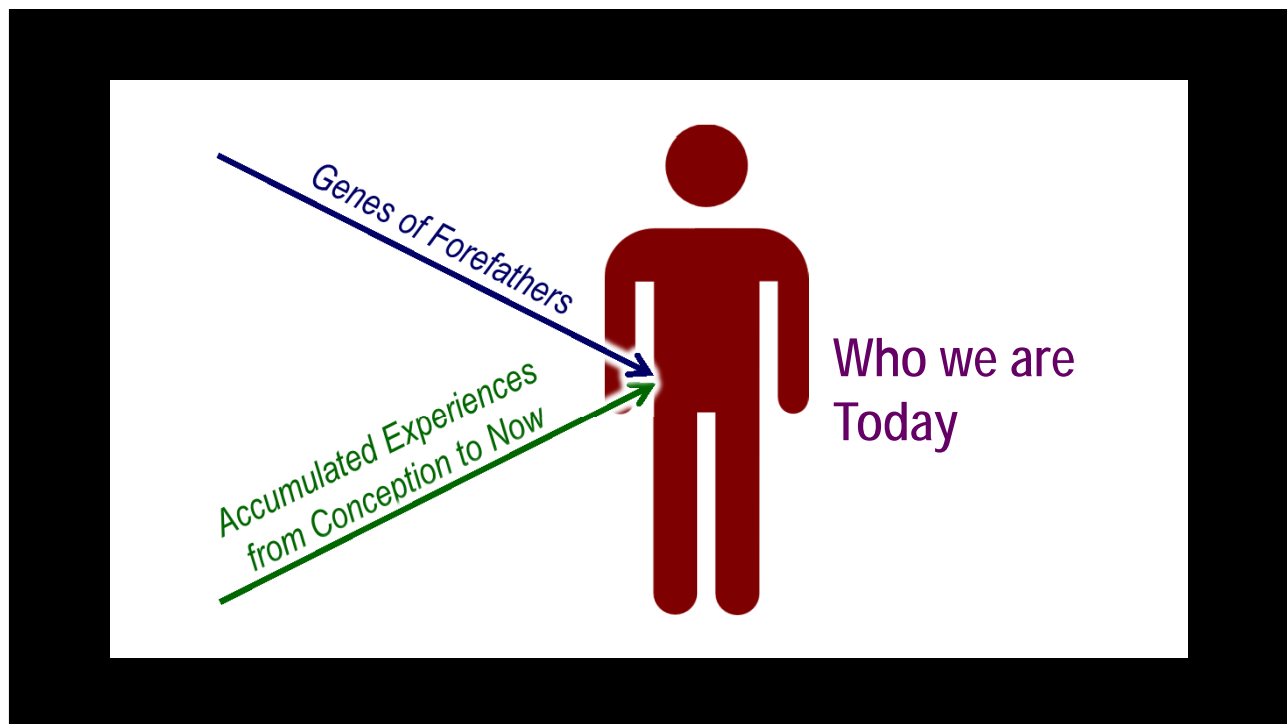
Cleansing from Defilement: **Applications**

- I. Break unholy soul-ties.
 - 3. From co-dependency relationships e.g.
 - C. where one party excessively leans on the other.



Cleansing from Defilement: **Applications**

- II. Break consequences of sins of idolatry of forefathers.



Exodus 20:3-5

3 You shall have no other gods before Me. **4** You shall not make for yourself a carved image--any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth; **5** you shall not bow down to them nor serve them. For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me ...

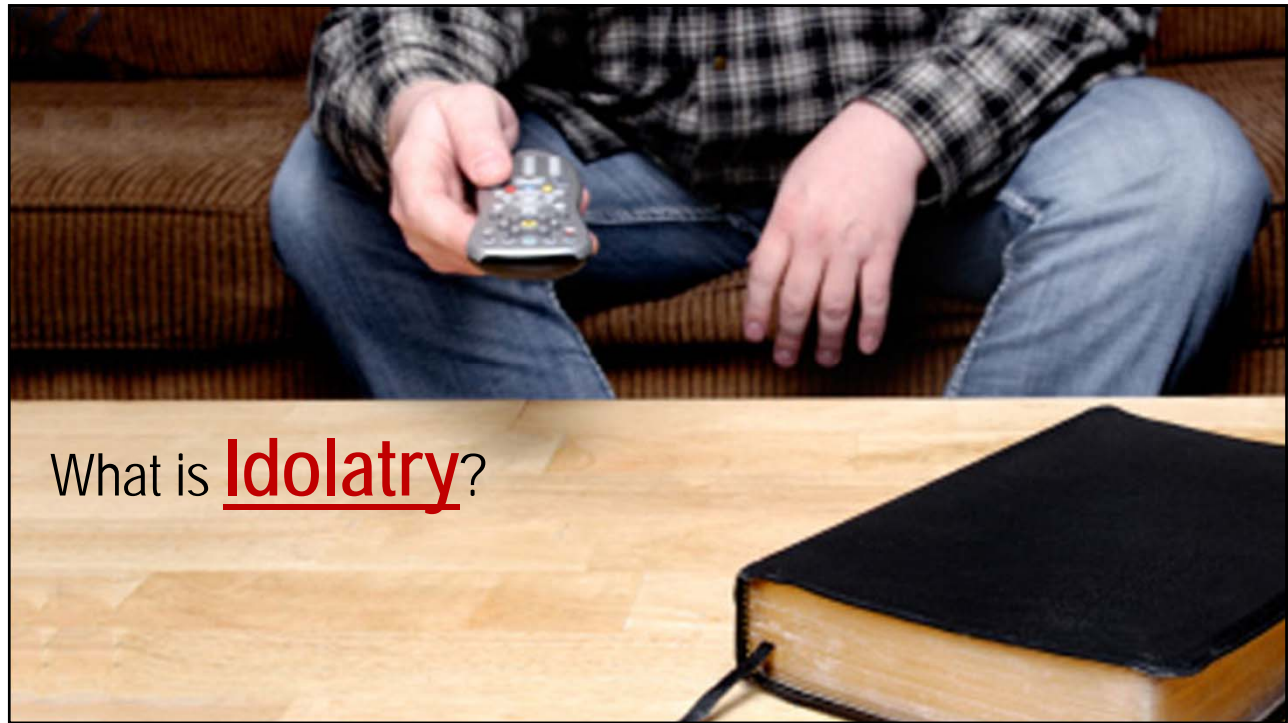


What is Generational Iniquity?

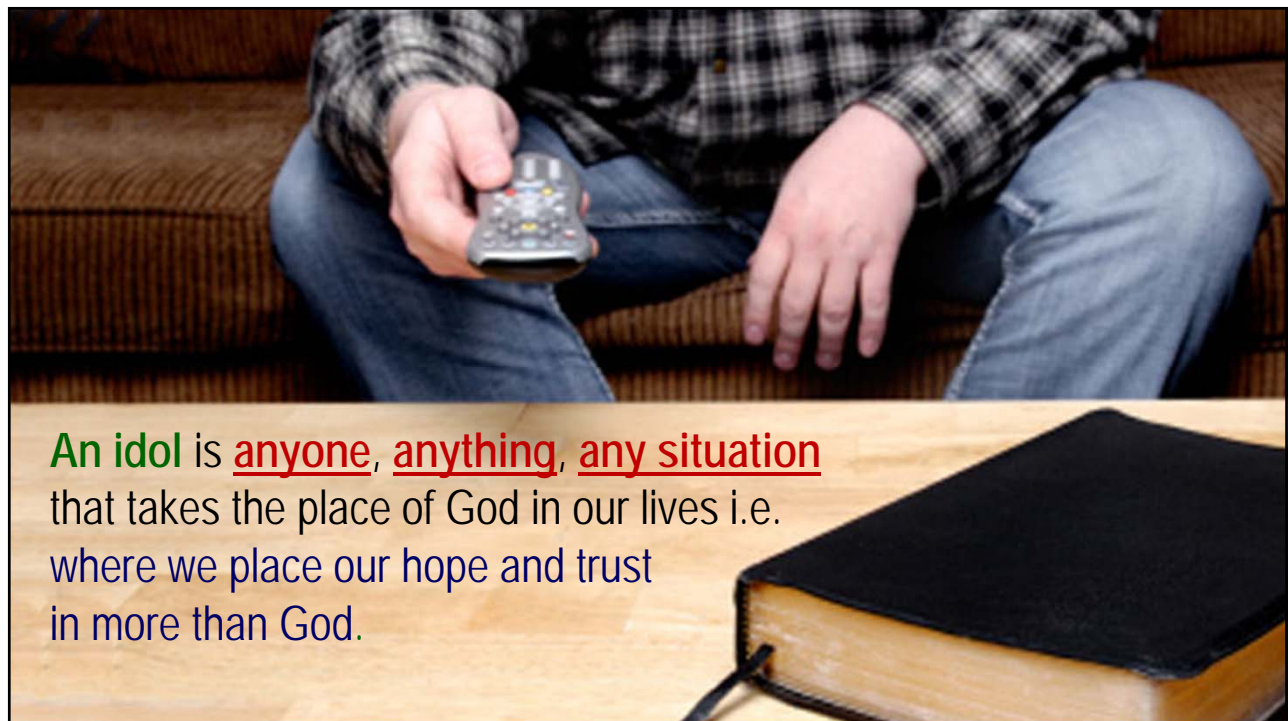
Generational Iniquity is:

1. Twistedness because of the accumulated sins of our forefathers.
2. Propensity towards the same negative behavior traits.
3. Pressure to sin against the laws of God.
4. Yet we are still responsible for our own sinful actions.
5. The idolatry-iniquity-curse cycle will continue until we break it by repenting before God.





What is Idolatry?



An idol is anyone, anything, any situation that takes the place of God in our lives i.e. where we place our hope and trust in more than God.

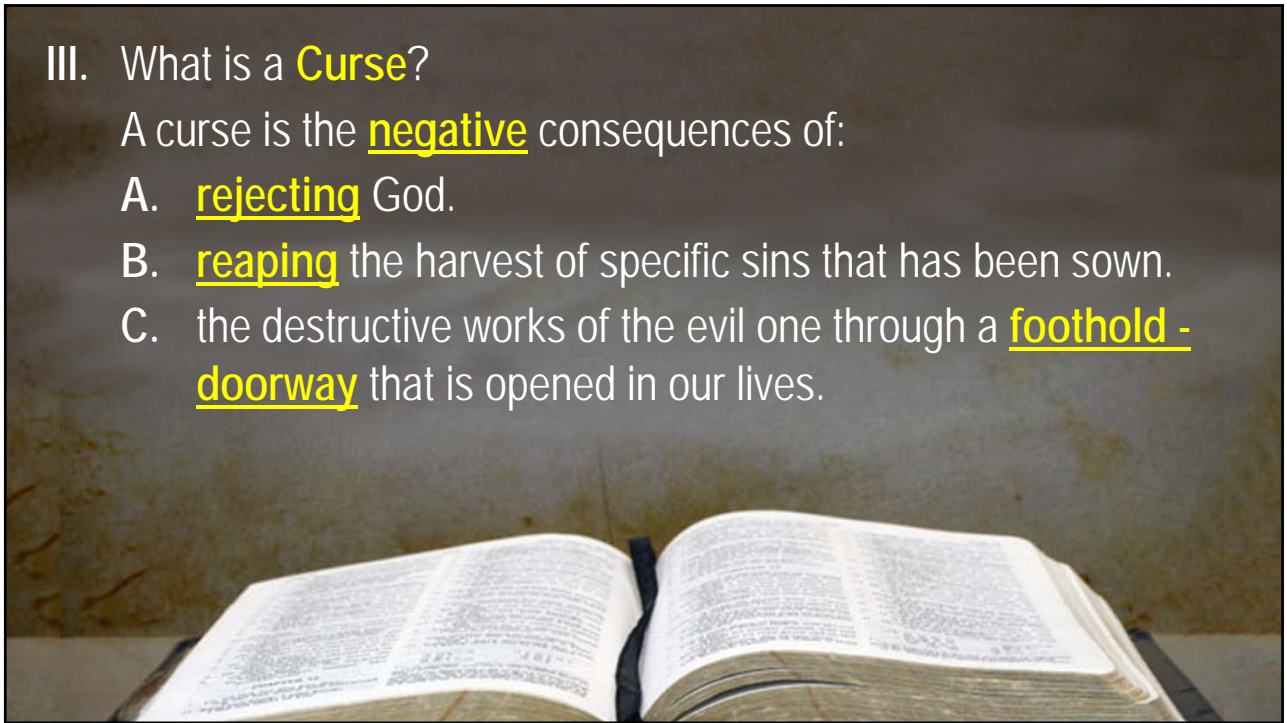
What is a Curse?

Deuteronomy 30:19-20 I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live; that you may love the Lord your God, that you may obey His voice, and that you may cling to Him, for He is your life and the length of your days; and that you may dwell in the land which the Lord swore to your fathers, to Abraham, Isaac, and Jacob, to give them.

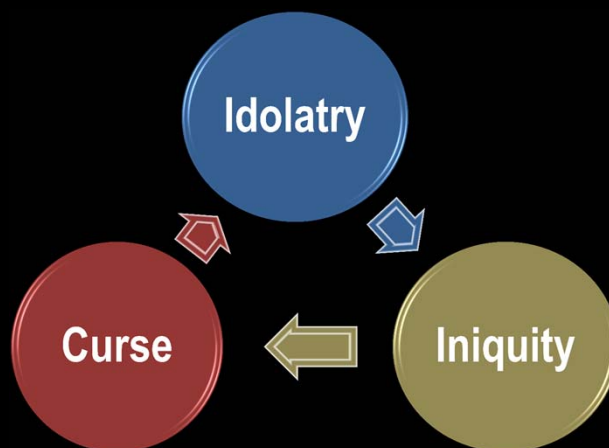
III. What is a **Curse**?

A curse is the **negative** consequences of:

- A. **rejecting** God.
- B. **reaping** the harvest of specific sins that has been sown.
- C. the destructive works of the evil one through a **foothold - doorway** that is opened in our lives.



IV. The **Cycle** of Idolatry-Iniquity-Curse



Common Consequences of
Iniquity

Sickness and Infirmities

Sexual Sins (Fornication, Idolatry,
Marital Issue)

Abandonment

Anger, Rage, Outburst of Wrath

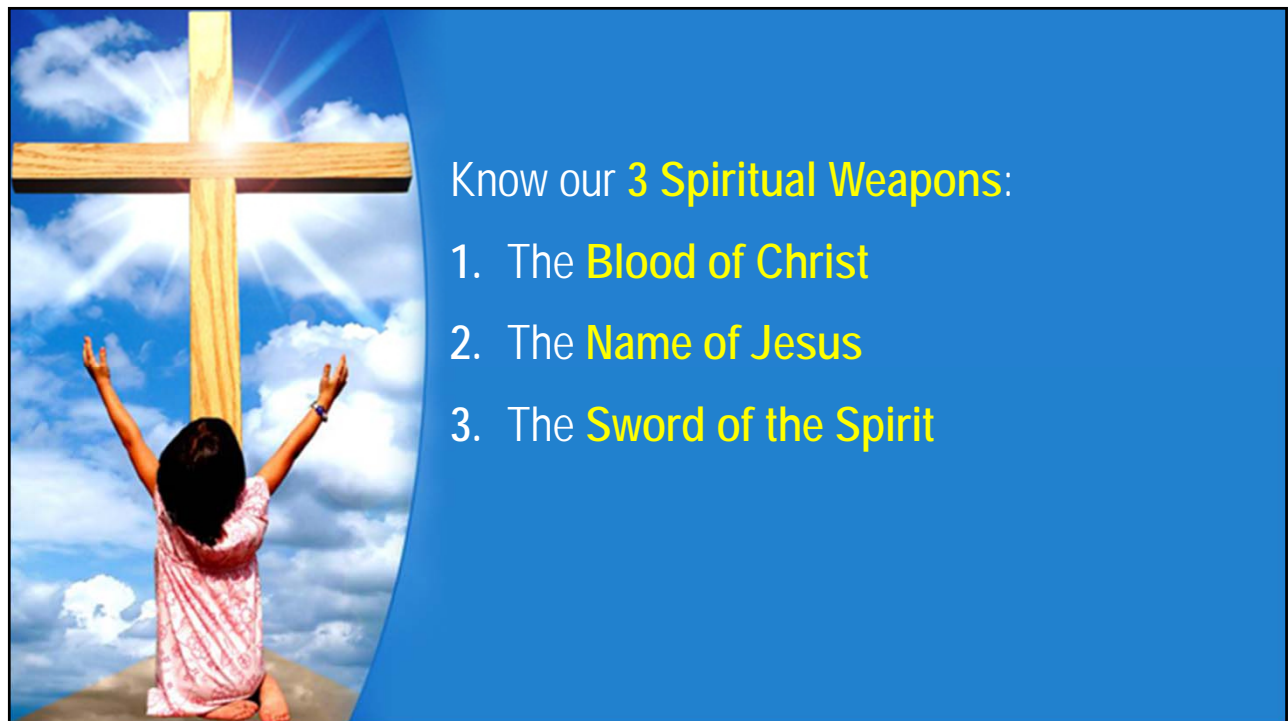
Common Consequences of
Iniquity

Rejection - Unworthiness -
Passivity

Fears

Shame, Fear, Control

Occult Involvement - Idol Worship





1A. Confess our sins and our ancestor's sins.

1B. Ask for God's forgiveness.

Leviticus 26:40 But if they confess their iniquity and the iniquity of their fathers, with their unfaithfulness in which they were unfaithful to Me, and that they also have walked contrary to Me ...



1A. Confess our sins and our ancestor's sins.

1B. Ask for God's forgiveness.

Daniel 9:4-20 ... And I prayed to the Lord My God and made confession and said ... we have sinned and committed iniquity, we have done wickedly and rebelled ... because for our sins and for the iniquities of our fathers ... praying, and confessing my sin and the sin of my people Israel, and presenting my supplication before the Lord ...



I confess the sins of my ancestors, my parents, and my own sin of _____, including _____, _____, etc.

This is to close /cover by the Blood of Jesus:

1. The primary open door
2. Secondary open doors

5. Secondary open doors



2A. Forgive all who caused you to sin and to suffer the effects of their sins.

2B. Forgive yourself.



3. Renounce and break the power of the curses.

I renounce the sins and curses of _____. I break these powers from my life and from the lives of my descendants through the redemptive work of Christ on the Cross.



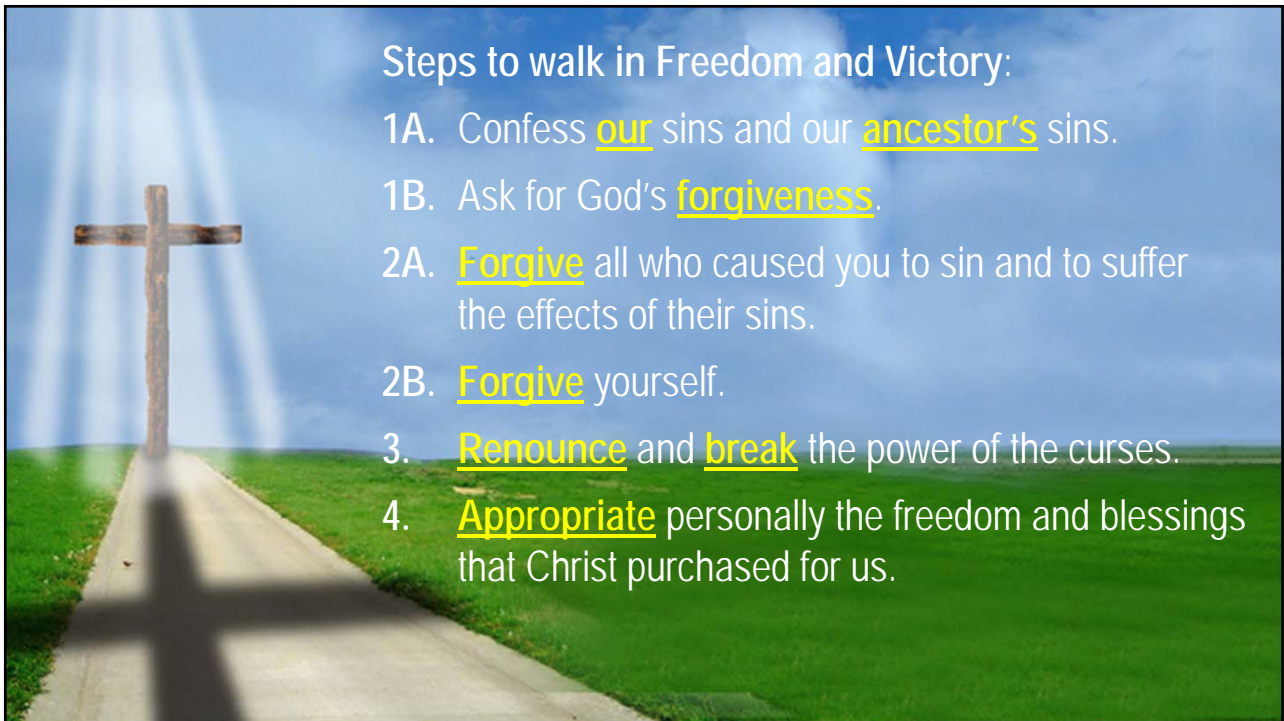
4. Appropriate personally the freedom and blessings that Christ purchased for us.

Galatians 3:13-14 Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"), that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.



I receive God's freedom from these sins and the resulting curses. I receive _____.

(Listen and receive the blessing you sense the Lord wants to give you)



Steps to walk in Freedom and Victory:

- 1A. Confess our sins and our ancestor's sins.
- 1B. Ask for God's forgiveness.
- 2A. Forgive all who caused you to sin and to suffer the effects of their sins.
- 2B. Forgive yourself.
3. Renounce and break the power of the curses.
4. Appropriate personally the freedom and blessings that Christ purchased for us.

CONCLUSION

2 Corinthians 7:1

Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

