Effective Prayer 6 Build Spiritual Strength Build our Spiritual Life & Capacity

Theme Verse

James 5:16 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.









Introduction: Build Spiritual Strength

30-40%

60-70%

Seer

Unseen / Invisible

Public Life "1 Hour - Message" Private Life "10,000 Hours - Messenger"



Obedience	Hur	mility	Right	eou	s Just	Character	
Transparency		Cou	Courage		Deep Walk with God		
Fruit of the Spirit		t Tea	Teachability		Loving	Gracious	

Introduction: Build Spiritual Strength

Conduct - Ministry - Work

- 4. Faith Convictions
- 3. Biblical Worldview
- 2. Personal Baggage
- 1. Character

Seen / Public

Unseen / Private

Introduction: Build Spiritual Strength

s - Messenger

Build up our Spiritual Life and Capacity

HOW?

Ephesians 3:16 that He would grant you, according to the riches of His glory, to be <u>strengthened with might</u> <u>through His Spirit in the inner man</u>.

Effective Prayer 6 Build Spiritual Strength Build our Spiritual Life & Capacity

Effective Prayer 6 Build Spiritual Strength through Prayer in the Holy Spirit

Build Spiritual Strength through Prayer in the Holy Spirit to:I. <u>strengthen</u> our spirit-man;

- II. transform our soul-personality;
- **III.** <u>guide</u> us as we live in this world, in relating to people and being on top of our situations.

Build Spiritual Strength through Prayer in the Holy Spirit to:I. <u>strengthen</u> our spirit-man;

11.

transform our soul-personality; guide us as we live in this world, in relating to people and being on top of our situations.

Holy Spirit strengthen our spirit-man as: 1. We develop our <u>relationship</u> with Him.

2 Corinthians 13:14 May the grace of the LordJesus Christ, and the love of God, and thefellowship of the Holy Spirit be with you all.

We develop our <u>relationship</u> with Him via
 A. regular <u>intake</u> of the Word.

Romans 10:17 So then <u>faith comes by</u> <u>hearing</u>, and hearing by <u>the word of God</u>.





A. Regular intake of Word
 (1) The purpose of the milk of the Word is to experience the grace of God.

1 Peter 2:2-3
2 as newborn babes, desire the pure milk of the word, that you may grow thereby,
3 if indeed you have <u>tasted that the Lord</u> is gracious.

e.g. Psalm 27:1

A. Regular intake of Word

(2) The purpose of the <u>bread</u> of the Word is to <u>hear</u> God speaking to us (Decision-Making, Guidance).

John 10:27 My sheep hears My voice and follows Me ...

John 10:4 And when He brings out His own sheep, He goes before them; and the sheep follow Him, for they know <u>His voice</u>.



A. Regular intake of Word

(2) The purpose of the bread of the Word is to hear God speaking to us (Decision-Making, Guidance).
 (A) From the Word.

(B) From the Holy Spirit of Wisdom.

Decision-making and Guidance Process(A) From the <u>Word</u> (Psalm 119:105).





Decision-making and Guidance Process (B) From the Holy Spirit of Wisdom. The **details** of the guidance. The inward witness (Romans 8:16) of the Spirit of Wisdom dwelling in the believer. EG1: BGR **EG2:** Studies

- **EG3: Work Career**
- **EG4: Medical**
- EG5: \$\$ Upgrade Downgrade

(B) From the Holy Spirit of Wisdom.

The Holy Spirit directs us in our <u>thoughts</u> and <u>emotions</u> on the decision to be made.

Hebrews 8:10 For this is the covenant that I will make with the house of Israel after those days, says the LORD: I will <u>put My laws in their mind</u> and <u>write them on their hearts</u>; and I will be their God, and they shall be My people.

Hebrews 10:16 This is the covenant that I will make with them after those days, says the LORD: I will put My laws into their hearts, and in their minds I will write them. Jeremiah 31:31-34

(B) From the Holy Spirit of Wisdom. The Holy Spirit directs us in our thoughts and emotions on the decision to be made.





(B) From the Holy Spirit of Wisdom.

The Holy Spirit directs us in our <u>thoughts</u> and <u>emotions</u> on the decision to be made.

He will guide us in the process to have:

- **knowledge** know the facts
- **<u>understanding</u>** have clarity
- wisdom what to decide and do

Decision-making Process YES Zone NO Zone 50 100 **Not Sure Two Conditions:** 1. Do Proverbs 3:5-6 always 2. Romans 14:23 - Decide by faith



God

You

 The area of overlap is the "<u>Hallelujah</u>" sector where <u>God's Will is your will</u>. A. Regular intake of Word
 (3) The purpose of the Meat of the Word is to discern the mixture of good and evil.

Hebrews 5:14 But <u>solid food</u> belongs to those who are of full age, that is, those who <u>by reason of use</u> have their <u>senses</u> <u>exercised</u> to <u>discern both good and evil</u>. I. We develop our <u>relationship</u> with Him via
 B. regular <u>speaking forth</u> of the Word.

HOW?

2 Corinthians 4:13 And since we have the same <u>spirit of faith</u>, according to what is written, "<u>I believed and therefore I spoke</u>," <u>we also believe</u> and therefore speak.



Spirit of Faith - Proclaim our **position in Christ**:

- I can come to God <u>24/7</u> through Jesus, my <u>Righteousness</u>.
- 2. I am deeply <u>loved</u> and completely <u>forgiven</u> in Christ.
- **3.** I am highly <u>favoured</u>.
- 4. I am always protected in Christ Jesus.
- **5.** I have access to Divine <u>Wisdom</u>.
- 6. I walk in Divine <u>healing</u>, <u>health</u> and <u>life</u>.
- 7. I am always <u>blessed</u> in Christ.

I. We develop our <u>relationship</u> with Him via
 C. continual <u>prayer</u>-connect.

1 Thessalonians 5:17 pray without ceasing ...

Luke 18:1 Then He spoke a parable to them, that men always ought to pray and not lose heart ...

Ephesians 6:18

- **C.** Continual <u>prayer</u>-connect
 - Pray Your Book

Psalm 139:16 Your eyes saw my substance, being yet unformed. And <u>in Your book</u> they all were written, <u>the days fashioned (ordained-NIV) for me</u>, when as yet there were none of them.

2 Timothy 1:9 who has <u>saved</u> us and <u>called</u> us with a holy calling, not according to our works, but <u>according to His own purpose</u> and grace which was given to us in Christ Jesus before time began.

- C. Continual prayer-connect
 - Make Mention

Romans 1:9 For God is my witness, whom I serve with my spirit in the gospel of His Son, that without ceasing I <u>make mention</u> of you <u>always</u> in my prayers.

Ephesians 1:16 <u>do not cease to give</u> <u>thanks for you</u>, <u>making mention</u> of you in my prayers.



- **C.** Continual <u>prayer</u>-connect
 - Pray the Scriptures

Colossians 1:9-11 For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may **be filled with the knowledge** of His will in all wisdom and spiritual understanding that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power, for all patience and longsuffering with joy.

- C. Continual prayer-connect
 - Pray the Scriptures

2 Corinthians 9:8 And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an <u>abundance for every good work</u>.

1 Peter 4:10-11





- C. Continual prayer-connect
 - Spiritual Songs

Ephesians 5:18-19 And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and <u>spiritual songs</u>, singing and making melody in your heart to the Lord

Colossians 3:16 Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and **spiritual songs**, singing with grace in your hearts to the Lord.

- I. We develop our <u>relationship</u> with Him via
 - **D.** building our altar of **Thanksgiving**, **Praise** & **Worship**.


I. We develop our <u>relationship</u> with Him via
 D. building our altar of <u>Thanksgiving</u>, <u>Praise & Worship</u>.

Romans 1:21 because, although they knew God, they did not glorify Him as God, <u>nor were thankful</u>, but <u>became futile in their thoughts</u>, and heir <u>foolish hearts were darkened</u>.

The bottom-line of thanksgiving is Gratefulness

We develop our <u>relationship</u> with Him via
 D. building our altar of <u>Thanksgivin</u> <u>Praise</u> & Worship.

Hebrews 13:15 (NIV) Through Jesus, therefore, let us continually offer to God a <u>sacrifice of praise</u>—the fruit of lips that <u>confess his name</u>.

Essence of praise is declaring / knowing the Names of God.

The more we know Him, His names, His attributes and character, the greater will be our **praise vocabulary**.

We develop our <u>relationship</u> with Him via
 D. building our altar of <u>Thanksgiving</u>, <u>Praise</u> & <u>Worship</u>.

Romans 12:1 I beseech you therefore, brethren, by the mercies of God, that you <u>present your</u> <u>bodies a living sacrifice</u>, holy, acceptable to God, which is your reasonable service.

The bottom-line of worship is **Surrender**

Holy Spirit strengthen our spirit-man as:
 We sensitize our <u>conscience</u>.

Romans 9:1 I tell the truth in Christ, I am not lying, my conscience also bearing me witness in the Holy Spirit.

> 1 Timothy 1:19 <u>Having faith and a good</u> <u>conscience</u>, which some having rejected, concerning the faith have suffered shipwreck ...

Acts 24:16 This being so, I myself <u>always strive to have a conscience</u> without offense toward God and men.

Holy Spirit strengthen our spirit-man as: We sharpen our <u>discernment</u>.

Hebrews 5:14 But solid food belongs to those who are of full age, that is, those who by reason of use have their senses exercised to discern both good and evil.

Discern what is of God, of men and of the evil one.

Build Spiritual Strength through Prayer in the Holy Spirit to:
strengthen our spirit-man;
transform our soul-personality;
guide us as we live in this world, in relating to people and being on top of our situations.











Build Spiritual Strength through Prayer in the Holy Spirit to:
strengthen our spirit-man;
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III. <u>Guide</u> us as we live in this world, in relating to people and being on top of our situations. The outcome is we will be <u>overcomers</u>.



III. <u>Guide</u> us as we live in this world, in relating to people and being on top of our situations.



Build Spiritual Strength through Prayer in the Holy Spirit to:

III. <u>guide</u> us as we live in this world, in relating to people and being on top of our situations.

The outcome is we will be **overcomers**.

Romans 8:28 And we know that all things work together for good to those who love God, to those who are the called according to His purpose.



Build Spiritual Strength through Prayer in the Holy Spirit to:

III. <u>guide</u> us as we live in this world, in relating to people and being on top of our situations.

The outcome is we will be **overcomers**.

Proverbs 3:5-6

5 Trust in the Lord with all your heart, and lean not on your own understanding; 6 in all your ways acknowledge Him, and He shall direct your paths.

2 Corinthians 12:9a And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness."

Bottom-Line - Build Spiritual Strength through Prayer in the Holy Spirit

WORLD People / Situation

BODY

SOUL Mind Emotion Will **SPIRIT** Relationship Conscience Discernment

Expressed in my living in all my relationships: Responses, Conduct, Decisions, Reactions ...