



INTRODUCTION

We are Stewards of God's Gifts & Resources



1 Peter 4:10 As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God.





1 Corinthians 4:2 Moreover it is required in stewards that one be found faithful.

Acts 20:35 I have shown you in every way, by labouring like this, that you must support the weak. And remember the words of the Lord Jesus, that He said, 'It is more blessed to give than to receive.'









Matthew 25:14-28

The Parable of the Talents

Outline

The ABC Principles of Stewardship

- A. Attentiveness to God
- **B.** A Beautiful Heart
- **C.** A Higher Cause





We need to hear what God is telling us.

Proverbs 1:20-21

20 Wisdom calls aloud outside; she raises her voice in the open squares. 21 She cries out in the chief concourses, at the openings of the gates in the city she speaks her words.



Oppressing the poor is a sin.

Isaiah 1:4, 16, 17

- 4 Alas, sinful nation, a people laden with iniquity, a brood of evildoers, children who are corrupters! They have forsaken the Lord, they have provoked to anger the Holy One of Israel, they have turned away backward.
- 16 Wash yourselves, make yourselves clean; put away the evil of your doings from before My eyes. Cease to do evil. 17 Learn to do good; seek justice, rebuke the oppressor; defend the fatherless, plead for the widow.



Not helping the poor is a sin.

Ezekiel 16:49 Look, this was the iniquity of your sister Sodom: She and her daughter had pride, fullness of food, and abundance of idleness; neither did she strengthen the hand of the poor and needy.



AGEING POPULATION & LONELINESS

- Singapore has around 500,000 people aged 65 and older, and the number is expected to almost double to about 900,000 by 2030. Bedok has the highest number of aged 65 and above at 42,160*. There are 26,340* in Tampines.
- By 2030, there will be an estimated 83,000 seniors living alone
- In a study, the National University Hospital's Department of Psychological Medicine found that nearly 21% of those over 80 and 16% of those in their mid to late 70s said that they were sad, lonely or in low spirits

^{*} GENERAL HOUSEHOLD SURVEY 2015

A22 | OPINION | THESTRAITSTIMES | FRIDAY, JUNE 8, 2018



Highlighting the issues of isolation and poverty among the elderly, the writer says there is a need for a conversation on the values we hold as a society, with our sense of what it is to be human at the centre of this conversation. BT FILE PHOTO

The struggle for dignity in old age

Constance Singam

For The Straite Times

Tun Dr Mahathir Mohamad is exceptional. The 92-year-old powered back into Malaysian politics as Prime Minister after stepping down in 2003, leading at opposition coalition that toppled his former party.

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But there is an underside of ageing – a diversity of problems, needs, and responses that we as

A 2015 Tsao Foundation paper on elderly powerty noted that 60 per cent of the elderly population was poor in 2011. I thought I understood powerty, but I was not prepared for what I found when, a few years ago, I visited the Jalan Kukoh Housin Board estate. It is home to some 6,000 households, many of the elderly men and women living

The corridors of the rental flats were dark, dank and silent. The smell of decay was everywhere. Old men stumbled along, their eyes dull; their body language signalled despair and emotional deprivation. Corners of the buildings were enclosed by metal grilles to prevent

them from becoming public toilets
The people of Jalan Kukoh have
been the subject of many studies
since the 1970s – one may wonder
as study-subjects they have been
stripped of some humanity. They
were, in effect, living in exile in
their own society.

When neighbours checken on of the estate, a lies at the hear port of the estate the neutration would be helped help powerly and hist or sense elected seasons by the generosity. But the powerty in Jaha (and other such estates) is as bloost powerlessness and on, so manifestly either in the jet of the power of the powe

tural and political reality University Hospital's Dep economic one. of Psychological Medicinnere is such rank poverty that nearly 21 percent of t

a manifestly wealthy nation, one onders if there is a lack of political ill to address the causes of verry and the isolation of the or. Or is there some tendency to e poverty as the outcome of ziness and lack of ambition? escarch has shown, however, that is powerlessness that has trapped opple in poverty.

AITS OF AGEING

eople of my generation – I reply to a parliamentary que
lead quiet, stoic lives, When my neighbour Betty

gas best we can with a host of la problems, afflictions and lear bothers, afflictions and lear bother's home and buy! flat. She wanted her mother twith her. But unfortunately, I Ang Mo Kio, for instance, that life is a financial struggle was hospitalised.

The estate.

As I live in an HDB estate, I am other at the hospital. She left had a reight in the morning and aware of how visible people's everyday lives are, especially of the old.

bernother died.

For the first time in her life, Betty
was living alone. Driven by
loneliness and a fear of being alone,
she decided to move into a home
for the elderly.

mother 33. When her father showed signs of dementia, she placed him in a home. When she had him admitted five years ago, the charge was about \$3,500 a month. Two years later, it charges for an ambudance when he needs to go to hospital for check-up and medication. She then moved him to a home in Joho Baru. In Singapore, from what I can gate singapore, from what I can gate for a place in a pursing home seem to a place in a pursing home seem to a weenge around \$4,000 for a shared

single room.

Renee worries about her own old age, as do I. She retires in two years and will have less financial resources to help her ageing

A few years ago, I met up with Lucy, an old friend. We talked about our golden years. How do you spend your time, I asked her. Oh, she said, I wake up late, get dressed, go out and walk around the malls. She has covered every mall in town and knows which foodcourt sells

he best food. I wake up late too, aid. The day doesn't seem too lo hat way

Sometime after this, she rang me and asked for a loan of \$2.50. She sounded quite desperate and promised to return the money. A couple of weeks later, she asked for a further \$250, and every now and then she would ring and ask for \$30 or \$50. She didn't want to talk about it or ask for help, and

now augmined see has always been. I am overwhelmed by the complexity of the issues of isolation and poverty among the elderly. We desperately need to have a deep conversation about the values we

Every morning, Betry visited her nother at the hospital She left her that at eight in the morning and extended a right after her mother was asleep. After about six months, err mother died. For the first time in her life, Betty assilving alone, Oriven by

assumption that the poor have a negative mindset and are lazy and ack ambition must be challenged. This attitude prevents policymakers from addressing the underlying, concrete problems that

cause this sense of disempowerment. The need to talk seriously about a pension scheme and a minimum wage is urgent. Ceasional handouts, top-ups, seeking help from government agencies and other organisations are not enough. These do not

"Dignity is like clean air," writes Associate Professor Teo You Yenn In her book This Is What Inequality Looks Like. Dignity, she writes, "is a sense of being valued, a feeling of being respected, a sensation of steem, of self-worth" in everyday if e. It is a feeling 'that persists in

Can we not aim for all of our people – especially the elderly who nelped build this nation to its success today – to have this sense

Constance Singam is a civil society activist who was president of

THE STRAITS TIMES

SINGAPORE



Number of suicides among seniors hits record high





129 people aged 60 and above committed suicide last year - the highest number recorded for this age group since suicide numbers

The total bullete er file

App Image....jpeg ^

THE POOR AND DISADVANTAGED

- Singapore is one of the richest nations in the world. However, like many other countries, it faces concerns regarding income inequality among its residents.
- Living in HDB 1-2 rooms flats Bedok 9640*, Tampines 4820*

Families receiving ComCare help*

* GENERAL HOUSEHOLD SURVEY 2015

Age of	Financial year**				Increase from
main applicant	2012	2013	2014	2015	2012 to 2015 (%)
34 and below	4,016	4,762	5,080	5,644	40.54
35 to 59	12,666	14,471	16,316	17,086	34.90
60 and above	3,890	5,086	6,065	6,781	74.32
Total	20,572	24,319	27,461	29,511	43.45

NOTE: *Short to medium term

^{**}A government financial year runs from April that year to March the following year.

Source: MINISTRY OF SOCIAL AND FAMILY DEVELOPMENT SUNDAY TIMES GRAPHICS



Growing number of young Singaporeans in need, relying on Government handouts



Ms Chloe Lin (not her real name) at the office of voluntary welfare organisation Beyond Social Services. Twice divorced, she struggles to hold on to a job and now lives in a one-room rental flat in Ang Mo Kio with her daughter. She gets \$360 a month

No-win choices for the poor when resources are limited

As a social worker, I feel compelled to share my thoughts on the recent discussion on the decisions low-income families make (Bad choices, factors beyond their control keep some poor; July 1).

For many low-income families, the problem is not poor decisions, but poor options.

When resources are so limited, no matter which option they choose, some needs will not be met and there is a sacrifice.

I know of a young mother working as a daily-rated teacher-assistant at a childcare centre.

When her child was discharged from hospital and on two weeks' MC, she had to decide between staying home to care for her child or keeping the income coming in.

The circumstances of being low-income also compel them to make "poor" decisions that further disadvantages them financially.

The families I work with often buy standard tickets for one-way trips on public transport instead of using an ez-link card.

This means they have to pay 10 cents more for each trip.

But they do so because the minimum top-up value for an ez-link card is \$5 for children and \$10 for adults, and they need the cash for daily expenses.

Social workers offer practical help, linking children and young people to self-help groups for tuition programmes, putting up applications for school pocket money, and encouraging the children to set personal goals.

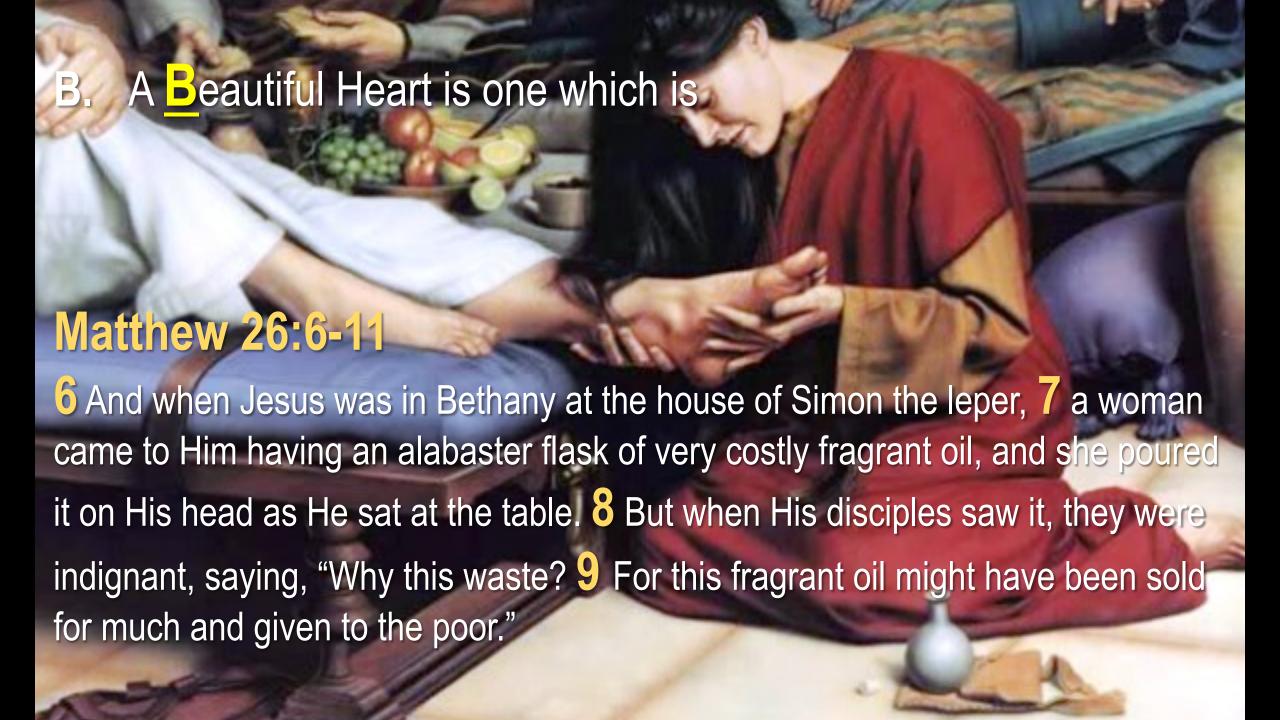
But I am careful not to promise the children that things will be better if they work hard, because I know their efforts might not be enough to overcome the disadvantages in terms of intensity of tuition, access to assessment books, preparation for exams, and so on.

So we, as social workers, must also help to identify the barriers that low-income families face and share them, so that people will understand that poverty is not just an issue of "mindset".

Kevin See Yao Hui

The families I work with often buy standard tickets for one-way trips on public transport instead of using an ez-link card. This means they have to pay 10 cents more for each trip. But they do so because the minimum top-up value for an ez-link card is \$5 for children and \$10 for adults, and they need the cash for daily expenses.





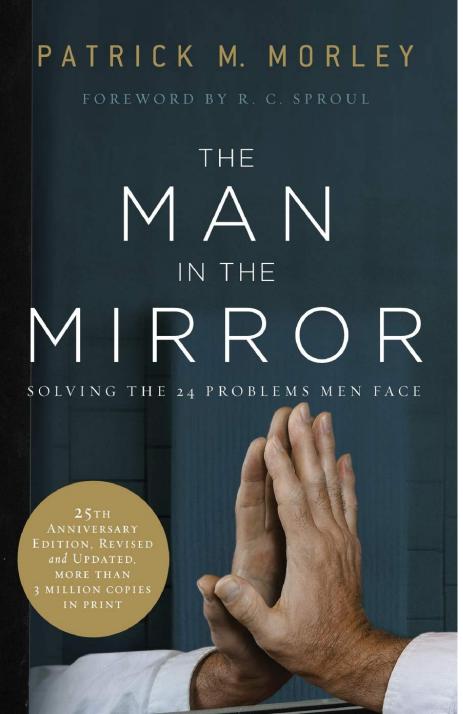


B. A Beautiful Heart is one which is

Gracious Selfless Generous Caring Not Easily Offended Loving Big Sharing Nurturing Not Mean **Not Calculative**







Extract from the Man in the Mirror

All these power brokers had one thing in common. Their plans have come and gone and they are all dead. All that remains is at best a memory. All the benefits of prosperity and human achievement are temporal. All the risks of prosperity are eternal. No matter how influential and affluent we become in the prosperous material world, we will not find eternal profit from temporal kingdoms. Therefore tread lightly in temporal kingdoms. For all our plans will come to an end and then we die. The only profit that matters is the eternal one.

Reach out to the High Kingdom Values

Generosity

Gratitude

1 Timothy 6:17-19

17 Command those who are rich in this present age not to be haughty, nor to trust in uncertain riches but in the living God, who gives us richly all things to enjoy. 18 Let them do good, that they be rich in good works, ready to give, willing to share, 19 storing up for themselves a good foundation for the time to come, that they may lay hold on eternal life.



Deuteronomy 24:19-22

19 When you reap your harvest in your field, and forget a sheaf in the field, you shall not go back to get it; it shall be for the stranger, the fatherless, and the widow, that the Lord your God may bless you in all the work of your hands.

20 When you beat your olive trees, you shall not go over the boughs again; it shall be for the stranger, the fatherless, and the widow.



Deuteronomy 24:19-22

21 When you gather the grapes of your vineyard, you shall not glean it afterward; it shall be for the stranger, the fatherless, and the widow.

22 And you shall remember that you were a slave in the land of Egypt; therefore I command you to do this thing.





Deuteronomy 15:7-8

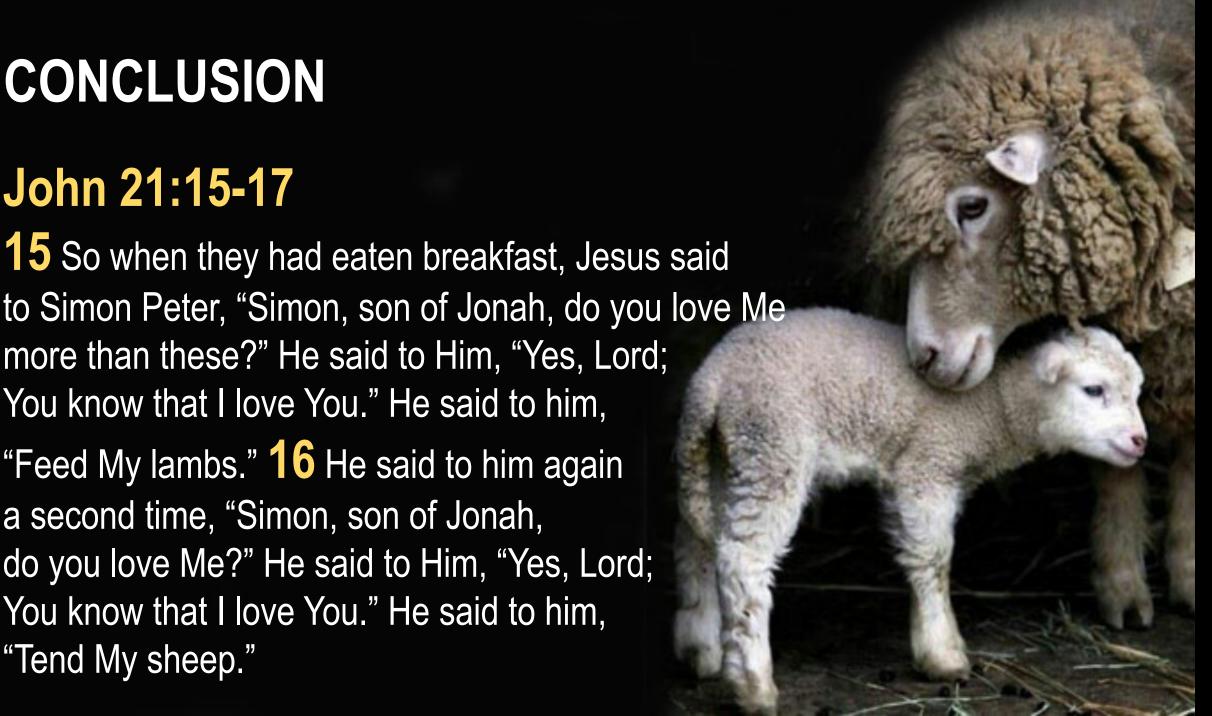
7 If there is among you a poor man of your brethren, within any of the gates in your land which the Lord your God is giving you, you shall not harden your heart nor shut your hand from your poor brother,

8 but you shall open your hand wide to him and willingly lend him sufficient for his need, whatever he needs.



John 21:15-17

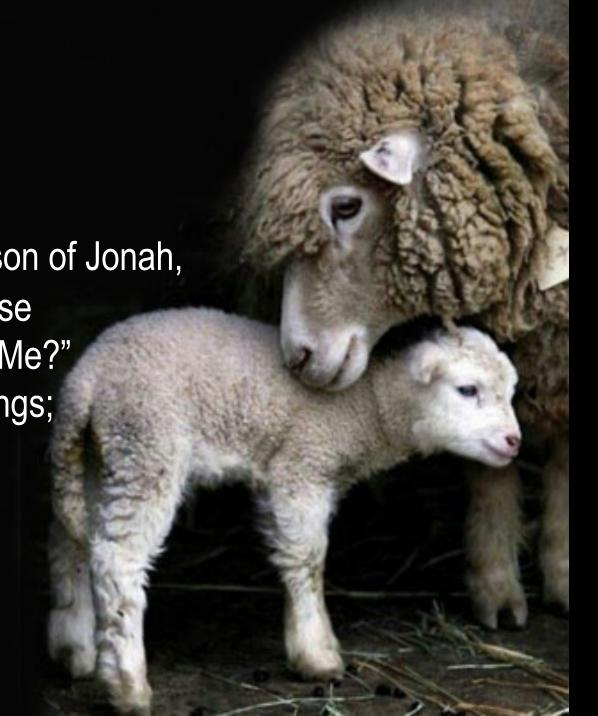
to Simon Peter, "Simon, son of Jonah, do you love Me more than these?" He said to Him, "Yes, Lord; You know that I love You." He said to him, "Feed My lambs." 16 He said to him again a second time, "Simon, son of Jonah, do you love Me?" He said to Him, "Yes, Lord; You know that I love You." He said to him, "Tend My sheep."



John 21:15-17

17 He said to him the third time, "Simon, son of Jonah, do you love Me?" Peter was grieved because He said to him the third time, "Do you love Me?" And he said to Him, "Lord, You know all things; You know that I love You."

Jesus said to him, "Feed My sheep.

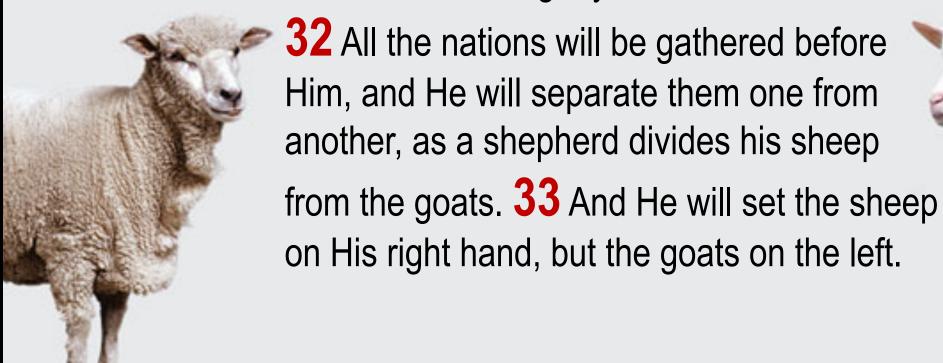


If you love the Lord, take care of His People



Matthew 25:31-40

31 When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory.



Matthew 25:31-40

- 34 Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world:
- 35 for I was hungry and you gave Me food; I was thirsty and you gave Me drink;

I was a stranger and you took Me in; 36 I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.'



Matthew 25:31-40

37 Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? 38 When did we see You a stranger and take You in, or naked and clothe You? 39 Or when did we see You sick, or in prison, and come to You?' 40 And the King will answer and say to them, 'Assuredly, I say to you, in as much as you did it to one of the least of these My brethren, you did it to Me.'

If you love the Lord, take care of the Poor and the Needy.









