

THE BOOK OF PSALMS

The happiness of the godly

*12 Blessed is the man that walketh
with in the covenant of the mercifully,
and shall escape the net of the snare,
and shall be as the dove of the rock.*

12 Kiss the Son, lest he be angry,
from the way, when his wrath is kindled.
Blessed are all they that put their trust

The security of God's promise

3 LORD, how are they increased,
many are they that rise up
against thee, which say

Purpose of “Reading Psalms with CSL”

- **Develop**

- a consistent reading habit.
- a system of reading habit. Ie OIA
- a Theo-centric view of scripture.
- a prayer habit (COVID-19)

- **Expectation:**

- Read and Engage/Participate
- Active reading vs Passive reading
- Mark and reflect and journal

Purpose of “Reading Psalms with CSL”

- **Understanding Psalms**

- Different poetry style
- Song and not mere didactic text
- Need to catch the mood and feeling

PROSE	POETRY	Hebrew Poetry
Doesn't pay attention to rhyme or rhythm.	Pays attention to rhyme and rhythm.	Focus on IDEAS. Not rhyme and rhythm. Ideas are communicated differently. Pictorial in nature.
No word limit.	Use limited number of words.	
Ideas are written in sentences; sentences are grouped into paragraphs.	Ideas are written in lines; lines are grouped into stanzas.	
Natural and Grammatical.	Figurative and rhythmical.	
Can be understood by reading.	More reading maybe needed to understand the meaning.	

Purpose of “Reading Psalms with CSL”

- **Choice of Psalms:**

- 100321 = Book 1 = Ps 1 & 2 = Opening Psalms
- 170321 = Book 1 = Ps 22, 23, 24 = Most Popular Psalm (23)
- 240321 = Book 2 = Ps 42 = Depressive Psalm
- 310321 = Book 3 = Ps 88 = Most Saddest Psalm
- 070421 = Book 4 = Ps 94, 104 = Pray & Praise Psalm
- 140421 = Book 5 = Ps 117, 119 = Shortest & Longest Psalms
- 210421 = Book 5 = Ps 136, 145, 150 = Most Happy Psalms

Parallelism in Hebrew Poetry

- Bible poetry's greatest technique is not to rhyme sounds, as in much English poetry, but to **“rhyme” ideas** -- that is, to put two or more lines together that somehow **match** each other ie the thought of the second line is **parallel** to the thought of the first line.
 - **SYNONYMOUS PARALLELISM**
 - **ANTITHETIC PARALLELISM**
 - **SYNTHETIC PARALLELISM**

Types of Reflection leading towards application:

1. **Mirror** – Where am I now?
2. **Bino** – What is the big picture God is showing me?
3. **Micro** – What is the specific area I need to focus?
4. **Cognitive** – What is something new He is showing me?
5. **Psycho-motor** – How to apply this?
6. **Affective** – What belief system/value I need to change?

Types of Reflection leading towards application: Ps 1

1. **Mirror** – How is my Word life?
2. **Bino** – How is my life pleasing God?
3. **Micro** – Any path of sinner within me? Any wicked counsel?
Any scoffing?
4. **Cognitive** – What areas am I guilty too?
5. **Psycho-motor** – How to meditate?
6. **Affective** – What evident reveals that I value the approval of
God > Man?

2 Why are the nations in an uproar
And the peoples devising a vain thing?

2 The **Voices of the Apostate nations**
And the rulers take counsel together
Against the Lord and against His Anointed,
saying,

3 “Let us tear their fetters apart
And cast away their cords from us!”

4 He who sits in the heavens laughs,
The Lord scoffs at them.

5 Then He **Voice of the Almighty God**
And terrify them in His fury, saying,

6 “But as for Me, I have installed My King.
Upon Zion, My holy mountain.”

7 “I will surely tell of the decree of the Lord:
He said to Me, ‘You are My Son,
Today I have begotten You.

8 ‘Ask of Me, and I will surely give the
nations as Your inheritance,
And **Voice of the Anointed** earth as Your
possession.

9 ‘You shall break them with a rod of iron,
You shall shatter them like earthenware.’”

10 Now therefore, O kings, show
discernment;
Take warning, O judges of the earth.

11 Worship the Lord with reverence
And **Voice of the Author/Advice**

12 Do homage to the Son, that He not
become angry, and you perish in the way,
For His wrath may soon be kindled.
How blessed are all who take refuge in Him!

Intro to Messianic Psalms

Messianic Psalms and the Nature of Prophecy

Before we begin, however, we need to define what we mean by a "Messianic Psalm." There are two alternatives:

Narrow sense. This view sees a messianic psalm as prophetic and having no direct message of significance to the Old Testament period; they only predict the coming Messiah.

General sense. Psalms that anticipate the Messiah but also have meaning in a contemporary context of the writer.

Some psalms are prophetic of the Messiah Jesus. Given under the inspiration of the Spirit, they sometimes ***speak about concepts and persons beyond the author's knowledge and understanding.***

There are sixteen Messianic psalms and we shall consider them in the following sequence:

- | | |
|--|-------------------------------------|
| (1) Ps 2: The Official Glory of the Eternal Son; | |
| (2) Ps 40: The Incarnation; | (11) Ps 110: The Priest-King-Judge; |
| (3) Ps 91: The Temptation; | (12) Ps 8: The Last Adam; |
| (4) Ps 41: The Betrayal; | (13) Ps 72: The Millennial Reign; |
| (5) Ps 22: The Crucifixion; | (14) Ps 89: The Davidic Covenant; |
| (6) Ps 69: The Trespass Offering; | (15) Ps 102: The Unchangeable One |
| (7) Ps 16: The Resurrection; | (16) Ps 118: The Headstone of the |
| (8) Ps 68: The Ascension; | Corner. |
| (9) Ps 45: The King-Bridegroom; | |
| (10) Ps 24: The King of Glory; | |

22 My God, my God, why have You forsaken me?
Far from my deliverance are the words of my groaning.
2 O my God, I cry by day, but You do not answer;
And by night, but I have no rest.
3 Yet You are holy,
O You who are enthroned upon the praises of Israel.
4 In You our fathers trusted;
They trusted and You delivered them.
5 To You they cried out and were delivered;
In You they trusted and were not disappointed.
6 But I am a worm and not a man,
A reproach of men and despised by the people.
7 All who see me sneer at me;
They separate with the lip, they wag the head, saying,

8 “Commit yourself to the Lord; let Him deliver him;
Let Him rescue him, because He delights in him.”

9 Yet You are He who brought me forth from the womb;
You made me trust when upon my mother’s breasts.

10 Upon You I was cast from birth;
You have been my God from my mother’s womb.

11 Be not far from me, for trouble is near;
For there is none to help.

12 Many bulls have surrounded me;
Strong bulls of Bashan have encircled me.

13 They open wide their mouth at me,
As a ravening and a roaring lion.

14 I am poured out like water,
And all my bones are out of joint;
My heart is like wax; It is melted within me.

15 My strength is dried up like a potsherd,
And my tongue cleaves to my jaws;
And You lay me in the dust of death.

16 For dogs have surrounded me;
A band of evildoers has encompassed me;
They pierced my hands and my feet.

17 I can count all my bones.

They look, they stare at me;

18 They divide my garments among them,
And for my clothing they cast lots.

19 But You, O Lord, be not far off;

O You my help, hasten to my assistance.

20 Deliver my soul from the sword,

My only life from the power of the dog.

21 Save me from the lion's mouth;
From the horns of the wild oxen You answer me.

22 I will tell of Your name to my brethren;
In the midst of the assembly I will praise You.

23 You who fear the Lord, praise Him;
All you descendants of Jacob, glorify Him,
And stand in awe of Him, all you descendants of Israel.

24 For He has not despised nor abhorred the affliction of the afflicted;
Nor has He hidden His face from him;
But when he cried to Him for help, He heard.

25 From You comes my praise in the great assembly;
I shall pay my vows before those who fear Him.

26 The afflicted will eat and be satisfied;
Those who seek Him will praise the Lord.
Let your heart live forever!

27 All the ends of the earth will remember and turn to the Lord,
And all the families of the nations will worship before You.

28 For the kingdom is the Lord's
And He rules over the nations.

29 All the prosperous of the earth will eat and worship,
All those who go down to the dust will bow before Him,
Even he who cannot keep his soul alive.

30 Posterity will serve Him;
It will be told of the Lord to the coming generation.

31 They will come and will declare His righteousness
To a people who will be born, that He has performed it.

Seeking the Messianic Verses

Work in group

<p>22:1 My God, my God, why have You forsaken me?</p>	<p>Matt27:46 About the ninth hour Jesus cried out with a loud voice, saying, “Eli, Eli, lama sabachthani?” that is, “My God, My God, why have You forsaken Me?”</p>
<p>6 But I am a worm and not a man, A reproach of men and despised by the people.</p>	<p>Isa 53:3 He was despised and forsaken of men, A man of sorrows and acquainted with grief; And like one from whom men hide their face. He was despised, and we did not esteem Him.</p>
<p>7 All who see me sneer at me; They separate with the lip, they wag the head, saying, 8 “Commit yourself to the Lord; let Him deliver him; Let Him rescue him, because He delights in him.”</p>	<p>Lk 18:32-33" He will be handed over to the Gentiles. They will mock him, insult him, spit on him, flog him and kill him." Lk23:35 "The people stood watching, and the rulers even sneered at him. They said, 'He saved others; let him save himself if he is the Christ of God, the Chosen One.'"</p>

12"Many bulls surround me;
strong bulls of Bashan encircle me.
Roaring lions tearing their prey
open their mouths wide against
me."

Acts 4:27"Indeed Herod and Pontius Pilate
met together with the Gentiles and the
people of Israel in this city to conspire
against your holy servant Jesus, whom you
anoointed." (Acts 4:27)

14 "I am poured out like water,
and all my bones are out of joint.
My heart has turned to wax; it has
melted away within me."

Matt26:38 "Then he said to them, "My soul
is overwhelmed with sorrow to the point of
death."
Lk22:44"And being in anguish, he prayed
more earnestly, and his sweat was like
drops of blood falling to the ground."

15 "My strength is dried up like a
potsherd, and my tongue sticks to
the roof of my mouth;
you lay me in the dust of death."

John 19:28"Later, knowing that all was now
completed, and so that the Scripture would
be fulfilled, Jesus said, 'I am thirsty.'

16 "Dogs have surrounded me; a band of evil men has encircled me, they have pierced my hands and my feet."

Mk15:25 "And they crucified him."
Zec 12:10 "They will look on me, the one they have pierced, and they will mourn for him as one mourns for an only child, and grieve bitterly for him as one grieves for a firstborn son."

17 "I can count all my bones; people stare and gloat over me. They divide my garments among them and cast lots for my clothing."

Lk 23:34 "And they divided up his clothes by casting lots."
Jn19:23-24 "When the soldiers crucified Jesus, they took his clothes, dividing them into four shares, one for each of them, with the undergarment remaining. This garment was seamless, woven in one piece from top to bottom. 'Let's not tear it,' they said to one another. 'Let's decide by lot who will get it.'"

22 I will tell of Your name to
my brethren;
In the midst of the assembly I
will praise You.

Heb2: 12 saying,
“I will proclaim Your name to My brethren,
In the midst of the congregation I will sing Your
praise.”

30 Posterity will serve Him;
It will be told of the Lord to
the coming generation.
31 They will come and will
declare His righteousness
To a people who will be born,
that He has performed it.

Heb 2:12 saying,
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praise.”

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2 O my God, I cry by day, but You do not answer;
And by night, but I have no rest.
3 Yet You are holy,
O You who are enthroned upon the praises of Israel.
4 In You our fathers trusted;
They trusted and You delivered them.
5 To You they cried out and were delivered;
In You they trusted and were not disappointed.

A. Fervent prayer of one who is forsaken (1–10)

1. CYCLE ONE (1–5)

1–2. You have forsaken me.

3. You have heard us.

4–5. You have delivered my fathers.

6 But I am a worm and not a man,
A reproach of men and despised by the people.
7 All who see me sneer at me;
They separate with the lip, they wag the head, saying,
8 “Commit yourself to the Lord; let Him deliver him;
Let Him rescue him, because He delights in him.”
9 Yet You are He who brought me forth from the womb;
You made me trust when upon my mother’s breasts.
10 Upon You I was cast from birth;
You have been my God from my mother’s womb.

2. CYCLE TWO (22:6–10)

6. I am a worm.

7-8. I have been despised.

9-10 I have been trusting You.

11 Be not far from me, for trouble is near; For there is none to help.
12 Many bulls have surrounded me; Strong bulls of Bashan have encircled me.
13 They open wide their mouth at me, As a ravening and a roaring lion.
14 I am poured out like water, And all my bones are out of joint;
My heart is like wax; It is melted within me.
15 My strength is dried up like a potsherd,
And my tongue cleaves to my jaws; And You lay me in the dust of death.
16 For dogs have surrounded me; A band of evildoers has encompassed me;
They pierced my hands and my feet.
17 I can count all my bones. They look, they stare at me;
18 They divide my garments among them, And for my clothing they cast lots.

B. Lament of the suffering king (11–18)

11. Do not be far from me.

1. CYCLE ONE (12–15),

2. CYCLE TWO (16-18)

11 Be not far from me, for trouble is near; For there is none to help.

12 Many bulls have surrounded me; Strong bulls of Bashan have encircled me.

13 They open wide their mouth at me, As a ravening and a roaring lion.

14 I am poured out like water, And all my bones are out of joint;

My heart is like wax; It is melted within me.

15 My strength is dried up like a potsherd,

And my tongue cleaves to my jaws; And You lay me in the dust of death.

B. Lament of the suffering king (11–18)

11. Do not be far from me.

1. CYCLE ONE (12–15)

12–13. My enemies are well-fed animals.

22:14–15. I am drained by them.

11 Be not far from me, for trouble is near; For there is none to help.

12 Many bulls have surrounded me; Strong bulls of Bashan have encircled me.

13 They open wide their mouth at me, As a ravening and a roaring lion.

B. Lament of the suffering king (11–18)

2. CYCLE TWO (16-18)

16. My enemies have tortured me.

17–18. I am as good as dead.

16 For dogs have surrounded me; A band of evildoers has encompassed me;
They pierced my hands and my feet.

17 I can count all my bones. They look, they stare at me;

18 They divide my garments among them, And for my clothing they cast lots.

19 But You, O Lord, be not far off;
O You my help, hasten to my assistance.
20 Deliver my soul from the sword,
My only life from the power of the dog.
21 Save me from the lion's mouth;
From the horns of the wild oxen You answer me.

**C. Petition for deliverance from death
(19-21)**

19. Do not be far from me. //v11

20-21. Deliver me.

22 I will tell of Your name to my brethren;
In the midst of the assembly I will praise You.

23 You who fear the Lord, praise Him;
All you descendants of Jacob, glorify Him,
And stand in awe of Him, all you descendants of Israel.

24 For He has not despised nor abhorred the affliction of the afflicted;
Nor has He hidden His face from him;
But when he cried to Him for help, He heard.

25 From You comes my praise in the great assembly;
I shall pay my vows before those who fear Him.

26 The afflicted will eat and be satisfied;
Those who seek Him will praise the Lord.
Let your heart live forever!

**D. Praise and
encouragement for prayer
(22–31)**

22. I will praise You.

23. We will praise You.

24. You have heard me.

25-26. We will continue to
praise You.

27 All the ends of the earth will remember and turn to the Lord,
And all the families of the nations will worship before You.

28 For the kingdom is the Lord's
And He rules over the nations.

29 All the prosperous of the earth will eat and worship,
All those who go down to the dust will bow before Him,
Even he who cannot keep his soul alive.

30 Posterity will serve Him;
It will be told of the Lord to the coming generation.

31 They will come and will declare His righteousness
To a people who will be born, that He has performed

**D. Praise and encouragement
for prayer (22–31)**

27. The world will worship You.

28. You rule over all.

29. Rich and dying will worship.

30-31. For all generations.

A. Fervent prayer of one who is forsaken (1–10)

1. CYCLE ONE (1–5)

1–2. You have forsaken me.

3. You have heard us.

4–5. You have delivered my fathers.

2. CYCLE TWO (22:6–10)

6. I am a worm.

7-8. I have been despised.

9-10 I have been trusting You.

B. Lament of the suffering king (11–18)

11. Do not be far from me.

1. CYCLE ONE (12–15)

12–13. My enemies are well-fed animals.

22:14–15. I am drained by them.

2. CYCLE TWO (16-18)

16. My enemies have tortured me.

17–18. I am as good as dead.

C. Petition for deliverance from death (19-21)

19. Do not be far from me. //v11

20-21. Deliver me.

D. Praise and encouragement for prayer (22–31)

22- 26 The World will praise You for You have heard us.

Psalm 22

The psalmist apparently felt forsaken by God, as he was surrounded by his enemies' scornful persecution. He lamented his tremendous suffering and his desperate struggle with death, pleading with God to deliver him from such a horrible end. Apparently his prayer was answered, for he was able to declare to the elect and to the world that the Lord answered his prayer. No known incident in the life of David fits the details of this psalm.

This means that David used many poetic expressions to portray his immense sufferings, **but these poetic words became literally true of the suffering of Jesus Christ at His enemies' hands.**

The interesting feature of this psalm is that it does not include one word of confession of sin, and no imprecation against enemies. It is primarily the account of a righteous man who was being put to death by wicked men.

A. Fervent prayer of one who is forsaken (1–10)

1. CYCLE ONE (1–5)

1–2. You have forsaken me.

3. You have heard us.

4–5. You have delivered my fathers.

2. CYCLE TWO (22:6–10)

6. I am a worm.

7-8. I have been despised.

9-10 I have been trusting You.

B. Lament of the suffering king (11–18)

11. Do not be far from me.

1. CYCLE ONE (12–15), What can you learn about God? (16-18)

12–13. My enemies are well-fed animals.

16. My enemies have tortured me.

22:14–15. I am drained by them.

17–18. I am as good as dead.

C. Petition for deliverance from death (19-21)

19. Do not be far from me. //v11

20-21. Deliver me.

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B. Lament of the suffering king (11–18)

11. Do not be far from me.

1. CYCLE ONE (12–15)

12–13. My enemies have

22:14–15. I am drained by them.

**Psalm 22 = The Good Shepherd
- Who Lovingly Died For Us.**

2. CYCLE TWO (16–18)

16–17. They have tortured me.

17–18. I am as good as dead.

C. Petition for deliverance from death (19-21)

19. Do not be far from me. //v11

20-21. Deliver me.

D. Praise and encouragement for prayer (22–31)

22- 26 The World will praise You for You have heard us.

23 The Lord is my shepherd, I shall not want.

2 He makes me lie down in green pastures;
He leads me beside quiet waters.

3 He restores my soul;
He guides me in the paths of righteousness For His name's sake.

4 Even though I walk through the valley of the shadow of death,
I fear no evil, for You are with me;

Your rod and Your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies;
You have anointed my head with oil; My cup overflows.

6 Surely goodness and lovingkindness will follow me all the days of my
life,

And I will dwell in the house of the Lord forever.

23 The Lord is my shepherd, I shall not want.

2 He makes me lie down in green pastures;

He leads me beside quiet waters.

3 He restores my soul;

He guides me in the paths of righteousness For His name's sake.

4 Even though I walk through the valley of the shadow of death,
I fear no evil, for You are with me;

Your rod and Your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies;

You have anointed my head with oil; My cup overflows.

6 Surely goodness and lovingkindness will follow me all the days of my
life,

And I will dwell in the house of the Lord forever.



For feeding

He makes me
lie down in
green
pastures, he
leads me
beside quiet
waters, he
restores my
soul. He
guides me in
paths of
righteousnes
s for his
name's sake.

- Psalm 23:2-3 -



For drinking



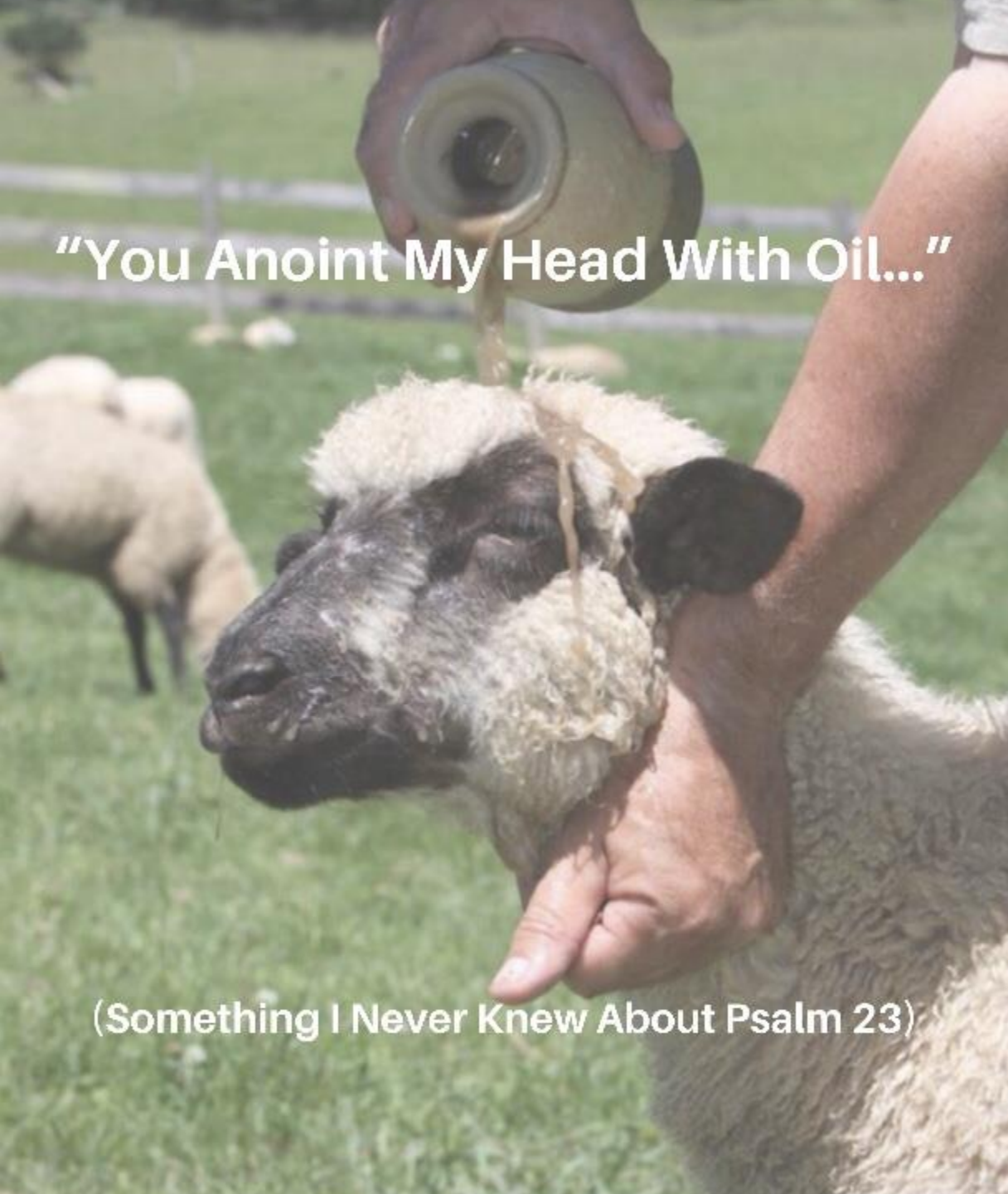
Note: the nose and mouth
= why quiet water

WHY **GOD** SETS A **TABLE** BEFORE YOUR **ENEMIES**



Tableland

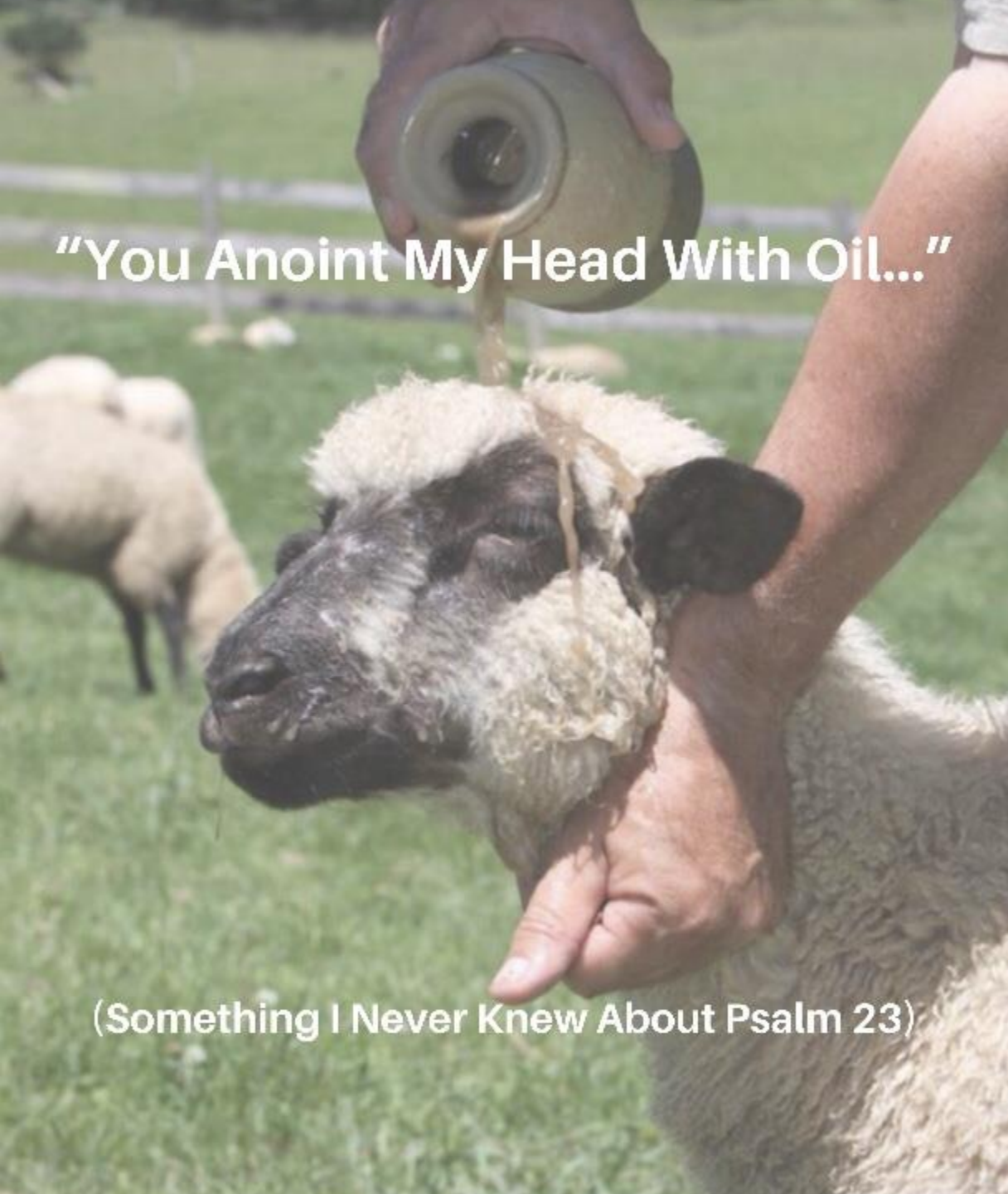
5 You prepare a table before me in
the presence of my enemies;
You have anointed my head with
oil; My cup overflows.

A close-up photograph of a person's hands pouring a golden liquid, likely oil, from a plastic bottle onto the head of a sheep. The sheep has a white woolly head with a black face. The background is a green field with other sheep in the distance.

"You Anoint My Head With Oil..."

Sheep are especially troubled by the nose fly. These little flies buzz about the sheep's head, attempting to **deposit their eggs on the damp mucous membranes of the sheep's nose**. If they are successful, the eggs will hatch in a few days to form worm-like larvae. They work their way up the nasal passages into the sheep's head; they burrow into the flesh and there set up an intense irritation accompanied by severe inflammation.

(Something I Never Knew About Psalm 23)

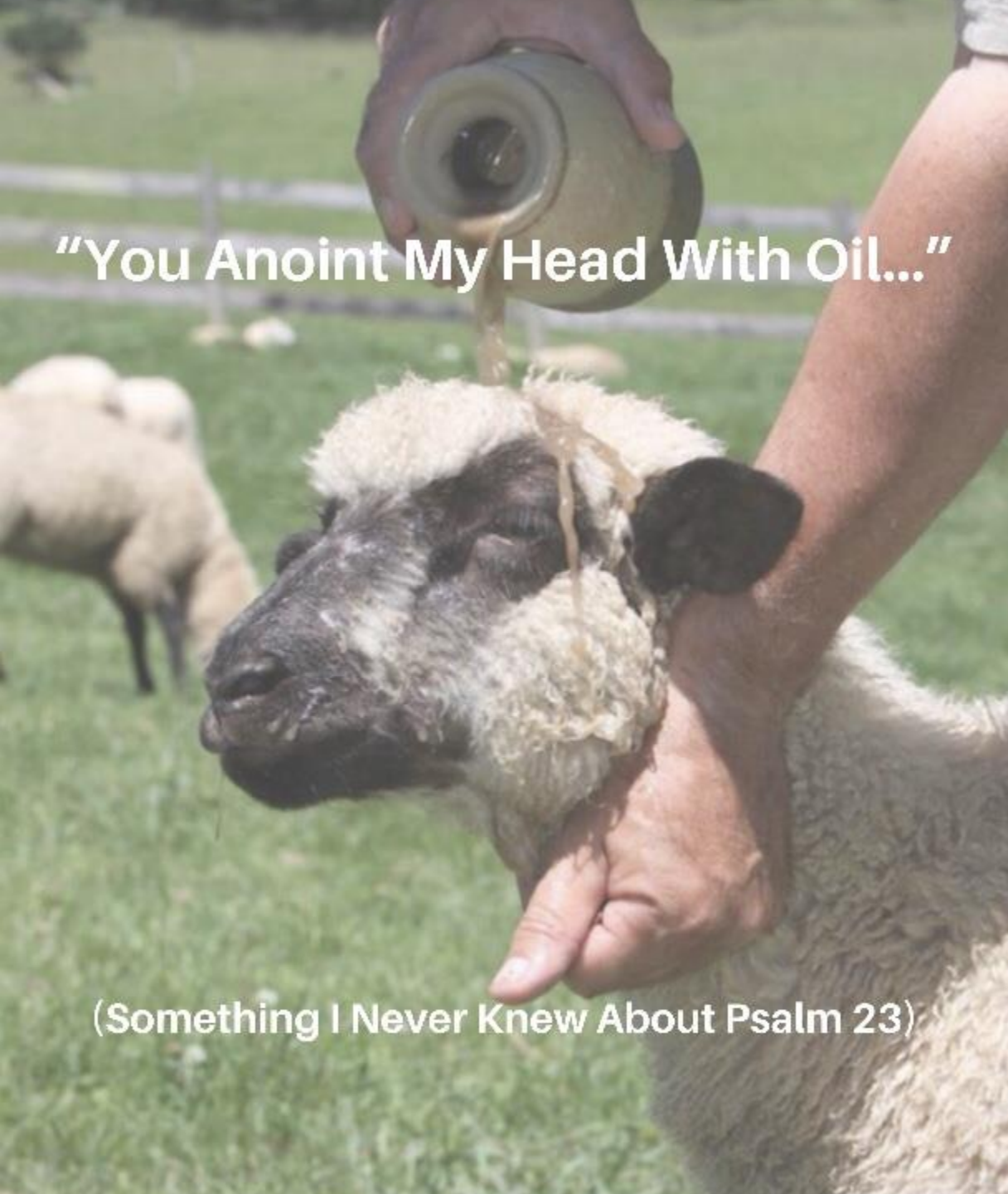
A close-up photograph of a person's hands pouring a golden liquid, likely oil, from a plastic bottle onto the head of a sheep. The sheep has a white face with dark patches around its eyes and ears. The background is a green field with other sheep visible in the distance.

"You Anoint My Head With Oil..."

For relief from this agonizing annoyance sheep will deliberately beat their heads against trees, rocks, posts, or brush. In extreme cases of intense infestation, a sheep **may even kill itself**. Often advanced stages of infection from these flies will lead to blindness.

All this excitement and distraction has a devastating effect on the entire flock. The ewes will go off milking, and their lambs will stop growing gainfully. Some sheep will be injured in their headlong rushes of panic; others may be blinded and some even killed outright.

(Something I Never Knew About Psalm 23)

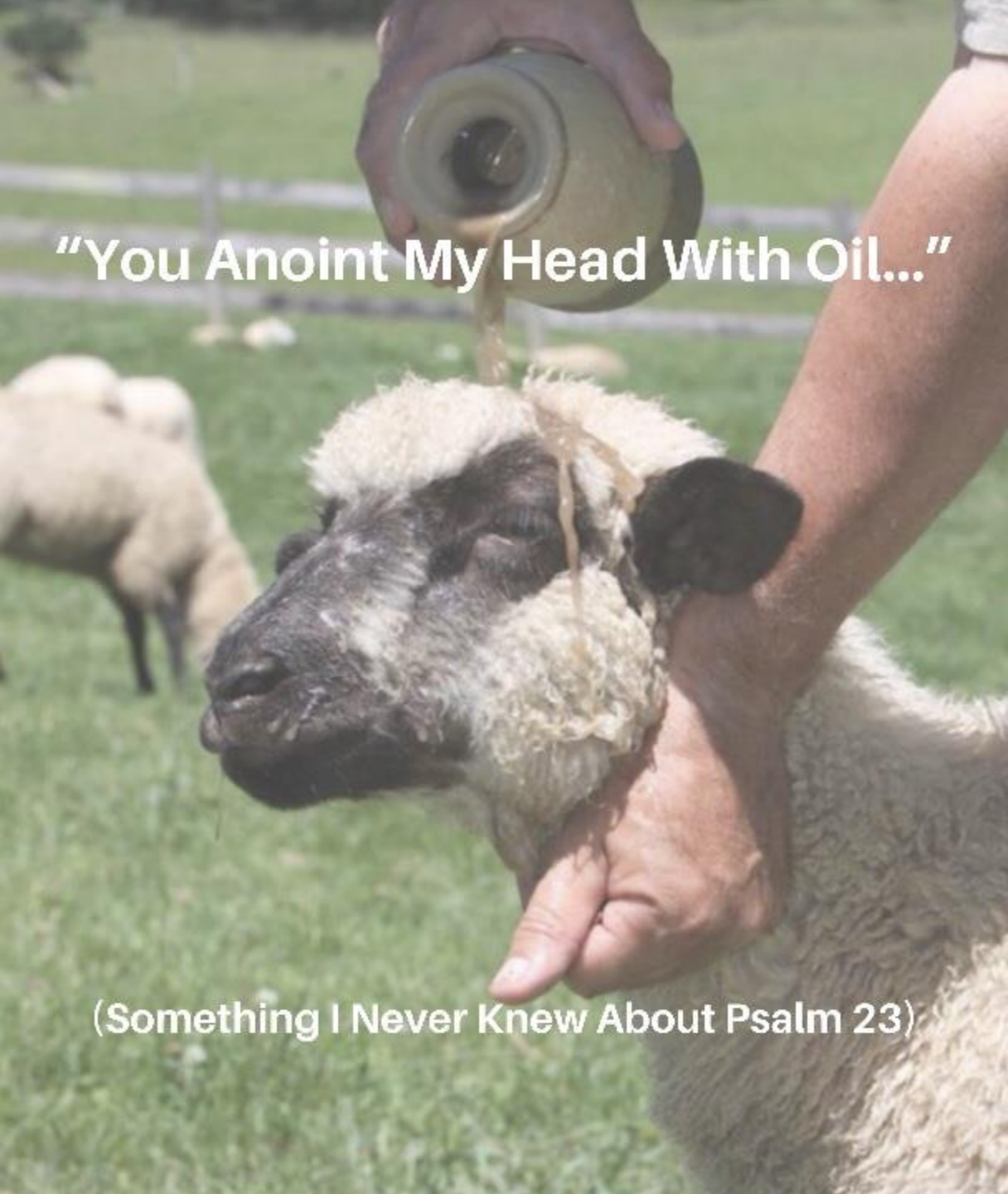
A close-up photograph of a person's hands pouring a golden-brown liquid, likely linseed oil, from a clear plastic bottle onto the head of a sheep. The sheep has a white woolly body and a dark face. The background is a green grassy field with other sheep visible in the distance.

"You Anoint My Head With Oil..."

(Something I Never Knew About Psalm 23)

At the very first sign of flies among the flock, a shepherd will apply **an antidote to their heads**. The remedy is composed of linseed oil, sulphur, and tar, which is smeared over the sheep's nose and head as a protection against nose flies.

What an incredible transformation this would make among the sheep. Once the oil had been applied to the sheep's head, there is an immediate change in behaviour. Gone was the aggravation, irritability and restlessness. Instead, the sheep would start to feed quietly again, then soon lie down in peaceful contentment.

A close-up photograph of a person's hands pouring a golden liquid from a plastic bottle onto the head of a sheep. The sheep has a black face and white wool. The background is a green field with other sheep in the distance.

"You Anoint My Head With Oil..."

Just as with the sheep, there **must be continuous and renewed application of oil** to forestall the "flies" in our life; there must be a **continuous anointing of God's gracious Spirit** to counteract the ever-present aggravations of personality conflicts. Only one application of oil, sulphur, and tar was not enough for the entire summer. It is a process that has to be repeated. The fresh application is an effective antidote.

(Something I Never Knew About Psalm 23)

23 The Lord is my shepherd, I shall not want.

2 He makes me lie down in green pastures.
He leads me beside quiet waters.

3 He restores my soul;
He guides me in the paths of righteousness.

What can you learn about God?

I fear no evil, for you are with me;

Your rod and Your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies.
You have anointed my head with oil.

6 Surely goodness and lovingkindness will follow me
all the days of my life,

And I will dwell in the house of the Lord

A. The Lord as Leader (1–4)

1. I shall not want.
2. He leads me to green pasture & quiet water.
3. He guides me in the right paths.
4. He comforts me in the valley.

B. The Lord as Provider (5)

5. Food & Oil – provision & protection

C. The response of faith (6)

6. Goodness and lovingkindness will follow me. I will dwell in His presence.

23 The Lord is my shepherd, I shall not want.

2 He makes me lie down in green pastures.
He leads me beside quiet waters.

3 He restores my soul;
He guides me in the paths of righteousness

Psalm 23 = The Great Shepherd
- Who Faithfully Cares For Us.

your rod and your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies.
You have anointed my head with oil

6 Surely goodness and lovingkindness will follow me
all the days of my life,

And I will dwell in the house of the Lord

A. The Lord as Leader (1–4)

1. I shall not want.
2. He leads me to green pasture & quiet water.
3. He guides me in the right paths.
4. He comforts me in the valley.

B. The Lord as Provider (5)

5. Food & Oil – provision & protection

C. The response of faith (6)

6. Goodness and lovingkindness will follow me. I will dwell in His presence.

*The Lord
is my Shepherd;
I shall not want.*

Psalms 23:1



24 The earth is the Lord's, and all it contains,
The world, and those who dwell in it.

2 For He has founded it upon the seas
And established it upon the rivers.

3 Who may ascend into the hill of the Lord?
And who may stand in His holy place?

4 He who has clean hands and a pure heart,
Who has not lifted up his soul to falsehood
And has not sworn deceitfully.

5 He shall receive a blessing from the Lord
And righteousness from the God of his salvation.

6 This is the generation of those who seek Him,
Who seek Your face—even Jacob. Selah.

7 Lift up your heads, O gates,
And be lifted up, O ancient doors,
That the King of glory may come in!

8 Who is the King of glory?
The Lord strong and mighty,
The Lord mighty in battle.

9 Lift up your heads, O gates,
And lift them up, O ancient doors,
That the King of glory may come in!

10 Who is this King of glory?
The Lord of hosts,
He is the King of glory. Selah.

24 The earth is the Lord's, and all it contains,
The world, and those who dwell in it.

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And righteousness from the God of his salvation.

6 This is the generation of those who seek Him,
Who seek Your face—even Jacob. Selah.

**A. Ascent to the holy
place (1–6)**

1–2. Everything belongs to
God

3-4. Who can go into His
presence

5-6. Blessing from the Lord
for those who seek Him.

7 Lift up your heads, O gates,
And be lifted up, O ancient doors,
That the King of glory may come in!

8 Who is the King of glory?
The Lord strong and mighty,
The Lord mighty in battle.

9 Lift up your heads, O gates,
And lift them up, O ancient doors,
That the King of glory may come in!

10 Who is this King of glory?
The Lord of hosts,
He is the King of glory. Selah.

B. Entry of the King of glory (7–10)

7&9. Open wide the gates & doors

8&10. Who is this King of Glory

The repetition stressed the point: The LORD is a glorious King who is coming in. Only pure worshipers can enjoy His presence.

Reflection By My Mentor:

Psalm 22-24 form a profound trilogy.

They present a triple portrait of the Lord our Shepherd -

Psalm 22 = The Good Shepherd

- Who Lovingly Died For Us.

Psalm 23 = The Great Shepherd

- Who Faithfully Cares For Us.

Psalm 24 = The Glorious Shepherd

- Who Mightily Delivers Us.

Reflection By My Mentor:

Psalm 22-24 form a profound trilogy.

1. I'm AWED..

As the psalm begins with the MAJESTY of God (v.1-2)

Psalm 24:1-2 *“The earth is the LORD’s and the fullness thereof, the world and those who dwell therein, for he has founded it upon the seas and established it upon the rivers.”*

What a mighty AWESOME God!

2. I'm CHALLENGED..

As the Psalm draws me with an intriguing question (v.3) -

“Who shall ascend the hill of the LORD? And who shall stand in his holy place?” (v.3)

Reflection By My Mentor:

Psalm 22-24 form a profound trilogy.

(Now this question came to me in a holy whisper!)

TRY reading it again.. slowly..

.. IN A WHISPER!

“WHO shall ascend the hill of the LORD? And who shall STAND in his HOLY place?” (Psalm 24:3)

“Me, Lord, I WANT!”

“ME, Lord”, my soul cried out.

By the move of the Holy Spirit, I was inexplicably drawn.. by a hunger for God.. deep within.. for a deeper intimacy.. with God.

Reflection By My Mentor :

Psalm 22-24 form a profound trilogy.

3. I am CONVICTED..

As the psalm continues with GOD's holy requirement (v.4)

Psalm 24:4 “He who has clean hands and a pure heart, who does not lift up his soul to what is false (empty, futile, worthless) and does not swear deceitfully.”

“Clean hands and pure heart” are simple words but a very tall order!

I stood convicted.

“Oh no, Lord, WHO then can ascend.. and stand..??!!”

Woe is me for I am undone!

Reflection By My Mentor:

Psalm 22-24 form a profound trilogy.

4. I am COMFORTED..

As Psalm 24 points me to my ONLY HOPE (v.7-10)

*“Lift up your heads, O gates!
And be lifted up, O ancient
doors, that the KING OF GLORY
may come in.”*

After this, vv.8-10 continue as an ascending crescendo!

Reflection By My Mentor:

Psalm 22-24 form a profound trilogy.

4. I am COMFORTED..

v.8 Who is this King of glory?

The LORD, strong and mighty,
the LORD, mighty in battle!

(Aloud now...)

v.9 LIFT UP YOUR HEADS, O GATES! And lift them up, O ancient doors,
THAT THE KING OF GLORY MAY COME IN.

v.10 Who is this King of glory?

The LORD of hosts,
HE IS THE KING OF GLORY!!!”

Reflection By My Mentor: Psalm 22-24 form a profound trilogy.

YES!!! And the mighty angels, with all the heavenly hosts, roared! WHAT
A SAVIOUR!!!

And my soul quietly resonated deep within.. too deep for word.. for it
came forth in a awed whisper under its breath:
“Yes.. what a Saviour indeed...!!”

Purpose of “Reading Psalms with CSL”

- **Choice of Psalms:**

- 100321 = Book 1 = Ps 1 & 2 = Opening Psalms
- 170321 = Book 1 = Ps 22, 23, 24 = Most Popular Psalm (23)
- 240321 = Book 2 = Ps 42 = Depressive Psalm
- 310321 = Book 3 = Ps 88 = Most Saddest Psalm
- 070421 = Book 4 = Ps 94, 104 = Pray & Praise Psalm
- 140421 = Book 5 = Ps 117, 119 = Shortest & Longest Psalms
- 210421 = Book 5 = Ps 136, 145, 150 = Most Happy Psalms