

bbtc

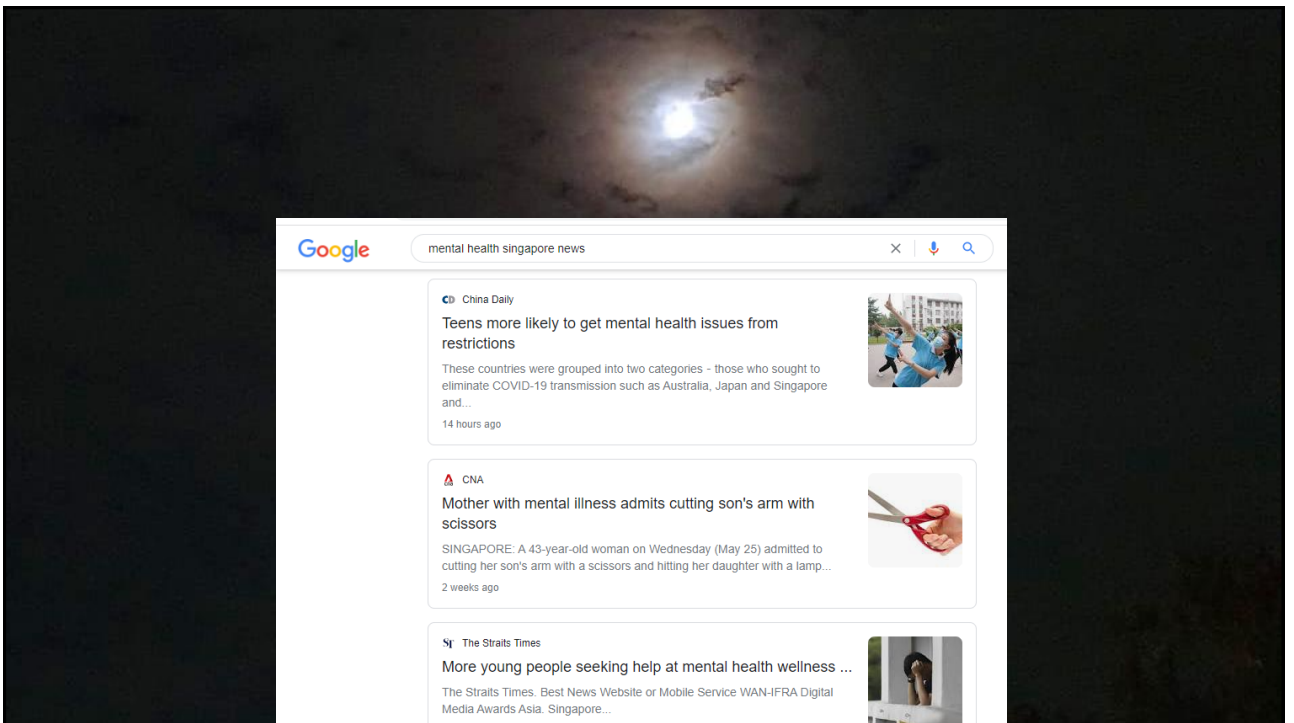
BETHESDA BEDOK TAMPINES CHURCH


SONG FOR ALL SEASONS

WELCOME TO BBTC ENGLISH WORSHIP SERVICE

 [FACEBOOK.COM/BBTCIANS](https://www.facebook.com/BBTCIANS)  [YOUTUBE.COM/MYBBTC](https://www.youtube.com/mybbtc)  [BBTC.COM.SG](https://www.bbtc.com.sg)

Hallelujah

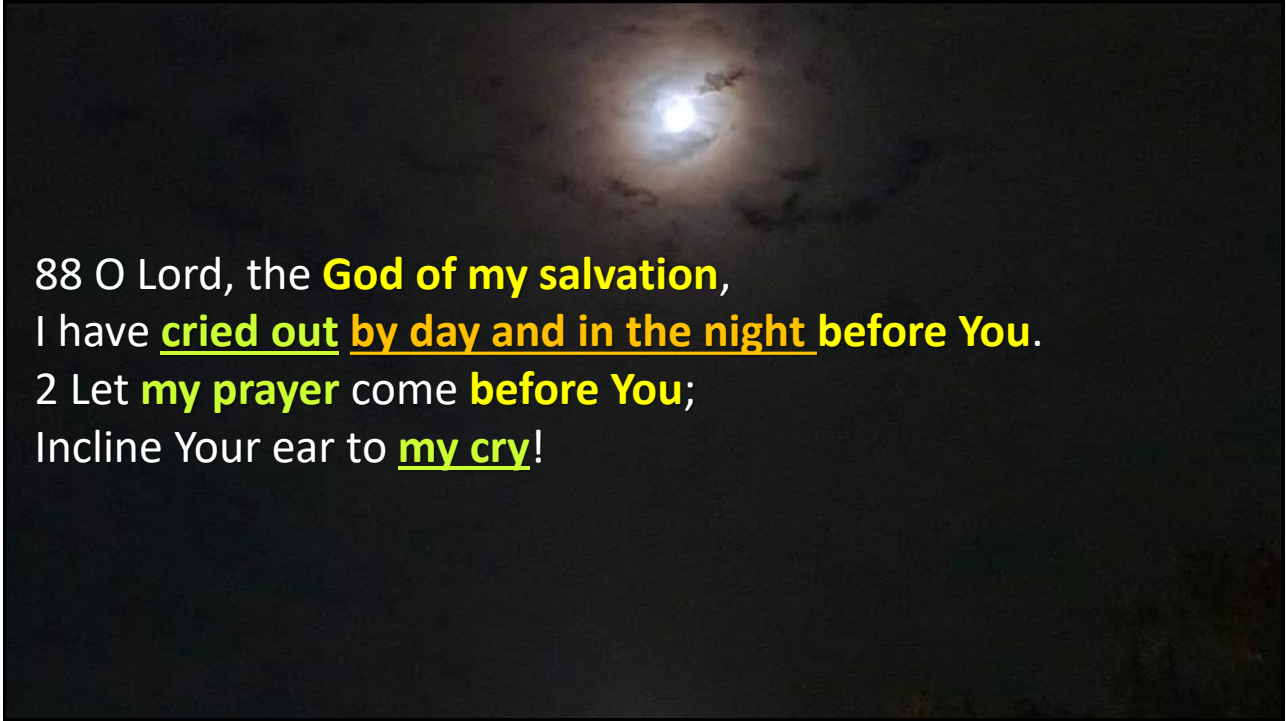




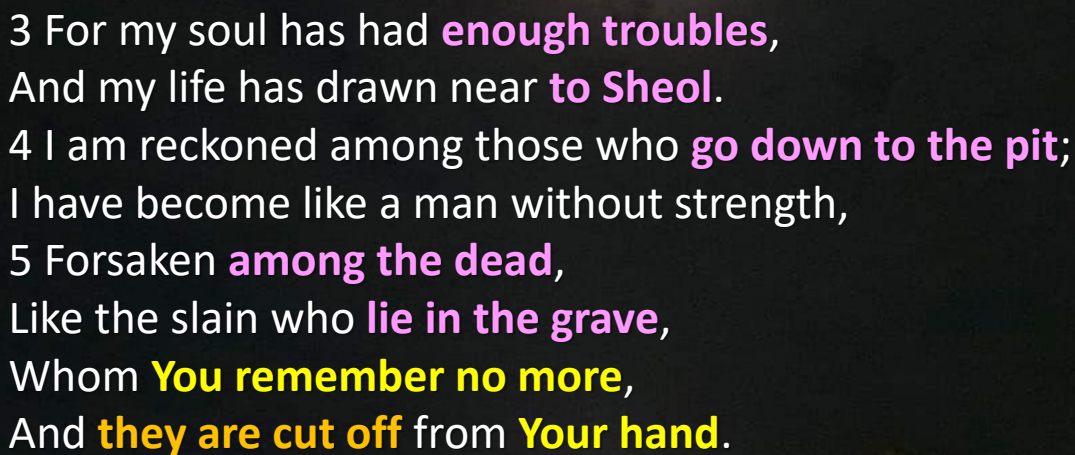
Song for Dark Times
Ps 88



Ps 88 – A Psalm of the sons of Korah.
A contemplation of Heman the Ezrahite



88 O Lord, the **God of my salvation**,
I have **cried out by day and in the night** before You.
2 Let **my prayer** come **before You**;
Incline Your ear to **my cry**!



3 For my soul has had **enough troubles**,
And my life has drawn near **to Sheol**.
4 I am reckoned among those who **go down to the pit**;
I have become like a man without strength,
5 Forsaken **among the dead**,
Like the slain who **lie in the grave**,
Whom **You remember no more**,
And **they are cut off** from **Your hand**.

6 **You have** put me **in the lowest pit**,
 In **dark places**, **in the depths**.
 7 **Your wrath** has rested upon me,
 And **You have afflicted** me with all Your waves. Selah.

Direct Sources of Pain & Sufferings

1. Common to Man -
 Fallen World
 (Ecc 8:14, Rom8:22)

2. Due to the evil one
 (Jn10:10, 1 Pet 5:8)

3. Due to our own
"faults" (1 Pet2:20)

4. For righteousness
 sake (1 Pet 3:14, 4:19)

Jn16:33 These things I have spoken to you, so that in Me you may have peace. In the world you **have tribulation**, but take courage; I have overcome the world."

Direct Sources of Pain & Sufferings

1. Common to Man -
Fallen World
(Ecc 8:14, Rom8:22)

2. Due to the evil one
(Jn10:10, 1 Pet 5:8)

3. Due to our own
“faults” (1 Pet2:20)

4. For righteousness
sake (1 Pet 3:14, 4:19)



Sovereignty of God – Suffering and Pain

bbtc

HOME ABOUT I'M NEW FOR MEMBERS MINISTRIES LIBRARY COMMUNITY SERVICES

SOVEREIGNTY OF GOD – SUFFERING AND PAIN

November 3, 2020 1151 | 0 | 0

SOVEREIGNTY OF GOD – SUFFERING AND PAIN

Watch later Share

the Sovereignty of God, we must note two fundamental aspects:

(1) God is given Man a freewill.

(2) God has placed Laws & Principles of Life for Man on earth.

Watch on YouTube

Special Teach-in by SP Daniel Foo for BBTC Mandarin Worship staff

Sermons 2022

Mandarin Sermons 2021 华语讲道

Senior Pastor's Sermons ▶

Senior Pastor's Books

Sermon Archive ▶

Testimony Videos

Testimony Stories

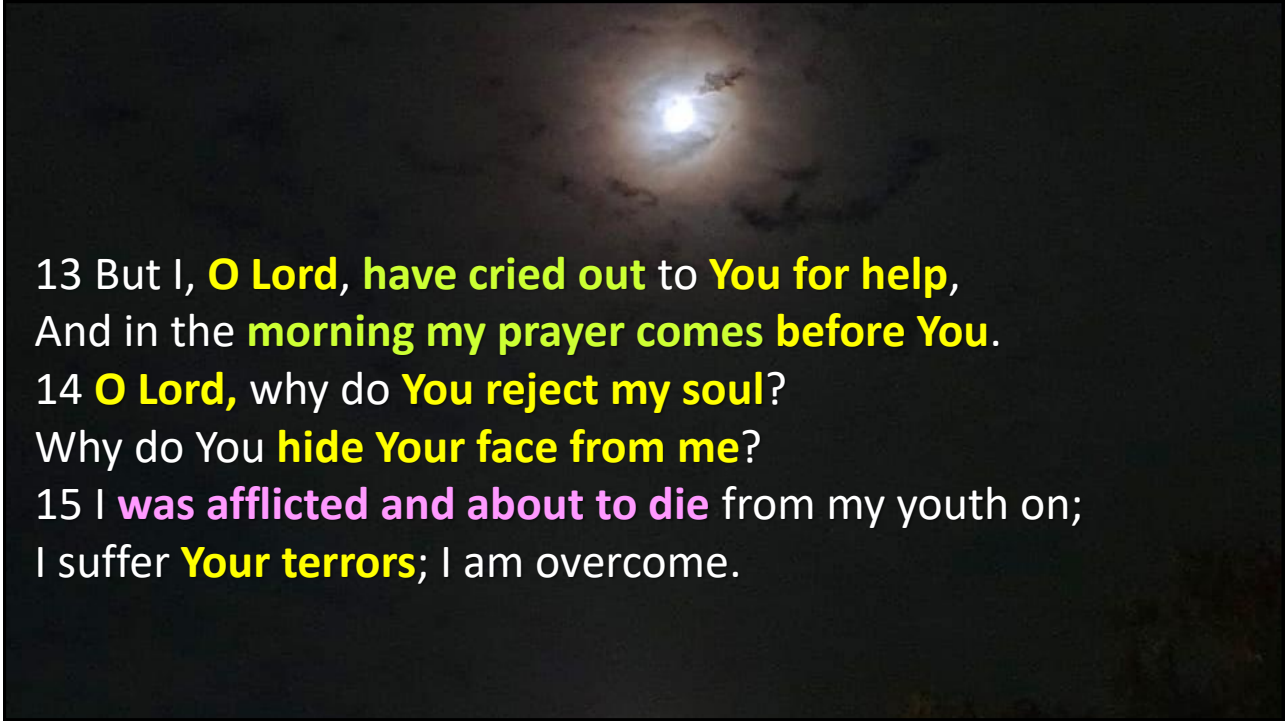
Our Address 300 Bedok North Avenue 3, Singapore 469717

LOCATION MAP

8 **You have** removed **my acquaintances** far from me;
You have made me an **object of loathing** to them;
 I am shut up and **cannot go out**.

9 My eye has wasted away because of affliction;
I have called upon You **every day**, O Lord;
I have spread out my hands to You.

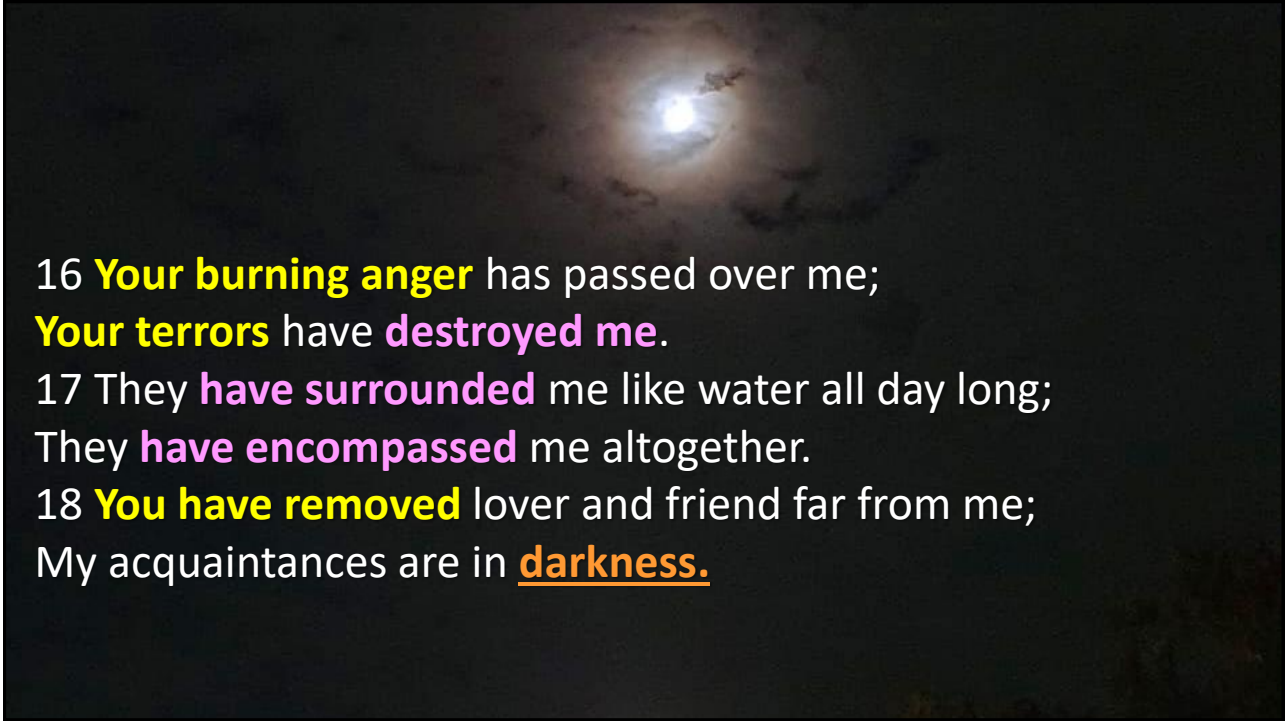
10 Will You perform wonders for the dead?
Will the departed spirits rise and praise You? Selah.
 11 Will Your lovingkindness be declared in the grave,
Your faithfulness in **Abaddon**?
 12 Will Your wonders be made known in the **darkness**?
 And Your righteousness in the land of forgetfulness?



13 But I, **O Lord**, have cried out to **You for help**,
And in the **morning my prayer comes before You**.

14 **O Lord**, why do **You reject my soul**?
Why do You **hide Your face from me**?

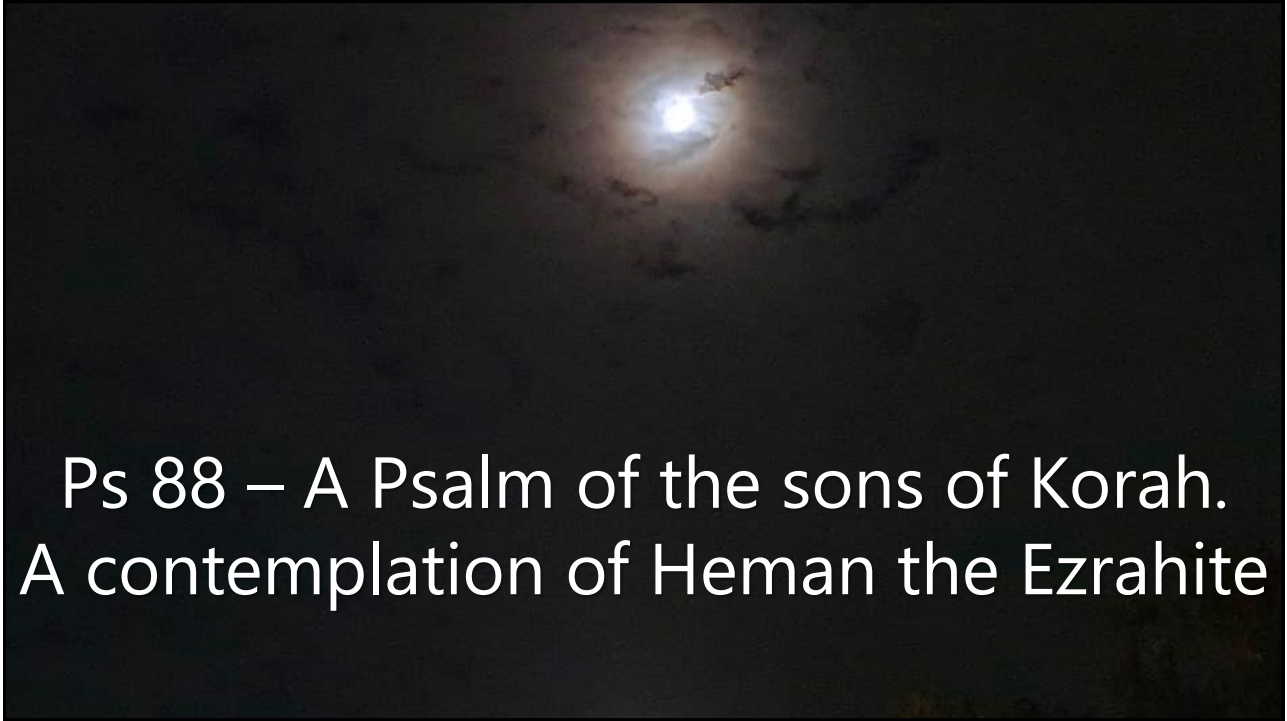
15 I **was afflicted and about to die** from my youth on;
I suffer **Your terrors**; I am overcome.



16 **Your burning anger** has passed over me;
Your terrors have **destroyed me**.

17 They **have surrounded** me like water all day long;
They **have encompassed** me altogether.

18 **You have removed** lover and friend far from me;
My acquaintances are in **darkness**.



Ps 88 – A Psalm of the sons of Korah.
A contemplation of Heman the Ezrahite



Song for Dark Times:

1. **D**arkness can be long.
2. **A**cknowledge the Grace of God - God understands.
3. **R**ight response matters.
4. **K.F.O.J** (to be revealed later)

Song for Dark Times:

1. **Darkness can be long.**

2. Acknowledge the Grace of God - God understands.
3. Right response matters.
4. K.F.O.J


88 O Lord, the **God of my salvation,**
I have **cried out by day and in the night before You.**

SALT  LIGHT

[BOOK](#)
[NEWS](#)
[FAITH](#)
[DEVOTIONAL](#)
[LEADERSHIP](#)
[SERVICE](#)
[FAMILY](#)
[WORK](#)
[PROFILES](#)
[VIDEOS](#)
[DONATE](#)
[MOR](#)



"Grace is so charming and cute. She's a booster!" says mum Serene Siow. The family travelled to Perth for a holiday in December 2018; it was Grace's first plane ride. All photos courtesy of Serene Siow.


SALT  LIGHT

-‘You’d have to spend so much money. You’re not fair to your family, you’d deprive your other children of finances,’

-How can you be dedicated to your work if you choose to have a child with special needs.

-“If I were you, I would opt for abortion so that the child needs not suffer.”

SERVICE FAMILY WORK PROFILES VIDEOS DONATE MOR



is so charming and cute. She's a booster!" says mum Serene Siow. The family travelled to Perth for a holiday in December 2018; it was Grace's first plane ride. All photos courtesy of Serene Siow.

Song for Dark Times:

1. Darkness can be long.

2. Acknowledge the Grace of God - God understands.
3. Right response matters.
4. K.F.O.J

88 O Lord, the **God of my salvation,**
I have **cried out by day and in the night before You.**

Song for Dark Times:

1. Darkness can be long.
- 2. Acknowledge the Grace of God - God understands.**
3. Right response matters.
4. K.F.O.J

- 10 Will You perform wonders for the dead?
Will the departed spirits rise and praise You? Selah.
- 11 Will Your lovingkindness be declared in the grave,
Your faithfulness in Abaddon?
- 12 Will Your wonders be made known in the darkness?
 And Your righteousness in the land of forgetfulness?

15 I **was afflicted and about to die** from my youth on;

I suffer **Your terrors**; I am overcome.

16 **Your burning anger** has passed over me;

Your terrors have destroyed me.

17 They **have surrounded** me like water all day long;

They **have encompassed** me altogether.

18 **You have removed** lover and friend far from me;

My acquaintances are in darkness.

Song for Dark Times:

1. Darkness can be long.

2. Acknowledge the Grace of God - God understands.

3. Right response matters.

4. K.F.O.J

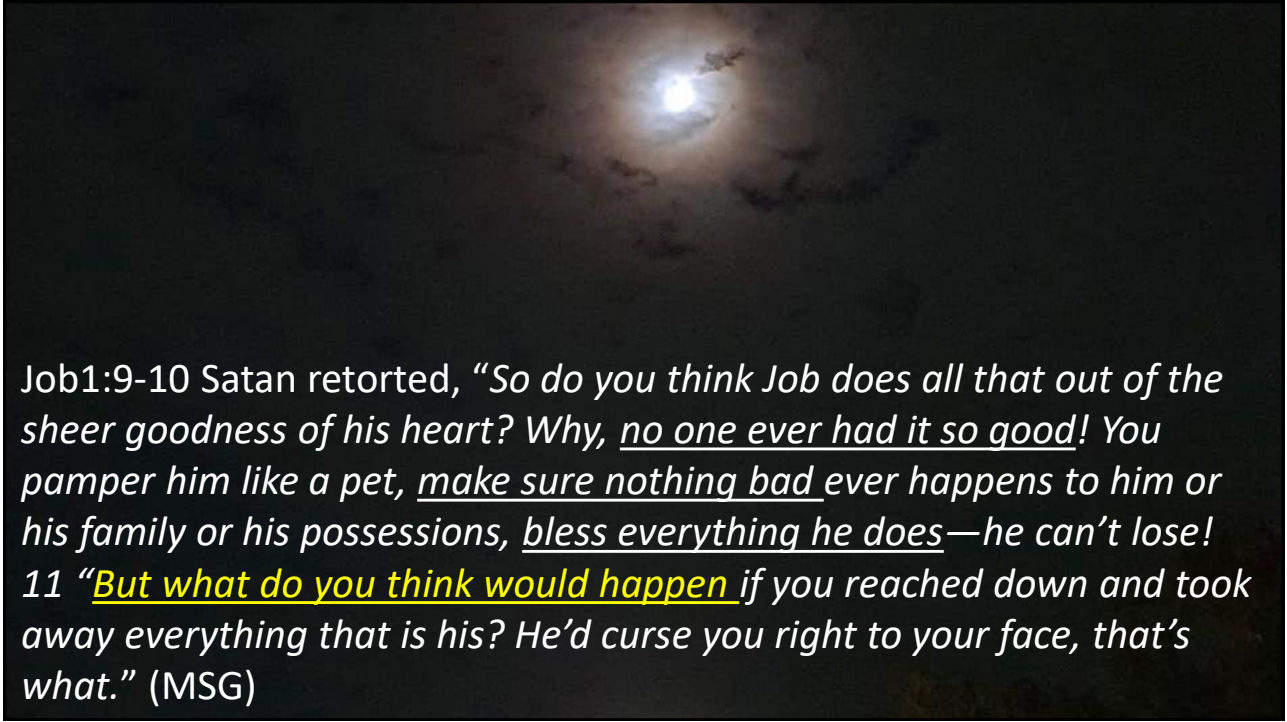
Derek Kidner, Old Testament scholar

= The very presence of these prayers in scripture is a witness to God's understanding. God knows how men speak when they are desperate.



Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
- 3. Right response matters.**
4. K.F.O.J



Job1:9-10 Satan retorted, “So do you think Job does all that out of the sheer goodness of his heart? Why, no one ever had it so good! You pamper him like a pet, make sure nothing bad ever happens to him or his family or his possessions, bless everything he does—he can’t lose!
11 “But what do you think would happen if you reached down and took away everything that is his? He’d curse you right to your face, that’s what.” (MSG)



Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
- 3. Right response matters.**
4. K.F.O.J

Job 42: 7 It came about after the Lord had spoken these words to Job, that the Lord said to Eliphaz the Temanite, "My wrath is kindled against you and against your two friends, because you **have not spoken of Me** what is right **as My servant Job has**....., because you **have not spoken of Me** what is right, **as My servant Job has.**" 9 ... **the Lord accepted Job.**

Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
- 3. Right response matters.**
4. K.F.O.J

V1ff I have cried out by day and in the night before You.
 V9ff I have called upon You every day, O Lord;
 V13ff And in the morning my prayer comes before You.

CHRISTIAN MENTAL HEALTH Conference
 BY PROMISES, ACCS & CMHA

Supported by: 新加坡圣经公会 THE BIBLE SOCIETY OF SINGAPORE

Christian Mental Health Conference 2022

Featuring

 Conference Speaker Dr Tan Siang Yang	 Dr Leslie Lim	 Dr Daniel Fung	 Rev Sam Kuan	 Dr Munkasa Winkawa	 Dr Joseph Leong
 Rev Dr Naomi Doolley	 Rev Chua Sang Lee	 Rev Dr David Wong	 Abigail Lee	 Pastor Valerie Chan	 Rev Dayhine June Lau
 Gasper Tan	 Jackie Tay	 Dr Yuen Ting	 Dr Lisa Thia	 Pastor Vernon Song	 Pastor Adrian Che
 James Goh	 Rev Daniel Khong				

7 & 8 July 2022 (Thurs & Fri)

Evening for Ministry Leaders &
 Mental Health Professionals

Venue: BBTC

Register @ cmhconference.org

15 I was afflicted and about to die from my youth on;

I suffer **Your terrors**; I am overcome.

16 **Your burning anger** has passed over me;

Your terrors have destroyed me.

17 They **have surrounded** me like water all day long;

They **have encompassed** me altogether.

18 **You have removed** lover and friend far from me;

My acquaintances are in darkness.

LORD FROM SORROWS DEEP I CALL

Lord, from sorrows deep I call
 When my hope is shaken
 Torn and ruined from the fall
 Hear my desperation
 For so long I've pled and prayed
 God, come to my rescue
 Even so the thorn remains
 Still my heart will praise You

Storms within my troubled soul
 Questions without answers
 On my faith these billows roll
 God, be now my shelter
 Why are you cast down my soul?
 Hope in Him who saves you
 When the fires have all grown cold
 Cause this heart to praise You



And, oh, my soul, put your hope in God
My help, my Rock, I will praise Him
Sing, oh, sing through the raging storm
You're still my God, my salvation


88 O Lord, the **God of my salvation**,
I have **cried out by day and in the
night before You.**



Heman in the OT:

- He was named among the wise (1 Kings 4:31).
- He was a Kohathite, son of Korah, with musical ability (1 Chron 6:33, 15:17-19).
- He was chosen to give thanks to the Lord (1 Chron 16:41-42).
- Had many and exceptional sons and daughters (1 Chron 25:5-6).

He was a wise, talented, accomplished, and blessed man.



Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
3. Right response matters.
4. K.F.O.J



Song for Dark Times:

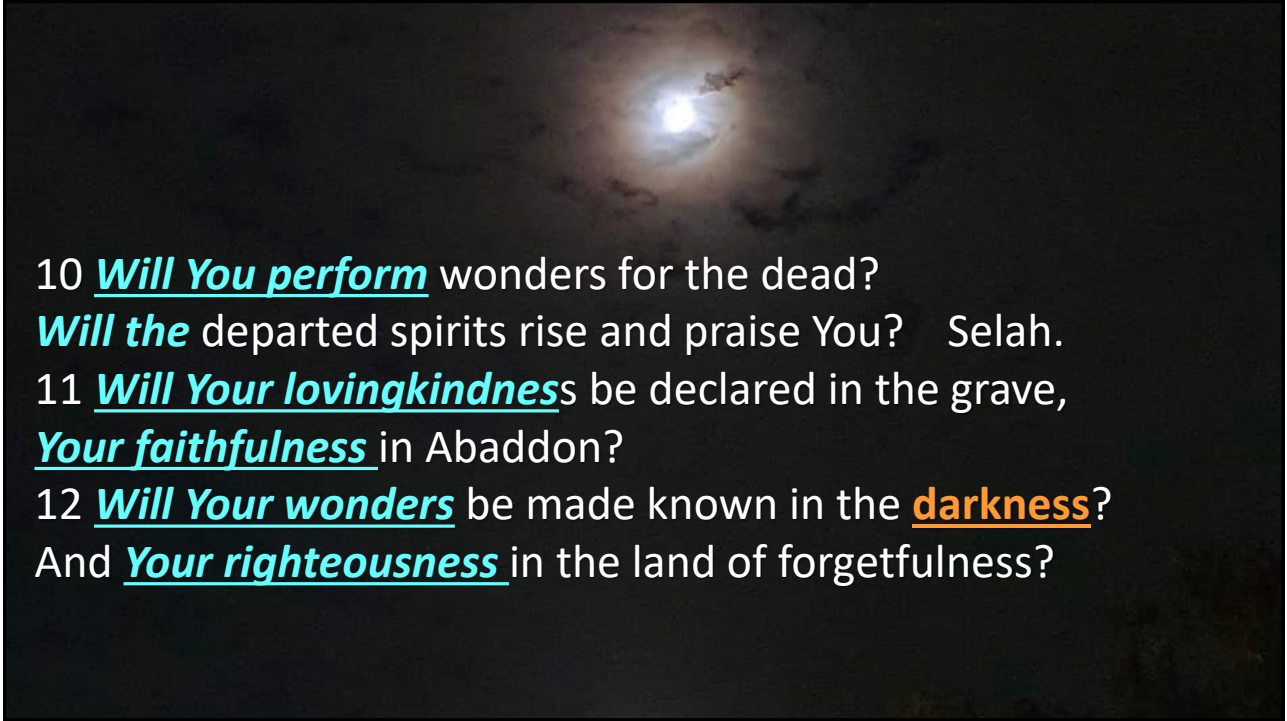
1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
3. Right response matters.
- 4. Keep focusing on Jesus**

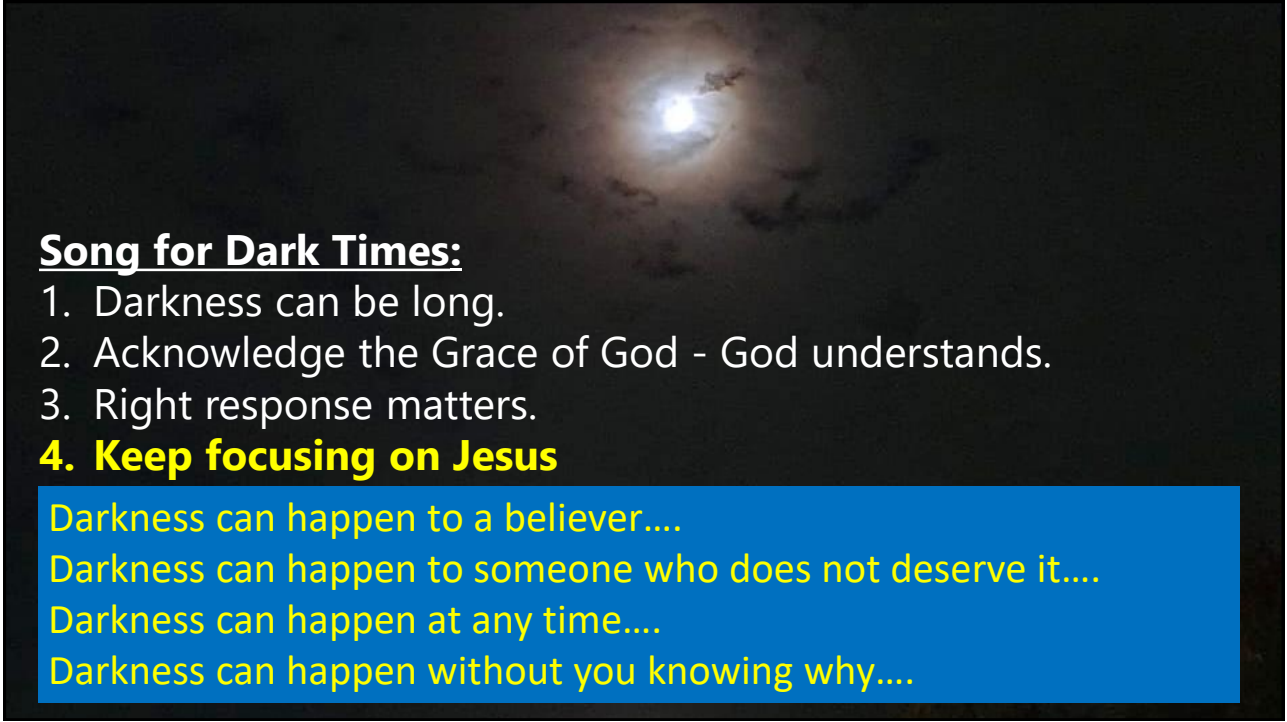


Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
3. Right response matters.
- 4. Keep focusing on Jesus**

Matt27: 45 Now from the sixth hour **darkness fell** upon all the land until the ninth hour. 46 About the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lama sabachthani?" that is, "My God, My God, **why have You forsaken Me?**"

- 
- 10 Will You perform wonders for the dead?
Will the departed spirits rise and praise You? Selah.
- 11 Will Your lovingkindness be declared in the grave,
Your faithfulness in Abaddon?
- 12 Will Your wonders be made known in the darkness?
 And Your righteousness in the land of forgetfulness?



Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
3. Right response matters.

4. Keep focusing on Jesus

Darkness can happen to a believer....

Darkness can happen to someone who does not deserve it....

Darkness can happen at any time....

Darkness can happen without you knowing why....

Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
3. Right response matters.
- 4. Keep focusing on Jesus**

Ps 34:18

The Lord is near to the brokenhearted
And saves those who are crushed in spirit.


[MAGAZINE](#)

[OPINION](#)

[STORIES](#)

[FEATURES](#)

[PODCASTS](#)


Rick Warren: My son's suicide and God's garden of grace

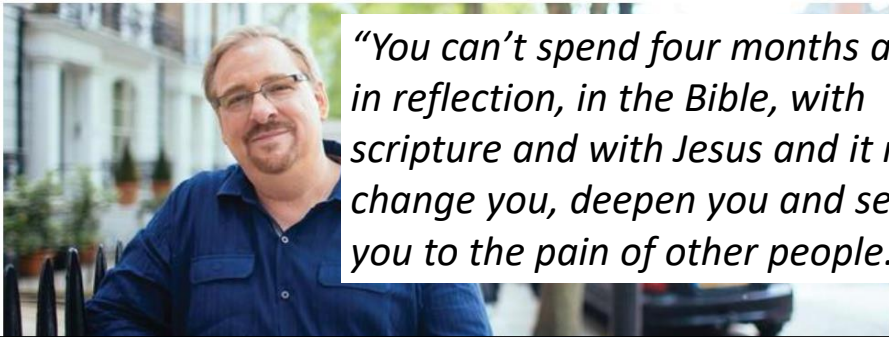
9 September 2016 |  4 min read



[MAGAZINE](#)
[OPINION](#)
[STORIES](#)
[FEATURES](#)
[PODCASTS](#)

Rick Warren: My son's suicide and God's garden of grace

9 September 2016 | 4 min read



"You can't spend four months alone in reflection, in the Bible, with scripture and with Jesus and it not change you, deepen you and sensitise you to the pain of other people."

[MAGAZINE](#)
[OPINION](#)
[STORIES](#)
[FEATURES](#)
[PODCASTS](#)

Rick Warren: My son's suicide and God's garden of grace

9 September 2016 | 4 min read

Stages of Grief:

1. Shock
2. Sorrow



"The gospel doesn't offer painless life on this earth, but it does offer us meaning, which makes pain bearable."



MAGAZINE ▾

OPINION ▾

STORIES ▾

FEATURES ▾

PODCASTS ▾

Rick Warren: My son's suicide and God's garden of grace

9 September 2016 | ⌚ 4 min read

Stages of Grief:

1. Shock
2. Sorrow
3. Struggle
4. Surrender




What you need in tragedy is not an explanation, you need the presence of God.

Song for Dark Times:

1. Darkness can be long.
2. Acknowledge the Grace of God - God understands.
3. Right response matters.
- 4. Keep focusing on Jesus**

Jn8:12 Then Jesus again spoke to them, saying, "**I am the Light of the world; he who follows Me will not walk in the darkness, but will have the Light of life.**"

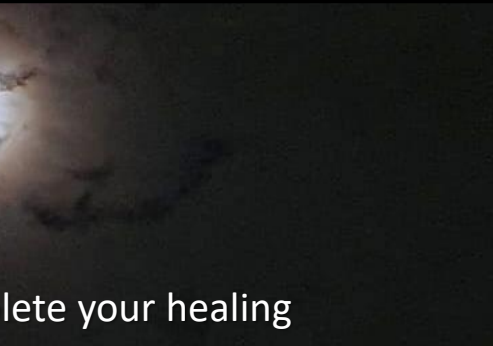


Waymaker:

Way maker, miracle worker, promise keeper
Light in the darkness

Bridge

Even when I don't see it, You're working
Even when I don't feel it, You're working
You never stop, You never stop working
You never stop, You never stop working



Benediction:

Dear Jesus, come and complete your healing
among us.

Meet us in our darkness.

Assure us of our deliverance.

Show us that you are here.

Lift us out of our darkness.

Magnify Yourself in our lives. In Jesus name

