



What is life?

- "The capacity for growth, reproduction, functional activity, and continual change preceding death"
- Once, the Earth was not just dead, it was hellish
- Two kinds of life: bios and zoe

bios	zoe
In all plants, pets & people	Only in Jesus' disciples
Primarily physical	Primarily spiritual
Temporal happiness	Eternal joy
Finite	Endless



Luke 8:14 – bios life

The seeds that fell among the thorns represent those who hear the message, but all too quickly the message is crowded out by the cares and riches and pleasures of this life (bios)



John 6:51 – *zoe* life

I am the <u>living (zoe)</u> bread which came down from heaven.

If any man eat of this bread, he shall live (zoe) for ever.

And the bread that I will give is my flesh, which I will give for the life (zoe) of the world.

Life

Getting it

Growing it

Guarding it

 Getting it Growing it Life Guarding it

Getting it

- God created man with both bios and zoe life
- Man lost his innate zoe life through sin, as evidenced by:
 - Deceit
 - Shame
 - Murder
 - Enmity
 - Death
- Man's bios life has flourished (8b) but is still finite (83y)
- To recover one's zoe, one must be born again



John 3:6-7

Flesh gives birth to flesh, but the Spirit gives birth to spirit.

You should not be surprised at my saying, 'You must be born again.'



John 3:14-15

The Son of Man must be lifted up, that everyone who believes may have eternal life (zoe) in him.



John 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life (zoe)

Getting it

- How to be born again?
- A) Admit to God that you're a sinner and repent
- B) Believe that Jesus is the Son of God and then
- C) Confess your faith in Jesus as Saviour and Lord

 Getting it Growing it Life Guarding it

 Getting it Growing it Life Guarding it

- Both the bios and zoe life must be sustained
- All living things require:
 - Air
 - Water
 - Food
 - Shelter
 - Sunlight



Genesis 2:7 – air

Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life (zoe), and the man became a living (zoe) being.



John 4:14 – water

But whoever drinks the water I give him will never thirst.

Indeed, the water I give him will become in him a fount of water springing up to eternal life (zoe).



John 6:51 – food

I am the <u>living (zoe)</u> bread which came down from heaven.

If any man eat of this bread, he shall live (zoe) for ever.

And the bread that I will give is my flesh, which I will give for the life (zoe) of the world.



Psalm 91:1 – shelter

He who dwells in the shelter of the Most High will abide in the shadow of the Almighty.



John 8:12 – sunlight

Jesus spoke to the people once more and said, "I am the light of the world. If you follow me, you won't have to walk in darkness, because you will have the light that leads to life (zoe)."

- Both the bios and zoe life must be sustained
- All living things require:
 - Air the breath of life
 - Water the living water
 - Food the living bread
 - Shelter the shelter of the Most High
 - Sunlight the light of the world

- What did Jesus mean by "I am the living bread"?
- How on earth do we "eat" Jesus?



John 6:51

I am the <u>living (zoe)</u> bread which came down from heaven.

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John 6 (71 verses!)

- 5,000 fed with 5 loaves & 2 fish
- 12 baskets of leftovers
- Crowds wanted to make Him king
- Crowds wanted free-flow food
- Crowds cite manna at Jesus
- Christ says <u>He</u> is the Bread of Life



Manna

- First provided in Exodus 16 after the Israelites complained
- God commanded a daily portion but the Israelites hoarded
- The Israelites complained about the manna in Numbers 11
- Manna ceased in Joshua 5

- What did Jesus mean by "I am the living bread"?
 - Manna became a symbol of God's faithful provision and of Israel's ungratefulness and disobedience
 - Manna symbolised Israel's supernatural sustenance
 - Jesus would meet Israel's physical and spiritual hunger sufficiently
- How on earth do we "eat" Jesus?



John 6:53

Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life (zoe) in you."



John 6:55-56

For my flesh is real food and my blood is real drink.

Whoever eats my flesh and drinks my blood remains in me, and I in them.



John 6:57-58

The one who feeds on me will live (zoe) because of me.

This is the bread that came down from heaven.

Your ancestors ate manna and died, but whoever feeds on this bread will live (zoe) forever.

- What did Jesus mean by "I am the living bread"?
 - Manna became a symbol of God's faithful provision and of Israel's ungratefulness and disobedience
 - Manna symbolised Israel's supernatural sustenance
 - Jesus would meet Israel's physical and spiritual hunger sufficiently
- How on earth do we "eat" Jesus?
 - Communion (1 Corinthians 11:24) remembering the Lord
 - Scripture (Ezekiel 3:1, Jeremiah 15:16) reading the Word



1 Corinthians 11:23-24

The Lord Jesus, on the night He was betrayed, took bread, and when He had given thanks, He broke it and said,

"This is My body, which is for you; do this in remembrance of Me."



Ezekiel 3:1

And [God] said to [Ezekiel], "Son of man, eat what is before you, eat this scroll; then go and speak to the people of Israel."



Jeremiah 15:16

Your words were found, and I ate them.

Your words became my joy and my heart's delight.

For I bear Your name, O LORD God of Hosts.



Blue Letter Bible Daily Bible Reading Program

Chronological Plan

1-Year Plan. These readings are compiled according to recent historical research, taking into account the order in which the recorded events actually occurred. This is a fantastic plan to follow if you wish to add historical context to your reading of the Bible. If the schedule provided is followed, the entire Bible will be read in one calendar

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- Some tips:
 - Start small (1 Corinthians 3:2) milk, then bread, then meat
 - Better to snack than to starve, but best to eat daily
 - Not just reading some text, but living out truths
 - Pray for God's help to do God's will

- How to grow your zoe life?
- A) Read your Bible
- B) Pray every day
- C) You will grow, grow, grow

 Getting it Growing it Life Guarding it Life

Getting it

Growing it



John 6:37

Everyone the Father gives Me will come to Me, and the one who comes to Me I will never drive away.



John 6:39

And this is the will of Him who sent Me, that I shall lose none of those He has given Me, but raise them up at the last day.



John 10:28

I give them eternal life, and they will never perish.

No one can snatch them away from me.

Our salvation is sure, but our lives will still be evaluated



2 Corinthians 5:10

For we must all appear before the judgment seat of Christ, so that each of us may receive what is due us for the things done while in the body, whether good or bad.



1 Corinthians 3:13

Their work will be shown for what it is, because the Day will bring it to light.

It will be revealed with fire, and the fire will test the quality of each person's work.



1 Corinthians 3:14-15

If what has been built survives, the builder will receive a reward.

If it is burned up, the builder will suffer loss but yet will be saved—even though only as one escaping through the flames.



Works Works Works

- Do good deeds (1 Timothy 6:17)
- Do what is good (Titus 3:8)
- Prove faith by deeds (James 2:14)
- Created for works (Ephesians 2:10)
- Done for the least (Matthew 25:40)

- So, what is the good life?
- The good bios life is what the advertisers promise you: surplus health, wealth, happiness, and meaning
- The good zoe life promises eternal forgiveness, safety, comfort, meaning, holiness and joy, but not without temporal trial

- What does Jesus the Life of the World look like in practice?
 - The Church Invisible grows, and its influence is felt
 - On a personal level, we are kinder, more patient, more generous
 - Families will be reunited, feuds resolved, friendships revived
 - As a community, the poor will not just be looked after but loved
 - Nations will uphold laws honestly and peace will begin to be built
 - We will take better care of our physical environment

- How to guard your Zoe life?
- A) Be careful little eyes what you see
- B) Be careful little ears what you hear
- C) Be careful little feet where you go

Life

Getting it

Growing it

Life

- If you don't yet have the zoe life, get it
- If you have it, live it



Psalm 90:10

The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away.