



## CELL GUIDE

TOPIC	Experiencing Jehovah Shalom	SPEAKER	Pastor Daniel Foo
THEME	Experiencing God	DATE	29 & 30 March 2025

# MESSAGE SUMMARY

## INTRODUCTION

Ps. Dan Foo emphasized that to truly experience **Jehovah Shalom**, we must first understand the meaning of peace. In Hebrew, *Shalom*, and in Greek, *Eirene*, peace means soundness, completeness, harmony, and wholeness of being. When we receive God's *Shalom/Eirene*, it flows from our spirit to our soul and body, affecting every aspect of life. True peace is also a state of wellness, fullness and absence of strife. Though we may face bad news or challenges, we can recover quickly when we are anchored in God's Word and prayer. In doing so, God holds, embraces, and fills us with His peace, strengthening us to walk through the valleys of our lives. God's desire is for us to experience Him and His peace continually, no matter what our circumstances are.

## JEHOVAH SHALOM – THE LORD OF PEACE

### 1. Peace comes only from God

Numbers 6:24-26 reminds us that peace is a blessing. We are meant to be channels of the Lord, to bless those around us. We are encouraged to do this regularly just like in the epistles which often opened with greetings of life and peace (Phm 1:3, Tit 1:4) and blessing to others.

As we desire and seek God's blessings, Ps Dan Foo encouraged us to build personal altars for key areas of our lives – our families, marriages, work and ministry etc. By doing so, we can then be a source of blessing to others.

Jesus made a clear distinction between the Peace of God and the peace of this World (Jhn 14:27) - the peace from God removes fear and worry for His perfect love casts out fear.

### 2. There is no peace for the Wicked

The wicked are those who reject God, His Word and His ways. They are unloving, unjust, unrighteous and do evil. We live in a fallen world in which sin always has consequences (Jhn 16:33). It is crucial that we do not open doors to the evil one to steal, kill and destroy.

Broadly, God holds (i) governments, rulers and the churches responsible for the nations; (ii) husbands and fathers for the state of the family and (iii) each of us responsible for our state of affairs and personal lives.

### **3. Peace comes only to those who connect with God**

Psalm 119:1 promises us peace when we walk in the law of the Lord. We are reminded to walk by the Spirit (Rom 8:5-6) i.e. to be spiritually minded which is to pray, partake in the Word, worship God and encourage one another in the community. Being connected with God can only come from a relationship with God; without which, there can be no peace (Rom 5:1).

Three areas that cause us to lose peace and how to overcome them:

- A.** Guilt and condemnation – a strained relationship with God robs us of peace. We must know our position in Christ. We are cleansed and forgiven by His blood (1 Jhn 1:9). If we do not understand this, the evil one will continue to cast doubts in our minds.
- B.** Relational conflicts – tension and discord with others are inevitable. Colossians 3:15 reminds us to let the peace of Christ rule in our hearts. Let the Holy Spirit direct our lives when it comes to relationships. Putting on the armour of God can help us guard our hearts and minds so that we will not allow such tensions to affect us anymore. Acts 24:16 reminds us to maintain a clear conscience before God and man because it is impossible to please everybody. We are also reminded that good relationships promote peace and harmony and where possible, we should live peaceably with everyone (Rom 12:18).
- C.** Emotional burdens – when we struggle to cope with stress, anxieties and fears. Deal with sources that rob you of your peace. If there are things (idols, past offences, unresolved issues etc) in our lives that have been revealed to us by God, we should go before the Lord for forgiveness, cleansing and covering to not lose God's peace.

#### **HOW TO RECEIVE THE PEACE OF GOD**

We must recognize that the battle belongs to the Lord (2 Ch 2:15) because He is our Lord of Hosts (1 Sam 17:45), the Commander of the Lord's Army (Jos 5:14) and the God of Peace (Rom 16:20).

We receive God's peace by standing on His promises – believing, trusting and taking Him at His Word. When we do this, we abound in hope through the power of the Holy Spirit (Rom 15:13). This allows us to not only experience peace ourselves but also become a blessing to those around us.

#### **CONCLUSION**

Experiencing the Shalom/Eirene of God begins with a relationship with Him – one that is spiritually minded. This means building personal altars of His Word, prayer and worship, while also encouraging and blessing one another. God desires us to experience his Shalom continuously and continually. Hence, no God, no peace; Know God, know peace.

# QUESTIONS

1. Share about a time whereby you experienced the Peace of God when you went through a challenging situation. How did God speak to you and what did you learn from the experience?

2. We were reminded that there are three areas which can cause us to lose God's peace. Which of these areas apply to you? What are you doing to overcome them?

3. We should stand on the promises of God and take Him at His Word. However, these promises may not seem real to us when we face insurmountable difficulties.
  - A. How did you overcome these doubts in your times of trial?
  - B. How can you help others in their journey of finding peace in God?