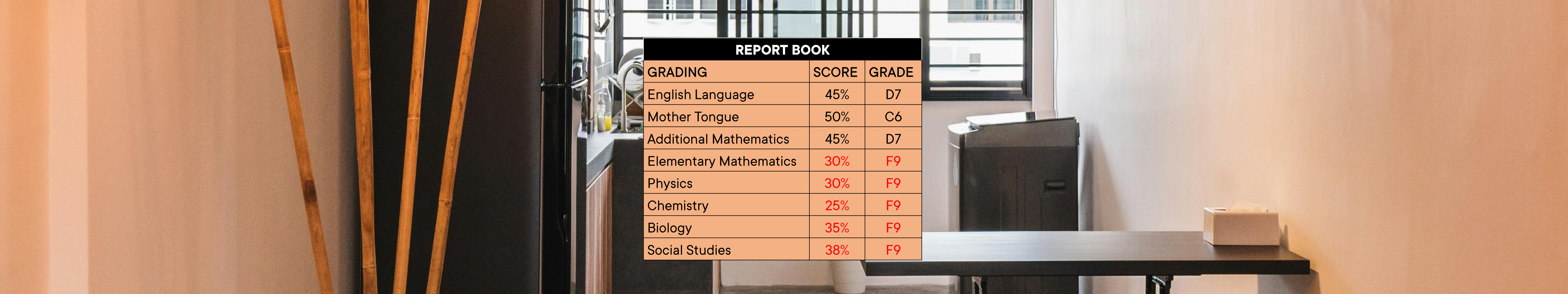


Developing Healthy
Relationships





REPORT BOOK		
GRADING	SCORE	GRADE
English Language	45%	D7
Mother Tongue	50%	C6
Additional Mathematics	45%	D7
Elementary Mathematics	30%	F9
Physics	30%	F9
Chemistry	25%	F9
Biology	35%	F9
Social Studies	38%	F9

Romans 12:9-13

⁹ Let love be without hypocrisy. Abhor what is evil; cling to what is good. ¹⁰ Be devoted to one another in brotherly love; give preference to one another in honour; ¹¹ not lagging behind in diligence, fervent in spirit, serving the Lord; ¹² rejoicing in hope, persevering in tribulation, devoted to prayer, ¹³ contributing to the needs of the saints, practising hospitality.

1 Thessalonians 5:23

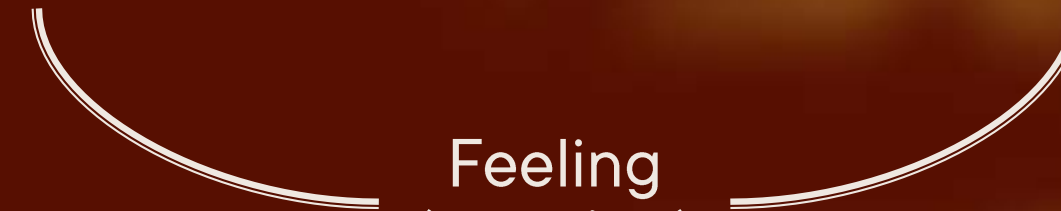
Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be kept complete, without blame at the coming of our Lord Jesus Christ.

Soul

Mind
(cognition)

Will
(volition)

Feeling
(emotion)



The Book of Romans

Chapter 1-11: Theology (Justification, Righteousness, etc.)

Chapter 12-16: Practical applications for Christian Living

Chapter 12

- v1-2 Foundation for Christian living v1-2
- v3-8 Understanding our place in the Body
 - v3-5 Unity and Diversity
 - v6-8 Usage of Gifts
- v9-21 Practical instructions for Christian living
 - v9-13 How to relate to believers
 - v14 How to relate to non-believers
 - v15-21 How to relate to all

How can we build healthy relationships with God & men?

Romans 12

Remember we are one body *v3-5*

Exercise our gifts *v6-8*

Love one another sincerely *v9-10*

Anchor ourselves in the Lord *v11-12*

Think rightly of ourselves *v3, 16*

Empathise with others *v14-15*

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Romans 12

³ For through the grace given to me

I say to everyone among you

not to think more highly of himself than he ought to think;

but to think so as to have sound judgment,

as God has allotted to each a measure of faith.

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not to think more highly of himself than he ought to think;

but to think so as to have sound judgment,

as God has allotted to each a measure of faith.

⁴ For just as we have many members in one body

and all the members do not have the same function,

⁵ so we, who are many, are one body in Christ,

and individually members one of another.

R emember we are one body *v3-5*

E xercise our gifts *v6-8*

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Romans 12

⁶ Since we have gifts

that differ according to the grace given to us,

each of us is to exercise them accordingly:

if prophecy, according to the proportion of his faith;

⁷ if service, in his serving; or he who teaches, in his teaching;

⁸ or he who exhorts, in his exhortation;

he who gives, with liberality; he who leads, with diligence;

he who shows mercy, with cheerfulness

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Mother Tongue	B3
Additional Mathematics	A2
Elementary Mathematics	A1
Physics	B3
Chemistry	B3
Design & Technology	B3
Literature	C5



Program Director, JC EDU-Park
Chairman, Character Leadership Academy
Graduated with M.Ed (Australia)
Certified in DISC, TICS & WAIT
Certified Adventure Therapist
Certified Trainer for Service-Learning
Certified Gallup Strengths Coach



Romans 12:9-10

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⁹ **Let love be without hypocrisy.**

Abhor what is evil; cling to what is good.
¹⁰ Be devoted to one another in brotherly love;
give preference to one another in honour.

Sincerity makes the least man to be of more
value than the most talented hypocrite

- Charles Spurgeon



Romans 12:9-10

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The only thing necessary for the triumph of evil
is for good men to do nothing.

– Unknown

Romans 12:9-10

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Abhor what is evil; cling to what is good.
¹⁰ **Be devoted to one another in brotherly love;**
give preference to one another in honour.

By this all people will know that you are My
disciples: if you have love for one another.”

John 13:35

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L ove each other sincerely *v9-10*

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Romans 12:13

...contributing to the needs of the saints,
practising hospitality.

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¹¹not lagging behind in diligence, fervent in spirit, serving the Lord; ¹²rejoicing in hope, persevering in tribulation, devoted to prayer,

Romans 12:11-12

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Not lagging behind in diligence	Give your best in all you do.
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Not lagging behind in diligence	Give your best in all you do.
Fervent in spirit	Let the Holy Spirit lead & empower.

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Rejoicing in hope	Trust in the Lord, not just the outcome.

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Fervent in spirit	Let the Holy Spirit lead & empower.
Rejoicing in hope	Trust in the Lord, not just the outcome.
Persevering in tribulation	Expect challenges, but press on.
Devoted to prayer	Rely on God as your strength

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Romans 12:3

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not to think more highly of himself than he ought to think;
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Romans 12:16

Be of the same mind toward one another;
do not be haughty in mind, but associate with the lowly.
Do not be wise in your own estimation.

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L ove one another sincerely v9-10

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E mpathise with others v14-15



The dying, the unwanted, the unloved
- they are Jesus in disguise.

Mother Teresa

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Romans 12:14-15

¹⁴ Bless those who persecute you; bless and do not curse.

¹⁵ Rejoice with those who rejoice, and weep with those who weep.

Listen Well

Ear — 耳 — Ten = Full
King — 王 — Eyes
Respect given — 到 — One heart
心

To hear the person and have the person know he/she is heard

Listen Well

Mouth 听 Scale for weighing

Listening to weigh what comes from the mouth

Don't invalidate their feelings

The act of weeping & rejoicing with others

Prompt	Invalidation	Validation
I feel like dying inside.	Oh, you don't really feel that way.	I can see that you feel awful about this.

How can we build healthy relationships with God & men?

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破碎的你 也能重新開始

康希牧師與萬力豪牧師深度對談

2025
THE HOPE 特會
START
Anew



他說「孤獨是靈性塑造的熔爐」
He says "Solitude is the furnace of spiritual formation"

2025, The Hope Taiwan

Is Jesus enough of a destiny for *you*?