



CELL GUIDE

TOPIC	Healing	SPEAKER	Ps William Wood
THEME	Developing the Inner Life	DATE	12 July 2025

MESSAGE SUMMARY

INTRODUCTION

In line with the scripture mediation of this week - 3 John 1:2, the speaker starts his sermon by drawing attention to the most relevant thing in our lives – Health, and the concept of **Healing**. He suggests that in every person, God has already designed the belief for healing. He calls for us to direct this belief of healing towards God instead of just relying on man. Unlike man, God—who created us and knows every detail of how our bodies function—never misdiagnoses and is always ready to offer us the gift of healing.. However, the only way to receive this gift of healing is through Faith.

Faith, in accordance with Hebrews 11:1, is defined as **Substance** – tangible confidence in God’s promises, and as **Evidence** – God’s promises is real, to **Hope** – the confident expectation of the promises of God being fulfilled in your heart. By having Hope and therefore Faith, it allows the physical manifestation of healing from God.

5 BIBLICAL REASONS WHY WE RESIST HEALING

God’s desire is for us to walk in healing, and the absence of healing is not due to any unwillingness on God’s part. However, there are occasions we may resist healing.

Five biblical reasons why we resist healing:

1. Unbelief

Unbelief is when we do not trust in God’s promises as truths.

2. Offence in the Heart

Mark 6:1-6 illustrates an example of how bitterness in the heart can lead to unbelief which stops healing from being received. Instead, it can lead to the manifestation of physical forms of sickness.

3. Fear

Fear resists healing when we place our trust in a predetermined outcome (e.g. death). Having fear paralyses us from receiving God’s healing.

4. Unrepentant Willful Sin

By choosing to live in sin, we are giving Satan a foothold to wreak havoc into our lives. John 5:1–15 emphasizes that healing often begins with the removal of the hands of Satan—whose grip we may have unknowingly allowed into our hearts.

5. Ignorance

John 8:32 mentions that knowing God's word keeps us from being bound from false beliefs or lies. Holiness is spiritual protection, which denies the devil's access to our lives.

HOW DO WE REMAIN IN FAITH

By looking unto Jesus, we can remain in faith to receive the gift of healing (Hebrews 12:2). By putting Jesus as the object of our faith, our faith will be strengthened in our hearts. This faith will thereby bring people to Jesus, which is illustrated through these biblical stories:

1. The Woman with the Issue of Blood (Mark 5:25-34)

This story illustrates how one person among the multitude receives the grace of healing through their confession of faith. In the story, the woman's faith freed her from her disease.

2. The Paralysed Man Let Down Through the Roof (Mark 2:1-12)

This story illustrates how one person receives the grace of healing through works, which is the fruit of faith. In the story, it was the friends' faith that brought the man to Jesus to be healed.

CONCLUSION

Faith does not move God to a place of giving. Instead, it moves you to a place of receiving. God has already designed the belief for healing in every person. By remaining in faith, we allow ourselves to receive grace from God through the gift of healing.

Healing is a manifestation of God's grace, it is not something to be earned. Faith simply appropriates what God has already provided by grace. The cross of Jesus Christ is the greatest example of the grace of God being bestowed upon us; in that while we were still enemies, Christ came to reconcile us back to the Father. Part of the atonement involves both spiritual and physical healing, as demonstrated by Christ in the gospels. No matter where we are in our faith and belief systems, God can still touch us by His mercy and goodness so keep coming back to Him.

QUESTIONS

1. What does divine healing mean to you personally? In times when you've needed healing—whether in your body, mind, or spirit—did you find yourself seeking God first, or turning to others for help?

2. We were told of the five key reasons that can stand in the way of receiving God's gift of healing. Which of these might you be most prone to and how can you bring that to Jesus?

3. We've explored how important faith is in the healing process. What deliberate steps have you taken—or plan to take—to grow your faith and look to God for His gift of healing? Pray for each other.