



CELL GUIDE

TOPIC All In For Prayer

SPEAKER

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THEME Developing The Inner Life

DATE

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MESSAGE SUMMARY

INTRODUCTION

From the focal scripture of this sermon in 1 Chronicles 29:10-20, we learn from David's earnest prayer to the Lord the three things that happen in prayer - we Adore; Align; and Ask.

ADORE, ALIGN, AND ASK

1. In prayer, we pause to adore God.

Adoration of God can simply be broken into two parts – The *Attributes* and *Deeds* of God. In our praise and thanksgiving to God through prayer, we declare the attributes and deeds of God and give Him glory for these.

The attributes of God describe His character and the various Names of God that remind us of Who He is. **He is :**

1. **Jehovah Rohi** – The Lord our **Shepherd** (Psalms 23:1)
2. **Jehovah Jireh** – The Lord our **Provider** (Genesis 22:14)
3. **Jehovah Rapha** – The Lord our **Healer** (Exodus 15:26)
4. **Jehovah Tsidkenu** – The Lord our **Righteousness** (Jeremiah 23:5-6)
5. **Jehovah Shalom** – The Lord our **Peace** (Judges 6:24)
6. **Jehovah Nissi** – The Lord our **Banner** (Exodus 17:15)
7. **Jehovah Sabaoth** – The Lord of **Hosts/** Heaven's Armies (1 Sam 17:45)

The deeds of God are described as what God has done for us (i.e. our personal victories, testimonies, experiences), and what God has done for everyone (i.e. given us the blessing of life and giving Jesus as a sacrifice to save us).

2. In prayer, we come to a place of alignment with God.

Our lives are meant to be in alignment with God's will for us. Alignment occurs when we live for the purpose which God has for us, and not our own. Our wills overlap with our Heavenly Father's and we allow Him to direct what we should do with the various resources we have like wealth, time, effort, health etc.

Alignment requires us to surrender our hearts, souls, strength, mind, sinful desires, life choices, and selfish ambitions over to God and allow His will for us here on earth to reign supreme for ourselves.

3. In prayer, we ask according to the will of God.

Sometimes we can feel shy or unwilling to ask from God. We do not want to bother Him with our small and petty requests. On the flip side, sometimes we take prayer as a time to only request things from God. There needs to be a balance towards this, and there exists three key things that we can follow when asking from God: 1) Ask God according to His will, not our own; 2) Know that our Father God delights in giving to His children; and 3) Ask for others, not just for ourselves.

CONCLUSION

Our prayer lives should reflect a combination of the three principles – Adoration, Alignment, and Asking. If any of these three components are missing, one will realise that their spiritual life will have noticeable issues. Adoration and alignment without asking lead to incomplete faith. Adoration and asking without alignment lead to self-serving faith. Alignment and asking without adoration lead to bitter faith. All these three principles must come together for a holistic and enriched prayer life. In His model prayer to us in the Lord's Prayer in Matthew 6, Jesus demonstrates all these three principles in His prayer. It is not enough to simply talk and discuss about prayer. With the knowledge we have gained, it is our duty to obey and apply the three principles - Adore, Align, and Ask - in prayer.

QUESTIONS

1. Reflect on the events that have occurred in this past week. Is there something God has done, or demonstrated regarding His character that we can adore Him for?

2. Do you feel that your life is in alignment with God's will for you? If so / If not, could you share with the group on why you feel that way?

3. We are to ask not just for ourselves, but for others in prayer as well. Share a prayer request in your group and take turns to pray aloud for one another.