

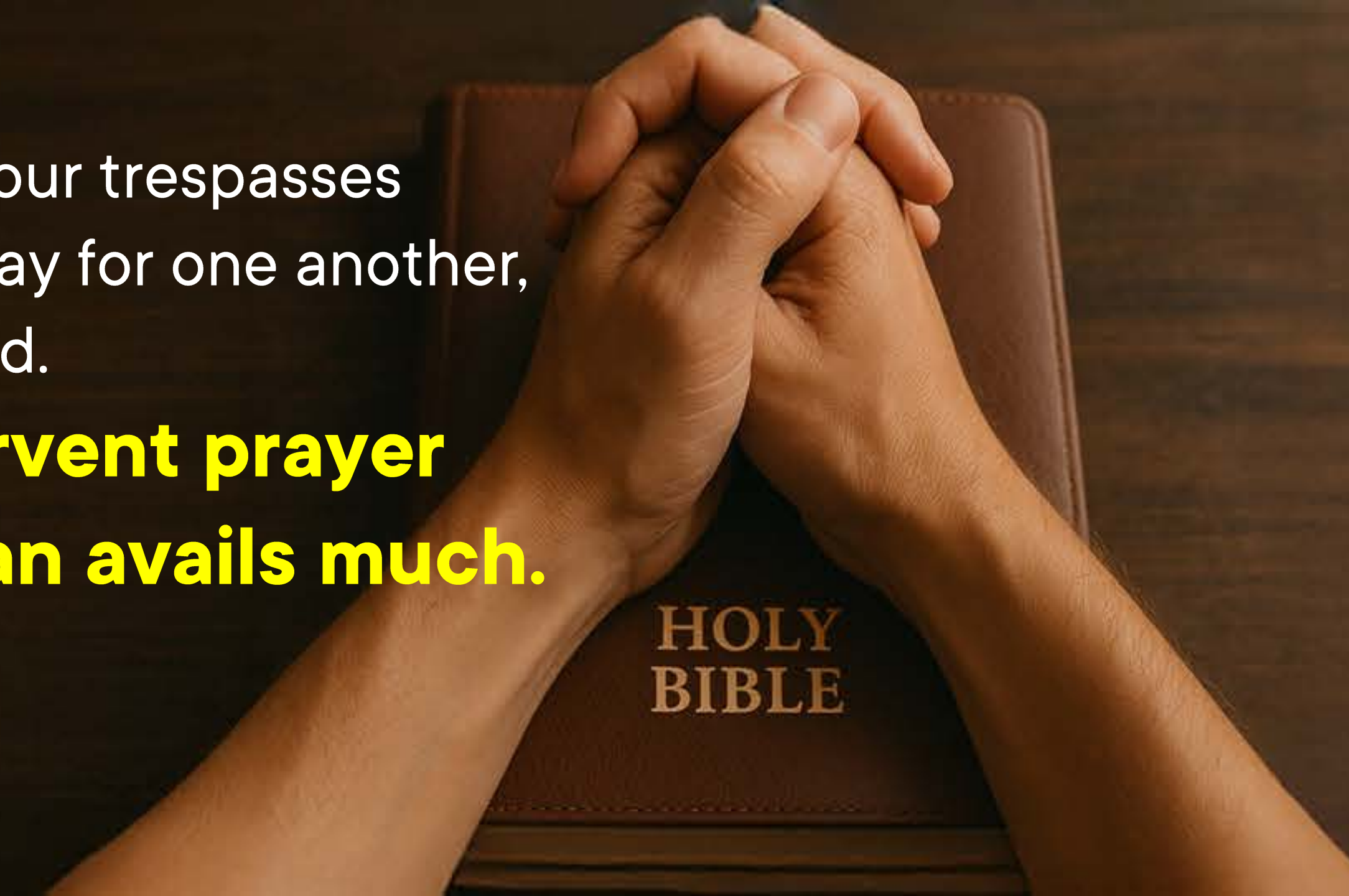
# Effective Prayer

HOLY  
BIBLE

A pair of hands is clasped in a prayer position, resting on a brown leather-bound Bible. The Bible is placed on a dark, textured wooden surface. The words "HOLY BIBLE" are embossed in gold on the front cover of the Bible. The lighting is soft, highlighting the texture of the wood and the leather of the Bible.

**James 5:16** Confess your trespasses  
to one another, and pray for one another,  
that you may be healed.

**The effective, fervent prayer  
of a righteous man avails much.**





## **EFFECTIVE PRAYER**

- I.** Pray always
- II.** Know God
- III.** Overcome the evil one
- IV.** Live righteously



# EFFECTIVE PRAYER

I. **Pray always**

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1 Thessalonians 5:17 **pray without ceasing (How?)**

Ephesians 1:16 **do not cease to give thanks for you, (How?)**  
**making mention** of you in my prayers.

**Romans 1:9** For God is my witness, whom I serve with my spirit  
in the gospel of His Son, that without ceasing I **make mention**  
of you **always** in my prayers.



# EFFECTIVE PRAYER

- I. **Pray always**
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**Colossians 1:3** We give thanks to the God and Father of our Lord Jesus Christ, **praying always for you.**

**1 Thessalonians 1:2** We give thanks to God **always** for you all, **making mention** of you in our prayers.





# EFFECTIVE PRAYER

## I. **Pray always**

II. Know God

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IV. Live righteously

**2 Thessalonians 1:3** We are bound to thank God **always** for you, brethren, as it is fitting, because your faith grows exceedingly, and the love of every one of you all abounds toward each other.

**Philemon 1:4** I thank my God, **making mention of you always in my prayers.**



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# EFFECTIVE PRAYER

I. Pray always

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IV. Live righteously

- He is always **loving, just** and **righteous**  
(Psalm 97:2)

**Jeremiah 9:24** but let him who glories glory in this, that he understands and knows Me, that I am the Lord, exercising **lovingkindness, judgment**, and **righteousness** in the earth. For in these I delight,” says the Lord.

God **cannot** do anything that violates His Character



# EFFECTIVE PRAYER

I. Pray always

II. **Know God**

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IV. Live righteously

- **Righteousness** and **Justice** are the foundation of His throne

Psalm 84:14 **Righteousness and justice are the foundation of Your throne**; mercy and truth go before Your face.

Psalm 97:2





# EFFECTIVE PRAYER

I. Pray always

II. **Know God**

III. Overcome the evil one

IV. Live righteously

- God's desire is for us to always **pray His will (align)**

**1 John 5:14-15**

**14** Now this is the **confidence** that we have in Him, **that if we ask anything according to His will, He hears us.**

**15** And if we know that He hears us, whatever we ask, we **know that we have the petitions that we have asked of Him.**

1 Thess 4:3 - a life of holiness

1 Thess 5:18 - a heart of gratitude

1 Peter 2:15 - commit to do good

1 Timothy 2:4 - salvation for all people

Romans 8:29 - growth in Christlikeness

Romans 12:2 - guard from worldly values

Micah 6:8 - justice, kindness, humility

John 15:8 - a life that bears fruit



# EFFECTIVE PRAYER

I. Pray always

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IV. Live righteously

- God's desire is for us to always **pray His will (align)**

- The Will of the Father is **in the Word**

**John 15:7** If you abide in Me, and **My words abide in you**,  
you will ask what you desire, and it shall be **done** for you.

Psalm 138:2; Isaiah 55:11

**Pray the Word - Promises and Covenant of God**





### **Believe the Word and speak it:**

- I am deeply loved by God
- I have been completely forgiven in Christ
- I am a child of God
- I am the righteousness of God in Christ
- I can come to God 24/7/365
- The devil has no ground in me
- God's love in my life casts out every fear in me
- I have divine wisdom
- I walk in God's favour
- I am always protected in Christ

John 3:16

1 John 1:9

John 1:12

2 Corinthians 5:21

Hebrews 4:16

John 14:30

1 John 4:18

1 Corinthians 1:30

Psalms 5:12

Psalms 91



## Parables on Prayer: **Luke 11, 18**

- Prayer is to line up our will with **God's Will**
- God is not like the **unkind friend** Luke 11:5-8
- God is not like the **unnatural father** Luke 11:11-12
- God is not like the **unjust judge** Luke 18:1-8
- Prayer is not about **right formulas and performance**
- Prayer is **believing** in God Who **hears** us and **delights** to answer and exceed our prayers  
(Hebrews 11:6; Romans 8:28; Proverbs 3:5-6; Ephesians 3:20)





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- Know the evil one **cannot harm** us or **touch** us

**1 John 5:18** We know that whoever is born of God does not sin; but he who has been born of God keeps himself, and the **wicked one does not touch-harm him.**

**Luke 10:19** Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and **nothing shall by any means hurt you.**





# EFFECTIVE PRAYER

I. Pray always

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- Do not give the evil one any **inroads** into our lives

**Ephesians 4:27** Nor give **place (ground-foothold-open doors)** to the devil.

**Ephesians 4:30** And **do not grieve the Holy Spirit of God**, by whom you were sealed for the day of redemption.





Things we do that **grieve** the Holy Spirit. These **hinder** our prayers because the evil one now has **legal grounds** against us

Stealing	Idolatry	Laziness	Constant anger	Clamour	Wrath
Corrupt speech	Impurity	Unkindness	Selfishness	Bitterness	
Unforgiveness	Coveting	Malice	Yielding to evil	Stinginess	
Lack of love	Sexual Sins	Evil talk	Crude joking	Lying	





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- Do not give the evil one any **inroads** into our lives

## Susannah Wesley - Sin is whatever that:

- weakens your reasoning
- impairs the tenderness of your conscience
- obscures your sense of God
- takes away your desire for spiritual things of God
- increases the power and authority of the flesh over the spirit

**That thing is sin to you, however innocent it may be in itself**





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• When we fail, **1 John 1:9**

**1 John 1:9** If we **confess our sins**, He is **faithful and just** to **forgive** us our sins and to **cleanse** us from all unrighteousness.





# EFFECTIVE PRAYER

I. Pray always

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• Know the **schemes** of the evil one

**2 Corinthians 2:11** lest **Satan** should take advantage of us;  
for we are not ignorant of **his devices - schemes**.





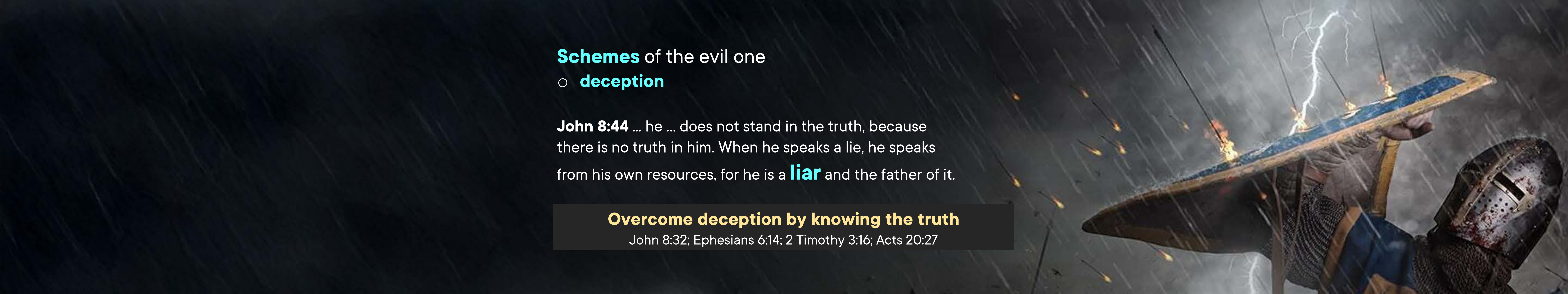
## Schemes of the evil one

- deception

**Revelation 12:9** So the great dragon was cast out, that serpent of old, called the Devil and Satan, **who deceives the whole world** ...





A knight in armor, wearing a helmet with a visor, holds a large sword that is engulfed in flames. The knight is positioned on the right side of the frame, looking towards the left. The background is a dark, stormy sky with heavy rain falling diagonally across the scene. Several bright lightning bolts are visible, and small sparks or embers are floating in the air around the flaming sword. The overall atmosphere is dramatic and intense.

## Schemes of the evil one

- **deception**

**John 8:44** ... he ... does not stand in the truth, because there is no truth in him. When he speaks a lie, he speaks from his own resources, for he is a **liar** and the father of it.

**Overcome deception by knowing the truth**

John 8:32; Ephesians 6:14; 2 Timothy 3:16; Acts 20:27



A knight in full plate armor, including a helmet with a visor, is shown from the chest up. He is holding a large, ornate sword with a blue and gold hilt. The sword's blade is glowing with fire and has several small flames along its length. The knight is standing in a dark, stormy environment with heavy rain falling around him. In the background, there are faint streaks of light, possibly lightning or distant fires, against a dark, cloudy sky.

## **Schemes** of the evil one

- **corruption - tempts us to sin**

**Ephesians 2:2** in which you once walked according to the course of this world, according to the prince of the power of the air, **the spirit who now works in the sons of disobedience,**

**Overcome corruption by walking in the light**

1 John 1:7, 9



A knight in full plate armor, including a helmet with a visor, is shown from the chest up. He is holding a sword that is engulfed in flames. The background is a dark, stormy sky with heavy rain falling diagonally and a bright lightning bolt striking in the distance. Several small, glowing meteors or sparks are visible in the air.

**Schemes** of the evil one

- **opposition to the knowledge of God**

**2 Corinthians 4:4 ... whose minds the god of this age has blinded**, who do not believe, lest the light of the gospel of the glory of Christ, who is the image of God, should shine on them.

**Overcome doubts (UGBs), discouragements and despondency  
before it deteriorates to depression and death thoughts**

2 Peter 1:2-4, 3:18



# **RESTORING THE FOUNDATIONS**

Equipping you for hope, healing and freedom

## **SESSION 1: OVERVIEW AND PERSONAL QUESTIONNAIRE**

**Date: 26 July 2025,  
Saturday**

**Time: 9am-12.30pm**

**Venue: Inner Hall (Level 2)**

## **SESSION 2: MINISTRY DAY**

**Date: 16 or 23 August 2025,  
Saturdays**

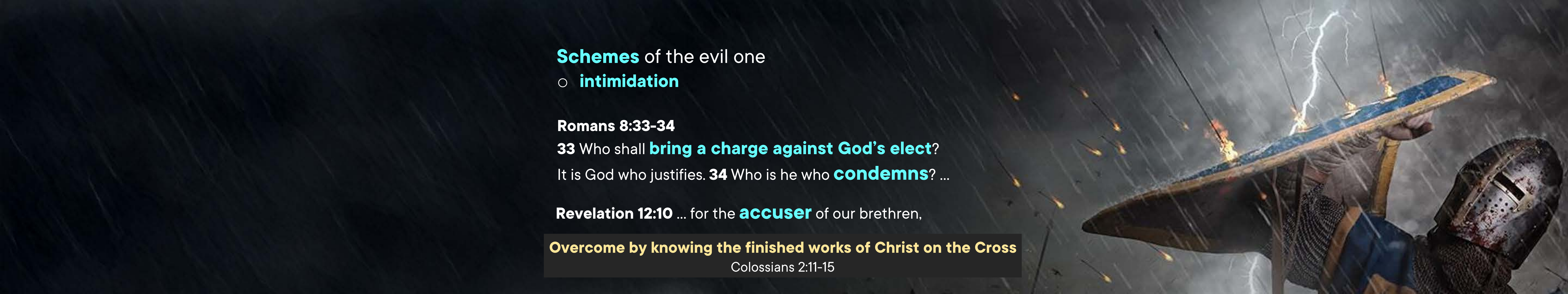
**Time: 9am-12pm or 1-4pm**

**Venue: TBC**



**Cost: \$10**  
**Register at [bbtc.sg/rtf](https://bbtc.sg/rtf) today!**



A knight in full plate armor, including a helmet with a visor, holds a large sword aloft. The sword's blade is engulfed in flames. The background is a dark, stormy sky with a bright lightning bolt striking down and several small, glowing meteors or sparks falling. The knight's armor is dark and metallic, with some chainmail visible on the arms.

**Schemes** of the evil one

○ **intimidation**

**Romans 8:33-34**

**33** Who shall **bring a charge against God's elect?**

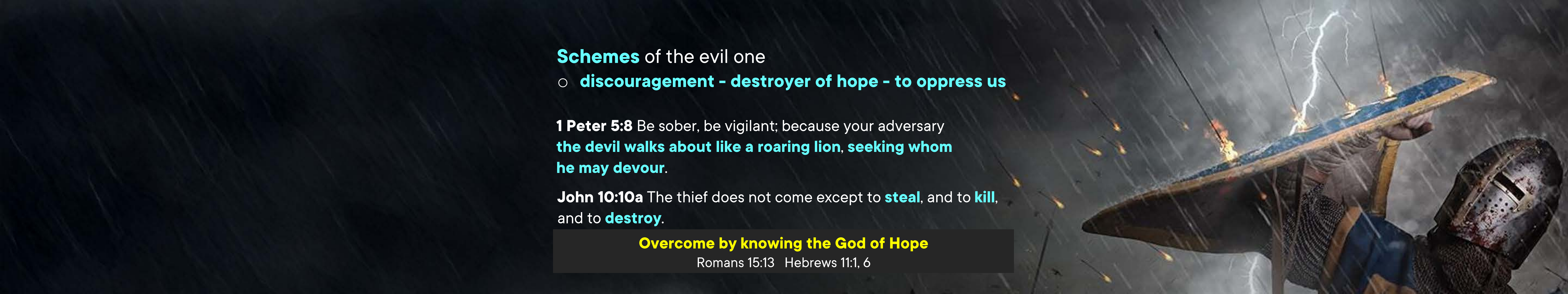
It is God who justifies. **34** Who is he who **condemns?** ...

**Revelation 12:10** ... for the **accuser** of our brethren,

**Overcome by knowing the finished works of Christ on the Cross**

Colossians 2:11-15



A knight in full plate armor, including a helmet with a visor, is shown from the chest up. He is holding a large, blue and gold shield. The scene is set in a dark, stormy environment with heavy rain falling diagonally across the frame. A bright lightning bolt strikes the shield, and several smaller sparks or fireballs are visible in the air around the knight. The knight's armor is dark and appears to have some blood or dirt on it.

**Schemes** of the evil one

- **discouragement - destroyer of hope - to oppress us**

**1 Peter 5:8** Be sober, be vigilant; because your adversary **the devil walks about like a roaring lion, seeking whom he may devour.**

**John 10:10a** The thief does not come except to **steal**, and to **kill**, and to **destroy**.

**Overcome by knowing the God of Hope**

Romans 15:13 Hebrews 11:1, 6



### III. **Overcome the evil one. HOW?**

- Submit to God - Pray as a priest
- Resist the evil one - Rebuke as a king.

James 4:6-10

1 Peter 5:5-9

**VIDEO: PRAY** - Take the battle into the spirit realm





**EAGLES DON'T  
FIGHT SNAKES**

Credit: [youtube.com/@vladhungrygen](https://youtube.com/@vladhungrygen)



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# EFFECTIVE PRAYER

- I. always
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- IV. **Live righteously**

**James 5:16** Confess your trespasses to one another, and pray for one another, that you may be healed. **The effective, fervent prayer of a righteous man avails much.**

**Proverbs 15:29:** God hears the prayer of the righteous

**1 Peter 3:12:** God's eyes on the righteous and His ears attentive to their prayers





**IV.** The effective, fervent prayer of a **righteous man**

avails much

- **Right standing**
- **Right believing**
- **Right doing**





**IV.** The effective, fervent prayer of a **righteous man** avails much

- **Right standing**
- **Right believing**
- **Right doing**

○ **Right standing (Justification)**

**Romans 5:1** Therefore, having been **justified** by faith, we have **peace with God** through our Lord Jesus Christ.

**2 Corinthians 5:21** For He made Him who knew no sin to be sin for us, that we might become the **righteousness of God in Him**.

**Romans 5:17**





**IV.** The effective, fervent prayer of a **righteous man** avails much

- **Right standing**
- Right believing
- Right doing

○ **Right standing (Continual sanctification)**

**Hebrews 10:22** let us **draw near with a true heart in full assurance of faith**, having **our hearts sprinkled from an evil conscience** and **our bodies (lives) washed with pure water (the Word)**.

**1 Timothy 1:19** having **faith** and a **good conscience**, which some having rejected, concerning the faith have suffered shipwreck.





**IV.** The effective, fervent prayer of a **righteous man** avails much

- **Right standing**
- **Right believing**
- **Right doing**

○ **Right believing (Word and Spirit)**

**John 17:17** Sanctify them by Your truth. **Your Word is truth.**

**John 16:13** However, when He, **the Spirit of truth**, has come, **He will guide you into all truth ...**





**IV.** The effective, fervent prayer of a **righteous man** avails much

- Right standing
- **Right believing**
- Right doing

○ **Right believing (Ongoing)**

**2 Corinthians 4:13** And since we have the same **Spirit of faith**, according to what is written, “**I believed and therefore I spoke,**” **we also believe and therefore speak.**





**IV.** The effective, fervent prayer of a **righteous man** avails much

- Right standing
- Right believing
- Right doing

○ **Right doing**

**1 John 3:7** He who **does what is right is righteous**, just as He is righteous.

**James 1:22** But **be doers of the word**, and not hearers only, deceiving yourselves.



**IV.** The effective, fervent prayer of a **righteous man** avails much

- Right standing
- Right believing
- **Right doing**

○ **Right doing (Deal with hindrances)**

**Hindrances to an effective prayer life**

- Unyielded lives      Psalm 51:17
- Unsound theology    2 Timothy 2:15, 3:16-17
- Unconfessed sins     Psalm 66:18
- Untutored spirit       James 1:6-8
- Undealt baggage       Hebrews 12:1





**IV.** The effective, fervent prayer of a **righteous man** avails much

- Right standing
- Right believing
- **Right doing**

○ **Right doing (Deal with hindrances)**

**Hindrances to an effective prayer life**

- Unfounded fears Proverbs 29:25
- Undefined priorities Matthew 6:33
- Unresolved guilts 1 John 3:20-23
- Unwholesome relationships 1 Corinthians 15:33
- Unrighteous motives James 4:3



# 40.DAYS 2025

Every year, from July 1 to August 9, the Church in Singapore unites for 40.Days of Prayer, led by church, parachurch, missions and marketplace leaders, through video and written devotionals.

Join us in prayer!

LET'S PRAY!

Video

## TLBS Principal Mrs Ong Guek Ju Stand on the Word – Jehoshaphat

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## BOTTOM-LINE

**Luke 18:1** Then He spoke a parable to them,  
**that men always ought to pray and not lose heart.**

We must **ALWAYS PRAY!**

Repent: those prayers blocked

Those desiring better connect

