



CELL GUIDE

TOPIC	Celebrating Hope	SPEAKER	Pastor Daniel Foo
THEME	Celebration Series	DATE	27 & 28 September 2025

MESSAGE SUMMARY

INTRODUCTION

Anchoring on the scripture meditation for this week — Romans 15:13, Ps. Dan Foo expounds in his sermon by bringing the message of how the following: **Hope, Faith** and **Love** are three aspects that we should be growing, maturing and perfecting in our discipleship journey. This remains prevalent in the End-Times we are living in today, where darkness and lawlessness will continue to increase, and misinformation and deception will continue to spread amongst us.

HOW TO ABOUND IN HOPE?

1. No Christ, No Hope

As we were sinners, we were once estranged by God without Hope (Rom 6:23, Eph 2:12). When we are estranged from God, we lose Hope and our souls begin to fracture. To this, Ps. Dan Foo encourages us to pray for one another, especially when we spot signs of a fractured **mind** (e.g. Fearful, Stressed, Anxious, Stubborn, etc), fractured **emotions** (e.g. Jealous, Burnt out, Empty, Moody, etc), and a fractured **will** (e.g. Prejudiced, Biased, Misalignment with God's Word, etc) in each other.

Our **Source of True Hope** should only be in **Christ**, because in this world we will always have trouble (John 16:33). When we have Hope in Christ, we are Saved-Justified (Rom 5:1, 10:9-10), made righteous in Christ (2 Corin 5:21), and have access by Faith into the fullness of God's Grace in every part of our lives (Rom 5:2, Heb 4:16)

2. Perfecting in Hope, Faith and Love

Hope is always linked to **Faith** in God's Word and **Love** received from God, in this exact sequence.

a. Hope

Perfecting in Hope means we should draw our Hope from God by fixing our focus on Jesus (Heb 6:19-20). We should also stand on God's Promises and Covenant, and continue to Obey and Apply His Word. We can then expect Hope in the fulfilment of God's Promises (e.g. Eternal Life, Protection, Strength, etc).

b. Faith

Jesus is the **author** and **perfector** of our Faith (Heb 12:2), and our Faith should come from hearing the Word of God (Rom 10:17). When the Word produces Faith, the promises of God are received.

As believers, we will go through the **Trial of Faith** before God fulfils our promises. Ps. Dan Foo highlights the analogy of purifying gold (1 Peter 1:6-7), comparing it to the testing of our Faith. In our belief systems, we either belong to one with a genuine Faith in God or one with doubts and ungodly beliefs. If it is the latter, we will be purified continuously through the trials. Sometimes, sins and personal baggage (Heb 12:1) may hinder us from receiving the promises of God. Regardless, we are encouraged to pray the scriptures. We have to apply the Word: Hear, Read, Study, Remember and Meditate to develop the hearing of the Faith, which is ignited in us by the Holy Spirit (Gala 3:2,5). We should pray for the gift of Faith, and apply the spirit of Faith by saying “I believe” and “I speak” (2 Corin 4:13).

c. Love

Perfecting love drives out fear, because fear has to do with punishments (e.g. Judgement, Misfortune, Calamity, Accidents, etc).

3. Abounding in Hope by the Holy Spirit

Our abounding in hope flows from a vibrant, ongoing relationship with the Holy Spirit. To have this relationship, we should be

- **Guided** by — in our daily walk,
- **Graced** by — experiencing the overflow of His grace and power in our lives,
- **Growing** — mature continually into the likeness of Christ

Through these, we can experience **Joy** and strength when we build an altar of thanksgiving and praise with the Lord (Nehe 8:10, Psalm 100:4). We can also experience **Peace**, which will guard our hearts and minds (Phili 4:7).

PERSONIFICATION OF HOPE, FAITH AND LOVE: APOSTLE PETER

Apostle Peter’s life exemplifies the living hope, tested faith and steadfast love of God (1 Peter 1-2).

CONCLUSION

By anchoring our Hope in God and perfecting our Faith in God, the Love of God will comfort and hold us through as we become mature disciples of the faith. Then, we can wisely exercise discernment in the end times we are living in today and look forward to the fulfilment of God’s promises and covenant.

QUESTIONS

1. If you could ask God for one thing right now — hope, faith, or love — which would you choose and why?

2. In which area of your life do you notice signs of a “fractured soul” (mind, emotions, will)? How does anchoring your hope in Christ helped to bring restoration to that area?

3. Is there someone or a community that needs the hope of Christ? Discuss practical ways that you can help one another to abound in hope in difficult times.