

read4o

YOUR DAILY TIME ALONE WITH GOD COMPANION



FOREWORD

Happy 40th Anniversary, BBTC!

Every celebration is a fresh opportunity to pause, reflect and thank God for His unwavering faithfulness.

As we step into our 40th year, I sense the Lord preparing us for a new season. In Scripture, 40 often marks both completion and the beginning of something new.

I believe God desires to lead BBTC further and deeper than where we are today: To arise, to go forth and to make disciples of all nations as a community of priests and kings. And He desires for every single one of us to take our place in His unfolding plan.

My prayer is that this *Read.40* journey will mark a fresh hunger for Scripture across our entire church. I pray that every one of us will be rooted, strengthened and transformed by the living Word of God.

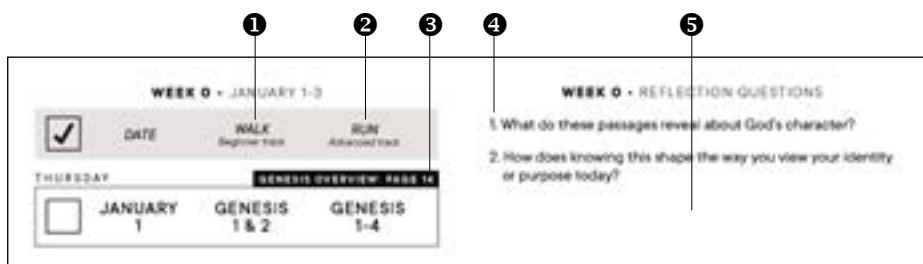
May the Lord meet you as you read, renew your mind, anchor your heart and equip your hands for every good work. May the Lord bless you richly as you delight in His Word.

SENIOR PASTOR
CHUA SENG LEE

HOW TO USE THIS BOOK

Welcome to your companion as you journey through the Bible in 2026. This will serve as your guidebook for one of life's most rewarding adventures: Getting to know the story and the author of the Bible.

Through this Read.40 guide, we encourage you to:



Build a Daily Rhythm. If this is the first time you're attempting a daily Bible habit, we invite you to take our **Walk** track **1**, where you read two chapters a day – a manageable pace for beginners. But if you hope to read through the whole Bible in a year, then follow the **Run** track **2**, which will take you through all 1,189 chapters of Scripture in 365 days!

See the Big Picture First. Before you begin a new book, a short overview will set the stage – like a guide introducing the next part of your journey – so you never feel lost. You'll find these from Page 110, or click on the "[Book Overview](#)" links **3** if you're reading a digital copy of this book.

Reflect and Grow. Each week, we provide a couple of thoughtful questions **4** relevant to the passages for that period. They're a simple way to pause and meditate on what you've read. The pages are left blank **5** so you have space to journal your thoughts.

This is more than a reading plan; it's an invitation to discovery.

Let's go!

WEEK 0 • JANUARY 1-3



DATE

WALK
Beginner track

RUN
Advanced track

THURSDAY

GENESIS OVERVIEW: PAGE 110

JANUARY
1

GENESIS
1-2

GENESIS
1-4

FRIDAY

JANUARY
2

GENESIS
3-4

GENESIS
5-8

SATURDAY

JANUARY
3

GENESIS
6-7

GENESIS
9-12

WEEK 0 • REFLECTION QUESTIONS

1. What do these passages reveal about God's character?
2. How does knowing this shape the way you view your identity or purpose today?

WEEK 1 • JANUARY 4-10



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

**JANUARY
4**

**GENESIS
8-9**

**GENESIS
13-16**

MONDAY

**JANUARY
5**

**GENESIS
11-12**

**GENESIS
17-20**

TUESDAY

**JANUARY
6**

**GENESIS
15-16**

**GENESIS
21-24**

WEDNESDAY

**JANUARY
7**

**GENESIS
18-19**

**GENESIS
25-28**

THURSDAY

**JANUARY
8**

**GENESIS
21-22**

**GENESIS
29-32**

FRIDAY

**JANUARY
9**

**GENESIS
23-24**

**GENESIS
33-36**

SATURDAY

**JANUARY
10**

**GENESIS
25-26**

**GENESIS
37-40**

WEEK 1 • REFLECTION QUESTIONS

1. What do these passages reveal about God's purpose in the beginning?
2. How does this shape the way you understand yourself?

WEEK 2 • JANUARY 11-17



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JANUARY
11

GENESIS
27-28

GENESIS
41-44

MONDAY

JANUARY
12

GENESIS
29-30

GENESIS
45-48

TUESDAY

EXODUS OVERVIEW: PAGE 110

JANUARY
13

GENESIS
31-32

GENESIS 49-50
EXODUS 1-2

WEDNESDAY

JANUARY
14

GENESIS
37-38

EXODUS
3-6

THURSDAY

JANUARY
15

GENESIS
39-40

EXODUS
7-10

FRIDAY

JANUARY
16

GENESIS
41-42

EXODUS
11-14

SATURDAY

JANUARY
17

GENESIS
43-44

EXODUS
15-18

WEEK 2 • REFLECTION QUESTIONS

1. What do these passages teach about trusting God in difficult times?
2. What situation in your life needs a renewed trust in God?

WEEK 3 • JANUARY 18-24



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JANUARY
18

GENESIS
45-46

EXODUS
19-22

MONDAY

JANUARY
19

GENESIS
47-48

EXODUS
23-26

TUESDAY

JANUARY
20

GENESIS
49-50

EXODUS
27-30

WEDNESDAY

EXODUS OVERVIEW: PAGE 110

JANUARY
21

EXODUS
1-2

EXODUS
31-34

THURSDAY

JANUARY
22

EXODUS
3-4

EXODUS
35-38

FRIDAY

LEVITICUS OVERVIEW: PAGE 111

JANUARY
23

EXODUS
5-6

EXODUS 39-40
LEVITICUS 1-2

SATURDAY

JANUARY
24

EXODUS
7-8

LEVITICUS
3-6

WEEK 3 • REFLECTION QUESTIONS

1. What actions does God take in these passages?
2. What do those actions demonstrate?

WEEK 4 • JANUARY 25-31



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JANUARY
25

EXODUS
9-10

LEVITICUS
7-10

MONDAY

JANUARY
26

EXODUS
11-12

LEVITICUS
11-14

TUESDAY

JANUARY
27

EXODUS
13-14

LEVITICUS
15-18

WEDNESDAY

JANUARY
28

EXODUS
15-16

LEVITICUS
19-22

THURSDAY

JANUARY
29

EXODUS
17-18

LEVITICUS
23-26

FRIDAY

NUMBERS OVERVIEW: PAGE 111

JANUARY
30

EXODUS
19-20

LEVITICUS 27
NUMBERS 1-3

SATURDAY

JANUARY
31

EXODUS
32-33

NUMBERS
4-7

WEEK 4 • REFLECTION QUESTIONS

1. What do these passages reveal about who God is?
2. How does this understanding of God challenge or change you today?

WEEK 5 • FEBRUARY 1 - 7



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

FEBRUARY
1

EXODUS
34-40

NUMBERS
8-11

MONDAY

LEVITICUS OVERVIEW: PAGE 111

FEBRUARY
2

LEVITICUS
10, 16 & 17

NUMBERS
12-15

TUESDAY

FEBRUARY
3

LEVITICUS
19, 20 & 26

NUMBERS
16-19

WEDNESDAY

FEBRUARY
4

NUMBERS
6, 11 & 12

NUMBERS
20-23

THURSDAY

FEBRUARY
5

NUMBERS
13-14

NUMBERS
24-27

FRIDAY

FEBRUARY
6

NUMBERS
16-17

NUMBERS
28-31

SATURDAY

FEBRUARY
7

NUMBERS
20-21

NUMBERS
32-35

WEEK 5 • REFLECTION QUESTIONS

1. What attitudes or behaviours in these passages mirror something in your own life that needs change?
2. What step of confession or repentance is God prompting you to take?

WEEK 6 • FEBRUARY 8 - 14



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

DEUTERONOMY OVERVIEW: PAGE 112

**FEBRUARY
8**

**NUMBERS
22-23**

**NUMBERS 36
DEUTERONOMY 1-3**

MONDAY

**FEBRUARY
9**

**NUMBERS
27 & 32**

**DEUTERONOMY
4-7**

TUESDAY

**FEBRUARY
10**

**DEUTERONOMY
1-2**

**DEUTERONOMY
8-11**

WEDNESDAY

**FEBRUARY
11**

**DEUTERONOMY
3-4**

**DEUTERONOMY
12-15**

THURSDAY

**FEBRUARY
12**

**DEUTERONOMY
5-6**

**DEUTERONOMY
16-19**

FRIDAY

**FEBRUARY
13**

**DEUTERONOMY
7-8**

**DEUTERONOMY
20-23**

SATURDAY

**FEBRUARY
14**

**DEUTERONOMY
9-10**

**DEUTERONOMY
24-27**

WEEK 6 • REFLECTION QUESTIONS

1. Is there a command, principle or example in these passages for you to follow?
2. What would obedience look like for you this week?

WEEK 7 • FEBRUARY 15 - 21



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

FEBRUARY 15	DEUTERONOMY 11-12	DEUTERONOMY 28-31
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MONDAY

JOSHUA OVERVIEW: PAGE 112

FEBRUARY 16	DEUTERONOMY 13	DEUT 32-34 JOSHUA 1
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TUESDAY

FEBRUARY 17	DEUTERONOMY 27-28	JOSHUA 2-5
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WEDNESDAY

FEBRUARY 18	DEUTERONOMY 29-30	JOSHUA 6-9
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THURSDAY

FEBRUARY 19	DEUTERONOMY 31-32	JOSHUA 10-13
----------------	----------------------	-----------------

FRIDAY

FEBRUARY 20	DEUTERONOMY 33-34	JOSHUA 14-17
----------------	----------------------	-----------------

SATURDAY

JOSHUA OVERVIEW: PAGE 112

FEBRUARY 21	JOSHUA 1-2	JOSHUA 18-21
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WEEK 7 • REFLECTION QUESTIONS

1. Is there a command, principle or example in these passages for you to follow?
2. What would obedience look like for you this week?

WEEK 8 • FEBRUARY 22 - 28



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JUDGES OVERVIEW: PAGE 113

FEBRUARY
22

JOSHUA
3-4

JOSHUA 22-24
JUDGES 1

MONDAY

FEBRUARY
23

JOSHUA
5-6

JUDGES
2-5

TUESDAY

FEBRUARY
24

JOSHUA
7-8

JUDGES
6-9

WEDNESDAY

FEBRUARY
25

JOSHUA
9-10

JUDGES
10-13

THURSDAY

FEBRUARY
26

JOSHUA
11-13

JUDGES
14-17

FRIDAY

FEBRUARY
27

JOSHUA
23-24

JUDGES
18-21

SATURDAY

JUDGES OVERVIEW: PAGE 113

FEBRUARY
28

JUDGES
1-2

RUTH
1-4

RUTH OVERVIEW: PAGE 113

WEEK 8 • REFLECTION QUESTIONS

1. How does God show His faithfulness in these chapters?
2. How do the people respond to God, and what does that show you?

WEEK 9 • MARCH 1 - 7



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

1 SAMUEL OVERVIEW: PAGE 114

**MARCH
1**

**JUDGES
3-4**

**1 SAMUEL
1-4**

MONDAY

**MARCH
2**

**JUDGES
5-6**

**1 SAMUEL
5-8**

TUESDAY

**MARCH
3**

**JUDGES
7-8**

**1 SAMUEL
9-12**

WEDNESDAY

**MARCH
4**

**JUDGES
9-10**

**1 SAMUEL
13-16**

THURSDAY

**MARCH
5**

**JUDGES
11-12**

**1 SAMUEL
17-20**

FRIDAY

**MARCH
6**

**JUDGES
13-14**

**1 SAMUEL
21-24**

SATURDAY

**MARCH
7**

**JUDGES
15-16**

**1 SAMUEL
25-28**

WEEK 9 • REFLECTION QUESTIONS

1. What do these chapters show about God's character and how He works among His people?
2. How do the people respond to God, and what can you learn from their example?

WEEK 10 • MARCH 8 - 14



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

2 SAMUEL OVERVIEW: PAGE 114

MARCH
8

JUDGES
17-18

1 SAMUEL 29-31
2 SAMUEL 1

MONDAY

MARCH
9

JUDGES
19-20

2 SAMUEL
2-5

TUESDAY

MARCH
10

JUDGES
21

2 SAMUEL
6-9

WEDNESDAY

RUTH OVERVIEW: PAGE 113

MARCH
11

RUTH
1-2

2 SAMUEL
10-13

THURSDAY

MARCH
12

RUTH
3-4

2 SAMUEL
14-17

FRIDAY

1 SAMUEL OVERVIEW: PAGE 114

MARCH
13

1 SAMUEL
1-2

2 SAMUEL
18-21

SATURDAY

1 KINGS OVERVIEW: PAGE 115

MARCH
14

1 SAMUEL
3-4

2 SAMUEL 22-24
1 KINGS 1

WEEK 10 • REFLECTION QUESTIONS

1. What do these chapters reveal about human nature?
2. What does this show you about your own tendencies?

WEEK 11 • MARCH 15 - 21



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

MARCH 15	1 SAMUEL 5-6	1 KINGS 2-5
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MONDAY

MARCH 16	1 SAMUEL 7-8	1 KINGS 6-9
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TUESDAY

MARCH 17	1 SAMUEL 9-10	1 KINGS 10-13
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WEDNESDAY

MARCH 18	1 SAMUEL 11-12	1 KINGS 14-17
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THURSDAY

MARCH 19	1 SAMUEL 13-14	1 KINGS 18-21
-------------	-------------------	------------------

FRIDAY

2 KINGS OVERVIEW: PAGE 115

MARCH 20	1 SAMUEL 15-16	1 KINGS 22 2 KINGS 1-3
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SATURDAY

MARCH 21	1 SAMUEL 17	2 KINGS 4-7
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WEEK 11 • REFLECTION QUESTIONS

1. How does God guide His people in these chapters?
2. What does this teach you about recognising God's guidance in your own life?

WEEK 12 • MARCH 22 - 28



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

MARCH 22	1 SAMUEL 18-19	2 KINGS 8-11
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MONDAY

MARCH 23	1 SAMUEL 20-21	2 KINGS 12-15
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TUESDAY

MARCH 24	1 SAMUEL 22-23	2 KINGS 16-19
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WEDNESDAY

MARCH 25	1 SAMUEL 24-25	2 KINGS 20-23
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THURSDAY

1 CHRONICLES OVERVIEW: PAGE 116

MARCH 26	1 SAMUEL 26-27	2 KINGS 24-25 1 CHRONICLES 1-2
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FRIDAY

MARCH 27	1 SAMUEL 28-29	1 CHRONICLES 3-6
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SATURDAY

MARCH 28	1 SAMUEL 30-31	1 CHRONICLES 7-10
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WEEK 12 • REFLECTION QUESTIONS

1. What do these chapters show about human choices and their consequences?
2. What can you learn about following God faithfully in your own decisions?

WEEK 13 • MARCH 29 - APRIL 4



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

2 SAMUEL OVERVIEW: PAGE 114

MARCH
29

2 SAMUEL
1-2

1 CHRONICLES
11-14

MONDAY

MARCH
30

2 SAMUEL
3-4

1 CHRONICLES
15-18

TUESDAY

MARCH
31

2 SAMUEL
5-6

1 CHRONICLES
19-22

WEDNESDAY

APRIL
1

2 SAMUEL
7-8

1 CHRONICLES
23-26

THURSDAY

2 CHRONICLES OVERVIEW: PAGE 116

APRIL
2

2 SAMUEL
9-10

1 CHRONICLES 27-29
2 CHRONICLES 1

FRIDAY

APRIL
3

2 SAMUEL
11-12

2 CHRONICLES
2-5

SATURDAY

APRIL
4

2 SAMUEL
13-14

2 CHRONICLES
6-9

WEEK 13 • REFLECTION QUESTIONS

1. What do these chapters reveal about God's promises and His faithfulness?
2. How can you trust God's faithfulness in your own life today?

WEEK 14 • APRIL 5 - 11



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

APRIL
5

2 SAMUEL
15-16

2 CHRONICLES
10-12

MONDAY

APRIL
6

2 SAMUEL
17-18

2 CHRONICLES
13-15

TUESDAY

APRIL
7

2 SAMUEL
19-20

2 CHRONICLES
16-18

WEDNESDAY

APRIL
8

2 SAMUEL
21-22

2 CHRONICLES
19-21

THURSDAY

APRIL
9

2 SAMUEL
23-24

2 CHRONICLES
22-24

FRIDAY

1 KINGS OVERVIEW: PAGE 115

APRIL
10

1 KINGS
1-2

2 CHRONICLES
25-27

SATURDAY

APRIL
11

1 KINGS
3-4

2 CHRONICLES
28-30

WEEK 14 • REFLECTION QUESTIONS

1. What do these chapters show about seeking or ignoring God's guidance and wisdom?
2. Where might God be inviting you to seek His wisdom in your life today?

WEEK 15 • APRIL 12 - 18



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

APRIL 12	1 KINGS 5-6	2 CHRONICLES 31-33
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MONDAY

APRIL 13	1 KINGS 7-8	2 CHRONICLES 34-36
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TUESDAY

EZRA OVERVIEW: PAGE 117

APRIL 14	1 KINGS 9-10	EZRA 1-3
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WEDNESDAY

APRIL 15	1 KINGS 11-12	EZRA 4-6
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THURSDAY

APRIL 16	1 KINGS 13-14	EZRA 7-9
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FRIDAY

NEHEMIAH OVERVIEW: PAGE 117

APRIL 17	1 KINGS 15-16	EZRA 10 NEHEMIAH 1-2
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SATURDAY

APRIL 18	1 KINGS 17-18	NEHEMIAH 3-5
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WEEK 15 • REFLECTION QUESTIONS

1. What patterns of faithfulness or failure do you see in these chapters?
2. What can you learn from them about your own choices or habits?

WEEK 16 • APRIL 19 - 25



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

APRIL 19	1 KINGS 19-20	NEHEMIAH 6-8
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MONDAY

APRIL 20	1 KINGS 21-22	NEHEMIAH 9-11
-------------	------------------	------------------

TUESDAY

2 KINGS OVERVIEW: PAGE 115

APRIL 21	2 KINGS 1-2	NEHEMIAH 12-13 ESTHER 1
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ESTHER OVERVIEW: PAGE 118

WEDNESDAY

APRIL 22	2 KINGS 3-4	ESTHER 2-4
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THURSDAY

APRIL 23	2 KINGS 5-6	ESTHER 5-7
-------------	----------------	---------------

FRIDAY

APRIL 24	2 KINGS 7-8	ESTHER 8-10
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SATURDAY

JOB OVERVIEW: PAGE 118

APRIL 25	2 KINGS 9-10	JOB 1-3
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WEEK 16 • REFLECTION QUESTIONS

1. What do these chapters show about the consequences of rejecting God's ways?
2. When and where might you be tempted to ignore God's guidance, and how can you respond?

WEEK 17 • APRIL 26 - MAY 2



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

APRIL 26	2 KINGS 11-12	JOB 4-6
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MONDAY

APRIL 27	2 KINGS 13-14	JOB 7-9
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TUESDAY

APRIL 28	2 KINGS 15-16	JOB 10-12
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WEDNESDAY

APRIL 29	2 KINGS 17-18	JOB 13-15
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THURSDAY

APRIL 30	2 KINGS 19-20	JOB 16-18
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FRIDAY

MAY 1	2 KINGS 21-22	JOB 19-21
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SATURDAY

MAY 2	2 KINGS 23-25	JOB 22-24
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WEEK 17 • REFLECTION QUESTIONS

1. How does God show both judgment and mercy in these chapters?
2. What do these passages teach you about God's character?

WEEK 18 • MAY 3 - 9



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

1 CHRONICLES OVERVIEW: PAGE 116

MAY
3

1 CHRONICLES
10-11

JOB
25-27

MONDAY

MAY
4

1 CHRONICLES
12-13

JOB
28-30

TUESDAY

MAY
5

1 CHRONICLES
14-15

JOB
31-33

WEDNESDAY

MAY
6

1 CHRONICLES
16, 17 & 29

JOB
34-36

THURSDAY

MAY
7

2 CHRONICLES
3, 7 & 16

JOB
37-39

FRIDAY

MAY
8

2 CHRONICLES
34-36

JOB
40-42

SATURDAY

EZRA OVERVIEW: PAGE 117

MAY
9

EZRA
1 & 3

PSALMS
1-3

PSALMS OVERVIEW: PAGE 119

WEEK 18 • REFLECTION QUESTIONS

1. What do these chapters show about how people respond to God?
2. How is God inviting you to respond to Him and His Word today?

WEEK 19 • MAY 10 - 16



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

MAY 10	EZRA 4-5	PSALMS 4-6
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MONDAY

MAY 11	EZRA 6-7	PSALMS 7-9
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TUESDAY

MAY 12	EZRA 9-10	PSALMS 10-12
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WEDNESDAY

NEHEMIAH OVERVIEW: PAGE 117

MAY 13	NEHEMIAH 1-2	PSALMS 13-15
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THURSDAY

MAY 14	NEHEMIAH 4-5	PSALMS 16-18
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FRIDAY

MAY 15	NEHEMIAH 6 & 8	PSALMS 19-21
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SATURDAY

MAY 16	NEHEMIAH 9 & 13	PSALMS 22-24
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WEEK 19 • REFLECTION QUESTIONS

1. Where do you see God working behind the scenes in these chapters?
2. Where might God be working “unseen” in your own life today?

WEEK 20 • MAY 17 - 23



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

ESTHER OVERVIEW: PAGE 118

MAY
17

ESTHER
1-2

PSALMS
25-27

MONDAY

MAY
18

ESTHER
3-4

PSALMS
28-30

TUESDAY

MAY
19

ESTHER
5-6

PSALMS
31-33

WEDNESDAY

MAY
20

ESTHER
7-8

PSALMS
34-36

THURSDAY

MAY
21

ESTHER
9-10

PSALMS
37-39

FRIDAY

JOB OVERVIEW: PAGE 118

MAY
22

JOB
1, 2 & 19

PSALMS
40-42

SATURDAY

MAY
23

JOB
38-39

PSALMS
43-45

WEEK 20 • REFLECTION QUESTIONS

1. How do these chapters reframe your view of trials and hardship?
2. What hope or promise from God can you hold onto in your current struggles?

WEEK 21 • MAY 24 - 30



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

MAY 24	JOB 40-42	PSALMS 46-48
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MONDAY

PSALMS OVERVIEW: PAGE 119

MAY 25	PSALMS 1-2	PSALMS 49-51
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TUESDAY

MAY 26	PSALMS 3-4	PSALMS 52-54
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WEDNESDAY

MAY 27	PSALMS 6-7	PSALMS 55-57
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THURSDAY

MAY 28	PSALMS 14, 15 & 19	PSALMS 58-60
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FRIDAY

MAY 29	PSALM 20-21	PSALMS 61-63
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SATURDAY

MAY 30	PSALMS 23-24	PSALMS 64-66
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WEEK 21 • REFLECTION QUESTIONS

1. What emotions or experiences does the psalmist express in these chapters?
2. Which of these do you relate to right now, and how can you bring them before God?

WEEK 22 • MAY 31 - JUNE 6



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

MAY 31	PSALMS 38-39	PSALMS 67-69
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MONDAY

JUNE 1	PSALMS 42-44	PSALMS 70-72
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TUESDAY

JUNE 2	PSALMS 62-63	PSALMS 73-75
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WEDNESDAY

JUNE 3	PSALMS 73-74	PSALMS 76-78
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THURSDAY

JUNE 4	PSALMS 90-91	PSALMS 79-81
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FRIDAY

JUNE 5	PSALM 111	PSALMS 82-84
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SATURDAY

JUNE 6	PSALM 119:1-88	PSALMS 85-87
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WEEK 22 • REFLECTION QUESTIONS

1. What do these passages reveal about God's character and ways?
2. How does knowing these attributes affect your feelings or response to Him?

WEEK 23 • JUNE 7 - 13



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JUNE
7

PSALM
119:89-176

PSALMS
88-90

MONDAY

JUNE
8

PSALM
150

PSALMS
91-93

TUESDAY

PROVERBS OVERVIEW: PAGE 119

JUNE
9

PROVERBS
1-2

PSALMS
94-96

WEDNESDAY

JUNE
10

PROVERBS
3-4

PSALMS
97-99

THURSDAY

JUNE
11

PROVERBS
5-6

PSALMS
100-102

FRIDAY

JUNE
12

PROVERBS
7-8

PSALMS
103-105

SATURDAY

JUNE
13

PROVERBS
9-10

PSALMS
106-108

WEEK 23 • REFLECTION QUESTIONS

1. What wisdom principle stands out from these chapters?
2. Where in your life do you need to apply this principle today?

WEEK 24 • JUNE 14 - 20



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JUNE 14	PROVERBS 11-12	PSALMS 109-111
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MONDAY

JUNE 15	PROVERBS 13-14	PSALMS 112-114
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TUESDAY

JUNE 16	PROVERBS 15-16	PSALMS 115-117
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WEDNESDAY

JUNE 17	PROVERBS 17-18	PSALMS 118-120
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THURSDAY

JUNE 18	PROVERBS 19-20	PSALMS 121-123
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FRIDAY

JUNE 19	PROVERBS 21-22	PSALMS 124-126
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SATURDAY

JUNE 20	PROVERBS 23-24	PSALMS 127-129
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WEEK 24 • REFLECTION QUESTIONS

1. What contrasts do you observe between the wise and the foolish in these chapters?
2. What is one truth from these readings that you can hold onto today?

WEEK 25 • JUNE 21 - 27



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JUNE 21	PROVERBS 25-26	PSALMS 130-132
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MONDAY

JUNE 22	PROVERBS 27-29	PSALMS 133-135
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TUESDAY

JUNE 23	PROVERBS 30-31	PSALMS 136-138
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WEDNESDAY

ECCLESIASTES OVERVIEW: PAGE 120

JUNE 24	ECCLESIASTES 1-2	PSALMS 139-141
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THURSDAY

JUNE 25	ECCLESIASTES 3-4	PSALMS 142-144
------------	---------------------	-------------------

FRIDAY

JUNE 26	ECCLESIASTES 5-6	PSALMS 145-147
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SATURDAY

JUNE 27	ECCLESIASTES 7-8	PSALMS 148-150
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WEEK 25 • REFLECTION QUESTIONS

1. What do these chapters teach about contentment?
2. Are you content? If not, how might you grow in contentment?

WEEK 26 • JUNE 28 - JULY 4



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

PROVERBS OVERVIEW: PAGE 119

JUNE
28

ECCLESIASTES
9-10

PROVERBS
1-3

MONDAY

SONG OF SONGS OVERVIEW: PAGE 120

JUNE
29

ECCLESIASTES 11-12
SONG OF SONGS 8

PROVERBS
4-6

TUESDAY

ISAIAH OVERVIEW: PAGE 121

JUNE
30

ISAIAH
1-2

PROVERBS
7-9

WEDNESDAY

JULY
1

ISAIAH
3-4

PROVERBS
10-12

THURSDAY

JULY
2

ISAIAH
6-7

PROVERBS
13-15

FRIDAY

JULY
3

ISAIAH
8-9

PROVERBS
16-18

SATURDAY

JULY
4

ISAIAH
10-12

PROVERBS
19-21

WEEK 26 • REFLECTION QUESTIONS

1. What do these chapters show you about God's holiness?
2. How should this influence how you think, speak or act today?

WEEK 27 • JULY 5 - 11



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JULY
5

ISAIAH
24-25

PROVERBS
22-24

MONDAY

JULY
6

ISAIAH
26-27

PROVERBS
25-27

TUESDAY

JULY
7

ISAIAH
36-37

PROVERBS
28-30

WEDNESDAY

ECCLESIASTES OVERVIEW: PAGE 120

JULY
8

ISAIAH
38-39

PROVERBS 31
ECCLESIASTES 1-2

THURSDAY

JULY
9

ISAIAH
40-41

ECCLESIASTES
3-5

FRIDAY

JULY
10

ISAIAH
42-43

ECCLESIASTES
6-8

SATURDAY

JULY
11

ISAIAH
51-53

ECCLESIASTES
9-11

WEEK 27 • REFLECTION QUESTIONS

1. How do these chapters show both God's judgement and His hope?
2. How can you lean into His hope in your current situation?

WEEK 28 • JULY 12 - 18



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

SONG OF SONGS OVERVIEW: PAGE 120

JULY
12

ISAIAH
54-55

ECCLESIASTES 12
SONG OF SONGS 1-2

MONDAY

JULY
13

ISAIAH
61-62

SONG OF SONGS
3-5

TUESDAY

JULY
14

ISAIAH
63-64

SONG OF SONGS
6-8

WEDNESDAY

ISAIAH OVERVIEW: PAGE 121

JULY
15

ISAIAH
65-66

ISAIAH
1-3

THURSDAY

JEREMIAH OVERVIEW: PAGE 121

JULY
16

JEREMIAH
1, 7 & 9

ISAIAH
4-6

FRIDAY

JULY
17

JEREMIAH
18-19

ISAIAH
7-9

SATURDAY

JULY
18

JEREMIAH
20-21

ISAIAH
10-12

WEEK 28 • REFLECTION QUESTIONS

1. What do these chapters reveal about how God wants His people to live?
2. Which part of your life is God inviting you to realign with Him today?

WEEK 29 • JULY 19 - 25



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JULY 19	JEREMIAH 22-23	ISAIAH 13-15
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MONDAY

JULY 20	JEREMIAH 24-25	ISAIAH 16-18
--------------------	---------------------------	-------------------------

TUESDAY

JULY 21	JEREMIAH 26-27	ISAIAH 19-21
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WEDNESDAY

JULY 22	JEREMIAH 28-29	ISAIAH 22-24
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THURSDAY

JULY 23	JEREMIAH 30-31	ISAIAH 25-27
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FRIDAY

JULY 24	JEREMIAH 32-33	ISAIAH 28-30
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SATURDAY

JULY 25	JEREMIAH 34-35	ISAIAH 31-33
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WEEK 29 • REFLECTION QUESTIONS

1. What warning, promise or hope do these chapters highlight?
2. What is God inviting you to do or change in light of this message?

WEEK 30 • JULY 26 - AUGUST 1



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

JULY 26	JEREMIAH 36-37	ISAIAH 34-36
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MONDAY

JULY 27	JEREMIAH 38-39	ISAIAH 37-39
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TUESDAY

JULY 28	JEREMIAH 40-41	ISAIAH 40-42
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WEDNESDAY

JULY 29	JEREMIAH 42-43	ISAIAH 43-45
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THURSDAY

JULY 30	JEREMIAH 44-45	ISAIAH 46-48
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FRIDAY

LAMENTATIONS OVERVIEW: PAGE 122

JULY 31	JEREMIAH 52 LAMENTATIONS 3	ISAIAH 49-51
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SATURDAY

EZEKIEL OVERVIEW: PAGE 122

AUGUST 1	EZEKIEL 1-2	ISAIAH 52-54
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WEEK 30 • REFLECTION QUESTIONS

1. What do these passages reveal about God's glory and character?
2. How might you respond in awe, gratitude and obedience?

WEEK 31 • AUGUST 2 - 8



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

AUGUST 2	EZEKIEL 18; 33	ISAIAH 55-57
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MONDAY

AUGUST 3	EZEKIEL 34; 36	ISAIAH 58-60
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TUESDAY

AUGUST 4	EZEKIEL 37, 39 & 47	ISAIAH 61-63
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WEDNESDAY

DANIEL OVERVIEW: PAGE 123

AUGUST 5	DANIEL 1-2	ISAIAH 64-66
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THURSDAY

JEREMIAH OVERVIEW: PAGE 121

AUGUST 6	DANIEL 3-4	JEREMIAH 1-3
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FRIDAY

AUGUST 7	DANIEL 5-6	JEREMIAH 4-6
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SATURDAY

AUGUST 8	DANIEL 7-8	JEREMIAH 7-9
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WEEK 31 • REFLECTION QUESTIONS

1. What does obedience to God and His Word look like?
2. How are you showing boldness to be different and obedient to God and His Word?

WEEK 32 • AUGUST 9 - 15



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

AUGUST 9	DANIEL 9 & 12	JEREMIAH 10-12
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MONDAY

HOSEA OVERVIEW: PAGE 123

AUGUST 10	HOSEA 1-2	JEREMIAH 13-15
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TUESDAY

AUGUST 11	HOSEA 4 & 11	JEREMIAH 16-18
--------------	-----------------	-------------------

WEDNESDAY

JOEL OVERVIEW: PAGE 124

AUGUST 12	JOEL 2-3	JEREMIAH 19-21
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THURSDAY

AMOS OVERVIEW: PAGE 124

AUGUST 13	AMOS 3 & 5 OBADIAH 1	JEREMIAH 22-24
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OBADIAH OVERVIEW: PAGE 125

FRIDAY

AUGUST 14	JONAH 1-4	JEREMIAH 25-27
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JONAH OVERVIEW: PAGE 125

SATURDAY

AUGUST 15	MICAH 1, 4 & 5	JEREMIAH 28-30
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MICAH OVERVIEW: PAGE 126

WEEK 32 • REFLECTION QUESTIONS

1. What repeated ideas or patterns stand out in these chapters?
2. What might God be emphasising through this repetition?

WEEK 33 • AUGUST 16 - 22



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

AUGUST 16	MICAH 6-7	JEREMIAH 31-33
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MONDAY

NAHUM OVERVIEW: PAGE 126

AUGUST 17	NAHUM 1 & 3	JEREMIAH 34-36
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TUESDAY

HABAKKUK OVERVIEW: PAGE 127

AUGUST 18	HABAKKUK 1-3	JEREMIAH 37-39
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WEDNESDAY

ZEPHANIAH OVERVIEW: PAGE 127

AUGUST 19	ZEPHANIAH 1-2	JEREMIAH 40-42
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THURSDAY

HAGGAI OVERVIEW: PAGE 128

AUGUST 20	ZEPHANIAH 3 HAGGAI 1	JEREMIAH 43-45
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FRIDAY

ZECHARIAH OVERVIEW: PAGE 128

AUGUST 21	ZECHARIAH 4 & 8	JEREMIAH 46-48
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SATURDAY

AUGUST 22	ZECHARIAH 9 & 14	JEREMIAH 49-51
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WEEK 33 • REFLECTION QUESTIONS

1. What insight about God, His people or His plans strikes you in these readings?
2. How might this insight shape your attitude, decisions or actions today?

WEEK 34 • AUGUST 23 - 29



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

MALACHI OVERVIEW: PAGE 129

AUGUST
23

MALACHI
2-3

JEREMIAH 52
LAMENTATIONS 1-2

MONDAY

LAMENTATIONS OVERVIEW: PAGE 122

AUGUST
24

MATTHEW
1-2

LAMENTATIONS
3-5

TUESDAY

MATTHEW OVERVIEW: PAGE 130

AUGUST
25

MATTHEW
3-4

EZEKIEL
1-3

WEDNESDAY

EZEKIEL OVERVIEW: PAGE 122

AUGUST
26

MATTHEW
5-6

EZEKIEL
4-6

THURSDAY

AUGUST
27

MATTHEW
7-8

EZEKIEL
7-9

FRIDAY

AUGUST
28

MATTHEW
9-10

EZEKIEL
10-12

SATURDAY

AUGUST
29

MATTHEW
11-12

EZEKIEL
13-15

WEEK 34 • REFLECTION QUESTIONS

1. What does God reveal about His Kingdom in these chapters?
2. How can you reflect His Kingdom in your life today?

WEEK 35 • AUGUST 30 - SEPTEMBER 5



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

AUGUST 30	MATTHEW 13-14	EZEKIEL 16-18
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MONDAY

AUGUST 31	MATTHEW 15-16	EZEKIEL 19-21
----------------------	--------------------------	--------------------------

TUESDAY

SEPTEMBER 1	MATTHEW 17-18	EZEKIEL 22-24
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WEDNESDAY

SEPTEMBER 2	MATTHEW 19-20	EZEKIEL 25-27
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THURSDAY

SEPTEMBER 3	MATTHEW 21-22	EZEKIEL 28-30
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FRIDAY

SEPTEMBER 4	MATTHEW 23-24	EZEKIEL 31-33
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SATURDAY

SEPTEMBER 5	MATTHEW 25-26	EZEKIEL 34-36
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WEEK 35 • REFLECTION QUESTIONS

1. What does it mean to follow God faithfully? What does it require?
2. What specific step of obedience is God calling you to take today?

WEEK 36 • SEPTEMBER 6 - 12



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

SEPTEMBER
6

MATTHEW
27-28

EZEKIEL
37-39

MONDAY

MARK OVERVIEW: PAGE 130

SEPTEMBER
7

MARK
1-2

EZEKIEL
40-42

TUESDAY

SEPTEMBER
8

MARK
3-4

EZEKIEL
43-45

WEDNESDAY

SEPTEMBER
9

MARK
5-6

EZEKIEL
46-48

THURSDAY

DANIEL OVERVIEW: PAGE 123

SEPTEMBER
10

MARK
7-8

DANIEL
1-3

FRIDAY

SEPTEMBER
11

MARK
9-10

DANIEL
4-6

SATURDAY

SEPTEMBER
12

MARK
11-12

DANIEL
7-9

WEEK 36 • REFLECTION QUESTIONS

1. How do people respond to God's or Jesus' authority in these chapters?
2. How do you and those around you respond to it?

WEEK 37 • SEPTEMBER 13 - 19



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

SEPTEMBER 13	MARK 13-14	DANIEL 10-12
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MONDAY

HOSEA OVERVIEW: PAGE 123

SEPTEMBER 14	MARK 15-16	HOSEA 1-3
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TUESDAY

LUKE OVERVIEW: PAGE 131

SEPTEMBER 15	LUKE 1-2	HOSEA 4-6
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WEDNESDAY

SEPTEMBER 16	LUKE 3-4	HOSEA 7-9
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THURSDAY

SEPTEMBER 17	LUKE 5-6	HOSEA 10-12
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FRIDAY

JOEL OVERVIEW: PAGE 124

SEPTEMBER 18	LUKE 7-8	HOSEA 13-14 JOEL 1
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SATURDAY

AMOS OVERVIEW: PAGE 124

SEPTEMBER 19	LUKE 9-10	JOEL 2-3 AMOS 1
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WEEK 37 • REFLECTION QUESTIONS

1. What aspects of God or prayer do these chapters draw your attention to?
2. What is one way you can practise this in your prayer life this week?

WEEK 38 • SEPTEMBER 20 - 26



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

SEPTEMBER
20

LUKE
11-12

AMOS
2-4

MONDAY

SEPTEMBER
21

LUKE
13-14

AMOS
5-7

TUESDAY

OBADIAH OVERVIEW: PAGE 125

SEPTEMBER
22

LUKE
15-16

AMOS 8-9
OBADIAH 1

WEDNESDAY

JONAH OVERVIEW: PAGE 125

SEPTEMBER
23

LUKE
17-18

JONAH
1-3

THURSDAY

MICAH OVERVIEW: PAGE 126

SEPTEMBER
24

LUKE
19-20

JONAH 4
MICAH 1-2

FRIDAY

SEPTEMBER
25

LUKE
21-22

MICAH
3-5

SATURDAY

NAHUM OVERVIEW: PAGE 126

SEPTEMBER
26

LUKE
23-24

MICAH 6-7
NAHUM 1

WEEK 38 • REFLECTION QUESTIONS

1. How do these chapters challenge the way you relate to God and to others?
2. What is one intentional step you can take this week to build or repair a relationship this week?

WEEK 39 • SEPTEMBER 27 - OCTOBER 3



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

HABAKKUK OVERVIEW: PAGE 127

SEPTEMBER
27

JOHN
1-2

NAHUM 2-3
HABAKKUK 1

JOHN OVERVIEW: PAGE 131

MONDAY

SEPTEMBER
28

JOHN
3-4

HABAKKUK 2-3
ZEPHANIAH 1

ZEPHANIAH OVERVIEW: PAGE 127

TUESDAY

SEPTEMBER
29

JOHN
5-6

ZEPHANIAH 2-3
HAGGAI 1

HAGGAI OVERVIEW: PAGE 128

WEDNESDAY

SEPTEMBER
30

JOHN
7-8

HAGGAI 2
ZECHARIAH 1-2

ZECHARIAH OVERVIEW: PAGE 128

THURSDAY

OCTOBER
1

JOHN
9-10

ZECHARIAH
3-5

FRIDAY

OCTOBER
2

JOHN
11-12

ZECHARIAH
6-8

SATURDAY

OCTOBER
3

JOHN
13-14

ZECHARIAH
9-11

WEEK 39 • REFLECTION QUESTIONS

1. What do these chapters reveal about who Jesus is and how He relates to His people?
2. What difference does this make for how you live out your faith this week?

WEEK 40 • OCTOBER 4 - 10



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

OCTOBER 4	JOHN 15-16	ZECHARIAH 12-14
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MONDAY

MALACHI OVERVIEW: PAGE 129

OCTOBER 5	JOHN 17-18	MALACHI 1-3
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TUESDAY

MATTHEW OVERVIEW: PAGE 130

OCTOBER 6	JOHN 19-20	MALACHI 4 MATTHEW 1-2
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WEDNESDAY

OCTOBER 7	JOHN 21	MATTHEW 3-5
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THURSDAY

ACTS OVERVIEW: PAGE 132

OCTOBER 8	ACTS 1-2	MATTHEW 6-8
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FRIDAY

OCTOBER 9	ACTS 3-4	MATTHEW 9-11
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SATURDAY

OCTOBER 10	ACTS 5-6	MATTHEW 12-14
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WEEK 40 • REFLECTION QUESTIONS

1. How do these chapters show what authentic faith, community or mission looks like in the early church and in Jesus' teaching?
2. What is one practical step you can take today to live out your faith today?

WEEK 41 • OCTOBER 11 - 17



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

OCTOBER 11	ACTS 7-8	MATTHEW 15-17
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MONDAY

OCTOBER 12	ACTS 9-10	MATTHEW 18-20
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TUESDAY

OCTOBER 13	ACTS 11-12	MATTHEW 21-23
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WEDNESDAY

OCTOBER 14	ACTS 13-14	MATTHEW 24-26
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THURSDAY

MARK OVERVIEW: PAGE 130

OCTOBER 15	ACTS 15-16	MATTHEW 27-28 MARK 1
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FRIDAY

OCTOBER 16	ACTS 17-18	MARK 2-4
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SATURDAY

OCTOBER 17	ACTS 19-20	MARK 5-7
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WEEK 41 • REFLECTION QUESTIONS

1. How do these chapters show the Apostles or Jesus responding to opposition or challenges?
2. What does your own response to challenges reveal, and how can you align it more with God today?

WEEK 42 • OCTOBER 18 - 24



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

OCTOBER 18	ACTS 21-22	MARK 8-10
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MONDAY

OCTOBER 19	ACTS 23-24	MARK 11-13
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TUESDAY

OCTOBER 20	ACTS 25-26	MARK 14-16
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WEDNESDAY

LUKE OVERVIEW: PAGE 131

OCTOBER 21	ACTS 27-28	LUKE 1-3
---------------	---------------	-------------

THURSDAY

ROMANS OVERVIEW: PAGE 132

OCTOBER 22	ROMANS 1-2	LUKE 4-6
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FRIDAY

OCTOBER 23	ROMANS 3-4	LUKE 7-9
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SATURDAY

OCTOBER 24	ROMANS 5-6	LUKE 10-12
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WEEK 42 • REFLECTION QUESTIONS

1. What do you learn about sin and God's mercy in these chapters?
2. How will you live differently because of it?

WEEK 43 • OCTOBER 25 - 31



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

OCTOBER 25	ROMANS 7-8	LUKE 13-15
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MONDAY

OCTOBER 26	ROMANS 9-10	LUKE 16-18
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TUESDAY

OCTOBER 27	ROMANS 11-12	LUKE 19-21
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WEDNESDAY

OCTOBER 28	ROMANS 13-14	LUKE 22-24
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THURSDAY

JOHN OVERVIEW: PAGE 131

OCTOBER 29	ROMANS 15-16	JOHN 1-3
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FRIDAY

1 CORINTHIANS OVERVIEW: PAGE 133

OCTOBER 30	1 CORINTHIANS 1-2	JOHN 4-6
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SATURDAY

OCTOBER 31	1 CORINTHIANS 3-4	JOHN 7-9
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WEEK 43 • REFLECTION QUESTIONS

1. How do these chapters challenge the way you relate to others?
2. What is one thing you can do today to improve a relationship?

WEEK 44 • NOVEMBER 1 - 7



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

NOVEMBER 1	1 CORINTHIANS 5-6	JOHN 10-12
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MONDAY

NOVEMBER 2	1 CORINTHIANS 7-8	JOHN 13-15
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TUESDAY

NOVEMBER 3	1 CORINTHIANS 9-10	JOHN 16-18
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WEDNESDAY

NOVEMBER 4	1 CORINTHIANS 11-12	JOHN 19-21
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THURSDAY

ACTS OVERVIEW: PAGE 132

NOVEMBER 5	1 CORINTHIANS 13-14	ACTS 1-3
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FRIDAY

NOVEMBER 6	1 CORINTHIANS 15-16	ACTS 4-6
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SATURDAY

2 CORINTHIANS OVERVIEW: PAGE 133

NOVEMBER 7	2 CORINTHIANS 1-2	ACTS 7-9
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WEEK 44 • REFLECTION QUESTIONS

1. What motivates generosity in these chapters?
2. How can you reflect that heart today?

WEEK 45 • NOVEMBER 8 - 14



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

NOVEMBER 8	2 CORINTHIANS 3-4	ACTS 10-12
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MONDAY

NOVEMBER 9	2 CORINTHIANS 5-6	ACTS 13-15
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TUESDAY

NOVEMBER 10	2 CORINTHIANS 7-8	ACTS 16-18
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WEDNESDAY

NOVEMBER 11	2 CORINTHIANS 9-10	ACTS 19-21
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THURSDAY

NOVEMBER 12	2 CORINTHIANS 11-12	ACTS 22-24
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FRIDAY

NOVEMBER 13	2 CORINTHIANS 13	ACTS 25-27
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SATURDAY

GALATIANS OVERVIEW: PAGE 134

NOVEMBER 14	GALATIANS 1-2	ACTS 28 ROMANS 1-2
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ROMANS OVERVIEW: PAGE 132

WEEK 45 • REFLECTION QUESTIONS

1. What actions or attitudes are believers called to live out in these chapters?
2. How can you show this action or attitude in your relationships with fellow believers today?

WEEK 46 • NOVEMBER 15 - 21



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

NOVEMBER 15	GALATIANS 3-4	ROMANS 3-5
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MONDAY

NOVEMBER 16	GALATIANS 5-6	ROMANS 6-8
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TUESDAY

EPHESIANS OVERVIEW: PAGE 134

NOVEMBER 17	EPHESIANS 1-2	ROMANS 9-11
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WEDNESDAY

NOVEMBER 18	EPHESIANS 3-4	ROMANS 12-14
----------------	------------------	-----------------

THURSDAY

1 CORINTHIANS OVERVIEW: PAGE 133

NOVEMBER 19	EPHESIANS 5-6	ROMANS 15-16 1 CORINTHIANS 1
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FRIDAY

PHILIPPIANS OVERVIEW: PAGE 135

NOVEMBER 20	PHILIPPIANS 1-2	1 CORINTHIANS 2-4
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SATURDAY

NOVEMBER 21	PHILIPPIANS 3-4	1 CORINTHIANS 5-7
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WEEK 46 • REFLECTION QUESTIONS

1. How do believers in these chapters remain faithful or steadfast under pressure?
2. How can you respond to pressure with faith today?

WEEK 47 • NOVEMBER 22 - 28



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

COLOSSIANS OVERVIEW: PAGE 135

NOVEMBER
22

COLOSSIANS
1-2

1 CORINTHIANS
8-10

MONDAY

NOVEMBER
23

COLOSSIANS
3-4

1 CORINTHIANS
11-13

TUESDAY

1 THESSALONIANS OVERVIEW: PAGE 136

NOVEMBER
24

1 THESSALONIANS
1-2

1 CORINTHIANS
14-16

WEDNESDAY

2 CORINTHIANS OVERVIEW: PAGE 133

NOVEMBER
25

1 THESSALONIANS
3-5

2 CORINTHIANS
1-3

THURSDAY

2 THESSALONIANS OVERVIEW: PAGE 136

NOVEMBER
26

2 THESSALONIANS
1-3

2 CORINTHIANS
4-6

FRIDAY

1 TIMOTHY OVERVIEW: PAGE 137

NOVEMBER
27

1 TIMOTHY
1-2

2 CORINTHIANS
7-9

SATURDAY

NOVEMBER
28

1 TIMOTHY
3-4

2 CORINTHIANS
10-12

WEEK 47 • REFLECTION QUESTIONS

1. What qualities of a mature believer are highlighted in these chapters?
2. Which of these qualities is God inviting you to grow in today?

WEEK 48 • NOVEMBER 29 - DECEMBER 5



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

GALATIANS OVERVIEW: PAGE 134

NOVEMBER 29	1 TIMOTHY 5-6	2 CORINTHIANS 13 GALATIANS 1-2
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MONDAY

2 TIMOTHY OVERVIEW: PAGE 137

NOVEMBER 30	2 TIMOTHY 1-2	GALATIANS 3-5
----------------	------------------	------------------

TUESDAY

EPHESIANS OVERVIEW: PAGE 134

DECEMBER 1	2 TIMOTHY 3-4	GALATIANS 6 EPHESIANS 1-2
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WEDNESDAY

TITUS OVERVIEW: PAGE 138

DECEMBER 2	TITUS 1-2	EPHESIANS 3-5
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THURSDAY

PHILEMON OVERVIEW: PAGE 138

DECEMBER 3	TITUS 3 PHILEMON 1	EPHESIANS 6 PHILIPPIANS 1-2
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PHILIPPIANS OVERVIEW: PAGE 135

FRIDAY

HEBREWS OVERVIEW: PAGE 139

DECEMBER 4	HEBREWS 1-2	PHILIPPIANS 3-4 COLOSSIANS 1
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COLOSSIANS OVERVIEW: PAGE 135

SATURDAY

DECEMBER 5	HEBREWS 3-4	COLOSSIANS 2-4
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WEEK 48 • REFLECTION QUESTIONS

1. How do these chapters show what genuine faith looks like in action?
2. In which area of your life do you need to trust God more today?

WEEK 49 • DECEMBER 6 - 12



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

1 THESSALONIANS OVERVIEW: PAGE 136

DECEMBER 6	HEBREWS 5-6	1 THESSALONIANS 1-3
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MONDAY

2 THESSALONIANS OVERVIEW: PAGE 136

DECEMBER 7	HEBREWS 7-8	1 THESSALONIANS 4-5 2 THESSALONIANS 1
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TUESDAY

1 TIMOTHY OVERVIEW: PAGE 137

DECEMBER 8	HEBREWS 9-10	2 THESSALONIANS 2-3 1 TIMOTHY 1
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WEDNESDAY

DECEMBER 9	HEBREWS 11	1 TIMOTHY 2-4
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THURSDAY

2 TIMOTHY OVERVIEW: PAGE 137

DECEMBER 10	HEBREWS 12-13	1 TIMOTHY 5-6 2 TIMOTHY 1
----------------	------------------	------------------------------

FRIDAY

JAMES OVERVIEW: PAGE 139

DECEMBER 11	JAMES 1-2	2 TIMOTHY 2-4
----------------	--------------	------------------

SATURDAY

TITUS OVERVIEW: PAGE 138

DECEMBER 12	JAMES 3-4	TITUS 1-3
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WEEK 49 • REFLECTION QUESTIONS

1. How do these chapters show the connection between faith and action?
2. What specific action can you take today in response?

WEEK 50 • DECEMBER 13 - 19



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

1 PETER OVERVIEW: PAGE 140

DECEMBER
13

JAMES 5
1 PETER 1

PHILEMON 1
HEBREWS 1-2

PHILEMON OVERVIEW: PAGE 138

MONDAY

HEBREWS OVERVIEW: PAGE 139

DECEMBER
14

1 PETER
2-3

HEBREWS
3-5

TUESDAY

DECEMBER
15

1 PETER
4-5

HEBREWS
6-8

WEDNESDAY

2 PETER OVERVIEW: PAGE 140

DECEMBER
16

2 PETER
1-3

HEBREWS
9-11

THURSDAY

1 JOHN OVERVIEW: PAGE 141

DECEMBER
17

1 JOHN
1-2

HEBREWS 12-13
JAMES 1

JAMES OVERVIEW: PAGE 139

FRIDAY

DECEMBER
18

1 JOHN
3-4

JAMES
2-4

SATURDAY

2 JOHN OVERVIEW: PAGE 141

DECEMBER
19

1 JOHN 5
2 JOHN 1

JAMES 5
1 PETER 1-2

1 PETER OVERVIEW: PAGE 140

WEEK 50 • REFLECTION QUESTIONS

1. What truth, command or encouragement do these chapters give to believers?
2. What change in your thinking or behaviour do these chapters invite you to make today?

WEEK 51 • DECEMBER 20 - 26



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

3 JOHN OVERVIEW: PAGE 142

DECEMBER
20

3 JOHN 1
JUDE 1

1 PETER
3-5

JUDE OVERVIEW: PAGE 142

MONDAY

REVELATION OVERVIEW: PAGE 143

DECEMBER
21

REVELATION
1-2

2 PETER
1-3

2 PETER OVERVIEW: PAGE 140

TUESDAY

1 JOHN OVERVIEW: PAGE 141

DECEMBER
22

REVELATION
3-4

1 JOHN
1-3

WEDNESDAY

2 JOHN OVERVIEW: PAGE 141

DECEMBER
23

REVELATION
5-6

1 JOHN 4-5
2 JOHN 1

THURSDAY

3 JOHN & JUDE OVERVIEW: PAGE 142

DECEMBER
24

REVELATION
7-8

3 JOHN 1, JUDE 1
REVELATION 1

REVELATION OVERVIEW: PAGE 143

FRIDAY

DECEMBER
25

REVELATION
9-10

REVELATION
2-4

SATURDAY

DECEMBER
26

REVELATION
11-12

REVELATION
5-7

WEEK 51 • REFLECTION QUESTIONS

1. What new truth or insight about God, His people or His plans stands out to you in these passages?
2. How does knowing this truth inspire you to live differently today?

WEEK 52 • DECEMBER 27 - 31



DATE

WALK
Beginner track

RUN
Advanced track

SUNDAY

DECEMBER 27	REVELATION 13-14	REVELATION 8-10
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MONDAY

DECEMBER 28	REVELATION 15-16	REVELATION 11-13
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TUESDAY

DECEMBER 29	REVELATION 17-18	REVELATION 14-16
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WEDNESDAY

DECEMBER 30	REVELATION 19-20	REVELATION 17-19
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THURSDAY

DECEMBER 31	REVELATION 21-22	REVELATION 20-22
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WEEK 52 • REFLECTION QUESTIONS

1. What do these chapters reveal about God's ultimate plan and His victory over evil?
2. How does this truth shape the way you live today?

BOOK OVERVIEWS

GENESIS

PURPOSE

The book of Genesis details the lineage of Israel from Creation to Joseph, to inform Israel of God's election for ruling and unconditional blessings through Abraham.

KEY TOPICS

Beginning

KEY VERSES

3:15,
12:3

KEY WORDS

God said,
Covenant

GENRE

Law, Historical
Narrative

AUTHOR

Moses

AUDIENCE

Israelites

WHEN

Creation
4000BC;
Flood 2300BC;
Abraham:
1996BC

SETTING

In the beginning
in the Garden of
Eden

CHAPTER/THEME

1-2 **Creation**
3-5 **Fall**
6-10 **Flood**
11 **Nations**
12-20 **Abraham**
21-24 **Isaac**
25-36 **Jacob**
37-50 **Joseph**

VIDEO AID

[bibleproject.com/
videos/genesis-1-11/](http://bibleproject.com/videos/genesis-1-11/)

[bibleproject.com/
videos/genesis-12-50/](http://bibleproject.com/videos/genesis-12-50/)

EXODUS

PURPOSE

Exodus tells of Israel's formation as a nation, with God as King, through the miraculous deliverance from Egypt and the revelation of the Mosaic Law, to provide a kingdom where Judah's descendant rules.

KEY TOPICS

Deliverance,
Formation

KEY VERSES

6:6,
12:40-42,
19:5-6

KEY WORDS

Egypt,
Passover,
Tabernacle,
Slave,
Delivered

GENRE

Law, Historical
Narrative

AUTHOR

Moses

AUDIENCE

Israelites (old and
new generation)

WHEN

1400BC

SETTING

Slavery in
Goshen, Egypt

CHAPTER/THEME

1-18 **Deliverance**
(Slavery in Egypt)
19-23 **Decalogue**
(10 Commandments)
24-40 **Dwelling**
(Tabernacle)

VIDEO AID

[bibleproject.com/
videos/exodus-1-18/](http://bibleproject.com/videos/exodus-1-18/)

[bibleproject.com/
videos/exodus-19-40/](http://bibleproject.com/videos/exodus-19-40/)

LEVITICUS

<p>PURPOSE The teaching of sanctification through sacrifice and separation, that Israel might obey God's laws for His presence to remain with the nation.</p>	<p>KEY TOPICS Holiness</p> <p>KEY VERSES 17:11, 19:2, 20:7-8</p> <p>KEY WORDS The Lord Spoke to Moses, Offering, Holy, Tent of Meeting, Blood</p>	<p>GENRE Law, Historical Narrative</p> <p>AUTHOR Moses</p> <p>AUDIENCE Israelites (old and new generation)</p> <p>WHEN 1400BC</p> <p>SETTING Settled down at Mount Sinai</p>	<p>CHAPTER/THEME</p> <p>1-17 Way to God</p> <p>18-27 Walk with God</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>VIDEO AID</p> <p>bibleproject.com/ videos/leviticus/</p> </div>
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NUMBERS

<p>PURPOSE The book of Numbers describes God's dealing with Israel's unbelieving and believing generations in the wilderness. This prepares the nation to enter the Promised Land, fulfilling God's given Abrahamic Covenant.</p>	<p>KEY TOPICS Wilderness</p> <p>KEY VERSES 6:24-26, 14:22-23</p> <p>KEY WORDS Offering, Service, Sin, Wilderness, Atonement</p>	<p>GENRE Law, Historical Narrative</p> <p>AUTHOR Moses</p> <p>AUDIENCE Israelites</p> <p>WHEN 1400BC</p> <p>SETTING Getting ready at Mount Sinai to enter the Promised Land</p>	<p>CHAPTER/THEME</p> <p>1-10 Old Generation</p> <p>11-20 Wilderness</p> <p>21-36 New Generation</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>VIDEO AID</p> <p>bibleproject.com/ videos/numbers/</p> </div>
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BOOK OVERVIEWS

DEUTERONOMY

PURPOSE

Moses preaches sermons which expound the Law, to encourage Israel's new generation to renew God's Covenant at Sinai – with blessings for obedience, and curses for disobedience.

KEY TOPICS

Renewal

KEY VERSES

6:4–9,
10:12–13,
30:19–20

KEY WORDS

Lord your God,
Heart,
Listen,
Blessings,
Curses

GENRE

Law, Sermons,
Historical
Narrative

AUTHOR

Moses

AUDIENCE

Israelites (old and
new generation)

WHEN

1400BC

SETTING

Coming to the
end of Moses' life at Kadesh
Barnea, Plains of
Moab

CHAPTER/THEME

1–4

1st Sermon

(What God has done)

5–26

2nd Sermon

(What God expects)

27–34

3rd Sermon

(What God will do)

VIDEO AID

<https://bibleproject.com/videos/deuteronomy/>

JOSHUA

PURPOSE

The book of Joshua tells of how Israel comes to occupy most of Canaan, in fulfilment of God's promise. This teaches the nation that obedient faith based upon God's promises brings blessings.

KEY TOPICS

Conquer,
success

KEY VERSES

1:8,
24:15

KEY WORDS

Land,
Inheritance,
Commanded,
Ark,
Covenant

GENRE

Pre-exilic Historical
Narrative

AUTHOR

Joshua

AUDIENCE

Israelites who
first entered the
Promised Land

WHEN

1406 to 1375 BC

SETTING

The death of
Moses; Joshua
is commissioned
to be the leader
to conquer the
Promised Land

CHAPTER/THEME

1

Commissioning

2–5

Entering the Land

6–12

Conquering the Land

13–22

Dividing the Land

23–24

Charge and Death

VIDEO AID

<https://bibleproject.com/videos/joshua/>

JUDGES

PURPOSE

The book of Judges tells the cautionary tale of Israel's failure due to their faithless disobedience – contrasted with God's faithful mercy in disciplining and delivering Israel. God's anointed are pointed to the posture of submission, not rebellion.

KEY TOPICS

Failures,
Rebellion,
Death,
Deliverance

KEY VERSES

2:18,
21:25

KEY WORDS

Deliver,
Judge,
Evil

GENRE

Pre-exilic
Historical
Narrative

AUTHOR

Samuel

AUDIENCE

Israelites before
the United
monarchy

WHEN

1375 BC

SETTING

The death of
Joshua, leaving
the Israelites
to possess the
Promised Land

CHAPTER/THEME

1–2
Live with the world

3–16
War with the world

17–21
Live like the world

VIDEO AID

[https://bibleproject.com/
videos/judges/](https://bibleproject.com/videos/judges/)

RUTH

PURPOSE

Ruth's devotion to her late husband's mother Naomi, and her faith in God, benefit all through God's provision and participation in the Davidic and messianic line. This shows how God blesses those who put their trust in Him.

KEY TOPICS

Kinsman
Redeemer,
Rewards

KEY VERSES

1:16,
2:12,
4:17

KEY WORDS

Redeem,
Relative,
Return

GENRE

Pre-exilic
Historical
Narrative

AUTHOR

Samuel

AUDIENCE

Unified kingdom
of Saul & David

WHEN

1160 to 1100 BC

SETTING

During the times
of the Judges

CHAPTER/THEME

1–2
Love Demonstrated
(Ruth and Naomi)

3–4
Love Rewarded
(Ruth and Boaz)

VIDEO AID

[https://bibleproject.com/
videos/ruth/](https://bibleproject.com/videos/ruth/)

BOOK OVERVIEWS

1 SAMUEL

PURPOSE

This historical narrative depicts the transition from a degenerate theocracy under Eli and Samuel, to a monarchy under Saul and David. We see how God's sovereignty is delegated to the divinely-elected Davidic kings.

KEY TOPICS

Transitions,
Monarchy

KEY VERSES

2:35,
13:14,
15:22,
16:7

KEY WORDS

Ark,
Judge,
Covenant,
Sin

GENRE

Pre-exilic
Historical
Narrative

AUTHORS

Samuel,
Nathan,
Gad

AUDIENCE

Israelites during
the time of its
Monarchy

WHEN

1120 to 1011BC

SETTING

The birth
of Samuel,
transiting from
judges to kings

CHAPTER/THEME

1-7
**Eli to Samuel as
Priests**

8-31
Saul to David as Kings

VIDEO AID

[https://bibleproject.com/
videos/1-samuel/](https://bibleproject.com/videos/1-samuel/)

2 SAMUEL

PURPOSE

God establishes David as king, and protects his dynasty through discipline and deliverance. This shows God's justice and covenant faithfulness to fulfil His purposes through David and his seed.

KEY TOPICS

Covenant,
Kingship

KEY VERSES

7:12-13

KEY WORDS

Covenant,
Reign,
Inquire

GENRE

Pre-exilic
Historical
Narrative

AUTHORS

Samuel,
Nathan,
Gad

AUDIENCE

Israelites during
the time of its
Monarchy

WHEN

1011 to 971BC

SETTING

David grieves over
the death of Saul
and Jonathan

CHAPTER/THEME

1-10
Triumphs of David

11
**Transgressions of
David**

12-24
Troubles of David

VIDEO AID

[https://bibleproject.com/
videos/2-samuel/](https://bibleproject.com/videos/2-samuel/)

1 KINGS

PURPOSE

King Solomon's early prosperity through loyalty ends in disobedience that leads to a divided kingdom. Most kings that follow him do evil, but God remains faithful to the Davidic Covenant to remind Judah of its own need to obey His Law.

KEY TOPICS

Temple,
Division

KEY VERSES

9:4-5,
11:11,
11:34-35

KEY WORDS

Kingdom,
Heart,
Wisdom,
Covenant,
Sin

GENRE

Pre-exilic
Historical
Narrative

AUTHOR

Unknown

AUDIENCE

Jewish people
living in exile

WHEN

970 to 853BC

SETTING

Final days of
King David and
Solomon's reign

CHAPTER/THEME

1-11
United Kingdom

12-22
Divided Kingdom

VIDEO AID

[https://bibleproject.com/
videos/kings/](https://bibleproject.com/videos/kings/)

2 KINGS

PURPOSE

In 2 Kings, the covenant disobedience and resultant downfalls of the kingdoms of Israel and Judah are contrasted with God's loyalty to the Davidic Covenant. Israel is reminded of the need to obey the Law.

KEY TOPICS

Downfall,
unfaith-
fulness

KEY VERSES

17:22-23,
23:27

KEY WORDS

Covenant,
Heart,
Sin,
High Places

GENRE

Pre-exilic
Historical
Narrative

AUTHOR

Unknown

AUDIENCE

Jewish people
living in exile

WHEN

853 to 560BC

SETTING

Ahab's death and
Elijah's departure

CHAPTER/THEME

1-17
Divided Kingdom

18-25
Surviving Kingdom

VIDEO AID

[https://bibleproject.com/
videos/kings/](https://bibleproject.com/videos/kings/)

BOOK OVERVIEWS

1 CHRONICLES

PURPOSE

This spiritual perspective on the kingdom period in David's life is given to admonish the remnant to proper temple worship, and to stop idolatry of the past.

KEY TOPICS

Establishment, Worship

KEY VERSES

17:11-14, 29:10-13

KEY WORDS

House, Ark, Levites, Priest

GENRE

Post-exilic Historical Narrative

AUTHOR

Ezra

AUDIENCE

Jews who came back to Jerusalem from Babylon

WHEN

450 to 425BC

SETTING

Genealogy from Adam to the returned exiles

CHAPTER/THEME

1-9
Royal Line of David

10-29
Reign of David

VIDEO AID

<https://bibleproject.com/videos/chronicles/>

2 CHRONICLES

PURPOSE

This spiritual perspective on the preservation of David's line, despite the fall and exile of the nation of Judah, is given to admonish the remnant to proper temple worship.

KEY TOPICS

Preservation, Remnant

KEY VERSES

7:14-18, 16:9

KEY WORDS

King, Temple, Judah, Israel, Priest, Seek

GENRE

Post-exilic Historical Narrative

AUTHOR

Ezra

AUDIENCE

Jews who came back to Jerusalem from Babylon

WHEN

450 to 425BC

SETTING

Solomon asks God for wisdom and his request is granted

CHAPTER/THEME

1-9
Reign of Solomon

10-36
Reign of Judah Kings

VIDEO AID

<https://bibleproject.com/videos/chronicles/>

EZRA

PURPOSE

The rebuilding of the temple and return of the people under Zerubbabel and Ezra highlights God's faithfulness in restoring His remnant, calling them back to true worship and covenant obedience.

KEY TOPICS

Temple,
Return

KEY VERSES

3:11,
7:10, 9
:8

KEY WORDS

Jerusalem,
House,
Degree,
Law

GENRE

Post-exilic
Historical
Narrative

AUTHOR

Ezra

AUDIENCE

Jews returned to
Jerusalem

WHEN

1:6: 538-516BC,
7-10: 458-457BC

SETTING

Cyrus sends
exiles back to
Jerusalem, led
by Zerubbabel

CHAPTER/THEME

1-6
Rebuilding the
Temple

7-10
Restoring the People

VIDEO AID

[https://bibleproject.com/
videos/ezra-nehemiah/](https://bibleproject.com/videos/ezra-nehemiah/)

NEHEMIAH

PURPOSE

The restorations of the walls and people in the land under Nehemiah record God's faithfulness to His promise of restoration. This is meant to encourage the remnant toward covenant obedience, rooted in temple worship at Jerusalem.

KEY TOPICS

Walls,
Leadership

KEY VERSES

6:15-16,
8:8

KEY WORDS

People,
House,
Wall,
Gate,
Repair,
Remember

GENRE

Post-exilic
Historical Narrative

AUTHORS

Ezra, Nehemiah

AUDIENCE

Jews recently
returned to
Jerusalem

WHEN

445 to 420BC

SETTING

Nehemiah
receives a report
that the walls
and gates of
Jerusalem were
destroyed

CHAPTER/THEME

1
Request to visit
Jerusalem

2-7
Rebuilt walls of
Jerusalem

8-10
Revival in Jerusalem

11-13
Remnant in
Jerusalem

VIDEO AID

[https://bibleproject.com/
videos/ezra-nehemiah/](https://bibleproject.com/videos/ezra-nehemiah/)

BOOK OVERVIEWS

ESTHER

PURPOSE

The book of Esther tells of post-exilic communities during the time of Nehemiah and Malachi and the inter-testamental period. This book encourages post-exile Israel of God's continued commitment to the Abrahamic Covenant.

KEY TOPICS

Providence, Favour

KEY VERSES

4:14, 16

KEY WORDS

Favour, Feast, Jews, Degree, Fast, Destruction

GENRE

Post-exilic Historical Narrative

AUTHOR

Unknown

AUDIENCE

The remnant during the time of Nehemiah, Malachi and inter-testamental period

WHEN

483 to 473BC

SETTING

King Ahasuerus of Persia gives a feast to his officials and servants

CHAPTER/THEME

1-4
Threat and Danger to the Jews

5-10
Triumph and Deliverance of the Jews

VIDEO AID

<https://bibleproject.com/videos/esther/>

JOB

PURPOSE

Job's suffering, dialogue with others and God, and his subsequent restoration, reveal that the proper response to righteous suffering is submission to God rather than questioning His and sovereignty.

KEY TOPICS

Sovereignty, relationships

KEY VERSES

19:25, 42:2, 5-6

KEY WORDS

Almighty, Cry, Wicked, Sin, Satan, How, Why, Righteous, Wisdom

GENRE

Poetry

AUTHOR

Unknown

AUDIENCE

Ancient Hebrew

WHEN

2000BC

SETTING

In Uz, where Job is tested for his faith in God

CHAPTER/THEME

1-2
Dilemma of Job

3-37
Debate with Job

38-42
Deliverance of Job

VIDEO AID

<https://bibleproject.com/videos/job/>

PSALMS

<p>PURPOSE A collection of praise and prayers that respond to who God is and what He has done. The Psalms provide wisdom, protection, Messianic fulfilment and His Word, so that man might humble themselves before God in trust and thanksgiving.</p>	<p>KEY TOPICS Praise, Worship</p> <p>KEY VERSES 19:14, 111:1, 150:6</p> <p>KEY WORDS Praise, Song, Heart, Mercy, Righteous, Evil, Enemies</p>	<p>GENRE Poetry</p> <p>AUTHORS David, Asaph, Solomon, Moses, Ethan, Heman, Sons of Korah</p> <p>AUDIENCE Israel</p> <p>WHEN 1400 to 430BC</p> <p>SETTING Covers a period of centuries</p>	<p>CHAPTER/THEME</p> <p>1–41 Book 1 <i>(41 Psalms)</i></p> <p>42–72 Book 2 <i>(31 Psalms)</i></p> <p>73–89 Book 3 <i>(17 Psalms)</i></p> <p>90–106 Book 4 <i>(17 Psalms)</i></p> <p>107–150 Book 5 <i>(44 Psalms)</i></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>VIDEO AID</p> <p>https://bibleproject.com/videos/psalms/</p> </div>
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PROVERBS

<p>PURPOSE The proverbs of Solomon and various sages are quoted to instruct youth in the value of wisdom over folly – that they may live obediently before God in every area of life.</p>	<p>KEY TOPICS Wisdom, fear of the Lord</p> <p>KEY VERSES 1:7</p> <p>KEY WORDS Fear of the Lord, Wisdom, Fools, Son, Righteousness, Wickedness, Way</p>	<p>GENRE Wisdom Literature</p> <p>AUTHOR Mostly by Solomon</p> <p>AUDIENCE Son of the author</p> <p>WHEN 950 to 700BC</p> <p>SETTING When Solomon rules as King</p>	<p>CHAPTER/THEME</p> <p>1–9 Prologue to Wise Living</p> <p>10–30 Principles for Wise Living</p> <p>31 Personification of Wise Living</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>VIDEO AID</p> <p>https://bibleproject.com/videos/proverbs/</p> </div>
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BOOK OVERVIEWS

ECCLESIASTES

PURPOSE

King Solomon demonstrates the meaninglessness of human achievement and wisdom, and recommends the joyous enjoyment of life and fear of God. He warns others not to follow his empty path.

KEY TOPICS

Meaningless

KEY VERSES

1:2;
2:11,
12:13-14

KEY WORDS

Under the Sun,
Vanity,
Wisdom,
Foolish,
Labour

GENRE

Wisdom
Literature

AUTHOR

Solomon when
he was old

AUDIENCE

Unknown

WHEN

Before Solomon's
death (931BC)

SETTING

A deep look into
a man's heart

CHAPTER/THEME

1
Declaration of Vanity

2-6
Demonstration
of Vanity

7-12
Deliverance
from Vanity

VIDEO AID

[https://bibleproject.com/
videos/ecclesiastes/](https://bibleproject.com/videos/ecclesiastes/)

SONG OF SONGS

PURPOSE

The love story of Solomon and his Shulammitte wife is traced from courtship to a strong marital love, as an example of the need for premarital sexual restraint and the effort required for growth in marital love. It is also a metaphor for the love between God and the Church.

KEY TOPICS

Beloved, love

KEY VERSES

8:6-7

KEY WORDS

Love,
beloved,
beautiful

GENRE

Wisdom
Literature

AUTHOR

Solomon
when he was
a young man

AUDIENCE

Shulamite the
shepherdess

WHEN

971 to 931BC

SETTING

In the
countryside
and the palace
of Israel

CHAPTER/THEME

1-3
Falling in Love

4
United in Love

5-6
Struggling in Love

7-8
Growing in Love

VIDEO AID

[https://bibleproject.com/
videos/song-songs/](https://bibleproject.com/videos/song-songs/)

ISAIAH

PURPOSE

Isaiah writes that God will judge those who break His Law – but simultaneously and provide restoration and salvation, to encourage Judah that God will bring universal blessing through the future Messiah.

KEY TOPICS

Salvation,
Restoration

KEY VERSES

9:6-7,
12:2,
53:6

KEY WORDS

Lord of Hosts,
Earth,
Remnant,
Assyria,
Glory,
Servant,
Redeemer

GENRE

Major Prophecy

AUTHOR

Isaiah

AUDIENCE

Judah and her neighbours,
Israel, and the world

WHEN

722 to 681BC

SETTING

Isaiah has a vision of the wickedness of Judah

CHAPTER/THEME

1-39
Warnings
and Promises

40-55
Comfort and
Encouragement

56-66
Exile and Glory

VIDEO AID

<https://bibleproject.com/videos/isaiah-1-39/>

<https://bibleproject.com/videos/isaiah-40-66/>

JEREMIAH

PURPOSE

Jeremiah prophesies Jerusalem's fall, the 70-year exile, God's judgement of the nations and future restoration under a new covenant. The book gives hope and exhorts Judah to accept God's discipline by yielding to Babylon.

KEY TOPICS

Inevitable,
Warning

KEY VERSES

7:23-24,
9:23-24,
25:11-12

KEY WORDS

Heart,
Forsake,
Evil,
Babylon.
Listen,
Famine

GENRE

Prophecy

AUTHOR

Mostly by
Solomon

AUDIENCE

Son of the author

WHEN

626 to 580BC

SETTING

The call of
Jeremiah

CHAPTER/THEME

1
Call of Jeremiah

2-45
Prophecies to Judah

46-51
Prophecies to Gentiles

52
Fall of Jerusalem

VIDEO AID

<https://bibleproject.com/videos/jeremiah/>

BOOK OVERVIEWS

LAMENTATIONS

PURPOSE

Jeremiah expresses, in deeply emotional terms, his agony over the siege conditions and the fall of Jerusalem. This serves as a model for national confession and urges the remnant to repent and trust God for His restoration.

KEY TOPICS

Confession

KEY VERSES

3:19-23

KEY WORDS

How, Jerusalem, Zion, Daughter, Enemy, Anger, Wept

GENRE

Poetic Lament, Dirge

AUTHOR

Jeremiah

AUDIENCE

Survivors of destruction of Jerusalem

WHEN

Before Solomon's death (931BC)

SETTING

Jeremiah walks down the streets and alleys of the Holy City

CHAPTER/THEME

1
Catastrophes
2
Cause
3
Cure
4
Consequences
5
Cry

VIDEO AID

<https://bibleproject.com/videos/lamentations/>

EZEKIEL

PURPOSE

Ezekiel delivers messages of judgment and hope to assure the exiles that God will judge His people, destroy their enemies and restore His glory, which had departed before the destruction of the temple.

KEY TOPICS

Glory, Judgment

KEY VERSES

36:24-26, 39:28

KEY WORDS

Know that I am the Lord, Son of Man, Abominations, Idolatry, Desolation, Glory

GENRE

Major Prophetical

AUTHOR

Ezekiel

AUDIENCE

House of Israel

WHEN

592 to 570BC

SETTING

Ezekiel is exiled and lives among the Jewish exiles in Babylon

CHAPTER/THEME

1-24
Judah's Fall
25-32
Judah's Foes
33-48
Judah's Future

VIDEO AID

<https://bibleproject.com/videos/ezekiel-1-33/>

<https://bibleproject.com/videos/ezekiel-34-48/>

DANIEL

PURPOSE

The book of Daniel encourages the exiles of God's sovereign control over all nations. He preserves Israel from Nebuchadnezzar's invasion of Jerusalem to the future establishment of the Messiah's Kingdom.

KEY TOPICS

Future,
Sovereignty

KEY VERSES

2:20-22, 44,
3:17-18

KEY WORDS

Kingdom,
Vision,
Dream,
Dominion,
Mystery,
Covenant

GENRE

Major
Prophetic,
Apocalyptic

AUTHOR

Daniel

AUDIENCE

Jewish exiles living
in Babylon and
those returning
from exile

WHEN

605BC

SETTING

Nebuchadnezzar
besieges
Jerusalem; Israel
goes into exile

CHAPTER/THEME

1
**Sovereignty
over Daniel**

2-6
**Sovereignty
over Gentiles**

7-12
**Sovereignty
over Jews**

VIDEO AID

[https://bibleproject.com/
videos/daniel/](https://bibleproject.com/videos/daniel/)

HOSEA

PURPOSE

The prophet Hosea experiences a personal marriage tragedy, which illustrates God's faithful reception of His unfaithful people. The intent is to motivate Israel to repentance.

KEY TOPICS

Loyalty,
Redeeming
Love

KEY VERSES

2:19-20,
4:1

KEY WORDS

Ephraim,
Harlotry,
Idolatry,
Lovingkindness,
Return

GENRE

Prophetic
Literature

AUTHOR

Hosea, the
death-bed
prophet of Israel

AUDIENCE

Israel

WHEN

755 to 710BC

SETTING

The Northern
Kingdom of Israel
is corrupted and
in Baal worship

CHAPTER/THEME

1-3
**Adulterous Gomer,
Faithful Hosea**

4-14
**Adulterous Israel,
Faithful God**

VIDEO AID

[https://bibleproject.com/
videos/hosea/](https://bibleproject.com/videos/hosea/)

BOOK OVERVIEWS

JOEL

PURPOSE

Despite the judgment upon Judah, of locusts and the coming Babylonian invasion, God promises forgiveness, deliverance, and restoration to motivate Judah to repent.

KEY TOPICS

Locusts,
Day of the Lord

KEY VERSES

2:1,
2:11-12,
2:31

KEY WORDS

Locust,
Zion,
Day of the Lord,
Return,
Nations

GENRE

Prophetic
Literature

AUTHOR

Joel

AUDIENCE

Judah

WHEN

835BC

SETTING

A great catastrophe – a locust plague – is coming to strike Israel

CHAPTER/THEME

1
Immediate
Day of the Lord

2
Imminent
Day of the Lord

3
Ultimate
Day of the Lord

VIDEO AID

<https://bibleproject.com/videos/joel/>

AMOS

PURPOSE

Amos' message of judgment upon social injustices of Israel and the surrounding nations warns of the coming exile. But it also declares God's promise to restore a remnant in faithfulness to the Davidic Covenant – all to urge the nation to repent.

KEY TOPICS

Injustice,
Judgment

KEY VERSES

3:1-2,
5:4-5,
5:24

KEY WORDS

Thus says the Lord,
Transgressions,
Israel,
Day of the Lord

GENRE

Prophetic
Literature

AUTHOR

Amos

AUDIENCE

Israel and its surrounding nations

WHEN

760BC to 750BC

SETTING

A time when both Israel and Judah enjoy political stability and prosperity

CHAPTER/THEME

1-2
Pronouncement
of Judgment

3-6
Promptings
of Judgment

7-8
Pictures
of Judgment

9
Promise
After Judgment

VIDEO AID

<https://bibleproject.com/videos/amos/>

OBADIAH

PURPOSE

A foretelling of the destruction of Edom and all nations as God's judgment for opposing Israel. Judah is comforted with the promise of blessing because of God's protection in the Land Covenant.

KEY TOPICS

Edom, Doom

KEY VERSES

1:10, 15 & 17

KEY WORDS

Esau, Jacob, Nations, Mountain, Day

GENRE

Prophetic Literature

AUTHOR

Obadiah

AUDIENCE

Edomites and Israelites

WHEN

840BC

SETTING

Edom helps capture fleeing Israelites and turns them over to the Babylonians

CHAPTER/THEME

1–9

What will happen to Edom?

10–13

Why would it happen?

15–21

How will it happen?

VIDEO AID

<https://bibleproject.com/videos/obadiah/>

JONAH

PURPOSE

Prophet Jonah's disobedience and indifference towards Nineveh symbolise the sins in Israel. The book depicts God's sovereignty and compassion for responsive Gentiles to remind Israel of its missionary purpose to the nations.

KEY TOPICS

Compassion, Mission, Mercy

KEY VERSES

2:9, 4:11

KEY WORDS

Down, Sent, Turn, Pray, Compassion

GENRE

Prophetic Literature

AUTHOR

Jonah, son of Amittai

AUDIENCE

Ninevites

WHEN

760BC

SETTING

God calls Jonah to go and give a warning to the people living in Nineveh

CHAPTER/THEME

1

Running from God

2

Running to God

3

Running with God

4

Running against God

VIDEO AID

<https://bibleproject.com/videos/jonah/>

BOOK OVERVIEWS

MICAH

PURPOSE

God indicts Israel and Judah for wickedness and exploitation of the poor and declares a judgment in exile to motivate them to repent. But He also promises vindication under the Messiah in fulfillment of the Abrahamic Covenant.

KEY TOPICS

Exploitation

KEY VERSES

1:5;
4:1;
5:2;
6:8;
7:18

KEY WORDS

Jacob,
Israel,
Zion,
Walk,
Remnant,
People

GENRE

Prophetic
Literature

AUTHOR

Micah

AUDIENCE

Judah

WHEN

735BC to 710BC

SETTING

In a time of prosperity, the wealthy oppress the poor, and sin has infiltrated the land

CHAPTER/THEME

1–2
Day of Calamity

3–5
Day of Comfort

6–7
Day in Court

VIDEO AID

<https://bibleproject.com/videos/micah/>

NAHUM

PURPOSE

Nahum prophesies certain destruction upon Assyria for scheming against God and its cruelty against man. Judah is comforted that God will powerfully protect it by destroying Nineveh in accordance with His justice.

KEY TOPICS

Doom of
Nineveh

KEY VERSES

1:1, 3, 3:1, 5–7

KEY WORDS

Nineveh,
I will,
I am against you

GENRE

Prophetic
Literature

AUTHOR

Nahum

AUDIENCE

Ninevah,
City of Assyria

WHEN

663BC to 612BC

SETTING

Nahum preaches to the Ninevites who would not repent for their brutality

CHAPTER/THEME

1
God's displeasure
proclaimed

2
Nineveh's doom
predicted

3
Nineveh's downfall
portrayed

VIDEO AID

<https://bibleproject.com/videos/nahum/>

HABAKKUK

PURPOSE

Habakkuk questions God's discipline of Judah by Babylon, whom He promises to punish. Habakkuk responds by praising God's sovereignty and faithfulness, to encourage Judah to trust God despite the circumstances.

KEY TOPICS

Faith

KEY VERSES

1:6,
2:4,
3:18

KEY WORDS

Why,
Salvation,
Selah,
Wicked

GENRE

Prophetic Literature,
Dialogue,
Song

AUTHOR

Habakkuk

AUDIENCE

Judah

WHEN

609 to 598BC

SETTING

Habakkuk cannot understand why God would send the Babylonians to punish Judah

CHAPTER/THEME

1-2
Habakkuk's Perplexity

3
Habakkuk's Praise

VIDEO AID

<https://bibleproject.com/videos/habakkuk/>

ZEPHANIAH

PURPOSE

Zephaniah prophesies of the coming day of the LORD's judgment upon Judah, the nations and the earth. He calls on Judah to repent and recognise God's righteousness and His promise of a remnant in a national restoration.

KEY TOPICS

Day of the Lord

KEY VERSES

1:2,
1:14-15,
2:3,
3:20

KEY WORDS

Day,
Earth,
Gather,
Remnant,
Anger

GENRE

Prophetic Literature

AUTHOR

Zephaniah

AUDIENCE

Judah and nations

WHEN

630BC

SETTING

After the long, disastrous reign of Manasseh, and during the reforms of King Josiah, who brings spiritual revival to Judah

CHAPTER/THEME

1
God's wrath on Judah

2
God's woes for the nations

3
God's will for the remnant

VIDEO AID

<https://bibleproject.com/videos/zephaniah/>

BOOK OVERVIEWS

HAGGAI

PURPOSE

Haggai urges the remnant to refocus their priorities and rebuild the temple, so that God might bless the nation and authority for Zerubbabel, foreshadowing the Messiah's reign.

KEY TOPICS

Priorities, Purity

KEY VERSES

1:4, 8

KEY WORDS

Lord of Hosts, Rebuild, Consider, House, Temple

GENRE

Prophetic Literature

AUTHOR

Haggai

AUDIENCE

Returned exiles who delayed the rebuilding of the temple

WHEN

520BC

SETTING

After 14 years of neglect, a message to resume the work of rebuilding the Temple

CHAPTER/THEME

1
Prioritise God's Work

2
Purify God's Workers

VIDEO AID

<https://bibleproject.com/videos/haggai/>

ZECHARIAH

PURPOSE

Zechariah prepares Judah for the Messiah by encouraging the nation to respond to its privileged covenant position among the nations by rebuilding the temple, and considering the future blessings that will come when the Messiah rules in the kingdom.

KEY TOPICS

Messiah, Restoration

KEY VERSES

4:6, 8:3, 9:9-10, 14:9

KEY WORDS

Jerusalem, King, Shepherd, Word, Branch

GENRE

Prophetic Literature

AUTHOR

Zechariah

AUDIENCE

Returned exiles

WHEN

Rebuilding the Temple 520 to 518BC; After rebuilding 480 to 470BC

SETTING

After the exile, a call to renew their covenant with God

CHAPTER/THEME

1-6
Eight Visions

7-8
Four Sermons

9-14
Two Burdens

VIDEO AID

<https://bibleproject.com/videos/zechariah/>

MALACHI

PURPOSE

The LORD rebukes post-exilic Judah for hypocrisy, answering their defensive questions to call them from sin and prepare for the coming day of judgment and blessing.

KEY TOPICS

Hypocrites,
Heart of Stone

KEY VERSES

2:17,
3:1,
3:7

KEY WORDS

Yet You Say,
Day,
Return,
Curse,
Name

GENRE

Prophetic
Literature

AUTHOR

Malachi (could be a proper noun for “messenger”)

AUDIENCE

Post-exilic Judah

WHEN

432 to 425BC

SETTING

Years after exile, the spiritual condition in Judah has deteriorated

CHAPTER/THEME

- 1
Sins of the Priests
- 2
Sins of the People
- 3
Payday for the People
- 4
Day of the Lord

VIDEO AID

<https://bibleproject.com/videos/malachi/>

BOOK OVERVIEWS

MATTHEW

PURPOSE

Matthew presents Jesus as the Messiah, showing that Israel has rejected of Christ. He invites unbelieving Jews to trust Him and reveals His present kingdom authority in the church to believers.

KEY TOPICS

Kingdom, Fulfilment

KEY VERSES

16:16-18, 21:5, 28:19-20

KEY WORDS

Kingdom, Blessed, Fulfil, Truly, Father, Disciples

GENRE

Gospel

AUTHOR

Apostle Matthew

AUDIENCE

Greek-speaking Jewish Christians

WHEN

29 to 33AD

SETTING

Bethlehem, Nazareth, Galilee, Jerusalem

CHAPTER/THEME

1-4 Pedigree of the King

5-7 Preaching of the King

8-12 Power of the King

13-15 Parables of the King

16-19 Principles of the King

20-25 Predictions of the King

26-28 Passion of the King

VIDEO AID

<https://bibleproject.com/videos/matthew-1-13/>

<https://bibleproject.com/videos/matthew-14-28/>

MARK

PURPOSE

Mark highlights key events in the life of Christ, the Son of God, who serves as a model Suffering Servant to exhort persecuted Roman believers toward true discipleship.

KEY TOPICS

Discipleship

KEY VERSES

3:14-15, 8:29, 10:45

KEY WORDS

Teaching, Immediately, Son of Man, Authority

GENRE

Gospel

AUTHOR

Apostle Mark

AUDIENCE

Gentile Christians in Rome

WHEN

29 to 33AD

SETTING

Bethlehem, Galilee, Perea, Judea, Jerusalem

CHAPTER/THEME

1-8

Service to others

9-16

Sacrifice for others

VIDEO AID

<https://bibleproject.com/videos/mark/>

LUKE

PURPOSE	KEY TOPICS	GENRE	CHAPTER/THEME
<p>Luke shows God's sovereign plan – from the Jewish rejection of Christ as Messiah to Gentile acceptance – confirming Jesus as Saviour for both Jews and Gentiles, to strengthen the latter's faith.</p>	<p>Sovereignty</p> <p>KEY VERSES 2:30-32, 4:18-19, 11:1, 19:10</p> <p>KEY WORDS Holy Spirit, Prayer, Son of Man, Faith, Jerusalem</p>	<p>Gospel</p> <p>AUTHOR Doctor Luke</p> <p>AUDIENCE Theophilus (Gentile official), primarily for the Greeks</p> <p>WHEN 29 to 33AD</p> <p>SETTING Nazareth, Galilee, Jerusalem</p>	<p>1-18 Seek the Lost</p> <p>19-24 Save the Lost</p> <div data-bbox="753 618 1026 838" style="border: 1px solid black; padding: 5px;"> <p>VIDEO AID</p> <p>https://bibleproject.com/videos/luke-1-9/</p> <p>https://bibleproject.com/videos/luke-10-24/</p> </div>

JOHN

PURPOSE	KEY TOPICS	GENRE	CHAPTER/THEME
<p>John presents Jesus as the Son of God – God made man – through selected signs and discourses of Christ to convince unbelieving Gentiles to believe in Him and receive eternal life.</p>	<p>Believe</p> <p>KEY VERSES 3:16, 20:30-31</p> <p>KEY WORDS Believe, Life, Testimony, Love, Word, Seek</p>	<p>Gospel (Supplementary)</p> <p>AUTHOR John the Apostle</p> <p>AUDIENCE Gentiles in Ephesus</p> <p>WHEN 29 to 33AD</p> <p>SETTING Judea, Galilee</p>	<p>1-2 Coming of the Son</p> <p>3-5 Compassion of the Son</p> <p>6-8 Claims about the Son</p> <p>9-12 Conflicts with the Son</p> <p>13-17 Conversation with the Son</p> <p>18-19 Crucifixion of the Son</p> <p>20-21 Commitment to the Son</p> <div data-bbox="753 1390 1026 1614" style="border: 1px solid black; padding: 5px;"> <p>VIDEO AID</p> <p>https://bibleproject.com/videos/john-1-12/</p> <p>https://bibleproject.com/videos/john-13-21/</p> </div>

BOOK OVERVIEWS

ACTS

PURPOSE

Acts traces God's sovereignly-directed progress of the kingdom message from Jews in Jerusalem to Romans Gentiles in early church history. The book proves God as Head of His Church, and encourages believers to witness everywhere.

KEY TOPICS

Sovereignty,
Holy Spirit

KEY VERSES

1:8

KEY WORDS

Spirit,
Word,
Baptised,
Witness

GENRE

History

AUTHOR

Doctor Luke

AUDIENCE

Theophilus,
primarily for
the Greeks

WHEN

62AD

SETTING

Jerusalem,
Judea,
Samaria

CHAPTER/THEME

1-7
The Church
Established in
Jerusalem

8-12
Enlarged in
Judea and Samaria

13-28
Expanded to the
End of the World

VIDEO AID

<https://bibleproject.com/videos/acts-1-12/>

<https://bibleproject.com/videos/acts-13-28/>

ROMANS

PURPOSE

In his letter to the Romans, Paul explains the righteousness of God, showing that justification comes through faith in Christ and not by the Law. This is intended to resolve conflicts between Jewish and Gentile believers at Rome.

KEY TOPICS

Righteousness,
Gospel

KEY VERSES

1:16-17

KEY WORDS

Sin,
Righteousness,
Law,
Gospel

GENRE

Epistle

AUTHOR

Apostle Paul

AUDIENCE

Christians
in Rome

WHEN

56AD

SETTING

Written during
Paul's 3rd
missionary trip
in Corinth

CHAPTER/THEME

1-3 Problem of
unrighteousness (Sin)

4-5 Provision of
righteousness (Salvation)

6-8 Pursuit of righteousness
(Sanctification)

9-11 Programme of
righteousness (Selection)

12-16 Practice of
righteousness (Service)

VIDEO AID

<https://bibleproject.com/videos/romans-1-4/>

<https://bibleproject.com/videos/romans-5-16/>

1 CORINTHIANS

PURPOSE

Paul's first letter to the Christians in Corinth addresses divisions, disorders and doctrinal issues in the church. He guides believers to live out their positional sanctification practically.

KEY TOPICS

Sanctification

KEY VERSES

1:10,
3:16,
6:19-20

KEY WORDS

Body,
Spirit,
Wisdom,
Foolishness

GENRE

Epistle

AUTHOR

Apostle Paul

AUDIENCE

Christians in Corinth

WHEN

56AD (May)

SETTING

Addressed to believers in Corinth, written from the city of Ephesus

CHAPTER/THEME

1-4

Divisions

5-6

Disorders

7-16

Doctrinal Difficulties

VIDEO AID

<https://bibleproject.com/videos/1-corinthians/>

2 CORINTHIANS

PURPOSE

In 2 Corinthians, Paul defends his apostleship to assure the Corinthians of doctrinal foundation and encourages faithful giving, providing a model of respect for and giving for believers today.

KEY TOPICS

Apostleship,
Giving

KEY VERSES

4:5,
17-18,
9:7,
10:8,
12:9

KEY WORDS

Boost,
Comfort,
Saviour,
Glory

GENRE

Epistle

AUTHOR

Apostle Paul

AUDIENCE

Christians in Corinth

WHEN

56AD
(September)

SETTING

Addressed to believers in Corinth, written from the city of Philippi

CHAPTER/THEME

1-7

Ministry

8-9

Giving

10-13

Leadership

VIDEO AID

<https://bibleproject.com/videos/2-corinthians/>

BOOK OVERVIEWS

GALATIANS

PURPOSE

In this letter to the Galatians, Paul defends his apostleship and the message of justification by faith, so that Galatians would not seek salvation through the law.

KEY TOPICS

Justification;
Freedom

KEY VERSES

2:16,
2:20,
5:1

KEY WORDS

Law,
Faith,
Spirit,
Gospel,
Promise,
Grace

GENRE

Epistle

AUTHOR

Apostle Paul

AUDIENCE

Churches
in Galatia,
primarily Gentiles

WHEN

49AD before
the Jerusalem
council (Acts 15)

SETTING

The church faces
the threat of false
teachers of the
“circumcision
group”

CHAPTER/THEME

1-2

Defending
Apostleship

3-4

Defending
Justification by Faith

5-6

Defending
Responsibilities

VIDEO AID

[https://bibleproject.com/
videos/galatians/](https://bibleproject.com/videos/galatians/)

EPHESIANS

PURPOSE

In his letter to the Ephesians, Paul reveals God’s mystery of the unity of Jews and Gentiles in the Church, exhorting them to live in unity and love as a testimony to the world.

KEY TOPICS

Unity,
Church

KEY VERSES

1:9-10,
4:1-3

KEY WORDS

Church,
Love,
Grace,
Walk

GENRE

Prison Epistle

AUTHOR

Apostle Paul

AUDIENCE

Ephesians,
delivered by
Tychicus

WHEN

60 to 61AD

SETTING

Written during
Paul’s first
imprisonment
in Rome

CHAPTER/THEME

1-3

Belief and Calling
of the Church

4-6

Behaviour
and Conduct
of the Church

VIDEO AID

[https://bibleproject.com/
videos/ephesians/](https://bibleproject.com/videos/ephesians/)

PHILIPPIANS

PURPOSE

Paul's letter to the Philippians encourages believers to imitate Christ's example, by standing firm with joy, humility and peaceful dependence upon Christ's adequacy to combat disunity and false teaching.

KEY TOPICS

Attitude,
Joy

KEY VERSES

1:21,
2:5

KEY WORDS

Gospel,
In Christ,
Spirit,
Rejoice

GENRE

Prison Epistle

AUTHOR

Apostle Paul

AUDIENCE

Philippians

WHEN

62AD

SETTING

Written during Paul's first imprisonment in Rome

CHAPTER/THEME

1
Joy

2
Humility

3
Perseverance

4
Contentment

VIDEO AID

<https://bibleproject.com/videos/philippians/>

COLOSSIANS

PURPOSE

In his letter to the Colossians, Paul teaches the supremacy and deity of Christ. This is meant to exhort practical outworking of this doctrine so as to resist the syncretistic heresies threatening the faith and ministry of the church.

KEY TOPICS

Deity,
Supremacy of
Christ

KEY VERSES

1:15-18,
2:9-10

KEY WORDS

Mystery,
Body,
Church,
In Him,
By Him,
Through Him

GENRE

Prison Epistle

AUTHOR

Apostle Paul

AUDIENCE

Colossians

WHEN

60 to 61AD

SETTING

Written during Paul's first imprisonment in Rome

CHAPTER/THEME

1-2
Heretical Living

3-4
Holy Living

VIDEO AID

<https://bibleproject.com/videos/colossians/>

BOOK OVERVIEWS

1 THESSALONIANS

PURPOSE

Paul's first letter to the church in Thessalonica prepares the Thessalonians for the rapture, and defends Paul's motives for starting the church. He looks to strengthen the church's doctrinal and relational foundation so that it can continue to grow.

KEY TOPICS

Rapture, Return of Christ

KEY VERSES

1:9-10,
3:12-13,
4:1,
4:17-18

KEY WORDS

Encourage,
Coming,
Home,
Faith,
Hope

GENRE

Missionary Epistle

AUTHOR

Apostle Paul

AUDIENCE

Thessalonians written from Corinth

WHEN

51AD

SETTING

Young church growing in a hostile world

CHAPTER/THEME

- 1
New Converts
- 2
Young Pastors
- 3
Suffering Christians
- 4
Uninformed Christians
- 5
Sleepy Christians

VIDEO AID

<https://bibleproject.com/videos/1-thessalonians/>

2 THESSALONIANS

PURPOSE

Paul's second letter to the church in Thessalonica corrects misconceptions about the Day of the Lord, and encourages the disheartened among the idle to stand firm in faith and sound doctrine despite persecution.

KEY TOPICS

Tribulation, Day of the Lord

KEY VERSES

1:11-12,
2:2-3,
2:13-15

KEY WORDS

Faith,
Grace,
Glorified,
Truth

GENRE

Missionary Epistle (Paul's 2nd Mission Trip)

AUTHOR

Apostle Paul

AUDIENCE

Thessalonians

WHEN

51AD (Late Summer)

SETTING

The church has misunderstandings about the second coming of Christ that result in idleness

CHAPTER/THEME

- 1
Return of Christ
- 2
Revelation of the Anti-Christ
- 3
Return to work

VIDEO AID

<https://bibleproject.com/videos/2-thessalonians/>

1 TIMOTHY

1 TIMOTHY			
<p>PURPOSE Paul urges Timothy to guard his personal life, doctrine and local church, in order to preserve the Ephesian church ministry against false teachers.</p>	<p>KEY TOPICS Order</p> <p>KEY VERSES 3:14-15</p> <p>KEY WORDS Faith, Godliness, Good, Teach, Doctrine</p>	<p>GENRE Pastoral Epistle</p> <p>AUTHOR Apostle Paul</p> <p>AUDIENCE Timothy</p> <p>WHEN 62 to 63AD</p> <p>SETTING Timothy remains in Ephesus to build the church while combating false teachers</p>	<p>CHAPTER/THEME</p> <p>1-3 Work of the Ministry</p> <p>4-6 Worker of the Ministry</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>VIDEO AID</p> <p>https://bibleproject.com/videos/1-timothy/</p> </div>

2 TIMOTHY

2 TIMOTHY			
<p>PURPOSE Paul encourages Timothy to faithfully practice and preach the Word, encouraging him to persevere against hardship and false teaching.</p>	<p>KEY TOPICS Doctrine</p> <p>KEY VERSES 3:16-17, 4:2</p> <p>KEY WORDS Faith, Endure, Gospel, Righteousness</p>	<p>GENRE Pastoral Epistle</p> <p>AUTHOR Apostle Paul</p> <p>AUDIENCE Timothy</p> <p>WHEN 67AD</p> <p>SETTING Paul, awaiting execution, remains concerned for Timothy and sound doctrine in the church</p>	<p>CHAPTER/THEME</p> <p>1 Guard the Truth</p> <p>2 Endure suffering</p> <p>3 Remain faithful</p> <p>4 Preach the Word</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>VIDEO AID</p> <p>https://bibleproject.com/videos/2-timothy/</p> </div>

BOOK OVERVIEWS

TITUS

PURPOSE

Paul exhorts Titus to appoint godly elders and teach respectable behaviour – the fruit of salvation by grace – to counter opposition by their conduct, word and deed.

KEY TOPICS

Conduct

KEY VERSES

1:5,
2:10,
3:8

KEY WORDS

Saviour,
Faith,
Doctrine,
Good,
Deeds

GENRE

Pastoral Epistle

AUTHOR

Apostle Paul

AUDIENCE

Titus

WHEN

63AD

SETTING

Paul leaves Crete while Titus stays behind to serve the church

CHAPTER/THEME

1
Good Leaders

2
Good Doctrine

3
Good Deeds

VIDEO AID

<https://bibleproject.com/videos/titus/>

PHILEMON

PURPOSE

Paul teaches forgiveness, appealing to Christian slave owner, Philemon, to forgive his runaway but repentant slave, Onesimus, whom Paul led to Christ and sent back to Philemon to be received as a Christian brother.

KEY TOPICS

Forgiveness,
Reconciliation

KEY VERSES

10-11,
17-18

KEY WORDS

Brother,
Fellow,
Appeal,
Love,
Slave,
Refresh

GENRE

Prison Epistle

AUTHOR

Apostle Paul

AUDIENCE

Philemon, Apphia, Archippus and other Christians in the same church

WHEN

60 to 61AD

SETTING

Onesimus, a slave of Philemon, steals from Philemon and flees

CHAPTER/THEME

1-7
Praise for Philemon

8-21
Plea for Onesimus

22-25
Preparation for Paul

VIDEO AID

<https://bibleproject.com/videos/philemon/>

HEBREWS

PURPOSE

Hebrews shows Jewish believers the superiority of Christ as High Priest and the new covenant, exhorting them to endure persecution and not return to their former life under Judaism.

KEY TOPICS

Superiority, better

KEY VERSES

4:14, 12:1-2

KEY WORDS

Better, Blood, Covenant, Faith, Priest, Sacrifice, Sin

GENRE

General Epistle

AUTHOR

Unknown

AUDIENCE

To Scattered Jewish Believers, the Hebrews

WHEN

64 to 69AD

SETTING

Jewish believers are in danger of drifting away from the faith or reverting to Judaism

CHAPTER/THEME

1-4:13

Superior in His Person

4:14-10

Superior as Our Priest

11-13

Superior for Life

VIDEO AID

<https://bibleproject.com/videos/hebrews/>

JAMES

PURPOSE

James urges early Jewish believers that Christian faith is shown through works, calling them to replace hypocrisy with good deeds in maturity and holiness.

KEY TOPICS

Works, Faith

KEY VERSES

1:22, 2:17

KEY WORDS

Faith, Works, Law, Judge, Perfect

GENRE

General Epistle

AUTHOR

James, brother of Jesus

AUDIENCE

12 tribes scattered across the nations

WHEN

44 to 49AD

SETTING

The Jewish Christians are scattered and need to know how to live out their faith

CHAPTER/THEME

1

Faith tested in Wisdom

2

Faith displayed in Works

3

Faith proven with Words

4

Faith contrasted in our Walk

5

Faith rewarded in our Wait

VIDEO AID

<https://bibleproject.com/videos/james/>

BOOK OVERVIEWS

1 PETER

PURPOSE

Apostle Peter encourages believers to endure suffering for Christ with holiness, humility and steadfast hope, with Christ as their example, so that their lives may draw others to the Gospel.

KEY TOPICS

Suffering, Glory

KEY VERSES

1:13-16, 2:21, 4:12-13

KEY WORDS

Suffer, Glory, Grace, Good, Holy

GENRE

General Epistle

AUTHOR

Apostle Peter, a fisherman

AUDIENCE

Believers in Asia Minor

WHEN

63 to 64AD

SETTING

Believers are confused and discouraged by the intense persecution and suffering they face for their faith

CHAPTER/THEME

- 1 Sanctification
- 2 Submission
- 3 Selflessness
- 4 Suffering
- 5 Service

VIDEO AID

<https://bibleproject.com/videos/1-peter/>

2 PETER

PURPOSE

Apostle Peter reminds believers of the truth they have received, and warns them about the character and coming judgement of false teachers. They are reminded to grow in grace and godliness.

KEY TOPICS

Knowledge, Godliness

KEY VERSES

1:3, 3:17-18

KEY WORDS

Know, Knowledge, Destruction, Judgment, Godliness

GENRE

General Epistle

AUTHOR

Apostle Peter, a fisherman

AUDIENCE

Believers in Asia Minor

WHEN

64 to 66AD

SETTING

Truths have been twisted, and the possibility of Christ's return and final judgment are being scoffed at

CHAPTER/THEME

- 1 Explanation of the Knowledge of Christ
- 2 Examination against False Teachers
- 3 Exhortation for True Christians

VIDEO AID

<https://bibleproject.com/videos/2-peter/>

1 JOHN

PURPOSE

A letter from Apostle John to encourage readers to obey God's commands by loving others. He also warns against early Gnosticism beliefs that deny Christ's deity and humanity.

KEY TOPICS

Love, Fellowship, Light

KEY VERSES

1:5-7, 4:10-16, 5:11-13

KEY WORDS

Know, Love, Abides, Sin, Born, Truth

GENRE

General Epistle

AUTHOR

Apostle John

AUDIENCE

Believers in Asia Minor

WHEN

85 to 95AD

SETTING

False teachers cause doubts about Christ's full deity and humanity

CHAPTER/THEME

1-2
Walking with the God of Light

3-5
Living with the God of Love

VIDEO AID

<https://bibleproject.com/videos/1-3-john/>

2 JOHN

PURPOSE

Apostle John urges the church to love those who show hospitality to missionaries, but warns against extending the same to false teachers, so that they do not help the spread of destructive heresies.

KEY TOPICS

Limits, caution

KEY VERSES

5-6, 9-10

KEY WORDS

Truth, Love, Commands, Abide

GENRE

General Epistle

AUTHOR

Apostle John

AUDIENCE

The chosen (elect) lady and her children

WHEN

85 to 95AD

SETTING

False teachers take advantage of the kindness of Christians to gain influence in the church

CHAPTER/THEME

1-3
Know the Truth

4-6
Walk in the Truth

7-13
Abide in the Truth

VIDEO AID

<https://bibleproject.com/videos/1-3-john/>

BOOK OVERVIEWS

3 JOHN

PURPOSE

Apostle John commends Gaius for supporting missionaries and encourages him to continue, despite opposition from Diotrephes, so that the church sees its responsibility to finance God's work.

KEY TOPICS

Missionaries, Witnessing

KEY VERSES

1:8

KEY WORDS

Truth, Love

GENRE

General Epistle

AUTHOR

Apostle John

AUDIENCE

Gaius

WHEN

85 to 95AD

SETTING

Gaius welcomes Christian missionaries into his home

CHAPTER/THEME

1:1-8

Gaius Commended

1:9-11

**Diotrephes
Condemned**

1:12-14

**Demetrius
Recommended**

VIDEO AID

<https://bibleproject.com/videos/1-3-john/>

JUDE

PURPOSE

This letter from Jude warns believers about ungodly imposters who pervert the truth by their lifestyles. He exhorts Christians to defend the holiness of the church.

KEY TOPICS

Pretenders, Contender

KEY VERSES

1:3-4, 1:20-23

KEY WORDS

Ungodly, Judgement, Kept, Faith

GENRE

General Epistle

AUTHOR

Jude, half-brother of Jesus

AUDIENCE

Christian Jews in Palestine

WHEN

67 to 80AD

SETTING

Ungodly perversion of God's grace and denying Jesus as Lord

CHAPTER/THEME

1:1-16

**Why contend
for our faith**

1:17-25

**How to contend
for our faith**

VIDEO AID

<https://bibleproject.com/videos/jude/>

REVELATION

PURPOSE

The final book of the Bible reveals the eventual sovereign triumph of Jesus Christ over all evil. In reading this, believers are encouraged to persevere in their faith despite internal compromise and external pressure.

KEY TOPICS

Triumph,
Consummation,
Future

KEY VERSES

1:19,
17:14

KEY WORDS

Lamb,
Throne,
Alpha,
Omega,
Overcome

GENRE

Apocalyptic
Literature

AUTHOR

Apostle John

AUDIENCE

7 churches
of Asia

WHEN

95 to 96AD

SETTING

John writing
in exile on the
island of Patmos

CHAPTER/THEME

1-3

Reminder of the King

4-5

Redemption of the King

6-18

Rise of the King

19

Return of the King

20-22

Reign of the King

VIDEO AID

[https://bibleproject.com/
videos/revelation-1-11/](https://bibleproject.com/videos/revelation-1-11/)

[https://bibleproject.com/
videos/revelation-12-22/](https://bibleproject.com/videos/revelation-12-22/)

EVERY WORD OF GOD PROVES TRUE;
HE IS A SHIELD TO THOSE
WHO TAKE REFUGE IN HIM.

PROVERBS 30:5



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