



CELL GUIDE

TOPIC	Knowing the Enemy	SPEAKER	William Wood
THEME	Walk in Wisdom	DATE	30 & 31 May 2026

MESSAGE SUMMARY

INTRODUCTION

The Bible teaches that believers are constantly engaged in a spiritual battle. “For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.” (Ephesians 6:12). It also warns that a Christian who is unaware of the enemy’s strategies are most vulnerable to spiritual attack and bondage (2 Cor 2:11). Ps William Wood teaches that evil spirits gain influence over believers through agreement, which occurs whenever a believer believes, accepts, speaks or participates in something contrary to God’s truth, therefore allowing a foothold for evil spirits to operate in our lives.

Eight Characteristics of Evil Spirits

1) Evil Spirits Deceive

The primary strategy of evil spirits is deception, where lies are planted into a person’s mind that distorts their view of God, themselves and their circumstances. Bondage occurs when such lies are accepted as truth. As believers, we need to counter such lies with God’s truths (John 8:32).

2) Evil Spirits Entice

Evil spirits tempt people toward sin by luring them and appealing to existing weaknesses and desires. An example of this is Judas Iscariot, where Satan firstly “prompted” him (John 13:2), and eventually “entered” him (verse 26), when he acted in agreement to the initial prompting.

3) Evil Spirits Harass

Harassment involves continual irritation, disturbance and distraction, designed to wear a person down emotionally and mentally. In Acts 16, a slave girl with a spirit of divination repeatedly followed Paul and his companions, creating disruption and drawing attention away from Christ. Not every spiritual attack is dramatic; some are persistent distractions intended to wear us down.

4) Evil Spirits Torment

Torment is a deeper level of harassment that produces an internal emotion such as fear, shame, anxiety, mental anguish. Jesus’ ministry on earth provided many examples where He brought healing and deliverance to people who were tormented and oppressed by evil spirits.

5) Evil Spirits Compel

Evil spirits pressure individuals towards destructive behaviours such as addictions, sexual sin, self-harm, explosive or uncontrollable anger. As believers, we need to acknowledge our identity in Christ Jesus and His Lordship over our lives. Evil spirits reside in absence of His presence.

6) Evil Spirits Enslave

What begins as temptation can become long term bondage when constantly being yielded to. Romans 6:16 reminds us that we are slaves to what we obey – be it sin, which leads to death or obedience (to Christ), which leads to righteousness.

7) Evil Spirits Defile

Evil spirits seek to contaminate the mind and conscience with feelings of uncleanness, corruption, guilt, shame. One objective of evil spirits is to distort moral perception and dull spiritual sensitivity, such that one no longer feels conviction from sin (1 Tim 4:2)

8) Evil Spirits Attack Physically

Spiritual oppression can sometimes lead to physical ailments, such as sickness and infirmities. Jesus Christ is able to heal and set us free.

Deliverance Prayer Model

Ps William Wood shares a four-step model for seeking freedom from spiritual bondage.

Step 1 – Identify the Place of Agreement

Prayer: “Holy Spirit, reveal every lie I have believed that has opened a door to bondage. Show me where I have agreed with fear, shame, rejection, pride, or false identity. I invite Your light into every hidden place.”

Step 2 – Break Agreement with the Lie

Prayer - “In the name of Jesus, I renounce every lie I have believed. I break agreement with fear, rejection, shame, pride, and every false identity. I reject these lies and realign myself with the truth of God’s Word.”

Step 3 – Command the Spirit to Leave

Prayer – “In the name of Jesus Christ, every spirit connected to these lies—spirit of fear, pride, rejection, shame, and bondage—I command you to leave now. You no longer have any right or authority here. Go now in Jesus’ name.”

Step 4 – Invite the Holy Spirit to Fill the Space

Prayer – “Holy Spirit, I welcome You into every area that has been cleansed. Fill every place that was once occupied by lies with Your truth, peace, and presence. I receive Your identity, Your freedom, and Your life.”

Finally, we can declare that we are free! Prayer - “I am free because Jesus has made me free. I walk in truth, light, and the authority of Christ. The Holy Spirit rules my heart and mind. I belong fully to Jesus.”
In the name of Jesus, Amen.

QUESTIONS

1. Spiritual bondage often results from deception and lies. What are some common lies that believers may be tempted to believe? How can God's Word help us identify and reject those lies?

2. As you listened to the message, were there any recurring thoughts, beliefs, fears, habits, or struggles that the Lord brought to mind as possible areas of unhealthy agreement?

3. What practical steps will you take to surrender to God so that you will experience greater freedom, healing, or transformation? Consider practising the four-step Deliverance Prayer Model within your cell group.