



CELL GUIDE

TOPIC The Wisdom of an Ant

SPEAKER Ps Low Kok Guan

THEME Walk in Wisdom

DATE 6 & 7 June 2026

MESSAGE SUMMARY

INTRODUCTION

The book of Proverbs is one of the primary texts of biblical wisdom literature, teaching God's people how to live wisely in everyday life. Proverbs repeatedly reminds us that true wisdom begins with the fear of the Lord—not merely knowledge, but the practical application of God's truth in daily living.

In Proverbs 6:6-11, Solomon directs the "sluggard" to observe one of the smallest creatures in creation: the ant. Though small and seemingly insignificant, the ant embodies wisdom through its diligence, foresight and discipline. Solomon's invitation is not merely to work harder, but to learn how to live wisely.

As we reach the midpoint of the year, this passage invites us to reflect on how we are stewarding our time, responsibilities and opportunities. The wisdom of the ant teaches us how to live intentionally before God.

THREE REALITIES WHEN FACING GIANTS

1) Grow in Discipline

Solomon commands the sluggard to "go to the ant" and carefully observe its ways. The ant requires no supervisor, ruler or overseer, yet it faithfully does what needs to be done. Its diligence comes from within, rather than external pressure.

Likewise, spiritual maturity requires discipline. Whether in prayer, reading the Word or serving, growth rarely happens by accident. Good intentions alone do not transform our lives. Discipline is what turns intentions into action. As believers, we are ultimately accountable not to human supervisors but to God Himself. Even when no one is watching, wisdom calls us to live faithfully before Him.

2) Get Ready for the Future

The ant gathers food during the proper season and prepares for what lies ahead. It understands that today's opportunities will not last forever and acts wisely while the time is available. Similarly, wisdom requires foresight. Rather than living only for the present moment, wise people prepare for the future God may be leading them into. This includes our spiritual lives, relationships, work, ministry and calling.

Considering that we are now halfway through the year (June 2026), view it as a form of "halftime"—an opportunity to evaluate where we are and consider what adjustments need to be made for the months ahead. Rather than drifting, wisdom plans intentionally and prepares faithfully.

3) Guard Your Time

Solomon warns against "a little sleep, a little slumber, a little folding of the hands." The issue is not rest itself but the gradual loss of time through passivity and procrastination. Time is one of God's most precious gifts. Unlike money or possessions, once time is spent, it cannot be recovered. It is very easy for distractions to consume our days without adding anything of value to our lives.

Wisdom teaches us to evaluate how we spend our time and whether our daily habits are helping or hindering God's purposes in our lives. Guarding our time allows us to invest in what truly matters—our relationship with God, our families, our calling and the people God has entrusted to us.

4) Give Your Best

The ant faithfully does everything within its control. It prepares diligently and gathers faithfully so that when the seasons change, it can look back knowing it has done its part. Giving our best does not mean giving maximum effort to everything at all times. Rather, it means offering God our faithful and wholehearted stewardship in every season.

Ultimately, the ant points us beyond itself to Jesus. Jesus demonstrated perfect discipline, prepared His disciples for the future, guarded His time according to the Father's purposes and gave His very life for us. He faithfully completed everything the Father had given Him to do. As followers of Christ, our goal is not merely to become more productive people but to become more like Jesus.

CONCLUSION

The wisdom of the ant reminds us that small acts of faithfulness shape the direction of our lives. By growing in discipline, preparing for the future, guarding our time and giving our best, we position ourselves to live wisely before God.

As we enter the second half of the year, the challenge is not simply to work harder but to live more intentionally. Wisdom calls us to take stock of our lives, make necessary adjustments and faithfully steward the opportunities God has entrusted to us. Our desire is not to imitate the ant, but to imitate Christ, who perfectly embodied wisdom and showed us how to live for God's glory.

QUESTIONS

1. Looking back on the first half of the year, which area of your life have you seen growth and where have you drifted spiritually, relationally or personally?

2. Which of the four lessons from the ant: 1) Growing in discipline, 2) Getting ready for the future, 3) Guarding your time, or 4) Giving your best, speaks most in your current season? Why?

3. What is one specific adjustment God is calling you to make in the second half of the year? What is one practical step you can take this week?